

Family Council

Editors note: The Family Council consists of a judge, a psychiatrist, three clergymen, three editors and a women's editor. Each article is a summary of a family disagreement presented to the Council. The Council deals with problems, major and minor, encountered by guidance counselors and social workers. Edited by Mrs. Alma Denny. (Copyright by General Features Corp.)

Mrs. E. W. - She isn't eating right and her health is suffering.
Nellie W. - My health would be worse eating with the family.

Mrs. E. W. - I prepare wonderful dinners each evening for my family. I buy fresh vegetables and meats, nothing canned or frozen as to offer them all the maximum in nutrition. So you can imagine how upset I am to see the results of Nellie's medical checkup at school. She's badly underweight and shows signs of vitamin deficiency, according to the report mailed to me.

And do you know why? Because she refuses to eat with the rest of the family. She's a big girl now, over 16, and I can't force her to join us. Instead she fixes herself a tray and goes off by herself, before or after or even during our dinner hour. Sometimes her meal consists of a can of cold soda and a box of crackers. This medical report should scare her back to her place at the family meals.

Nellie W. - Which is worse - a little malnutrition or a nervous stomach that can't hold food at all?

I'll jack up my intake of vitamins and just go along the same way, making my own meals and eating them in a calm corner of the house. It'll be better than having to sit through the daily name-calling and wrangles that go around our dinner table. It used to kill my appetite fast.

You see, my parents and my brother are in business together. And they use meal-time to hash out their disagreements. In no time at all, the battles branch out and they show their true feelings toward each other. I feel it's really their party. I'm ignored. Why should I be their audience for the sake of a full-course dinner?

The Council - More and more physicians look at a patient, make a diagnosis, and then - if they're hep doctors, look at the family, because many conditions are exacerbated by tensions among family members. Therefore, the cures must be aided by family understanding and restraint.

Surely Mrs. W. must see the relationship between Nellie's poor nutritive state and the bickering atmosphere at the family dinner table. If the girl's malnutrition were bad enough to require hospitalization, the diagnosis would probably be "anorexia nervosa," hysterical aversion to food, and the treatment might have to begin with forced feeding via intravenous attachments. But that would only be the beginning. Before treatment ended and recovery was in view, the cooperation of the family would have been enlisted. In fact, in a report of an advanced case of illness growing out of family discord, the cure came after all these people pitched in - the doctor, the psychiatrist, the family service guidance worker, the family's minister, the parents, the siblings and the patient herself.

So it's not a simple matter of telling Mrs. W. to pipe down at suppertime and keep the talk light, with background music playing. Nor can we merely urge Nellie to be more tolerant, to relax, to sympathize with family problems rather than be so sorry for herself and feel so left-out. What we have here is a complex family snarl which is coming to a head, showing up by way of Nellie's digestive tract.

Perhaps the best approach is to follow through on the doctor's report with some psychological counseling, first for Nellie, to help unkink the knots in her insides, and then for Ma, Pa and Brother. As a family they may be harming each other. As a family they can be helped to be not only good to, but good for, each other. Even quarreling can be constructive, when rancor is exposed and removed. Most mental health clinics now approve using the bonds of family love, interviewing all members, to help the one currently in visible difficulty.

SHORTENS BEST-SELLER
Washington - (UPI) - The Children's Bureau of the Health, Education and Welfare Department has issued a shortened version of its long-time best-seller "Infant Care." The short picture leaflet, entitled "Your Baby's First Year," is available for 15 cents from the Superintendent of Documents, U. S. Government Printing Office, Washington 25, D.C.

Your Money's Worth

By SYLVIA PORTER
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BUYERS' MARKET FOR BORROWERS
If you will need to borrow money in the next several months—and hundreds of thousands of individual families, business corporations, states and cities, etc., will—you would be wise to start your loan negotiations now and probably to complete them soon.

