



## Family Weekly Cookbook

MELANIE DE PROFT  
Food Editor

A special family dinner menu includes savory Pork Chops with Orange-Apricot Dressing, brown-buttered green beans, spiced crab apples, and crisp bread sticks.

# Family

### Pork Chops with Orange-Apricot Dressing

TO PREPARE: 30 MIN. TO BAKE: 1 HR.

- 1 teaspoon fat
- 6 pork chops, cut 1/2 to 3/4 in. thick
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1/2 cup finely chopped onion
- 1 qt. toasted bread cubes
- 1 cup orange pieces
- 1/2 cup quartered dried apricots
- 1/2 cup golden raisins
- 1/2 cup snipped parsley
- 1/2 teaspoon salt
- 1/2 cup orange juice
- 2 teaspoons lemon juice
- 2 clove garlic, minced
- 1/4 cup firmly packed light brown sugar
- 1/4 teaspoon salt
- 1/4 teaspoon ground ginger
- 1/4 teaspoon ground mace
- 1/16 teaspoon ground cloves

1. Heat the fat in a skillet; add chops and brown well on both sides over medium heat. Remove chops from pan and sprinkle on both sides with a mixture of the 3/4 teaspoon salt and the pepper.
2. Add onion to the skillet and cook until onion is soft.

# Dinner

3. Toss together the toasted bread cubes, onion, and next five ingredients. Turn dressing into a 2-qt. baking dish and top with the pork chops.

4. Combine the orange juice, lemon juice, and garlic; stir in a mixture of the last five ingredients until well blended. Pour about 3 tablespoons of the orange juice mixture over the chops.

5. Bake at 350°F 1 hr., or until meat is tender, basting occasionally with the remaining orange sauce.

6. To serve, remove chops and keep warm. Turn dressing onto a heated serving plate and top with the chops. If additional flavor and crunch is desired, toss 1 cup of buttered toasted bread cubes\* with the dressing before turning onto the serving plate. *6 servings*

\*Buttered Toasted Bread Cubes—Trim crusts from 2 slices of toasted bread; cut into 1/2-in. cubes. Melt 2 tablespoons butter in a skillet, add toast cubes, and toss until all sides are coated and browned.

5. To serve, unmold onto a chilled serving plate. *About 6 servings*

### Creamy Horse-radish Beet Mold

Follow recipe for Horse-radish Beet Mold. Add 1/2 cup thick sour cream to the beet mixture before blending.

### Chocolate-Prune Whip

TO PREPARE: 15 MIN. TO CHILL: 1 HR.

- 1 cup sieved cooked prunes
- 1 cup (6-oz. pkg.) semisweet chocolate pieces, melted
- 1 cup whipping cream, whipped

1. Stir melted chocolate into sieved prunes until thoroughly blended.
2. Fold into whipped cream and pile mixture into chilled parfait or sherbet glasses. Chill thoroughly. *About 6 servings*

### Pecan Puffs

TO PREPARE: 20 MIN. TO BAKE: 20-25 MIN. (allow time for chilling dough)

- 1/2 cup butter
- 1/4 cup sifted confectioners' sugar
- 1 cup flour
- 1/2 teaspoon salt
- 1 cup pecans, finely chopped

1. Cream butter until softened; add sugar gradually, creaming until fluffy after each addition.
2. Blend flour and salt; add in halves, mixing until well blended after each addition. Stir in the nuts. Chill the dough thoroughly.
3. Shape dough into 3/4-in. balls. Place on ungreased cookie sheets.
4. Bake at 325°F for 20 to 25 min.
5. While still warm, roll in sifted confectioners' sugar, sweetened Dutch process cocoa, or Cinnamon Sugar.

*About 4 doz. cookies*  
Cinnamon Sugar—Blend together 3/4 cup sugar and 1/4 cup ground cinnamon.

### Horse-radish Beet Mold

TO PREPARE: 10 MIN. TO CHILL: 3-4 HRS.

- 1 3-oz. pkg. lemon-flavored gelatin
- 1 1-lb. jar whole beets, drained (reserve liquid)
- 2 tablespoons cider vinegar
- 2 tablespoons onion soup mix
- 2 tablespoons prepared horse-radish
- 1 large stalk celery, cut in pieces

1. Lightly oil a 3-cup mold with salad or cooking oil (not olive oil); drain.
2. Add enough water to the beet liquid to make 1 1/4 cups; heat thoroughly and pour over gelatin in a bowl. Stir until gelatin is completely dissolved.
3. Pour dissolved gelatin into blender container; add beets and remaining ingredients. Blend until mixture is pureed.
4. Turn into the mold and chill until firm, 3 to 4 hrs.



Wanna start sumpin'?



Car, station wagon, or truck — all start for sure with an Atlas Battery under the hood. Atlas Batteries start fast in any weather, get you where you want to go. Extra-rugged construction means that you get top performance even under the toughest driving conditions.

Perma-Ful\* protection guards against damage from heat and low water level... means longer battery life. Get ready for action—get an Atlas Battery for your car.

