



Small Worlds Around Us

By LYNN M. WATKINS

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The Ill Wind That Blows Produces Good for Some

The person who said, "It's an ill wind that blows nobody good" must have been familiar with that group of ardent folks who search the seashore. To them, after the blow, comes the harvest.

Of course, it is of no concern to the shell collector that millions of small marine animals were destroyed by the storm. Mollusks, ripped from their home on the ocean bottom, rolled and buffeted until at last they were cast up on a beach to die in the sun and the drying air. If the storm was severe the amount of marine life will be enormous, often piled in windrows for miles and containing a galaxy of oceanic life.

Browse Among Litter
The collector of marine oddities browses in this litter, selecting, rejecting, studying and gathering. He may be searching for some specific form of shell life, or he may be willing to collect anything strange or unusual.

The sea has brought in other things besides seashells. There will be a hodge-podge of water-logged objects great and small; all are carefully examined by those who walk the beaches.

If the storm was severe there were those who suffered loss of property or even loss of life. Such storms should make us realize that man plays a secondary role in nature's scheme of things. We build our homes or our buildings closer and closer to the edge of the sea, entirely overlooking the power of wind, tide and wave.

They are many times greater than man's ability to control. If those mighty forces are arrayed against us, we experience damage and even loss of human lives. For some strange reason we refuse to admit that man, or nations of men, puny and weak when pitted against the forces that, at times, can be arrayed against him.

Because we can look out across the tranquil, blue waters of an ocean on a bright and sunny day, we feel secure. We look at trees or buildings

that may have stood undamaged for many years, and we say to ourselves, "these things have endured, why shouldn't they continue? If they survived all this time, we would be safe in building here."

The Eternal Winner
It is a rather shocking thought, when we finally get it in our mind, that Nature always wins in the end. It may be days, weeks, months or even years, but sooner or later the forces, greater than we can comprehend, are arrayed and man and all he has built must face the storm.

It is said that the rainbow arched across the sky is a promise of fair weather. So too, does the sun shine after the storm. What havoc had been wrought, man attempts to repair, to build anew, stronger perhaps than before, or more sensibly located.

What was havoc for the many, may have been a harvest for those few who seek the treasures cast up by the sea. In the meantime Nature arranges her forces, may smile kindly for a while or may frown or become angry at man's attempt to be master of all he surveys.

Each individual, according to his needs or temperament, looks with fear or a mild pleasure; some to reap a peculiar harvest, others to repair the havoc. "It's still an ill wind."

Salem To Ballot On Sewer System
Salem - (UPI) - City voters here will ballot Tuesday on a \$5.6 million bond issue to provide a sewer treatment plant and trunk lines to serve a 40-square mile area.

The issue was rejected last September.

Also on the ballot are two other measures. One would change from two to four years the term of municipal judge. The other would change from \$2 to \$5 per day the credit earned by a county jail prisoner serving time in lieu of payment of fine.

Three Accidents Reported in Area

Harriet Lucile Robertson, 55, Shady Cove, was injured yesterday when the pickup truck she was driving, went into a ditch at Crater Lake highway and the Linn rd. intersection, state police said.

She was treated for scalp lacerations and bruises by her physician.

As the Robertson vehicle approached the intersection, another vehicle pulled from the right side of the highway directly into her path, police said. The pickup swerved and went into the ditch.

A car driven by David James Huckaba, 17, of 3410 North Pacific highway, Medford, struck the rear of a car driven by Robert Adam Morris, 20, of 734 Wilson rd., Central Point, yesterday on Highway 99, north of Medford, state police said.

The Morris car was stopped in the inside southbound lane and was preparing to make a left turn, and Huckaba, also southbound, was unable to stop in time, officers said.

Cars driven by Vernon Harvey Dean, 24, of 72 North Main st., Ashland, and by Otto Earnest, 71, of 14 Cargill court, Medford, collided on Highway 99 near Phoenix, state police said. The Earnest car pulled from the highway shoulder across both lanes in front of the Dean car, officers said.

Willapa Project Slated for Study
Portland - (UPI) - The Bureau of Reclamation will undertake an immediate study of the proposed Willapa project in Washington state's Pacific county, the Interior Department said today.

