

Operation in Congo Threatening UN Organization With Bankruptcy

All Over the Plate

Revision of Working Girl's Budget Makes Bigger Apartment Possible

By DICK WEST
Washington—(UPI)—I have always tried to be a friend of the working girl and so I was naturally interested in a clipping sent to me by a secretary employed by a Chicago law firm. The clipping, taken from a money management column, sets forth a model budget for a working girl whose

week. It apportions her in-take-home pay is \$42.20 a come as follows:
\$17 for room and board; \$8 for clothing; \$5 for savings; \$4.50 for personal expenses; \$2.50 for medical expenses; \$2.50 for recreation, vacations; \$1 for education, books; \$1.50 miscellaneous.
You will note this adds up to \$42. The budget does not indicate what happens to the remaining 20 cents. I assume it is a yacht rental.
The secretary who sent the clipping to me seemed to feel that the budget was unrealis-

tic. In fact, her word for it was "ridiculous."
"This kind of thing," she wrote, "is on par with those beautiful color pictures of food that appear in magazines for women. They look gorgeous but run all over the plate as soon as the first serving is taken out."
I think she may have a point there. Certainly all of the budgets that I ever prepared ran all over the plate. At her suggestion, I did a little research among the working girls of my acquaintance. My findings convinced me that she was right in declaring that the recommended budget would not work.

The Medical Roundup

by *Walter Alvarez*
Emeritus Consultant in Medicine
Mayo Clinic
Emeritus Professor of Medicine
Mayo Clinic
(Register and Tribune Syndicate, 1963)

A Sore Tail Bone

It is surprising how many persons have a sore "tail bone." Some tell of having missed a chair in some way as they were sitting down, and as a result they have sat heavily on the floor. Others tell of slipping, perhaps on ice, and coming down heavily.
My own experience with these people is that one practically never sees a broken bone in the x-ray films, and when one examines the little tail bone (coccyx) he cannot feel anything wrong with it or the joint between it and the sacrum — the bone above — between the two hip bones.

Sometimes in these cases, after some weeks of sitting on hard chairs or on an air-filled rubber ring, the person gets relief. Much may depend on whether the person — it is usually a woman — is a bit arthritic, or perhaps overly sensitive to any slight injury. For the pain, two aspirin tablets can be taken every four hours or so, depending on how frequently the pain gets distressing.

There is another group — again the patients are almost all women — who have pains in the region of the tail-bone and cannot remember any injury to the region. I have seen dozens of them, and I never could find anything wrong with the bone. I never heard of one who had the tailbone removed surgically, who was any the better for the operation.

I agree with those many physicians who are satisfied that the pain these women have is like the stomachaches of thousands of nervous and migrainous women — it must arise in the brain.

Developed Severe Pain

That a constant pain in the abdomen can be due to a nervous shock was shown by a young woman who was robbed of all her savings by a scoundrel who had made love to her and had promised to marry her when, with her money, he had gotten a divorce. He never came back, and as a result of this she developed a severe pain in her right loin and had to give up her good job as an office manager.
Because in 1927 I did not know what I know now, I got a surgeon to cut all of the nerves leading away from the painful area. When this procedure left the region com-

pletely numb, but just as painful as ever, I knew that her unhappy brain, which had been so badly shocked by her feelings of hurt and disgrace.
Today I know that an abdominal pain is arising in the brain when it is constant day and night, and month in and month out. Most of the nervous pains in the tail bone are constant. Another symptom that tells me that a pain is arising in the brain is its great resistance to pain-relieving drugs. Years ago, to help in the diagnosis, I sometimes would give a dose of morphine, and even that would not give relief as it should have done if the pain had a local cause.

Keep Drugs Away From Small Children

Every so often I am astonished when I read how very many children are killed every year in this country because they get into the family medicine chest above the wash basin and eat a handful of pills they find there. The children think they are eating candies. Even aspirin, if a child takes enough of it, can kill. Obviously, it is highly desirable that in homes where there are small children, medicines should be kept in a case which cannot be opened by a child.

I recently received a sample of a small medicine cabinet which cannot be opened by a child because in order to open it the person has to squeeze a couple of places, one on the top of the cabinet and one on the bottom. Only an adult has a hand large enough to compress the two locks together.

