

Teacher Is Speaker For Parents Without Partners

"Without a partner you are not shortchanged. As a human being you have needed to find your true sense of worth within yourselves. One learns not so much to excel, but to love, to work, and to create, thus becoming a mature individual. One who has reached these goals before marriage makes the best partner."

This was the message which Ken Raymond, home teacher for high school students, gave the Parents Without Partners group at its meeting Monday evening. His topic was "Learning to Live Alone." Forty persons attended the session which was followed by a social hour with Mr. Raymond playing organ music.

Continuing his talk, the speaker said the first lesson to learn in self evaluation is to think of oneself objectively, asking "what am I worth?" The problem lies in what one thinks of himself, Mr. Raymond explained, adding that a person's worth lies in his ability to learn.

Repeat Mistakes
"We tend to repeat our mistakes in life rather than really learning, and our mistakes have a way of tearing us down," he said that cultivation of the potential within the individual is what gives him a sense of worth.

Mr. Raymond reminded the group that it is not just the nice home or the nice car that a person enjoys, but the business of accounting for something worth while, of learning to become the kind of individual who is not a liability to others. He said just being married does not give a person a sense of his own worth.

The speaker advised cultivating a sense of God because God as the creator stands ready to fulfill one's life.

Mr. Raymond recommended the Sermon on the Mount as the subject of study toward becoming a mature individual. In speaking of feelings of inferiority, the speaker said that if a child believes everyone thinks he is bad, he may decide he might as well be bad. He concluded that when one knows that God believes the individual to be worthwhile he should remember that God's wisdom is greater than the opinion of fellow men.

Releases Fear
"God solves one's own psychological problems," Mr. Raymond said. "God offers a release of fear of oneself and of what others may think."

The Parents Without Partners group was organized in September with members in Ashland and Grants Pass as well as Medford. It is the only chapter between Portland and San Francisco. There has been a request through the local chapter from a Roseburg resident for a chapter there, it was announced.

Mrs. Ruth Boyd is president of the Medford chapter. Some of the activities in which the club expects to participate include square dancing, bowling, horseback riding, swimming, and picnicking.

Along educational lines members have indicated interest in lectures, films, and discussions on family problems, child development, teen-agers, mental health and marriage counseling, and others.

The group meets the first and third Mondays of each month. The first meeting is of a social nature and the second a business meeting.

Yuletide Still Observed Behind Iron 'Curtain'

Belgrade — Only the older Orthodox and Roman Catholic families observe Christmas in communist Yugoslavia — and then at home with friends and family.

Roman Catholics celebrate the holiday December 25. The Orthodox families cling to the Gregorian calendar date, and the feast falls 13 days later.

Orthodox festivities begin when elm wood (badnjak) is collected and distributed by the head of the family. The oldest woman in the family throws straw, nuts and corn into all corners of the house to symbolize the stable where Christ was born.

All the members of the household wish the badnjak carrier good health, joy, abundant harvest, and children.

By old Serbian custom, a young person enters the house loudly expressing his good wishes for the family. He usually is rewarded by being asked to be a guest of the traditional Christmas dinner.

Even in the poorest of Serbian families, a cheese cake, in which a silver piece was baked, and a suckling pig are on the table.

In the larger towns, Orthodox families are adopting Roman Catholic customs. They put up Christmas trees and distribute presents, usually new clothing and noise-making toys.

Roman Catholics also hold a big Christmas dinner, with a fat turkey, wines and songs.

Lesson Given On Breads

Central Point — Members of Central Point Home Extension unit met at the home of Mrs. Charles Ghelardi, Old Stage road, Wednesday. The lesson on yeast breads was given by Mrs. Lester Works.

Following the luncheon the group held a Christmas gift exchange, sang carols and read poems concerning the holiday season.

The January meeting will be held at the home of Mrs. R. Ekahl.



A tradition at the home of Dr. and Mrs. Beverly A. Cope, 717 Roca street, Ashland, is their glogg party, which was held this year Saturday evening, December 15. The tradition was started 15 years ago in Hammond, Ind., and the Copes have continued it during their 13 holiday seasons in Ashland. Here Dr. Cope serves his wife from the silver punch bowl. More than 150 guests called during the evening to join in the festivities.

Yreka Group Has Christmas Party

Yreka — Some 33 members and guests attended the Woman's Society of Christian Service's Christmas party at the Yreka Methodist parsonage Tuesday evening.

Mrs. James Sullivan conducted a brief business meeting in the absence of president, Mrs. Ray Penney.

In charge of the program was Mrs. Clarence Robinson who gave a short talk on the "Bethlehem Star" with Bible references. A poem was read by members. A duet was sung by Mrs. Clyde June and Mrs. Ronald Wilson entitled "There's a Star in the Sky."

