

Old China Suitor's Love Indicated by Red Beans

By PATRICIA MCCORMACK
New York—(UPI)—Look what's romantic-beans!

In Old China, at any rate, suitors gave their heart-throbs beans instead of sweets on special occasions.

The thought behind the gift: Lowly little red beans signify enhanced longing between lovers.

The romantic status of beans was discovered by Wenona W. Chang in the course of research for a cultural project — production of the first American recording of "Chinese Folk and Art Songs" (spoken arts).

Mrs. Chang, of Englewood, N. J., sings the red bean love song and other ballads telling about the fortunes and misfortunes of lovers, rulers and warriors in ancient China.

Labor of Love

For Mrs. Chang, member of an old Chinese family, the musical tellings of emotional

gymnastics, is a labor of love. Each tune tells of the joys and sorrows in struggles that have saddled humanity from the beginning of time.

"The Misty Mountain" — a pathetic ballad — describes the love story of Tang Ming Huang, an emperor in Tang dynasty (A.D. 618-907).

The ruler fell for a beautiful concubine. He neglected his official duties. A rebellion broke out. His followers forced the emperor's sweet heart to commit suicide.

To relieve the anguish, the ruler asked the wisest priest to search for the girl's soul in the Misty Mountain.

But he was told that love is as "flower in the mirror or reflecting moon in the water. It ends with nothing but emptiness."

Happy Note

Another ballad, the "Shepherd's Song," ends on a happy note. He was a prisoner of war. Back in the Han Dynasty (B.C. 206-A.D. 220), he was sent to pacify barbaric invaders.

The envoy was captured and forced to tend sheep for his captors. But he steadfastly remained loyal to his country despite all the physical suffering. After 19 years, he was released.

The "Three Wishes of a Rose" song also is a little uplifting. The rose wishes that "merciless storms don't strike it, that sentimental visitors won't pick it, and that it will never wither so that it might forever retain its beauty."

Pure tragedy, however, marks the lament of Meng Chiang Nyu. Her husband was enslaved by the first Chinese emperor, Chin Shih Huang (B.C. 246-209), to build the Great Wall.

The tragedy ends with the death of the husband at the wall, due to exposure and hunger, before the arrival of his wife who traveled thousands of miles to deliver him warm clothes and food.

Buddhists

Mrs. Chang, mother of three, was born and brought up in an old-fashioned Buddhist family in Sumatra. During political unrest in 1938, the Chinese school she attended was closed. Her father took her to Hong Kong. When World War II began, she went to Canton and later escaped to Free China.

She married after V-J Day and moved to Shanghai. In 1950 she enrolled at the Westminster choir college in Princeton.

Chinese folk songs aside, Mrs. Chang's next greatest musical hobby is singing the praises of her children.

"Our son Amos is a junior in the Englewood school for boys," she said. "He is a straight A, high honor student and the science teacher's lab assistant. He's also captain of the soccer team."

The two Chang daughters are musical. Mei-Ming plays the piano. Mei-Chuin tootles the flute.



Mr. Dino designs a classic edition of the shirt. This hip-skimming, feminine shirt with French-cuffed three-quarter sleeve is made by Folk's basis of Fortrel polyester and cotton. A host of free-form flowers bloom on the front and back and border its edges. Wrinkle resisting, it washes easily and drips dry.

Good Health Treasured After Short Hospital Stay

By GAY PAULEY
UPI Women's Editor

New York — (UPI) — The boss said, "Now, really, isn't a little time spent in a hospital a pleasure?"

The man of our house said, "Boy, I'd like just about a week of doing nothing but staying there sleeping, eating..."

I'll take instead home where the care is loving and tender, although not always as crisply efficient.

Neither added what I also suspected as the reason for envying the patient hospitalized briefly — their chance to watch the nurses go by. But I'm the wrong sex

to appreciate a Gina or a Jayne in starched white. And none of my doctors, for all their quiet efficiency, resembled Kildare or Casey.

So, all I have to say to both husband and boss after my siege of staring at hospital green walls why won't they paint hospital areas pale beige or daffodil yellow? is, "You can have the antiseptic life."

I'll take instead home where the care is loving and tender, although not always as crisply efficient.

