

# The Medical Roundup

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## Hypoglycemia, or Low Blood Sugar

Some years ago, I saw a number of people who said they had several nervous symptoms which their doctor thought were due to a hypoglycemia, or low blood sugar. Usually, I could tell immediately from their story that they could not have hypoglycemia. Why? Because their spells of nervousness did not at all resemble those which are produced by a great fall in the amount of sugar in the blood, such as occurs when a person takes an over-dose of insulin.

In many of the cases I saw, it was obvious that what the nervous woman was getting were typical spells of migraine which could be blocked by the drug usually given to patients with that disease.

Another very important point was that the person's attacks did not come particularly at a time when he or she had been fasting, and when the amount of sugar in the blood should have been at its lowest point. Sometimes the attacks came shortly after a meal of starchy foods when one would never expect to see symptoms due to hypoglycemia.

I have just read an article in which a physician who loves to diagnose hypoglycemia insists that a large number of nervous people suffer from a low blood-sugar. But then he went on to tell one of his patients who developed her symptoms whenever she took a good-sized helping of sugar. Obviously, this woman could hardly have had hypoglycemia; if she had anything, she was allergic sensitive to sugar.

**Level Has To Go Down**  
Another tremendous objection to accepting the diagnosis of hypoglycemia that has been made to explain the distresses of many a nervous woman is that in none of the cases did the able laboratory chemists working at the Mayo Clinic find a really low blood sugar. Dr. Edward H. Rynearson of the clinic showed years ago that the blood sugar level has to go down from perhaps

a normal low of 80 mg. to a low of 50 mg. or less, if the patient is to become distressed. The scores of people I used to see with a supposed low blood sugar had a reading of perhaps 90 or 100 mg.

Finally, I was sure that my patients' symptoms were not due to a low blood sugar when my dosing them with much sugar did not give them any relief. Also significant often was the fact that the woman could get perfect relief from taking some aspirin or some sugarless black coffee. In a true case of low blood sugar, aspirin and black coffee could have had no effect.

Dr. Rynearson wrote recently of some of those rare cases in which a person has attacks of real hypoglycemia due to a tumor arising in those cells of the pancreas which produce insulin. As a result, the person gets so much insulin in his body that his blood sugar drops spectacularly, and with this there appear very distressing symptoms. Some of the patients complain mainly of severe attacks of sweating. In 57 cases, the patients complained of fainting and going into a very sleepy state. In a few cases, the person went into convulsions.

I can remember well the first man whose disease of this type Dr. Russell Wilder studied and reported from the Mayo Clinic. This man was a physician whose wife had to sit all night beside his bed in order to put sugar into his mouth every time he would start twitching. When the man was operated on, a tumor was found which was full of insulin.

**Doctors Deceived**  
Dr. Rynearson tells of a type of case in which a mentally peculiar person produces violent insulin reactions by secretly injecting himself or herself with insulin. In one such case, the doctors were so deceived by the woman that they operated and explored her pancreas. When they found nothing they searched her room and found, hidden in the hem of her dress, an ampule of insulin and a hypodermic syringe. Because of some strange mental quick perhaps a desire for sympathy or hospitalization - she had been producing her symptoms by injecting overdoses of insulin. Later, she straightened

## Oregon BRT To Fight Cut in Crews

Klamath Falls - (UP) - The Brotherhood of Railroad Trainmen will fight any effort to reduce the size of crews on trains in Oregon, according to Jerry Rutledge, state legislative representative for the union.

The manager of the Oregon Railroad association, Luman G. Miller of Portland, said earlier his organization will ask the 1963 Legislature to repeal a requirement for a third brakeman on train crews. The requirement is part of the state's minimum crew law.

Rutledge said the need for the 1914 law is greater than ever. "Trains are longer now than they were then and they travel at speeds up to three times as fast," Rutledge said. "The public safety demands a minimum number of men to properly operate and control a train, particularly in the terrain typical of the state of Oregon."

## Keeping Eggs Clean Is Poultry Problem

College Station, Tex. - (UP) - Not the least of marketing problems of poultrymen is keeping eggs clean when they are offered to the consumer, the Texas A & M college extension service says.

Poultry experts say producers get best quality by keeping the eggs from becoming soiled in the first place. But for the small percentage that may become dirty, equipment and solutions are available to clean them.

