

British Hondurans Looking to Arrival of Peace Corps Volunteers

Belize, British Honduras, from the man on the street to the field to government officials, are looking ahead hopefully to the arrival of Peace Corps volunteers in September.

Congressmen Get Cholesterol News From NSF Doctor

By JOSEPH L. MYLER
United Press International

Washington—The congressmen said frankly they'd like a little free medical advice.

So Dr. Philip Handler, director of the National Science Foundation, told them in a lecture at the National Science Foundation today.

Handler is chairman of the department of biochemistry and nutrition at Duke University. On behalf of the National Science Foundation, he had been lecturing at a house of representatives subcommittee on matters biological.

The Living Cell

He spoke at length on the living cell, what it is made of, how it uses energy, what it manufactures. He discussed genetics, the nature of genes, molecular diseases, the nervous system, cancer and nutrition.

As Dr. Handler was winding up his discourse, Rep. Charles E. Jones, (R-Cal.) looked around at his fellow committee members and said: "Before this expert in the field leaves us, I think we ought to get a little free advice from him about blood cholesterol... that becomes of increasing interest as we grow older."

Rep. Joe L. Evans, (D-Tenn.), assented. He said "we are very practical minded men here."

True Notions

Handler came through handsomely. He remarked that "there are some simple notions (about diet) which have some abiding truth in them." He cautioned, however, that there also "is a lot of nonsense in this area."

"The simple notions in which I think one can adhere," he said, "are: first, obese people do not live as long as the non-obese. In the laboratory, the thin rats bury the fat rats."

"Secondly, all other things being equal, a diet which is relatively low in fat results in significant reduction in the level of the various fatty materials, including cholesterol, which are in the circulation."

"It is true that heart attacks occur in individuals who have high levels of fats in their blood, and we find these fats on the walls of great vessels of persons who have had heart attacks."

"But it is also true that some people have myocardial infarcts, heart attacks, who do not have high blood levels of these fats, and the simple causal relationship one would hope to be able to establish has never been established."

"However, since each of us is known to live only once, in our own self-interest what we should do, I think, is live a reasonable existence in terms of not permitting one self to become needlessly obese, and eating a diet in which the fat is not too prominent."

"This is all you can do," Dr. Handler said. "Beyond that, absurd measures which absolutely exclude fat from the diet have never been demonstrated to be effective in any group."

Kennedy Ponders Western Junket

Washington—President Kennedy is considering a non-political tour in the West in August, Press Secretary Pierre Salinger said Wednesday.

Salinger declined to discuss specific speaking dates but indicated that Kennedy's schedule will be completed soon.

The subject came up when Salinger was asked at a briefing whether the chief executive will attend a ground-breaking ceremony for the San Luis Dam and Reservoir in western Merced county, Calif.

Salinger said that the president's participation was confirmed in a telegram from Interior Secretary Stewart Udall.

All Salinger would say at this point was: "If he Kennedy goes, he will consider making a trip to Los Banos," where the San Luis project is located.

President Kennedy is expected to leave on the trip about Aug. 18.

UAR in Second Decade of Nasser Era; Israel Remains No. 1 Enemy

Cairo 26—Israel remains the United Arab Republic's No. 1 enemy as this nation enters the second decade of President Gamal Abdel Nasser's revolution.

Nasser, then an army lieutenant colonel, led a dozen other young officers in a revolt against the corrupt civil government of King Farouk 10 years ago, sending the confused and luxury-sated king into European exile.

There the United Arab Republic entered the space age, in the presence of Nasser and his foreign press.

Ceremonies. Peasants in their long striped galabiyahs and headresses have been crowding Nasser's capital for many days.

But the high point of the celebration came two days before the anniversary date on an Egyptian missile test site 50 miles from Cairo, a 20th Century establishment less than an hour's drive from the Pyramids.

The United Arab Republic entered the space age, in the presence of Nasser and his foreign press.

It fired four single-stage rockets and Nasser announced that they were now "in large scale production—otherwise we couldn't have spared the four for testing."

It was clear from his remarks how closely Egypt's unfinished war with Israel is linked with the rockets and other military developments.

"The only military significance is the range they reach," Nasser told newsmen. Asked their exact range, he said, "A little south of Beirut"—a red reference to Israel, which lies to the south of Lebanon.

The rockets have a range of from 235 to 372 miles. Tel Aviv, is 250 airline miles from Cairo.

They All Agree

Although Nasser carries on quarrels with some of his Arab neighbors, their enmity toward Israel is one thing all agree on. With the French Algerian war at an end, observers believe new efforts will be made to concentrate attention on the Israel issue.