Never has a tiny island called a New York apartment looked so good!

And it is this one person's wager that most of the 349,000 patients in the nation, the group into which I seem to fit, feel the same way. The American Hospital association estimates this number as the daily case load of voluntary, short-term patients in general hospitals.

A short stay produces not only the physical therapeutic results. You learn anew to appreciate good health and gain a whole fresh understanding of and sympathy for those who are long-term and less lucky in their speed of recovery.

Fortunately, after a few days of rest and medication for a respiratory ailment, the hospital figured I was just taking up space someone else could use.

I also was running up the food bill. Caught with a pesky germ that still let me eat, dine now, diet later. I lived it up on everything from welsh rarebit to lamb stew.

Yes, I know hospital cooking is maligned from coast to coast, but I know one hospital chef who'd do a good restaurant proud.

Bigger and Better Pills
Many are the things you notice when you're ill, but not too ill. For one thing, the pills — like the pills — are getting bigger each year.

There's an easing of hospital routine to the extent that you're not hauled out of sleep at 7 a.m., to have a thermometer shoved under your tongue, your temperature and pulse noted, then left to lie there until 3:30 before food arrives.

The hospital gown, that cumbersome cover which used to be the attire from portal to portal, no longer is de rigueur. Had I owned a mink bed jacket, I'm sure the hospital would have said, "Wear it!" A portable beauty salon also was there to help lift morale.

A hospital stay teaches renewed appreciation of friends. Winter vacationers sent cards — one from Tahiti showing suntanned natives, another from a couple vacationing in the Caribbean mentioned the golfing she was get-

ting in and the suntan she was acquiring under tropical skies.

A picture postcard from a stepson at Fort Myers, Fla., reported the temperature there was 86 degrees.

Mine at the time was 102.

Calendar Sales Benefit Scholarship Fund; Fashion Show Set March 20

Members of the Medford Junior Women's club voted to use the proceeds from the 1962-1963 appointment and social calendar sales for scholarships.

The decision was made at the February meeting of the group at the home of Mrs. Gene Chamberlain, 46 Windsor drive.

A scholarship of \$150 will be offered to a graduating girl from Medford High school. The award will be made through the school's scholarship committee and the funds may be used for attendance at any Oregon college. An additional \$100 will be given to the senior class fund at Medford High school.

This fund has been started by graduating classes as a loan fund to made available to Medford students who are in the last three years of college.

Money will be loaned at a nominal interest rate, and the student will not start to pay it back until six months after graduation.

Support Three Projects
In answer to appeals from the General Federation of Women's clubs, the members agreed to contribute to three special projects with the proceeds from the fashion show to be given March 20. The Arthritis foundation, Mercy Ship Hope, and the Salk Institute Research center will benefit jointly from the fashion show.

"Action on Arthritis" is a 1963-64 project for all federated clubs in the United States. Recognizing that arthritis strikes women three times more frequently than men, the women of the federation feel a personal interest in supporting the Arthritis and Rheumatism foundation.

The Mercy Ship Hope, a former Navy hospital ship, travels throughout the world setting up clinics and training personnel. Doctors' services are donated and the program exists on contributions from the American people. Support

of this endeavor furthers the federation's aim to "strengthen the arm of liberty," and also fulfills their interest in international affairs.

The Salk Institute Research center in La Jolla, Calif., is an international research center which will be staffed with persons from all over the world. They will conduct extensive studies into the causes of diseases and birth defects.

The institute's basic theme is "Help man develop his greatest potential." The center was described in the February 8 issue of Life magazine.

Annual Party
Mrs. James Walp gave a report on the husbands' party which was held January 26 at North's Chuck Wagon. Members and their husbands met for dinner and games in the banquet room. The husbands' party is an annual affair, and it allows husbands of the members to become acquainted. The tables were decorated in a valentine theme.

James Ragland, past president of the Rogue Valley Art association, spoke to the group about the history and purpose of the association.

That art is for the select few is a fallacy, according to Mr. Ragland. He stated that art is communication, and that anyone who appreciates or is affected by beauty, is capable of appreciating art. He explained that the art association has attempted to bring all types of art to the Rogue valley for display in their gallery, and they have broadened their work by maintaining children's art classes in the summer. They also plan adult art classes in the near future.