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In 1948, he won the Democratic nomination for governor in the primary without opposition. In addition, he rounded up 20,000 signatures to place an initiated referendum on the ballot to ban parking meters on city streets.

Henry whistled - stopped all over North Dakota, running on the only real platform he had - ban parking meters. People quickly tagged him as "the man to kill the mechanical bandits."

## Singular Efforts Oust Meters From Streets of Minot

By KENNETH WATERMAN  
United Press International

Bismarck, N.D. - (UP) - In January, when the North Dakota legislature convenes, the League of North Dakota Municipalities will try again to legalize parking meters in this state.

By February, as has happened every two years since 1948, the legislature will probably throw the bill into the reject pile, all because Howard Henry dared to fight city hall.

Henry is a successful farmer and unsuccessful politician who parked his car 16 years ago on a city street in Minot. A little later, along came a city traffic officer and noticed the red flag on the meter next to Henry's car. He began to write out a ticket for Henry, thus beginning what is surely one of the most unfortunate days in the history of North Dakota city treasuries.

Henry argued but the officer wouldn't budge. Henry got mad; so mad he jumped in his car and roared off. Of course, he was caught and the ticket stuck and Henry got madder still.

**Swears Revenge**  
On that day in 1946, Howard Henry swore he'd blast every parking meter out of the state. Furthermore, he swore he would build his village of Westhope, population 575, into a trading center so folks wouldn't have to go to Minot and pay the parking meters.

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Henry was swamped in the governor's race and so was every other Democrat in North Dakota in 1948. But the voters, by a 2,000-vote majority, passed his referendum to ban the meters.

**Suit Filed**  
Immediately, the League of Municipalities rallied and called

## Secretary Found Strangled in Bed

Boston - (UP) - A 29-year-old secretary was found strangled with a nylon stocking Monday in her apartment and became the eighth victim of a mad killer who has terrorized the city for six months.

The killer, who has strangled all his victims, struck less than a mile from the scene of a similar murder Dec. 5 and a block away from his initial victim last June.

The nude body of Miss Patricia Bissette, a former resident of Middlebury, Vt., was discovered in her bed by a janitor of an apartment house at 515 Park dr. in the City's Back Bay section.

Miss Bissette, like six of the other seven victims, lived alone. As in the other crimes, there was no sign of forced entry into her apartment.

## Household Steel Use Is One-Third of Total

New York - (UP) - One third of all steel made in America is used in and around the home, according to "Steel Facts," a publication of American Iron and Steel Institute.

This year, the estimated figure will total about 258 pounds for every man, woman and child in the nation. Steel, in addition to being the major material for automobiles, also serves in the home for appliances, storage, service and recreation. Recently it has become a major material for home furnishings and furniture, from the kitchen to the living room and outdoor patio.

Spinach is said to be rich in vitamin A.

ed the ban "an invasion of city rights." The league filed a suit in district court.

Back to battle went Howard Henry, digging into his own pocket to finance a statewide radio campaign against the league and against the chambers of commerce who had joined in the league's effort. But this time Henry wasn't alone. Supporters sent money and the state lined up with him.

Henry lost the first round. District Judge John Pollock declared the ban unconstitutional, thus throwing the case into the jurisdiction of the North Dakota supreme court. The high court overturned Judge Pollock's decision, saying the will of the majority shall rule.

It was the end of the parking meter business in North Dakota, except for a few neglected streets that still stand on parking lots off the city streets. Howard Henry has had his revenge.

# Oregon Highway Department Awards \$77 Million in Contracts During '62

Salem - (UP) - The Oregon State Highway Department reported that contracts totaling \$77 million were awarded during 1962, up \$22.5 million over 1961.

A total of 195 separate contracts were awarded, compared to 182 the year before. Forrest Cooper, state highway engineer, said an estimated \$85 million in contracts will be let next year.

Of the \$77 million, about \$13.8 million was for bond projects, \$3.4 million for construction on the county road federal aid secondary system, \$300,000 was for work on city streets off the state highway system, \$54.6 million in connection with federal aid participating projects, and approximately \$4.9 million for state financed projects.