You're never far from Atlas Service. Over 50,000 Service Stations in all 50 States and Canada sell Atlas Tires, Batteries, and Accessories.

WHEN THE CHOICE IS YOURS... CHOOSE **ATLAS**

### Flavor Combinations Extraordinary!

Have you ever eaten Pork Chops in Sour Cream? Blintzes? Farmer's Chop Suey? Well, you're in for a gourmet treat with this book of recipes—all using smooth, rich sour cream, golden-flecked buttermilk, or sour milk.

### COOKING WITH SOUR CREAM OR BUTTERMILK



### YOURS FOR ONLY 50¢ EACH POSTPAID

TO: FAMILY WEEKLY BOOKS  
153 N. Michigan Ave., Chicago 1, Ill.

Enclosed find \$\_\_\_\_\_ for which please send me postpaid \_\_\_\_\_ copies of "Cooking with Sour Cream or Buttermilk" @ 50¢ each. (No stamps or C.O.D. orders, please; satisfaction guaranteed or money refunded.)

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Zone \_\_\_\_\_ State \_\_\_\_\_  
Print or Write Legibly

Family Weekly, October 21, 1962 23

## SARAKA SOLVES THE PROBLEM OF "AFTER 45" IRREGULARITY

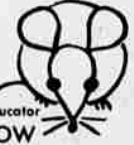
Doctor-approved bulk stimulant helps keep you comfortably on schedule as no ordinary laxative can!

As we grow older, our systems may often need outside aid to help maintain a normal regularity pattern. Continued use of strong drug laxatives can be irritating, even dangerous. That's why many doctors recommend SARAKA, the pure, all-vegetable bulk stimulant laxative for middle age and over. SARAKA supplies the moist, bland bulk that is so essential to healthy bowel function. And only SARAKA has a gentle stimulant action to help ease this bulk through your system plus Vitamin B<sub>1</sub>.

Special note to weight watchers: Lack of sufficient bulk in 900 calorie liquids can lead to constipation. If this occurs, supplement your daily diet with all-vegetable SARAKA.



### YOU CAN DRAW THIS!



Here's what artist-educator ANN DAVIDOW says about her book, "Let's Draw Animals!"

"Let's! Let's find out together that it's simple to draw in steps—even more fun if the steps are also tricks, set to rhyme. So let's!"

Order this big book of fun for your children... or for a unique gift. It contains 80 of the bright "Let's Draw Animals" features our young FAMILY WEEKLY readers enjoy each week, with all new drawings and rhymes. Yours for only \$1.00 postpaid with paper cover; deluxe edition \$2.50 in handsome, long-wearing binding of quality Library Cloth. Hours of fun and complete satisfaction guaranteed, or return book for full refund.

To: FAMILY WEEKLY BOOKS

153 N. Michigan Ave. Chicago 1, Illinois

Enclosed find \$\_\_\_\_\_ for which please send me postpaid "LET'S DRAW ANIMALS" as follows:  
Quantity \_\_\_\_\_

..... PAPER COVER @ \$1.00 each  
..... DELUXE BINDING @ \$2.50 each

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City & State \_\_\_\_\_

Every Week there is Good Reading in **Family Weekly**

### When the Misery of BACKACHE Slows You Down...

DeWitt's Pills will help your system flush out acid impurities that often cause backache, loss of energy, getting up nights. DeWitt's Pills bring analgesic relief of symptomatic pains in back, joints and muscles. Try DeWitt's Pills for direct diuretic action to help increase kidney output and relieve minor bladder irritations.

Get De Witt's Pills

FALSE TEETH BREAK? GOOD Now repair them \$1.98 at home in 8 min.

Amazing Plate-Weld repairs clear and pink plates and replaces teeth. Simply flow on—put together. Works every time—holds like new or money back. At Drug Stores or send \$1.98 plus 25¢ for postage, handling to HOME DENTAL AIDS COMPANY, Box 1731, Dept. 27, Bakersfield, Calif.

### BRAND NAMES

You're satisfied most with a brand that's made a name for itself.

BRAND NAMES FOUNDATION, INC.  
437 FIFTH AVENUE, NEW YORK 16 N. Y.

PHOTO CREDITS  
Page 2: James Joseph.

### "This rotten head cold—I just can't get to sleep!"

Medical discovery from Vicks starts relief in 15 minutes. Helps save you days of head-cold misery!

Next time a head-cold strikes, don't just simply "put up" with it. Instead of suffering through days and nights of miserable congestion—now you can feel better faster than you ever thought possible!

Just take new Theraclin Decongestant Cold Tablets as directed. Vicks Theraclin starts relief in 15 minutes. Helps save you days of misery. Only Theraclin gives you this fast-acting formula. It helps:—

1. Turn off running nose—fast.
  2. Dry up head-cold congestion, clear your stuffed head—fast.
  3. Open cold-blocked sinuses—fast.
  4. Clear stuffed breathing passages for hours.
- So, when you catch cold—don't suffer days of misery. Take fast-acting Vicks Theraclin, and feel better fast—starting in just 15 minutes!
- FAST-ACTING VICKS Theraclin**  
DECONGESTANT COLD TABLETS