

STAR GAZER

By CLAY R. POLIAN

Your Daily Activity Guide According to the Stars

To develop message for Thursday, read words corresponding to numbers of your Zodiac birth sign.

DATE	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
ARIES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Taurus	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
May 22	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
June 21	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
July 21	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Aug. 23	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Sept. 23	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Oct. 23	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Nov. 22	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Dec. 22	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

The Medical Roundup

by *Walter Alvarez*

Emeritus Consultant in Medicine
Mayo Clinic
Emeritus Professor of Medicine
Mayo Clinic
(Register and Tribune Syndicate,
1962)

Codin Quiets a Nervous Colon

I said in this column that codin is the best reliever that I ever found for the distress of the very common nervous or so-called mucous "colitis." I also said that Copavin is a convenient preparation of codin.

A number of people have written to say that when they asked their doctor for some Copavin, he said, "That's for colds," and refused to give any for the gassy and painful abdominal distress that thousands of people get when they go out to dinner, or invite guests to their home for supper.

Usually there first comes an excess of gas-formation; then, if the gas cannot quickly be passed, there will come repeated crampy pains, usually in the lower half of the abdomen.

It is true that Copavin was devised by Dr. Harold Diehl primarily for colds, but still I maintain that it has given great comfort and relief to hundreds of my patients with the sort of bowel which reacts distressingly to emotion.

Pure codin sulfate often works very well (Copavin contains an extra relaxant called papaverin); but the government regulations permit a physician to write an ordinary prescription for Copavin, while for codin they demand a special prescription made in triplicate on a special blank.

This is one reason why I use Copavin much more often than I use codin.

Incidentally, I agree with Dr. Diehl who, after treating some 30,000 university students with every type of drug, said that Copavin was by far the best aborter of colds.

I know many young women whose life was solitary and unhappy until I gave them Copavin. Now if, when a "date" is about to come to take them out, gas begins to form in their bowel, they take one or two Copavins, and with this they usually spend a comfortable evening—free from distress. We doctors have always prescribed belladonna for this nervous disease, but I have never seen it do much good.

I have never seen true or damaging habituation to codin, so I do not fear the drug.

There are other dietary treatments you might try for colon distress. To get more information about the problem, read Dr. Alvarez' booklet, "Colitis."

You may get a copy by sending 25 cents and a self-addressed, stamped envelope with your request to Dr. Walter C. Alvarez, Dept. MMT, The Register and Tribune Syndicate, Box 957, Des Moines 4, Iowa.

Technicians Needed By Federal Agency

As a result of the Federal Aviation agency's western region expansion program, approximately 600 electronic technicians will be hired in the coming year, the western region office has announced. Technicians will be responsible for the maintenance of a new airway system throughout the western states required by the agency and the flying public. In addition, civil and electronic engineers will be needed for additional installation and maintenance and modification projects associated with the agency's continued expansion program.

Additional information concerning employment may be obtained by contacting the Federal Aviation agency, O. J. Rasmussen, acting chief systems maintenance district office, 711 East Main st., Medford.

Court Records

Circuit Court
Thomas L. McLean vs. Patricia Sue McLean, divorce decree.
Ula Rae Hubbard vs. David Robert Hubbard, divorce decree.
Theodore Stuart Hagle vs. Christine Yvonne Hagle, divorce decree.
F. C. Broyles vs. Valma Broyles, divorce decree.
Lella Debeck vs. George William Debeck, divorce decree.
Alyce Fitzsimmons vs. Alfred Fitzsimmons, divorce decree.
Merle L. Hicks vs. Mildred Hicks, divorce decree.
Altha J. McCollough vs. David Gail McCollough, divorce decree.
Robert D. Gallagher vs. Odel June Gallagher, divorce complaint.
Jerry L. Mitchell vs. Bonnie C. Mitchell, divorce complaint.

MARRIAGE LICENSE APPLICATIONS
Solon La Rue, Greenwood, 274 Croswell rd., Ashland, and Kathleen Mae Lattimer, 925 Mt. Pitt ave., Medford.
Thomas Lee Holiba, 123 Luster lane, Medford, and Camie Ray Russell, 624 Azalea dr., Central Point.