Cooper said the annual volume of work handled by the commission topped the \$100 million mark for the first time. In addition to construction, this included expenditures for highway maintenance, purchase of right of way, surveys, operations, state parks, administration, buildings and equipment and bond retirement.

Work included 144 miles of grading, 156 miles of rock base construction, 82 miles of oiled wearing surface, 116 miles of asphaltic concrete pavement, 17 miles of Portland cement pavement and 99 bridges and structures.

Many major projects were completed or opened to traffic during 1962.

**36 Miles Opened**  
On the Interstate 5 freeway, 36 miles were opened to four-lane divided traffic during the year. On Interstate 80N 27 miles were opened to four-lane divided traffic.

Among the major projects finished or opened to traffic on Interstate 5 were the Grants Pass to Rogue River section, the Gold Hill to Medford section, and the Rice Hill to North Oakland Junction section.

On Interstate 80N, projects included the Cascade Locks section, the Deadman's Pass - Meacham section, and the Baker-Pleasant Valley section.

Also completed and opened to traffic during the year was the Clear Lake - Belknap Springs highway providing a year-round route from the Eugene area across the Cascade mountains.

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**Park Visitation Up**  
The Oregon State Parks and Recreation division of the State Highway department reported 11.5 million park visitations recorded during 1962, compared to last year's 11 million.

Tourists again flocked to Oregon vacation lands and more than 9 million visitors were reported by the travel information division. This is a gain of 2.1 million over the previous record-high year of 1961.

Approximately \$217 million was spent by out-of-state visitors while in Oregon, the commission said.

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# STOREWIDE PRE-MARKET CLEARANCE Sale!

DINING ROOM CLEARANCE	
7 piece Mahogany Dining Room Set	Reg. \$279.50 Sale \$199.00
8 piece Mahogany Dining Room Set	Reg. \$349.00 Sale \$255.00
6 piece Walnut Dining Room Set including China	Reg. \$349.00 Sale \$275.00
Set of four Dining Room Chairs	Reg. \$65.00 Sale \$49.00
Set of six Dining Room Chairs	Reg. \$289.50 Sale \$149.50
5 piece Dinette Set	Reg. \$99.50 Sale \$69.50
5 piece Dinette Set	Reg. \$59.50 Sale \$39.50
5 piece Dinette Set	Reg. \$149.50 Sale \$119.00
7 piece Dinette Set	Reg. \$109.00 Sale \$89.50

PERFECT QUALITY FURNITURE!	
5 Piece Maple Dinette Set with Windsor Chairs	Reg. \$129.50 Sale \$78.00
4 Maple Side Chairs	Reg. \$59.95 Sale \$39.95
Maple Dining Room Table with Plaid Plastic Top	Reg. \$69.50 Sale \$49.50
1 Deacons Bench, solid maple by Heywood Wakefield	Reg. \$109.50 Sale \$79.50
Wagon Seat bench upholstered foam seat	Reg. \$74.50 Sale \$54.50
Cherry Coffee Table	Reg. \$64.50 Sale \$44.00
Drop Arm Colonial Love Seat	Reg. \$129.50 Sale \$89.50
Marble Top Commode	Reg. \$149.50 Sale \$99.50
Maple Arm Rocker	Reg. \$169.50 Sale \$129.50
Boston Rocker	Reg. \$34.50 Sale \$24.95
Colonial Ladder Back Rocker	Reg. \$32.50 Sale \$24.00

LIVING ROOM FURNITURE	
Sofa bed and rocker with brown nylon cover.	Reg. \$169.50 Sale \$139.50
Sofa bed and rocker, Tan naugahyde cover.	Reg. \$209.00 Sale \$159.00
Sofa bed and rocker.	Reg. \$249.00 Sale \$199.00
One studio couch with matching chair, Turquoise vinyl cover.	Both \$78.00
Reclining chairs: combination plastic and cloth, Choice of red or blue.	\$49.50
Simmons Hide-a-bed, Full size with gold tapestry cover.	\$149.00
Three piece curved sectional with brown nylon cover.	Reg. \$429.50 Sale \$350.00
Sofa with brown matlasse cover and foam cushions.	Reg. \$299.50 Sale \$229.00
Four cushion modern beige sofa.	Reg. \$298.00 Sale \$219.00
95" SOFA WITH CASTERS.	Reg. \$299.50 Sale \$239.50
ONE HIDE-A-BED SOFA, Reg. \$219.00	Sale \$189.00
ONE HIDE-A-BED SOFA, Reg. \$299.00	Sale \$239.00