For you, the borrower, are more in control of the market for money than in many years.
In essence, we are into the first real buyers' market for borrowers this country has experienced since the late 1940s. This is particularly true if you're a businessman with a good credit record; lenders of money are eagerly seeking for you these days. It's also true if you're an individual with an acceptable credit rating needing a home mortgage or cash to finance a major personal purchase. It certainly applies to states and cities in sound financial shape.

Funds for loans are abundant in banks and savings institutions the nation over. The loans aren't cheap in comparison with charges of earlier postwar years. Interest rates generally are far above the starvation levels of the 1940s. But the cost of a loan is secondary to the availability of the loan. "Availability" is the key point.

There are four clear forces which are favoring you, as a borrower of money, today.

First, there has been a huge piling up of savings in lending institutions of all types. The Federal Reserve Board's policy decision to permit commercial banks to pay as much as 4 per cent on deposits left with them a year or more set off a monumental influx of funds into commercial banks at the start of 1962. While the pace of the flow has slowed now, the convulsion in the money markets has been profound. Simultaneously, other types of institutions, competing on interest rate payments and promotions of savings, have continued to attract cash. Unquestionably, a factor in the pile-up of savings also has been the crack in the stock market—for many individuals have decided to deposit new savings in a financial institution rather than to channel the funds into stocks. To put it plainly, lenders simply have an awful lot of money around to put to work.

Second, the demand for loans has been sluggish—a direct reflection of the sluggishness in our economy. The total of loans is up over last year, of course, but with so much money available to lend, the demand has not risen up to the supply. What's more, there are no indications now of any significant pickup in loan demands that would abruptly change the present picture.

Third, the Federal Reserve System has geared its monetary policy to keep credit readily available. It has not flooded the banking system with lending funds—as the supporters of exceedingly easy money wish—but it hasn't put any brake on lending either.

Fourth, the Treasury has geared its management policy to avert competing with private borrowers for long-term funds. As a tremendous and constant borrower of money, the Treasury could be a heavy competitor with corporations, states, cities, home builders and buyers. But it has avoided this so that it would not interfere with private activities that would add strength and solidity to our economy.

Even in a business recession, the chances are against an important decline in borrowing costs. Defense of the dollar dictates this. The U. S. cannot afford to let interest rates sink to the point where foreign holders of "hot money" here would be encouraged to withdraw their balances and invest them in other financial centers paying higher rates. Financial institutions holding your savings and now paying you so much interest on your deposits also are deeply reluctant to shave their lending charges.

You can get concessions, though, that you couldn't have obtained only a few months ago. Many banks are easing their customary requirement that business borrowers maintain specified percentage of their loan (usually 20 per cent) on deposit. Many are offering extra services, accepting loans they would have rejected as too risky a while back.

It's a buyers market for borrowers. If you need or want a loan, get your lines out right now.

The Medical Roundup

by *Walter Alvarez*
Emeritus Consultant in Medicine
Mayo Clinic
Emeritus Professor of Medicine
Mayo Clinic
(Register and Tribune Syndicate, 1962)

New Treatment For Petit-Mal

In 1952, Mendez and Harley reported their surprise when a child of seven, who was being given quinine (atabrine) for the elimination of intestinal parasites, lost its attacks of petit-mal, the brief "forgetful" spells of epileptic children.



Alvarez, Quinacrine is a synthetic antimalarial drug given during World War II to thousands of our soldiers in the South Seas to keep them free of malaria.

Since the discovery by Mendez and Harley, a number of men have been reporting good results with the use of quinine in the treatment of petit-mal. Now, Drs. W. A. Sibley, Howard J. Tucker and Clark T. Randt of Cleveland report that with the drug they were able to control petit-mal seizures in 25 of 40 children. Unfortunately, the drug did not quiet the convulsive type of epilepsy.

Minor toxic effects were noted in only two of the children treated. In some cases, when given the drug, a child who had been doing badly at school became a good student.

A Burning Tongue
Hundreds of elderly people write to ask what to do for a burning tongue. Practically all of them have taken large amounts of Vitamin B, and many have been treated in various ways, but they all say that the burning remains the same as it always was. Some say the distress came suddenly one day.

