

### 25-Year Service Told by Senior Master Sergeant

By GORDON EVANS  
 United Press International  
 Eielson Air Force Base, Alaska — Senior M. Sgt. William J. Cleary is only 38 years old, but if he felt like it he could retire right now with 25 years of military service behind him.

Twenty-five years? That's right, Cleary, non-commissioned officer in charge of the Eielson Air Force base security and law enforcement section, was only 13 years old when he enlisted in the Sixteenth U.S. Cavalry at Ft. Brown, Texas, back in 1937.

To get past the recruiters then, Cleary had stuffed himself on bananas and water to hit the 100-pound minimum weight and stood on his tiptoes to make the 5 feet 5 inches limit.

It wasn't until 12 years later, after cavalry duty on the Mexican border and participating in World War II combat in Europe, that Cleary revealed the truth to slightly incredulous Air Force officials. The occasion was Cleary's decision to switch from the Army to the Air Force when the latter became a separate service.

Though not condoning 13-year-old enlistees, the Air Force took Cleary's combat and service record into consideration and allowed him to continue his career with a clean slate.

**Youngest in Rank**  
 He now lays claim to the distinction of being the youngest senior master sergeant in the Air Force with the most time in service.

Cleary said his first duty in the cavalry was as a bugler and he vividly recalls the routine of horseback drill every morning followed by fatigue details and weapons training in the afternoon. Nine months of the year were spent on maneuvers.

For all this, he drew \$18.75 monthly pay and 10 cents a day clothing allowance as a private.

"One redeeming feature of my youth," Cleary recalls with a smile, "was that I could go to the movies in town wearing civilian clothes and buy a child's ticket while my buddies had to pay the serviceman's special price of 25 cents."

Cleary's assignments in the service since his bugling days have run the gamut from blacksmith to clerk, interpreter, motorcycle mechanic, mess sergeant, investigator and recruiter.

High point of his career, as far as Cleary is concerned, came during his tour of duty as an Air Force recruiter at Chattanooga, Tenn., from 1951 to 1955. During one 30-day period, he set an Air Force recruiting record by signing up 98 men.

A native of Brownsville, Tex., Cleary plans to retire from the Air Force at the end of another five-year hitch. Then he hopes to settle down at San Antonio, Tex., with his wife, Martha, and their four children.

### White Wine Aids Diabetes Victims

Santa Barbara (UPI) — Dry white wine is a beneficial addition to the restricted diet of diabetics. Dr. Salvatore P. Lucia of the University of California's school of medicine told the annual convention of the American Society of Enologists here.

"Diabetes is a disease in which wine can be of great help to the clinician," Lucia, who is on the staff of the university's San Francisco medical center, said.

"The effect of wine on diabetes has been studied since the early years of this century."

"Of course, before the discovery of insulin, clinicians had to rely on an accurate knowledge of the foods and beverages which would be safe and permissible in the diet of the diabetic patient."

**Investigations**  
 "Many investigations were carried out using a variety of foods and beverages and it was found that not only could wine, particularly a dry white, be included in the diabetic diet, but it actually seemed to exert a definitely beneficial pharmacologic effect in that more complete assimilation of carbohydrates occurred which, in turn, brought about a decrease in glycosuria and ketone body excretion."

"It was therefore concluded that it was not only safe but advantageous to include a moderate amount of white wine in the diet of the diabetic patient."

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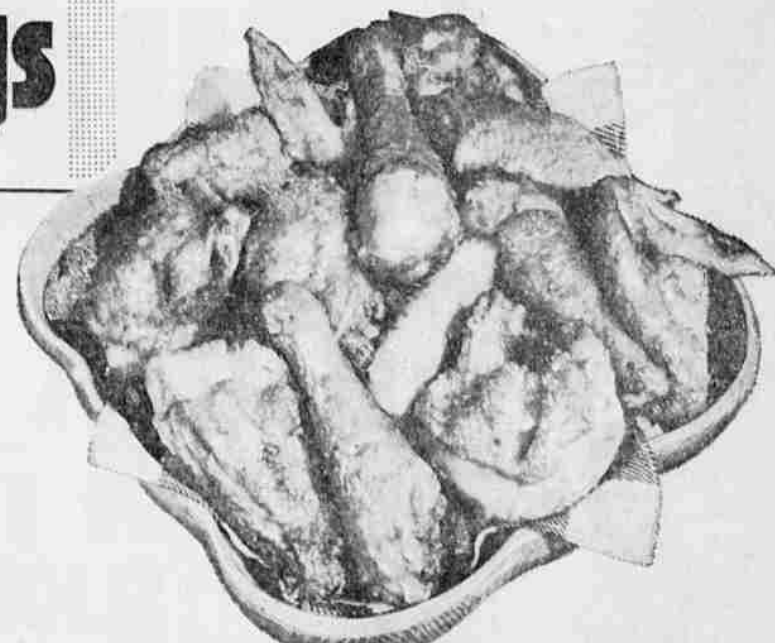


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