

# Feeding the Family

By ZOLA VINCENT, Food Editor



**NEW TASTE**—These Bartlett Burgundy have a new taste because the burgundy is in the salad dressing. Cream-cheese stuffed prunes top quartered Bartlett pears for a rare combination in good looks, good taste, good nutrition. All of the ingredients are abundantly available.

### Pears and Prunes Popular Fruits in Menus

Our state's luscious firm-ripe golden pears are on their air-conditioned move in refrigerated cars to markets throughout the world; are piled high in local supermarkets for August pleasuring. Prune-plums too are briefly available fresh but 84 per cent of all those deep purple prune-plum beauties are going to be dried and packaged and thereby made available the year 'round.

Our Pacific slopes grow 88 per cent of all commercially-grown pears and far and away the majority of prune-plums to please consumers throughout the world throughout the year.

### Pear reminders

We love words like that. Running two words together "pear and reminder" is a coined word obviously designed to attract attention. Fresh pears are eaten mostly out of hand no matter what we say. They also are enjoyed in salads; are good stewed, baked, fried, pickled, glazed; are used in jellies, jams, marmalades and baked goods; are canned in great quantities and some are dried.

Fresh pears make a delightful addition to Waldorf salad by simply replacing half of the diced apples with diced fresh pears and adding the usual amount of diced celery and chopped walnuts. Try the French custom of serving a plump pear with a wedge of fragrant cheese as dessert.

Serve pears cool but not icy. When they are too cold, they lack some of their bouquet, are not as refreshing as when cool.

### Bartlett Burgundy Unusual Salad Treat

California wines have long served many purposes, have been contributing their illusive flavor and fragrance to wine vinegars for decades. Gourmets long have been blending wine and wine vinegar with salad dressing to heighten flavor. In recent weeks, a burgundy dressing has appeared in markets blending a full-bodied California burgundy wine with wine vinegar, oil, tarragon and other spices. We used it in this pear and stuffed prune salad for which it seemed to have a special affinity. For each four servings:

- 4 ripe Bartlett pears, quartered and cored
- 16 whole, plumped prunes, pitted
- 2/3 cup Burgundy dressing
- 3-ounce package cream cheese
- 1/4 cup sliced almonds
- Salad greens

Pour dressing over pears and prunes; marinate two to three hours in refrigerator. When ready to serve, cut cream cheese into 16 cubes or wedges and fill prune centers; arrange stuffed prunes on pear quarters on individual plates underlined with any favored greens. Sprinkle with sliced almonds. Serve additional salad dressing on side for burgundy dressing enthusiasts.

### Sauerbraten with Fresh Vegetables Memorable Dish

People travel miles to restaurants for sauerbraten, a time-honored German way with beef that makes extraordinarily good eating. Here we give it an American contemporary look and taste for

### Nuclear Vessel To Sail for Seattle

Norfolk, Va.—(AP)—The nuclear ship Savannah sails today on an 18-day voyage to Seattle, Wash., with 30 passengers and a cargo of softwood, chemicals and soy drink flavoring. The 22,000-ton ship, world's first atomic-powered cargo-passenger vessel, is scheduled to arrive at the Panama Canal Sept. 18 and then sail up the West Coast for exhibit at the World's Fair.

# Study of Oregon Earthquakes Shows Some Interesting Items

Corvallis — A study of Oregon earthquakes made by the Oregon State University department of oceanography for the period 1841 through 1958, reveals some interesting items, department officials have announced.

A total of 167 earthquakes were reported in newspapers or journals "on land" in Oregon during that period and 73 at sea off Oregon.

Only 14 of these earthquakes were sizeable jolts that registered greater than 5 on the 12-point intensity measurement scale. This does not mean, however, that Oregon is "immune" from violent shocks, according to Dr. Joseph W. Berg Jr.

No particular region of the state appears to be much more free from earthquakes than another, although the bulk of earthquakes noted in the 117-year study period were in the populated areas. This likely stems from the fact, however, that there were simply more people around to feel and report tremors, many of which would go unnoticed in thinly-populated sections.

The earthquakes at sea were out about 100 miles from the Oregon Coast, on the average, along a probable extension of the San Andreas fault that has produced hun-

drreds of shocks in California over the years.

Earthquake reporting in Oregon was incomplete before the turn of the century, it was noted. In fact, only 30 earthquakes were reported between 1841 and 1900 and 210 between 1900 and 1958.

The OSU scientists stressed that violent shocks "can happen here" even though the majority of the earthquakes up to now have been of the mild, dish-rattling kind. California and Washington have had giant earthquakes and there have been some tremendous upheavals along the ocean floor of the general area, Berg pointed out.

Dr. George and Charles D. Baker, research assistant, did the literature study on earthquakes in preparation for extensive OSU long-range basic research on seismic waves, earthquakes, and the earth's crust across Oregon and under the ocean off the Oregon Coast.

Last month, OSU became part of a world wide network of seismographic stations that will be providing the most detailed information ever on earthquakes around the globe. New and highly-precise seismographic equipment valued at more than \$20,000 was awarded OSU for use in the work.

OSU has had a seismograph station — only one in the state — for more than 10 years but the new equipment is markedly better than previous instruments.

The new OSU studies will provide much new information on the earth's crust and seismic activity in and off the state.

Berg stressed the difference between "intensity" scale readings and "magnitude" in measuring the size of earthquakes.

Intensity scale readings go to 12, which represents complete damage. An intensity of 4 rattles dishes; 6 breaks weak masonry; 10 to 12 in-

ensity shocks will produce great damage (as in Iran). The recent tremor at Lebanon was about a 4 intensity — felt very briefly with no damage.

The sensitive seismograph instruments will record a 1 intensity quiver but it won't be felt by humans.

Magnitude is related to the energy of the earthquake and has no upper limit except that imposed by the earth. It is a scientific measurement of how much strain the earth can take before it breaks. This will vary from region to region, depending on earth crust and lower layers.

Brick structures, unless they are reinforced, do not

have the "give" of wooden buildings and are more easily damaged by an earthquake; Berg commented.

Basin areas commonly have sizeable faults that can periodically produce earth shifts and shocks, he said.

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