

LAUGHTON UNCHANGED

Hollywood — (UPI) — Actor Charles Laughton's condition remained unchanged today at Cedars of Lebanon Hospital where he is recuperating from surgery performed last August to correct a collapsed vertebra. The 63-year-old British-born entertainer was not listed as critical, but attendants said his condition has show little change.



TERMITES

These "flying ants" may be swarming termites. Once or twice each year a few of the termites, the winged reproductive, swarm from their ground nests to start new colonies. Swarming termites leave behind them thousands of worker termites to eat the wood in your home. Call Terminix for free inspection.

3-WAY GUARANTEE
You can depend on Terminix Service—guaranteed by:
1. Local Bruce Terminix licensee.
2. E. L. Bruce Co., world's largest maker of hardwood floors.
3. Sun Insurance Office, Ltd.

For Free Inspection, Write or Phone:
BIG PINES LBR.
CO.
6th & Fir • 773-5333

As Advertised in "The Post"
TERMINIX
WORLD'S LARGEST IN TERMITE CONTROL

The Family Council

Editor's note: The Family Council consists of a judge, a psychiatrist, three clergymen, three editors and a women's editor. Each article is a summary of a family disagreement presented to the Council. The Council deals with problems, major and minor, encountered by guidance counselors and social workers. Edited by Mrs. Alma Denny. (Copyright by General Features Corp.)

Mrs. W. C.—I think she keeps stuffing herself to torment us.

Norma C.—I'm perfectly happy to be fat. Why do they nag me?

Mrs. W. C.—Norma is 19, 5 feet and 1, and weighed 170 pounds at the last count. The more I try to help her reduce, the more she eats. Does she think I'm playing games with her? Does she think I keep preparing bowls of radish roses and carrot curls for her just for fun? She eats them, yes, and then behind my back smugly a whole jar of peanut butter or a quart of ice cream up to her room.

I watch my figure and count calories. So does Norma's sister, Fay, who's only 15 but always trim and neat. I don't know how Norma expects to get a job looking so heavy. She quit college to take a business course, but each week she's developing new bulges. It breaks my heart to look at her. And she could be a real beauty.

Norma C.—I feel fine. I'm full of pep. I enjoy life. Yet my family isn't satisfied. They think my overweight is a disgrace.

If they're ashamed to be seen with me, I'm not forcing them to accompany me anywhere. My girl friends don't object to my appearance. In fact, one of them is even heavier than I am. We just don't discuss such matters. It's a personal thing. Instead we read a lot, go to the movies, sit in the park and have lots of laughs together because we're lighthearted. We don't

mope over a little thing like a big waistline. I'm not out to be Miss America or one of those fashion models who starve until they look like skeletons with skins. So why can't I be myself—fat, happy Norma?

The Council: Oh, Norma, haven't you heard? Walking around fat, these days, is blazoning to the world that you have problems. You're not happy, you're not gay, you're not jolly. You're just kidding yourself and trying to kid others. That, my dear, is the majority view in this age of anxiety.

Of course, everyone has problems and everyone handles them differently. Some get dead drunk so they see pink elephants instead of troubles. Some get doped up so that they can sleep away burdensome days. Many find serenity through cigarettes, tranquilizers. A few try hypnosis, or a trip around the world. And you, Norma, sedate yourself with food.

As with most of these resources, the problems persist. The palliatives offer temporary respite and escape, but always the old worries are there in the wings waiting to be dealt with squarely. So, after eating all the peanut butter and mocha parfaits, Norma, you'll still have to come to grips with what's eating you. Is it anger toward your parents? Is it hopelessness about competing with your attractive sister? Is it fear of failure as a student?

Once you can see, or be helped—by a guidance counselor—to see, that you are building yourself a wall of fat to hide in, as a defense against the world, you may be able to chart a more effective "defense" along more aggressive lines. By your present course you're merely adding one more problem to your list, that of unattractiveness.

No excess is good, Norma, whether it's the meal-skipping that gives models their gaunt photogenic frames or the stuffing that fills (temporarily, at least) the empty spots inside you which keep aching. You'll never fill them with food. They require emotional satisfactions—love, approval, admiration, success.

If the mortality tables associating overweight with shortened lifespans don't scare you into dieting, Norma, perhaps this will: An important study of 1,660 overweight New Yorkers revealed them to have more mental disturbances than those of normal weight. The word which leaps out is "revealed." Reduce and then work on your mental health without revealing the need for same.