The membership has grown from 20 to 200, but the need is for many more members, and so Mr. Ragland closed by inviting members of the Junior Women's club to join the art association and aid in the cultural growth of the valley.

Psychologist Speaks
Dr. A. W. Foley, clinical psychologist at the Veterans Domiciliary was guest speaker. Dr. Foley stressed the intangible aspects of mental health and mental illness and stated that psychologists cannot always agree on the definition of the two terms except in the extremes. He quoted from an article by R. S. Peters of England which stated that the trend is to emphasize mental health as a replacement for traditional or religious values.

Dr. Foley said that he felt each person must define mental health in the terms of his own basic values, and that the achievement of these values should indicate the individual's degree of mental health. He remarked that the lag in the care of the mentally ill stems partially from a lack of complete knowledge of the causes.

Cures are not easily effected when the cause of the disorder cannot be determined, according to Dr. Foley. He emphasized, however, the humane treatment with respect for the dignity of the individual is the greatest single factor in helping the mentally ill.

Co-hostesses for the meeting were Mrs. Jack Owens and Mrs. Walter Higgins. The next regular meeting of the club will be held March 13 at the home of Mrs. John R. Dumas, 1149 Leland street.

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MOLB Officers Attend Meet; Sessions Set

A number of southern Oregon members of the Military Order of Cooties and Military Order of Lady Bugs were in Oregon City, February 9 and 10 to attend a state administration council for the two groups.

Making the trip were Mrs. Ben Allison, Lady Gold Bug for Oregon; Mrs. Richard Schulz, state treasurer; Mrs. O. O. DeBerry, state secretary; Mrs. Ivan Lusk, Veterans Administration Volunteer service representative, and Mrs. Con Rost, Ashland, state Grandmother Gold Bug. Mr. Lusk, assistant hospital chairman for the men's group, also attended.

National officers present included Mrs. Edna Mae Pearson, Newport, Ore.; Mrs. Anne Perry of Philadelphia, Pa., who is in the west to assist in plans for the national convention of the groups to be held in August in Washington state; Mrs. Perry Pinkston, North Bend, Ore., national treasurer; and Mrs. Edna Roundtree.

Mrs. Pearson is MOLB chairman for the national convention, and Mrs. Perry is her assistant. Mrs. Pinkston is chairman for the state convention to be held May 4 and 5 in Coos Bay.

The recent session opened with a banquet and dance on Saturday and business sessions were conducted on Sunday.

The fifteenth anniversary of the Roguette circle, MOLB will be observed March 12 when guests will attend from the Riddle, Ore., units of the group. A potluck dinner will be served at 6:30 p.m., in the Veterans of Foreign Wars hall. Announcement of the event was made at a circle meeting February 12.

Reports were given on the recent circle meeting at Oregon City and dates for the national convention in Seattle, were announced. The session is to be held August 21 through 24.

Navy Mothers

Medford Navy Mothers club will meet Tuesday, February 19, for an all-day session in the home of Mrs. Glen Curtis, 839 Wabash avenue. Mothers of Navy personnel are invited.

Prospect-A meeting of the Prospect Pinochle club was held in the home of Mrs. George Hubbard on February 13. Luncheon was in the valentine theme.

ting in and the suntan she was acquiring under tropical skies.

A picture postcard from a stepson at Fort Myers, Fla., reported the temperature there was 86 degrees.

Mine at the time was 102.

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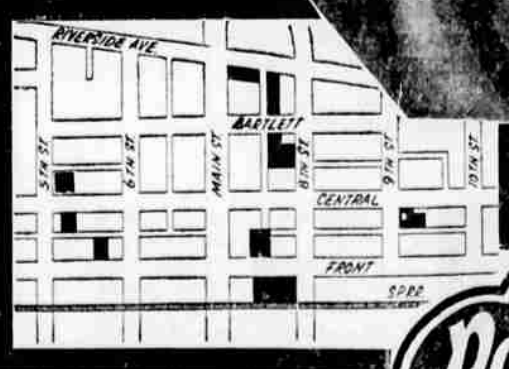
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