Those who are interested can get the name and address of the distributor by sending a stamped, self-addressed envelope with their request to Dr. Walter C. Alvarez, Dept. MMT, The Register and Tribune Syndicate, Box 957, Des Moines 4, Iowa.

The term "colitis" is much overused, Dr. Alvarez says in his booklet on the subject. "Years ago, many of us doctors got into the bad habit of diagnosing colitis when we knew perfectly well that the woman has nothing worse than the fidgets." For more information on "disease of the colon," send 25 cents and a stamped, self-addressed envelope with your request for "Colitis." Just address Dr. Walter C. Alvarez, Dept. MMT, The Register and Tribune Syndicate, Box 957, Des Moines 4, Iowa.

SAVINGS PLACED by JAN. 10 EARN from JAN. 1

U.S. NATIONAL BANK
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Steve Allen Promotes Winter Pears Nationwide

The promotion of winter pears from the Medford area will get a plug from television star Steve Allen when the "Great Zeus, What Juice" message of the Oregon-Washington-California Pear Bureau is spread to the nation's viewers of Allen's nightly television show.
The program is seen in 26 major cities. This show, taped in Hollywood, Dec. 31, is to be seen Jan. 10 and 17 in the various areas. It will be shown on Portland's station KATU, Channel 2, Thursday, Jan. 10 at 10:30 p.m.
Arrangements for the Pear Bureau material on the Steve Allen show were made by Richard H. Syring, director of Pacific National Public Relations and manager of the Portland office of Pacific National Advertising Agency. Donald McNeven, account executive for Pacific National, worked with the agency's client, Oregon - Washington-California Pear Bureau, in arranging for ripe pears and props for the show.

United Nations, N. Y. — (UPI)—The United Nations first stepped into the Congo in 1960, just 14 days after the former Belgian territory celebrated its independence.
The prolonged — and frequently bloody — UN operation that followed has since threatened to bankrupt the world organization.
Independence came to the Congo on June 30, 1960. Some fighting broke out in Leopoldville that day and in a matter of days, mutinous units of the Congolese army were running wild in the capital and other cities, shooting, raping and looting.
Troops Sent Back
Belgium, which had pulled its troops out of the Congo, sent them back to protect Belgian lives and property. Prime Minister Patrice Lumumba branded the action "aggression."
He appealed to the United Nations for help and on July 14, the Security Council called on Belgium to withdraw. It also authorized "such military assistance as may be necessary" to help restore order.
But even before that — on July 11 — maverick President Moise Tshombe of Katanga province had declared his independence from the Leopoldville government.
The original Security Council resolution, under which the world organization is acting in the Congo to this day, called for defensive UN action only. But later stronger resolutions authorizing force were approved to prevent civil war between Katanga and the central government.
UN Secretary General Dag Hammarskjöld was killed in a plane crash on Sept. 20, 1961, while on a mission to end the civil war.
Never Consumated
A UN - Katanga cease fire was declared two days later, and Tshombe promised to end his secession. But a Katanga-Congolese accord was never consumated and in December fighting again broke out between Katanga troops and UN forces in Elisabethville, Tshombe's capital.
Another cease fire stopped this battle — temporarily. But it has flared again, with heavy fighting between UN and Katanga forces reported in Elisabethville once more.

Allen takes an active part in the current Anjou, Bosc and Comice winter pears promotion through 15 minutes of "pear-fect" entertainment on his nightly television show. The television funnymen uses the current pear campaign theme "The Fruit of The Gods" and the slogan "Great Zeus, What Juice" and background for this recent snow.
Allen parades through the show in a Greek toga. A scantily-clad model dressed as Diana, the goddess of the hunt, and filled with information about pears, is a guest on the show. The two demonstrate the proper way to eat a pear and in the process, Allen eats ten pears. The members of the audience each receives a ripe Anjou, Bosc and Comice pear, a pear slicer and a recipe book.
The show is funny as well as juicy. With the guests and audience eating pears, Allen breaks up the show with his Zeus suit.
The January-February promotion for the Oregon-Washington-California Pear Bureau will include radio spots on 78 stations and ads in 64 newspapers in 33 large consuming areas of the nation and southeastern Canada. Aiding the promotion will be "car bureau representatives throughout the country to assist retailers.