The remainder of the evening was spent singing Christmas carols and popular Christmas songs, accompanied at the piano by Mrs. Wilson.

The gift of a blanket was made to the minister and his wife, the Rev. and Mrs. Don Donahue by the group.

A guessing game and refreshments completed the meeting.

Lowdens Return From California
Wilderville — Mr. and Mrs. Glenn Lowdens have returned from San Luis Obispo, Calif., where they have been visiting their daughter.

Young Couples Prefer Early American Design

By JUDITH A. GRIMM

Des Moines — **EPE** — Young married couples have a yen for early American furniture but farm families "don't give a hang" for it, reports an Iowa furniture dealer.

Paradoxically, a farmer passes right by the sturdy-looking early American pieces even though it seems the rural folk would be interested in hefty and solid furniture, the dealer said.

"The young modern believes the Colonial maple furnishings to be smart for today. One of the reasons for the choice is that young couples realize they can buy relatively good quality furniture for less," said Dennis Dowd, furniture buyer for stores here, Waterloo, and Mason City, Ia.

He added that his stores sell more furniture to urban dwellers than to farm families because those in the city like the "authenticity" of early American.

"However, farmers don't give a hang for authenticity and design. They often have many styles of furniture in their homes such as a traditional sofa and perhaps a modern breakfast table and chairs," Dowd said.

Segment

Another segment of the buying public on the bandwagon for early American furnishings are "the addicts," he said. These are persons who began collecting early American pieces and now can't stop. After a while anything else would look out of place.

"Another reason a housewife may choose early American is that it may spare her the expense of a professional decorator if she chooses the colonial style," Dowd said.

He explained that often the housewife is confused about the decor of her home if she has modern or traditional furniture.

'Will Fit'

This is not so with early American because she can buy almost any variety from any manufacturer and "know it will fit," he said.

"Another reason early American is one of the top sellers in the country is that families often choose it for diversions. They like to use it in a den or game room for contrast with the rest of the home," Dowd said.

And yet another reason is its comfort. "That goes along with today's desire for comfort."

Florists' Society Publishes Booklet

Washington D. C. — A new, 20-page "Authoritative Handbook on Flowers and Plants—Their Care and Arrangement," illustrated in color, has been published by the Society of American Florists.

Copies of the booklet, which features a "Minute-Master Care Chart" for flowers and plants, may be obtained by writing to the Society of American Florists, Department PN, Sheraton Park Hotel, Washington 8, D. C. Cost per copy is 25-cents, which includes handling and mailing charges. Discount rates are available for multi-copy purchases.

The booklet presents up-to-date information for consumers on the proper care of cut flowers and foliage and flowering plants. It also offers valuable advice on "do-it-yourself" flower arrangements for every day living and for special occasions in the home.

The "Minute-Master Care Chart" provides care tips for the leading varieties of cut flowers and house plants. The Booklet also offers helpful hints to consider when ordering flowers and potted plants.

HOLIDAY TIP

It's easy to make an old-fashioned cranberry rope for the Christmas tree. Thread a long, large-eyed needle with black No. 8 thread doubled in 1 yard lengths. Knot end of thread. Push needle through raw cranberries, pushing them off the back of the needle onto thread, being careful not to tangle or knot thread. String as many yards as directed and tie together into a single rope.

portable living," the buyer explained.

"Often people have a desire to relax on the soft calico-covered cushions of early American furniture rather than sitting at attention in a straight-backed Victorian chair," Dowd said.

European Tour Program Topic At Unit Meeting

Illinois Valley-A program entitled, "Armchair Travelers," was presented at last week's meeting of the Illinois Valley Home extension unit. Mrs. Duane Kingsley and Mrs. John Ahlstrom presented the program.

Mrs. Kingsley, who toured abroad during the summer of 1960 with a group of 20 college students, showed colored slides taken in the 11 European countries in which she toured. A commentary told the modern history of the countries.

Mrs. Ahlstrom reported on Christmas traditions of each country.

Mrs. Raymond Andrade was hostess assisted by Mrs. George Moles and Mrs. James Hansen. Luncheon included dishes of foreign cookery.

Mrs. Joseph Smith won a special prize and handmade gifts were exchanged. Proceeds from the white elephant sale will go to the high school homemaking department.

Mrs. Kingsley, a representative of the Associated Country Women of the World asked for donations of any specially printed stamps, commemorative or foreign, which will be collected to benefit overseas children. She stated that 100 such stamps will purchase 500 glasses of milk for the children. She suggested saving stamps during the Christmas season and asked that the stamps be left glued to the envelopes, cutting out a corner of the envelope for easier handling.

