

They'll Do It Every Time

By Jimmy Hatlo



Floating Arsenals Being Readied for Asian Trouble Spots

Washington - (AP) - The United States plans to station "floating arsenals" in the Philippines and keep them ready to steam on short notice to potential Asian trouble spots. Sources said today the U.S. Navy's huge Subic Bay base had been chosen as anchorage for three specially modified victory ships, to be loaded with U.S. Army combat equipment and kept on the alert to move wherever Red threats develop. Equipment for several battalions thus will be stored near the scenes of possible action, ready for use by troops

who would be rushed by jet airlift from America in a matter of hours. Experts, noting that quick reaction is of the essence when the cold war starts to turn hot, estimated that 45 to 60 days loading and transit time could be saved in some situations by using the "floating arsenals." Defense Secretary Robert S. McNamara and Gen. Earle G. Wheeler, Army chief of staff, recently gave Congress details of the plan but did not show where the ships would be harbored or how many were involved. The first of the World War II victory ships, the U. S. Navy ship Phoenix, now is being loaded at Norfolk, Va.,

Naval Base with everything from tanks to battlefield ration. Two more of the ready-to-go arsenals, USNS Provo and USNS Cheyenne, are to follow. Fitted out by the Military Sea Transportation Service, the ships are to have civilian crews and Army caretakers to keep the weapons and equipment in ready condition. Seaborne "pre-positioning" of far material is similar to the administration tactic in the 1961 Berlin crisis of sending more than 150,000 tons of equipment to Europe. The equipment still is in

Europe making it possible for the Army to send two divisions quickly by air any time a crisis requires such an ad-

dition to the five divisions already on the continent.

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The Medical Roundup

by Walter Alvarez. Emeritus Consultant in Medicine Mayo Clinic. Emeritus Professor of Medicine Mayo Clinic. (Register and Tribune Syndicate, 1962)

Hormones for Menopause

One of the curious features of medical practice is the un-founded fear that many of us physicians have of giving female hormones to relieve the sometimes very distressing flushes of women going through the menopause. There are many women, and especially women who have always had a strong constitution, steady nerves and an excellent adjustment to life, who around the age of 50 stop menstruating, and that is about all there is to it. They do not get depressed; they have no flushes; they do not lose much of their sexual interest; they do not get fat and hairy.

Other women, and usually those who all their days have tended to be nervous, poorly adjusted, abnormally sensitive, worrisome, "on edge" or at times depressed, tend to suffer for years after the menopause from more or less distressing flushes. These may begin with a feeling of great warmth, and then there may be a little sweating here and there. Sometimes the flushes are so bad they wake the women up and even cause her to jump out of bed and go to a window in search of cool air. Sometimes the woman will get depressed - so depressed that she loses interest in her husband, her children and her home. She won't even want to hear about her previously adored grandchildren. Fortunately, many such women soon come out of their depression, even without any treatment. Those few who have a very severe or lasting depression can usually be cured quickly with a few electroshocks, or with the taking of one of the new anti-depressant drugs.

Drug Taken Away

What is sad is that sometimes, after a consulting physician gives the woman some female hormone which has given her great relief, the drug is taken away from her by her family physician who says, "Don't take that stuff, it will give you cancer."

Actually, I have been giving sex hormones to menopausal women for perhaps 30 years, and I have never seen a case in which I thought the drug had produced a cancer. Leading professors of gynecology feel as I do that there is no reason to fear the use of the hormone.

The drug can be given once a day by mouth. I usually try first 0.5 milligrams of stilbestrol (a synthetic female hormone). Larger doses can cause sore breasts and nausea. Worst of all, a large dose can cause the woman to bleed from the womb.

This is unfortunate because then a physician, fearing cancer, is likely to perform a curetment (a scraping out of the inner lining of the womb). The important point is to use only a small dose: 0.5 milligram, and not the 10 milligrams which many of us physicians used to give.

Dr. Alvarez talks more about the use of drugs for the menopause and answers four commonly asked questions about the "change of life" in his booklet on "Menopause and Hysterectomy." You may obtain a copy by sending 25 cents and a stamped, self-addressed envelope with our request to Dr. Walter C. Alvarez, Dept. MMT, Box 937, Des Moines 4, Iowa.

Bus Carrying 40 Girls Loses Brakes

San Bernardino, Calif. - (AP) - A bus carrying 40 terrified Camp Fire Girls gained momentum when it lost its brakes while coming down a mountain road. A curve which dropped 700 feet lay ahead.

"We're going to crash," screamed William McDonald Jones, 33, of Compton, Calif., the driver.

Jones jockeyed the bus to the soft gravel on the left side of the road. The bus slowed down and toppled over into a 10-foot ditch. Twenty-two of the girls were injured in the accident Sunday.

"If Jones had tried to ride the next curve out he never would have made it," said a highway patrol officer. "They would have gone down 700 feet."

ing from minus 80 to minus 112 degrees Fahrenheit. At the time of a man's death, the tissues that are to be banked must be removed with such a strict aseptic technique that no germs will get into the material.

The surgeons of the Armed Forces put into their "banks" cartilage (gristle) from the front of the chest wall. They preserve bits of skin and also bits of the tough lining of the brain—the dura. They keep pieces of the so-called fascia, which is a very strong membrane to be found under the skin on the outer side of each thigh, and is helpful in repairing big ruptures. Some of these tissues, which have been kept frozen for over 10 years, are still usable.

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