Through the years I have seen a number of people who told me that their burning tongue came following a definite stroke, and obviously was due to an injury to a nerve center in the brain.

Because of this observation, I have kept records for years, and I have found that many people with a burning tongue started their trouble with what I call a "little stroke," in which they suffered only a dizzy or woozy spell, and then noticed some change in ability or temper or memory.

Those who are suffering from a burning tongue might get some information from my booklet on "Little Strokes." Unfortunately no local treatment can do any good if the disease is up in the brain.

If you suspect you may have had such little strokes and would like to read Dr. Alvarez' booklet, send 25 cents and a stamped, self-addressed envelope with your request for "Little Strokes," to Dr. Walter C. Alvarez, Dept. MMT, The Register and Tribune Syndicate, Box 957, Des Moines 4, Iowa.

Entrance Exam for Service Announced

The federal service entrance examination will be held in Medford in room 214 of the post office building at 8:30 a.m. Saturday, Oct. 13. L. B. Nelson, examiner for the civil service, said persons who have received notice for the examination from the civil service commission should arrive prior to the scheduled hour.

A number of other examinations have been announced by the civil service. They include game management agents, engineering, highway engineering aides, highway engineering technicians, store-keeping clerks, aircraft sheet metal workers and leaders, aircraft and systems overhaul foremen and military personnel assistants.

Also announced was a new examination for geologist for positions in the geological survey of the department of the interior, bureau of mines and bureau of land management.

Interested persons may contact Nelson or the eleventh U. S. civil service region, federal office building, Seattle 4, Wash., for additional information.

BANS CUBAN TRADE

Athens - (UPI) - The Greek Shipowners Union announced Tuesday its members would "abstain totally" from the Cuban trade because of "the problems arising for the U.S.A. from the situation in Cuba." The Greek government, a NATO member, urged adoption of the ban. The union said it would comply despite expected losses.



SHOWS SOVIET WINGS—M/Sgt. Harley R. Barstow Jr. shows Soviet wings awarded to him for guiding and co-piloting Russian planes carrying diplomats across West Germany to the 1954 Geneva Conference. Miss Joyce Israel, a stenographer at Scott Air Force Base, Illinois, holds the U.S. wings for comparison. Barstow is said to be the only enlisted man to have received this rare award, all others having gone to commissioned officers. (UPI)

Safety Plaque Is Received by City

A plaque, symbolic of Medford's safety citation awarded by the American Automobile association in the national pedestrian safety contest for 1961, was presented to Mayor John Snider by Rudy Tetreault, district manager of the Oregon State Motor association, last week.

Medford was cited for a record of one year without a pedestrian death, plus an accident prevention program which met the minimum program requirements established by the AAA in the national contest for cities in this population class.

It is pointed out through the motor club, that while non-pedestrian traffic fatalities have increased 25 per cent since 1937, when the pedestrian safety contest started, pedestrian fatalities have decreased 50 per cent. During this period, exposure to accidents has increased heavily. Motor vehicle registrations are up 156 per cent, travel 169 per cent and population 43 per cent.

Satellite Launched At Vandenberg Base

Vandenberg Air Force Base, Calif. - (UPI) - A secret satellite employing a Thor-Agena booster complex was launched from this West Coast missile facility Tuesday by the Air Force.

The Air Force refused to identify the satellite and declined to confirm that the vehicle attained orbit.

The satellite was believed to be of the Discoverer series. The Thor-Agena booster combination had previously been used to launch Discoverer vehicles before a security crackdown prevented the Air Force from releasing information on satellite launchings.

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Where to put this BOUNTIFUL HARVEST?

The hunter is home from the hills (or the fields or the lakesides), trying to prove that you can still live pioneer-fashion in southern Oregon and northern California.

But Mother has a problem. . . . what to do with the game the providers have provided? Best way, of course, is to freeze it and store it in a

Preserve that delicious flavor, those health-giving vitamins and minerals as only an ELECTRIC FOOD FREEZER can . . . and cut down on meat and poultry bills this fall and winter.

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