Anyone who may have completely perforated stamps is asked to contact Mrs. Kingsley.

Give Spice Shelf Pre-Holiday Check

New York — **EPE** — Give the spice shelf a pre-holiday check for freshness, advises the American Spice Trade Association.

Here are some pointers, ground spices lose strength more rapidly than whole spices and therefore need more frequent replacement.

To be good, ground spices should have a fresh, bright appearance and an aroma which fairly leaps out of the container as you bring it to your nostrils.

Ground herbs are particularly fragile. Many people prefer to buy them in the leaf form and crumble them just before use.

Keep the spice shelf away from direct heat, sunlight and dampness.

Use Window Shades For Christmas Decor

New York — **EPE** — Put the welcome mat in your window this Christmas. Decorate a window shade on the street side for visitors to see.

Inscribe a cheery greeting in glue-on-glitter (available in a variety of colors at five-and-dime stores), and add a border of same. Or, use the glitter with some fake, spray-on snow. You can create appropriate symbols such as reindeer, bells, trees.

Just draw or trace these on lightly in pencil, then block out the surrounding area with masking tape before applying the glitter or snow. To make your holiday welcome stand out even more, use this technique on a dark green cloth shade.

Witch's Tale

New York — **EPE** — Candy canes meant witchcraft to superstitious Europeans in the Middle Ages. Glass canes filled with colored candies were carried to distract witches, says the Candy, Chocolate and Confectionery Institute. The witches were supposed to become so interested in sorting the candies that they forgot their sinister missions.



Festive Fruit Nut Bread Easily Made

During the holidays when friends and relatives drop in to extend the season's greetings, it's your cue to play hostess. Plan to serve a delectable treat, Festive Fruit Nut Bread. It's easy to make, yet elegant-looking enough to go with lighted candles and demitasse cups of coffee. You'll want to fix it ahead of time to have on hand for unexpected visitors.

The recipe for this delicious holiday quick bread comes from the Liberty Cherry and Fruit company test kitchens. Colorful candied fruit along with bits of pecans give a festive look to every slice, and dairy egg nog gives it moist goodness and excellent keeping qualities.

Top off Festive Fruit Nut Bread with a rum-flavored confectioners' sugar icing. Decorate it with glaze cherries to suit the gay mood of sociable evenings throughout the holiday season.

FESTIVE FRUIT NUT BREAD

Two and one-fourth cups sifted flour; two teaspoons baking powder; one teaspoon salt; three-fourths cup sugar; one-half cup coarsely chopped pecans; one cup (six ounces) diced candied mixed fruit; two eggs, beaten; one cup dairy eggnog; one-fourth cup butter, melted; confectioners' sugar icing with rum flavoring; glaze cherries. Makes one loaf.

Sift together flour, baking powder, salt and sugar. Add pecans and mixed fruit; mix until well blended. Combine eggs, eggnog, and butter. Add to dry ingredients, mixing until dry ingredients are moistened. Pour into greased 9x5x3-inch (1½ qt.) loaf pan. Bake at 350 degrees for about 1¼ hours, or until done. Cool for about 1 hour. Remove from pan. Frost with confectioners' sugar icing, and decorate with glaze cherries.



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WORK SMARTER — NOT HARDER

By BERNICE STRAWN
Oregon State University

Give yourself a wonderful gift—some spare time! Impossible? No, not exactly, but it may take a little will power.

The big time thief for many of us is Procrastination. The longer we put off a job, the bigger it seems and the harder it is to get started. We can squander a lot of time just hatching up alibis for our selves.

What can you do? For one thing, ask yourself—just how long will the job take? Chances are it's simpler than you thought. Resolve to do it and get it over with. And as we've suggested before, make a list of jobs to do and see how delightful it is to cross them off.

Lady Luck often gets credit for the cake that was so sunny when made by your neighbor, but turns out to be a flop for you. Maybe the trouble was with your pans, or the oven.

Dark cake pans cause too-fast browning, the crust sets before the cake has reached full height. If the pan is too

large for the amount of batter, the top will brown poorly. An uneven oven not only causes the cake to rise unevenly, but the crust will be browner toward the high side of the oven.

There are many more tips on getting the most from your oven in the OSU Extension Bulletin, "Better Baking and Broiling," yours for the asking from me or your County Extension office.

Here's good news for people who live in rainy climates. Old Sol isn't as necessary on wash day as he's been cracked up to be. Home economics researchers have exploded the old idea that the sun is perfect for bleaching clothes. Their tests show that too much sun can yellow white fabrics such as your white muslin sheets. Furthermore, long hours in the sun will weaken the fabric—even unbleached muslin. They say that if the choice is between sunshine and the dryer—choose the dryer. It's quicker and more convenient.

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