Recruiting Station Wins in Competition

The Medford Navy Recruiting office took third place in station-of-the-year competition for 1962, according to chief Ed Hawkins and Ronald Veikos.
Competition was with 23 other stations in Oregon, Idaho, and southern Washington. Hawkins is in Portland today attending a recruiters conference. He will be one of the speakers at the conference which will continue throughout the week.

Heavy Fog Causes Freeway Accident

Heavy fog was blamed as a major contributor to a two car accident Sunday on Interstate 5 near the Upton rd. underpass, state police said.
Apparently Willis Thompson, 66, of 117 Ashland ave., Medford, became confused in the heavy fog and drove his car across the freeway. It was hit broadside by John Edward Nelson, 28, Eugene, who didn't see the car in the heavy fog.
Fasel received a possible broken nose and cuts about the face and was taken to the Rogue Valley hospital by a state police officer.

STAR GAZER
By CLAY R. POLLAN
Your Daily Activity Guide
According to the Stars
To develop message for Tuesday, read words corresponding to numbers of your Zodiac birth sign.

AGES	LIBRA
MAR. 21 - APR. 20	SEPT. 23 - OCT. 22
4-5-10-24	1-8-9-34
31-42-74	46-60-75

SCORPIO
OCT. 23 - NOV. 22
10-25-33-35-42-45-50-62

SAGITTARIUS
NOV. 23 - DEC. 22
23-29-49-56-66-76-80-90

CAPRICORN
DEC. 23 - JAN. 20
11-14-20-40-45-64-73

AQUARIUS
JAN. 21 - FEB. 19
13-21-30-37-52-59-80-86

PISCES
FEB. 20 - MAR. 20
54-57-68-69-71-77-91

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GELATIN DESSERT JELLO REG. SIZE PKG. 5¢ LIMIT 5 PKGS.	COTTAGE-QUALITY Margarine 1-LB. PKG. 6 for 99¢	All Vegetable Base CAMPBELL'S SOUP 10-OZ. TIN 8 for \$1.00	TREASURE TOMATO SAUCE 8-OZ. TIN 15 for \$1.00	FROZEN FOODS EVERFRESH—PURE FLORIDA—6-oz. Tin Orange Juice 5 for \$1.00 ARMOUR—VEAL or BUTTERED Beef Steaks 13 oz. pkg. 69¢
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CREAM PUFFS and CHOCOLATE ECLAIRS 8¢

GLAZED OR SUGARED
DONUTS 49¢ Doz.

LOADED WITH FRUIT
Dutch Apple Pie 49¢ Ea.

STONE GROUND
Whole Wheat Bread 29¢ 15-Oz. Leaf

MADE WITH REAL WHIPPED CREAM
Whipped Cream Cake 97¢ Ea.

TRI-VALLEY—CALIFORNIA
Tomato Juice 46-oz. Tin 3 for 89¢

WHITE SPRAY—LIGHT MEAT
Chunk Tuna 1/2 Tin 5 for \$1.00

SKIPPY
Dog Food No. 1 Tin 10 for 69¢

McCLEODS GOLDEN
Pure Honey 5 Lb. Tin 98¢

SWIFT'S BROOKFIELD
Butter 1-Lb. Package 59¢

TASTE SEALED
Apricots 303 Tin 5 for \$1.00

RIVIERA
Chili Beans 40-Oz. Tin 39¢

FRESH FROM THE OVEN
Farm Bread 15-Oz. Leaf 19¢

SILK
Toilet Tissue 4-Roll Pkg. 3 for \$1.00

ALAMEDA
WHITE GRAPES 10¢ LB.

FLORIDA PINK
GRAPEFRUIT 10¢ Ea.

NAVEL
ORANGES 10¢ Lb.

SNO-BOY
CARROTS 10¢ 1-Lb. Pkg.

CRISP GREEN
SALAD MIX 29¢ 2 pkg. for

CHOP SUEY MIX 35¢ Pkg.

BEAN SPROUTS 29¢ Pkg.