They'll Do It Every Time



Ullman Points With Pride To Accomplishments of Congress

By YVONNE FRANKLIN
Mail Tribune
Washington Bureau

Washington — (Special)—Rep. Al Ullman might be forgiven if he points with pride to the accomplishments of the 87th Congress, for a good bit of the legislation was written in the Ways and Means committee on which he serves.



Trade expansion, tax revision, increased unemployment compensation, increased social security benefits, extension of aid to dependent children are among those bills passed by his committee in Congress.

Ullman said that he was the area representative of nine western states on the Trade Bill, and went to bat for amendments protecting agriculture. He said that he was successful in getting an amendment protecting cherry growers from the importation of Glazed cherries.

"I also put in an amendment calling for mandatory public hearings wherever foreign restrictions outside the pale of GATT agreements are inhibiting the flow of our products," he said.

"We have much more to gain in the field of agriculture than we have to lose, and this bill will help wheat," he maintained.

Ullman said that although he wasn't completely happy with the Tax Revision Bill, it was "a great step forward" especially in closing tax loopholes and foreign tax havens.

Pension Funds Pleases
He was pleased that the bill to allow self-employed persons to set up pension funds was approved.

"We have been trying to get it through for years; it will allow individuals and non-incorporated businesses to do what corporations are already doing."

Ullman was also buoyant about the prospects for Oregon farm growers under the new Farm Bill.

"It is one of the most important pieces of farming legislation in the past decade or longer," he maintained, "because it establishes a long-term wheat program starting in 1964 that Oregon wheat growers have been fighting for 30 years — that is, the certificate plan for wheat."

"The farm bill didn't solve all agriculture's problems, but from its impact on the second district, it is of major importance and a major breakthrough. It will allow us to get away from stop-gap and into a long-range program where farmers can look ahead to long-range stability."

"Our wheat farmers can go back to raising wheat instead of barley, and especially economy wheat which is of utmost importance to our area. Under the certificate plan starting in 1964, the price on the market goes down, and yet the certificates for the domestic share will give farmers the income they need, but lower prices will enable them to produce feed wheat."

"The certificate plan is the heart and soul of the bill, and yet it provides more freedom in the market place and more freedom for the farmer than any other program that we have passed."

Scot's at Criticism
Ullman scoffed at criticism that farmers were under "too many controls."

"There is no farmer who can point to any more controls in this bill than we have."

U.S. Defies Soviet Berlin Convoy Rule

Berlin — (UPI) — The U.S. Army has defied the Soviets by sending a military convoy to West Berlin without the advance notification demanded by the Russians. The convoy was cleared without incident.

The action was seen here as a U.S. test of what officials viewed as a Russian attempt to limit Western military access rights to the divided city, 110 miles behind the Iron Curtain.

Friday, Russian border guards held up a West-bound military convoy for 80 minutes because they had not been notified in advance of its movement.

The Western powers maintain that no such prior notice is necessary, that convoys have the right to move across East Germany to and from Berlin at any time and without any Russian restrictions.

Meanwhile in Moscow, Premier Nikita S. Khrushchev Saturday summoned Polish Communist Chief Wladyslaw Gomulka to the Kremlin for briefings that could determine the fate of post-Cuba Berlin. He was the fifth East European leader called in for such talks.

Gomulka arrived in the Soviet capital just as Bulgarian Party Chief Todor Zhivkov left after consultations with Khrushchev. Tass said Zhivkov met the Khrushchev and party ideologist Mikhail Suslov this morning.

De Gaulle's Plan Could Be De layed

Paris — (UPI) — Senate President Gaston Monnerville has filed a protest with the powerful Constitutional Council that could delay legislation on President Charles de Gaulle's plan to elect future French presidents by a popular vote.

Monnerville, in a letter to the council, charged the referendum on the vote change won last Sunday by De Gaulle was unconstitutional.

Under French law, De Gaulle cannot turn the vote into law and change the constitution until the Constitutional Council has considered the Senate president's protest.

27 HURT
Salt Lake City — (UPI) — A Continental Trailways bus with 32 passengers aboard veered off a viaduct near here Saturday, went down an incline and then rolled over once. Twenty-seven persons were injured, none critically.

Vote BOB HART

Your Favorite REALTOR!

I specialize in Service—Courtesy is a fact, NOT a Slogan! My Motto: "SERVICE, MERIT, DEPENDABILITY," has represented ME for many years in selling Oregon Real Estate.

VOTE FOR Bob Hart
REAL ESTATE • INSURANCE
843 East Main Street Medford, Oregon

Vote BOB HART

Your Favorite REALTOR!