These other developments were in the forefront as the United Arab Republic marked 10 years since Nasser's move toward creation of a socialist state. More than \$840 million worth of private property has been nationalized since the last anniversary.

The change in approach to Arab unity. From dreams of one United Arab state, the emphasis now seems to be aiming for eventual but gradual federation.

Syria's withdrawal last September from the three and a half year old union under Nasser has had serious repercussions around the Middle East. But it has not been the political disaster to Nasser's prestige that some observers predicted.

Syria has escaped the attempt to crush pro-union elements.

It is a curious situation in that observers here are virtually unanimous in agreeing that Nasser does not want the union, as such, restored. The most that a pro-Nasser crowd in Damascus could accomplish now, most observers here believe, is a federation of the two states.

Meanwhile, Nasser is making every attempt to expose his distaste for the monarchies of King Hussein in Jordan and King Saud in Saudi Arabia and for his rival revolutionary Iraq. Ma. Gen. Abdul Karim Kassem, Cairo newspaper cartoonist, told a daily of cartoons ridiculing the three.

More serious efforts are going on in relations with the Algerians. Despite his apparent sympathy with the Algerian vice premier Ahmed Ben Bella, Nasser has strenuous efforts to bring about agreement between the left-leaning military leader and his more conservative opponent, Premier Ben Yusef Ben Khedda.

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SAFEWAY

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Price of White Bread Increased By 55 Per Cent

Washington—The price of white bread at the retail counter has risen more than 55 per cent since 1947-49, but the cost of the farm ingredients has dropped 12 per cent, according to the Agriculture Department's Economic Research Service.

During the same period there was a 18 per cent rise in the consumer price index for all goods purchased for home consumption. In 1961, white bread sold at an all-time high of 20.9 cents for a one-pound loaf. This was an increase of 7.4 cents over 1947-49.

Higher Margins

ERS said all of the increase was due to higher marketing margins at the various levels in production.

The farm value of the ingredients which go to make up bread averaged 2.8 cents on a one-pound loaf in 1961, compared with a 3.3-cent value in 1947-49. ERS said the drop was due principally to lower farm prices for wheat, rye, sugar, and milk.

Milling adds another one cent per loaf. From 1947-49 to 1955, the margin for milling remained stable at 0.6 cent per loaf. Since 1955 the margin has risen 67 per cent.

Shere Almost Double

The wholesale baker's share in 1961 of the total price was 11.7 cents per loaf, almost double the 6 cents share in 1947-49. ERS said increased labor costs to wholesale bakers, particularly for increased tribute, accounted for a major portion of this sharp rise in the wholesaler's margin.

The total labor cost, including wages, commissions, salaries and fringe benefits was 8 cents per loaf in 1961, compared with 2.2 cents per loaf in 1945. Other expenses, including advertising, packaging, delivery, and profits, amounted to 3.7 cents per loaf in 1961, compared with 2.2 cents in 1945.

The retail margin in 1961 was 3.8 cents, or 18 per cent of the total price of the bread. In 1947-49, the retail margin was 2.4 cents per loaf.

The remaining 1.3 cents spent for bread in 1961 went for storing, insuring, transporting, and handling. This was only slightly more than the cost of these services in 1947-49.

Interviews Set For City Police

Oral interviews for Medford police officers being considered to fill single vacancies at the sergeant and lieutenant ranks have been scheduled Friday, July 27, according to Chief of Police Charles P. Champlin.

Fourteen patrolmen will be interviewed for the position of sergeant, and three sergeants will be interviewed for lieutenant vacancy.

Applicants will be interviewed for about one-half hour each, Champlin said. On the basis of the interview, the candidates will be rated by the interview board in such categories as police appearance, expression, temperament, intellectual honesty, leadership and personality.

Chief Champlin said he will weigh results of the oral interview and the written examination, which the applicants took about two weeks ago, together with an officer's performance ratings, and arrive at a grade for each candidate.

Members of the interview board will be Chief of Police H. A. Elsworth, Eugene, and Floyd Clower, Springfield, Russell G. Hogue, executive vice president of Medford corporation, and Gilbert J. Guljahr, Medford assistant city manager.

ABOARD SHIP

Gene P. Dowell, commissaryman, USN, son of Mr. and Mrs. R. L. Dowell, Jacksonville, is serving aboard the refrigerated stores ship USS Bellatrix. The ship recently returned to her home port of San Francisco after visiting several ports in the Orient.