

Feeding the Family

By ZOLA VINCENT
Food Editor

Last Minute Suggestions For Holiday Delights

Among the delights of holiday making is the making of crisp, fresh, butter-rich cookies. We offer today two easy-to-do, certain-to-be-praised types of cookies redolent with the fragrance and flavor of cardamom, a spice that has been prized by generations of Scandinavians. Check spice shelf for ground cardamom and for sesame seed. Gracious and gay is the day tray that offers holiday pastries and plenty of freshly made coffee.

Christmas Crescents

Cardamom and toasted sesame seed make of these crescents an offering for giving great pleasure. You'll be rewarded with four dozen richly spiced cookies.

Sift together 2½ cups sifted all-purpose flour, one teaspoon double-acting baking powder, one-half teaspoon ground cardamom and one-fourth teaspoon salt. Gradually stir one cup sugar into two-thirds cup butter. Beat in one lightly beaten egg. Add flour mixture gradually, mixing after each addition.

Let dough stand three minutes at room temperature. With fingers, on waxed paper, shape a rounded teaspoon of dough at a time into a roll two inches long. Taper ends. Roll in lightly toasted sesame seed. Place on an ungreased cookie sheet. Curve ends to form crescents. Bake in a preheated moderate oven, 375 degrees, 18 to 20 minutes or until lightly browned around the bottom. Cool on wire rack. Store in tightly closed cookie jar or box.

To Toast Sesame Seed. Spread a thin layer of sesame seed in a large shallow baking pan. Toast in a preheated moderate oven, 350 degrees, 20 to 22 minutes or until lightly browned.

Fancy Cookies

This quickest and easiest of all Christmas cookie recipes is the base for letting your imagination and artistic abilities run riot as you decorate cookies cut into any desired shapes. We hope that our cookie picture will provide decorating ideas galore for holiday bells, trees, boots, wreaths and other appropriate motifs.

1½-ounce package all-purpose cookie mix
1/4 teaspoon ground cardamom
Blend cookie mix with cardamom in a mixing bowl. Mix; shape and bake according to package directions for drop or rolled cookies. Decorate as desired with colored sugar, confectioners' sugar and water frosting and/or glaze fruit. Store in a tightly closed box or jar if made ahead of time. Three dozen cookies.

Good Coffee Is Reason for Rejoicing
Coffee and hospitality are often one and the same thing. Coffee that is rich, strong and clear can lift spirits; be a boon to hostess and guests.

Spiced Coffee. Use three two-inch sticks of cinnamon bark and six whole cloves for one quart of coffee. Put these in bowl of vacuum coffee maker, in the cold water of the percolator or in the pot of a drip coffee maker. Brew coffee double strength which means four tablespoons coffee to each cup (eight ounces) of water. Serve in demitasse cups topped with whipped cream. This eggnog custard is quickly and easily made in

refrigerator tray for six to eight servings. Garnish with nutmeg or top with whipped cream and chocolate shavings. Beat one egg white until frothy. Gradually beat in one-fourth cup sugar, a tablespoon at a time; beat until stiff. Fold into two cups dairy eggnog which is readily available from regular milkman or in dairy department at super market. Fold in one cup whipping cream, whipped. Pour into refrigerator tray. Put in freezing compartment of refrigerator. Stir frequently until mixture holds its shape; then sprinkle lightly with nutmeg and freeze until firm.

Hard Sauce Variations

The pleasure of holiday puddings is enhanced with hard sauce. Here are variations on a basic recipe for three-fourth cup sauce or enough for six portions.

Basic Hard Sauce. Cream one-third cup butter until soft; gradually beat in one cup confectioners' sugar, then one tablespoon cream and one-half teaspoon vanilla, lemon or almond extract, cinnamon or nutmeg. (Brandy, Rum, Sherry or Port may be substituted for cream and flavoring). Pile lightly in serving dish and chill until cold but not hard.

Butter Scotch. Substitute one-half cup firmly packed brown sugar for confectioners' sugar; increase cream to three tablespoons and vanilla to one teaspoon. Beat in one egg yolk if a golden sauce is desired.

Ginger. Omit cream and vanilla and beat in two tablespoons ginger syrup and one-fourth cup preserved ginger.

Brown Rice Nice
For a festive holiday dish that is different, simply cook brown rice in consommé; then toss lightly with buttered, diced, roasted almonds, some finely chopped parsley and pimiento.

Walnut Ways

Use walnuts whenever a recipe calls for "nuts." Unless recipe says otherwise, walnuts are usually added at the end of the recipe.