CLEARANCE OF BEDROOMS	
3 piece cherry set by Heywood Wakefield.	Reg. \$549.00 Sale \$399.00
3 piece solid maple colonial dresser set by Kling.	Reg. \$389.50 Sale \$275.00
3 piece solid maple, modern style by Kling.	Reg. \$369.00 Sale \$249.00
Heywood Wakefield colonial maple double dresser, mirror, and bed. Reg. \$379.00	Sale \$259.00
3 piece dresser set with wagon wheel design.	Reg. \$249.00 Sale \$189.00
One six drawer chest on chest in maple.	Reg. \$149.50 Sale \$99.50

CARPET CLEARANCE	
BEIGE WOOL CARPET Per Square Yard	\$4.95
GREEN WOOL CARPET Per Square Yard	\$4.95
NYLON BEIGE TWEED CARPET Per Square Yard	\$6.95
5 ONLY 9'x12' WOOL AND NYLON RUGS	\$55.00
Each 9'x12' SISAL RUGS	\$35.00
Each 27"x18" THROW RUGS	88c
Each 20"x34" NYLON FLUFF RUGS	Reg. \$6.95 Sale \$3.99
Each 24"x36" NYLON FLUFF RUGS	Reg. \$8.95 Sale \$4.99
Each 27"x48" NYLON FLUFF RUGS	Reg. \$11.95 Sale \$6.99
Each 27"x54" BOUND THROW RUGS	\$2.99

## BIG SELECTIONS!

Odds & Ends for Every Room in the House

MIRRORS: 18" round, 14" round, 16"x9", 12"x8"	Your Choice \$1.19
Ten miscellaneous lamp shades.	Each \$3.00
All Hassocks & Foot Stools	Reduced 25%

CHAIR Clearance	
Occasional chair, modern, choice of beige, brown, or rose.	Reg. \$39.50 Sale \$29.50
Full Size Recliners	Reg. \$89.50 Sale \$69.50
Platform rockers. Choice of beige or green.	Reg. \$59.50 Sale \$39.88
Platform rockers.	Reg. \$79.50 Sale \$59.00
Swivel rocker with watermelon nylon cover.	Reg. \$84.50 Sale \$69.50
One ranch oak club chair. Vinyl reversible cushions.	Reg. \$89.50 Sale \$69.50
Recliners.	Reg. \$119.00 Sale \$99.50
Barcalounger recliner.	Reg. \$219.00 Sale \$169.00
One rose chair.	Reg. \$89.50 Sale \$64.50
One club chair with beige tapestry cover.	Reg. \$159.50 Sale \$109.50
Form-fit side Chairs. Choice of white, black, aqua, coral or tan.	Reg. \$11.95 Sale \$6.88

## BEDDING CLEARANCE

One Fairmont box spring and mattress.	Reg. \$89.50 Sale \$69.50
Hotel special full size mattress.	Reg. \$39.50 Sale \$29.50
Twin size set inner spring mattress and box spring.	Reg. \$69.50 Sale \$49.50
Full size posture-pedic mattress and box spring.	Reg. \$129.50 Sale \$99.00
All Summer Furniture	Reduced 30%

# Thank You!

Today, the new owners of the Groceteria will assume the operation of this long-established Medford firm. Upon this occasion we wish to extend to the people of Medford and the Rogue River Valley our deep and heart-felt appreciation for your friendship and your patronage through the forty-two years of the Groceteria's service to this community.

The new owners, Dean McKay, Claron Gove and Ray Norton, manager of the Groceteria, will, we are sure, extend the same fine service in the true Groceteria tradition in the months and years ahead. Most of the staff whom you know so well, will continue to greet you when you visit the Groceteria. The same policy of business that built this store, the same friendly atmosphere, the consistently low prices for "brands you know," will continue to be featured at the Groceteria under the new ownership and management.

We earnestly hope that the friendly support you have so generously extended to us will be passed on to Dean McKay, Claron Gove, Ray Norton and their organization.



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