The multiple-purpose project will be investigated with funds advanced by the Area Redevelopment Administration. It would involve storage on either the south fork or main stem of the Willapa river which flows into the Pacific in the general vicinity of Raymond and South Bend.

The storage would provide supplemental irrigation to about 1,000 acres. In addition the project also would include benefits to fish and wildlife and to pollution control which would be helpful to the oyster industry, the interior department said.

Physical Fitness of American Men Discussed at Roundtable

The problem of physical fitness in the American male was discussed at the Monday noon meeting of the Chamber of Commerce Roundtable by the director of physical education at the Medford YMCA.

The speaker, Ben Jensen, a Medford resident since last June, humorously depicted several types of men who convince themselves, through various subterfuges and delusions, that they are physically fit.

He characterized the "week end athlete," who after a burst of activity on Saturday and Sunday, is too tired to go to work Monday; the sagging, ex-high school sports star, who still thinks he could run with the boys if he wanted to; the successful businessman, who is just "too busy" to stay in shape; and the man who owns a variety of exercise equipment, but who never uses any of it.

Ask Questions
One should make an appraisal of his own physical condition, the speaker advised, by asking himself certain questions: Can I still perform physical activities that I could do when I was 25? Has my chest slipped? Can I run as far as I used to be able to? Do I feel as well physically as I used to?

"If you aren't satisfied with your answers," the speaker suggested, "you probably should start some kind of conditioning program."

Fire District Vote Scheduled Dec. 3
Central Point - An election for a five-year term on the Central Point rural fire protection district board of directors will be held Monday, Dec. 3.

Polls will be open from 2 to 8 p.m. at the rural fire station here.

The term of Charles Bate-man expires. He is a candidate for reelection.

Other members of the board are Claude Thompson, chairman; Donald A. Faber, secretary-treasurer; B. Sam Taylor and Claud Hoover.

Jensen warned against "trying to do it by yourself." Individual fitness programs seldom last beyond a few short months, he said.

He advised such a program be built around group participation, and that the efforts be centered on a sport which the individual finds enjoyable and interesting.

Basic Requirements
Whatever sport the individual chooses, Jensen said, it should have certain basic requirements and effects to insure that it will help produce beneficial results.

The speaker advised choosing a sport or activity that can be enjoyed the year around, rather than one that is seasonal or dependent on weather conditions.

The sport should be one that leaves the participant "breathless" so that his lungs have a chance to develop. It should also give a man such a "good workout" that he is tired when he is finished, Jensen said.

The speaker offered a three-part definition of good physical fitness: 1. a body free from disease; 2. Heart, lung and muscle tone of sufficient quality to enable a man to do a day's work with ease; and 3. A mind that can relax quickly and forget business worries.

Jensen drew attention to a men's conditioning class that is being started at the YMCA. The class will meet on Tuesdays and Thursdays from 5:30 to 6 p.m. Applicants may enroll in the class by purchasing a membership in the YMCA. Annual dues are \$35.

The class will offer organized physical conditioning exercises, followed by workouts in sports of the individual's own preference. Each class member is free to set his own pace, Jensen emphasized, and to develop at his own rate of speed.

The class will be run continuously from now on, the director said, and members may enroll and attend at their convenience.

Couple Here Named As Temple Sponsors

Persons interested in learning more about "The Temple of Understanding," called the "Spiritual United Nations," may contact Mr. and Mrs. A. A. McCornack, 724 West 11th st., Medford for information, telephone 773-5790.

Started in 1959 by a woman in Greenwich, Conn., the purpose is to "widen the horizons of men's minds; the function, to further, through education in the major religions of the world, man's awareness of his essential brotherhood."

Plans are under way to erect a temple in Washington, D. C., which will have six wings radiating from a center hall. Each wing will represent one of the six religions of the world—Hinduism, Judaism, Buddhism, Confucianism, Christianity, and Islam. These chapels, designed in accordance with the requirements of the religion, will not be used for worship, but to illustrate the mode of worship of the particular religion.

CELEBRATES BIRTHDAY

Norwich, Vt. - (UPI) - Dr. Helmut Brueening, the last chancellor of the German republic before Adolf Hitler took over 30 years ago, celebrated his 77th birthday here Monday. His resignation as chancellor was forced after he waged an unsuccessful battle to save the democratic government in Germany. He fled the country less than two years later after being sought by the Nazis.

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