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Lung Cancer From Air Pollution Debated by Experts

Washington—How deadly is the smog hovering over some major cities? Experts attending the national conference on air pollution are agreed that smog would make you sick but they said just how sick was a matter for debate.

They called attention to deaths attributed to air pollution in New York, Los Angeles, London and other cities.

But they disagreed on the extent to which lung cancer might be caused by smoke and other pollution in the air.

And some experts pointed out how difficult it was to tell the extent to which lung cancer in city people should be blamed on air pollution rather than cigarette smoking.

Most Common
Dr. John R. Goldsmith, who heads air pollution medical studies for the California Department of Public Health, said lung cancer and chronic bronchitis were most common among city people in both the United States and Great Britain.

"On the other hand, clear-cut relationships of cigarette smoking to both of these conditions have been established in this country as well as in

Great Britain," he said in a paper prepared for the conference.

Dr. Paul Kotin and Dr. Hans L. Falk, both of the National Institutes of Health, Bethesda, Md., agreed there was sufficient evidence to link both air pollution and cigarette smoke to lung cancer.

Dr. Roger S. Mitchell of the Webb Institute for Medical Research, Denver, suggested that cleaning up polluted community air might pay the "happy dividend" of reducing the hazards of cigarette smoking.

At present, according to Dr. J. B. Askew, director of the

San Diego Department of Health, it is justifiable "to believe that if one lives in a city which has air pollution ... one cannot afford to smoke cigarettes."

Danger To Livestock

Dr. H. A. Rodenhiser, a research scientist from the Agriculture Department, suggested that air pollution could be injurious to cows, chickens and sheep.

"In view of the dangers to men it seems reasonable to think that there must be many areas where livestock are endangered," he said, adding that air pollution might reduce the production

of milk, eggs and wool. Another panel delving into the problem of air pollution by automobiles, trucks and buses heard a pledge of cooperation from a spokesman for the Automobile Manufacturers Association.

James M. Chandler, a member of the association's vehicle combustion products committee, said the industry

would apply control measures "when they have been proved to be effective, economical and needed."

Bismarck, N.D.—North Dakota's infamous "Bad Lands" were not named for the equally infamous outlaws who once escaped into them, but from the fact that the rough, rocky terrain impeded travel.

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EP Students Take Part in Tourney

Forest Grove—Five high school students from Eagle Point attended and participated in the 17th Annual Pacific University High School Forensics tournament recently.

Coached by Glenna Breward, Teresa Pruett, Sheri Watson, Sandi Wallis, Mike Charley and Morgan Miller participated in the five events of the tournament—debate, oratory, serious and humorous interpretative reading, and extemporaneous speaking.

The tournament, with 44 Oregon high schools participating, was sponsored by the Pacific university speech and drama department, under the direction of Prof. A. C. Hingston, head of the department.

Smart for '63



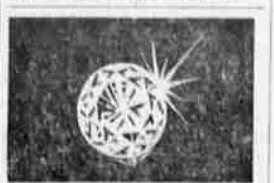
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by Marianne Martin

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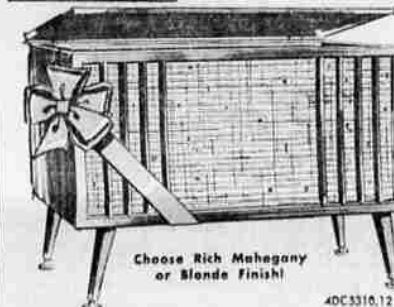
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• 2 speaker jacks! Record well!

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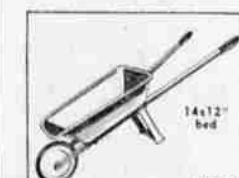
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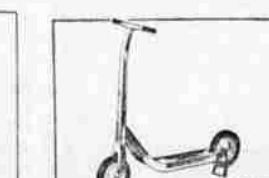
1⁶⁵



12" Western Marshall Bike

Has windshield, 6-shooter! Easy pedaling! Bright Red!

18⁸⁸



Western Flyer Scooter

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Heavy-duty frame, Swift, smooth-riding. Has stand.

3⁴⁹

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