Appetizers. Add to dips and dips. Marinate halves in tart French dressing for quick nibbles. Try these in tossed green salads, too.

Soups. Toasted walnut kernels are terrific on soups. **Salads.** Add to mixed vegetable, fish and fruit salads. Stir into macaroni or potato salad just before serving. Use toasted walnuts in gelatin salads.

Main dishes. Add to fowl or vegetable stuffings. Use as topping for casserole dishes. Stir into hamburgers or meat loaf. Mix with sweet potatoes.

Breads, Muffins. Add new texture to all hot breads, sweet rolls, coffee rings. Mix with sandwich fillings.

Desserts. Stir into packaged puddings. Use as ice cream topping. Add to fruit pies. Mix with a little brown sugar and sprinkle, finely chopped, over pumpkin pie 10 minutes before removing from oven.

Sherried Confections
For chocolate confections with tang of sherry, follow this easy-to-do recipe that will result in 4½ dozen candy balls for sharing during holiday season.

1 6-ounce package semi-sweet chocolate morsels
1/4 cup light corn syrup
1/4 cup California Sherry wine
1/4 teaspoon salt



HOLIDAY SWEETHEARTS—Spiced cookies are the sweethearts of holiday merry-making. It is easy to be famous for freshly-made cookies with recipes for cardamom Christmas cookies and cardamom-sesame seed crescents; delicious delights famed in Scandinavian countries. Copious quantities of coffee, of course.

3 cups sifted powdered sugar
2 cups fine vanilla wafer crumbs
1/4 cup finely chopped walnuts
Powdered sugar
Melt chocolate with corn



FLOAT DECORATION—Tournament of Roses Queen Nancy Davis gazes at a giant eagle which will decorate one of the many floats in the Rose Parade at Pasadena, Calif., Jan. 1. (UPI)

Complexity of Machines Causes Training Concern

New York (UPI)—The increasing complexity of today's machines and of the skills needed to plan, build and operate them is causing concern at more than one educational level.

In a high area, the Science Advisory Committee named last February by President Kennedy released a report recently saying the nation faced a serious shortage of scientists and engineers. It urged an effort be made to expand the opportunities for graduate education in the physical sciences, engineering and mathematics.

The committee was headed by Dr. Jerome B. Wiesner, Special Assistant to the President for Science and Technology. Its report, written by a panel of scientific and technical manpower, said the shortage in educated manpower threatens the nation's ability to carry out its "vital" commitments.

Other Shortages

At another level of education, shortages also exist, according to some conclusions reached at a panel meeting held here recently by the Cleveland (Ohio) Institute of Electronics. Officials in training and employee relations departments of several industries participated.

The institute said that late last summer it conducted hundreds of inquiries, by personal interviews and by mail, and found there is a "very real shortage of trained technicians and in many cases a dearth of facilities for training."

Qualifications Lacking

It said that 55 per cent of a cross section of more than 100 leading companies, most of them users rather than makers of electronic equipment, said they had been trying to hire technicians, and 60 per cent said they were having trouble getting those with proper qualifications. They found a lack of training or training facilities much to blame.

In the course of the panel meeting George Maedel, president of RCA Institute, described what he called a simple solution to the problem. "Let the engineering graduates, both young and old, devote their thoughts to the problems at hand, and let the technical institute or community college graduate do the manipulative work."



SENTENCED TO HANG—Former soldiers George R. York, left, of Jacksonville, Fla., and James D. Lathan, right, of Mauriceville, Tex., who have admitted killing seven persons in a five-state crime spree in 1961, have been sentenced to hang Jan. 31. The two youths are specifically charged with the murder of Otto E. Ziegler, 62, an Oakley, Kan., railroad man. They also admitted killing two persons in Florida, two in Illinois, one in Tennessee and one in Colorado. (UPI)

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Court To Decide on Helping on Survey

The Jackson county court expects to decide next week whether to help finance a proposed survey of local streams by a Geological Survey crew to determine the peak flow during the Dec. 2 flood and related information.

County Judge Earl Miller is home ill this week.

Estimated total cost would be \$10,000 to \$15,000. The federal government would pay half, according to Harry Hulsing, of the Geological Survey's west coast office at Menlo Park, Calif. The county would pay the other half or could share expenses with irrigation districts and various other local agencies and private companies affected by the flood.

The Geological Survey, sur-

face water branch, has gauge stations on other county streams but not on such streams as Griffin, Daisy, Jackson and Little Butte creeks which flooded Dec. 2. Hulsing said. The study would determine the peak discharge. Such a survey would not be feasible on all streams, he added.

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