I specialize in Service—Courtesy is a fact, NOT a Slogan! My Motto: "SERVICE, MERIT, DEPENDABILITY," has represented ME for many years in selling Oregon Real Estate.

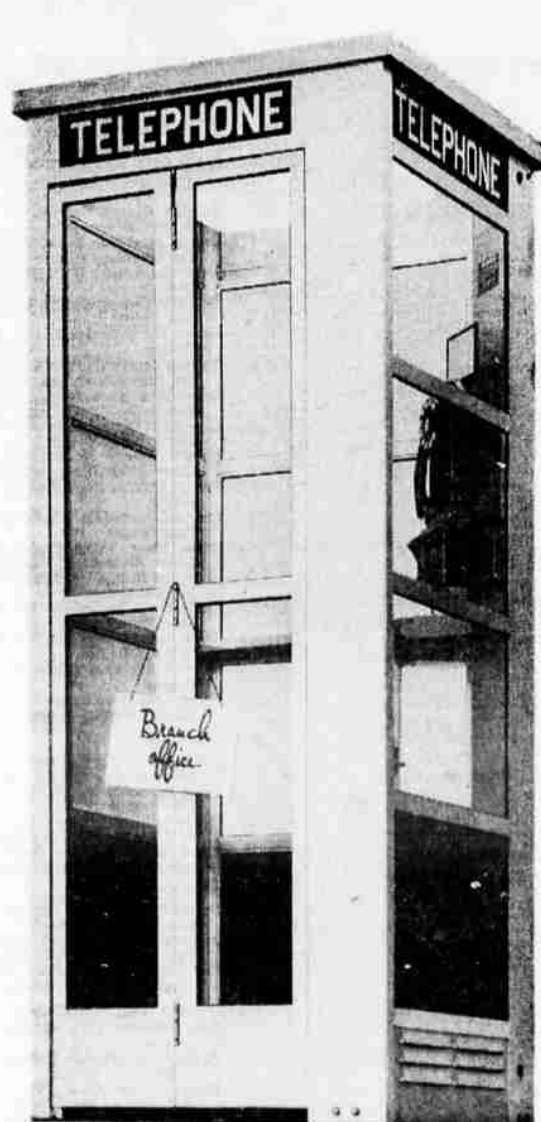
VOTE FOR Bob Hart
REAL ESTATE • INSURANCE
843 East Main Street Medford, Oregon

1962 BELL SYSTEM CREDIT CARD

JOHN DOE
J. DOE COMPANY
MAIN STREET
ANYWHERE, U.S.A.

Say to the operator: This is a credit card call.
Card Number 000-000
Then place your call.

With this card and a dime you're in business in any city in the country



If you're one of the 40,000 Northwest businessmen who is carrying a Bell System Credit Card right now, you know what we mean. (If you don't have a card, you're missing a bet—and certainly all of the benefits!) A Bell Credit Card—with the dime tucked in its slot—gives you an office anywhere there is a telephone. You charge all your calls to your home-based business phone, and you're regularly billed there for easy expense-accounting. The cards are free at any telephone business office. Why not call today?

PACIFIC NORTHWEST BELL

MAKE SURE That YOUR Vote Counts ELECT

FOR STATE SENATOR, JACKSON COUNTY.

111 X HENRY F. PADGHAM, Jr. Democrat

Qualified Discerning Aggressive

Paid Pol. Adv.
PADGHAM FOR STATE SENATOR COMMITTEE
Scott Hamilton
Chairman
1309 Court Medford

WE ARE VOTING for

Thad W. HATTEN

Democrat

for

COUNTY ASSESSOR

Ward Spatz	Albert Straus
Stan Zapell	George Loftin
Mrs. Louella Main	Paul Moloy
Mrs. Doris Boothby	Harlan Cantrall
Irwin Howe	Bruce Manley
Ray Briggs	Russell Johnson
Gordon Kershaw	Dunbar Carpenter
Andy Stevens	Mrs. Jean Clarke
Dee Newton	Evan Rasmussen

Pd. Pol. Ad. Hatten for Assessor; Com. Ward Spatz, Chrm., 1036 Reddy Ave., Medford.

ELECT: JIM REDDEN

DEMOCRAT

STATE REPRESENTATIVE

- Understands the problems
- Talks Issues — not slogans
- Vote for the candidate with the courage of his convictions

ELECT REDDEN REPRESENTATIVE

Pd. Pol. Adv. T. J. Reeder, 41 Eastwood Dr., Medford