

PROUD PAPA - Jolly Charlie Chaplin holds his 10th child, James. The baby, born July 8 to the former Oona O'Neill, is the eighth she has given the famed comedian. He has two children by a previous marriage. (UPI)



Painful Emotions Not All Abnormal, Psychiatrist Says

By DELOS SMITH
UPI Science Editor

New York - (UPI) - A psychiatrist solemnly reminds all psychiatrists that "not all painful emotions are abnormal." It sounds like something everybody knows. But it is newsworthy because it is being urged upon scientific specialists in separating the abnormal from the normal.

The urger was the New York psychiatrist, Dr. Melitta Schmideberg. She cited several instances of the science of psychiatry stabbing its toes on this very point of common knowledge. One involved a woman who had seen 20 psychiatrists in 2 years.

She had an unfaithful husband. That made her distraught. Her husband said he was not going to allow her jealousy to interfere "with his leading a normal life." Eighteen of the 20 psychiatrists considered her paranoid because of this jealousy and some wanted to put her in an institution.

Her father brought her to Dr. Schmideberg, saying: "Madame, I am a Parisian and know life, but my son-in-law, after behaving as he did, quotes Freud and wants to lock up my daughter, this is too much." Dr. Schmideberg commented thus, "I was lost for a reply."

And there was the 15-year-old girl who was sent to her by a social agency after 3 years of "supportive" psychiatric treatment, continued Dr. Schmideberg in addressing her colleagues through the technical organ of the American Psychiatric Association.

Acted on Criticism
She "looked more like a prostitute of 50" than a child and "she complained of her sense of inferiority" and that she imagined people stared at her. I told her that this was actually the case, and explained why she attracted attention and told her how she ought to dress. She took my criticism well and acted on it, and as a result looked better and felt better.

And there was a lad of 19 who was referred to her as a "wild-eyed, deluded schizo-

phrenic." He thought he was "the greatest genius who ever lived," and had been under psychiatric treatment for several years. One psychiatrist kept telling him, "do not doubt yourself."

"In contrast," said Dr. Schmideberg, "I told him his quotations from Dostoevsky were wrong and pointed to other flaws in his knowledge. This brought him down to earth somewhat and enabled me to establish a relationship. Today he has completed his studies very successfully and is happily married."

She also cited a young woman "in an acute anxiety condition." Her psychiatric advice had been to leave home at 18. She did but it had not lessened her anxiety.

"I dwell on her emotions but highlighted the fact that she was unable to earn her living and this caused, to quite a degree, her anxiety," said Dr. Schmideberg. "After a few weeks she resentfully stopped treatment, but took a job which she has held ever since."

From these examples she drew the conclusion that it was essential in psychiatry "to access and rectify the cause" of quite normal painful emotions. The editor of the technical journal put this heading on her admonitions: "Diagnostic Evaluation and Treatment Should Be Within The Context of Life."

Summer Reading Program Plans End

The Medford summer reading program sponsored by the Public Library of Medford and Jackson County will end Thursday, July 19, with a party beginning at 3 p.m. on the library grounds.

All members who have read 10 books or more have been invited to attend. Omar A. Bacon, head librarian, will present certificates and refreshments will be arranged by the Friends of the Library.

Nearly 500 boys and girls have enrolled in the Medford library for the program, "Around the World with Books." About half have completed the 10 books needed to earn a certificate, but many have read more than the minimum number, Bacon noted.

Each branch library will have its own party for its certificate winners.

Container Made From Jar For Sick Child

New York - (UPI) - When a youngster must stay in bed, an empty pint jar with cover makes a non-spill container for juices or other drinks. Punch a hole in the cover large enough to insert a straw. Partly fill the jar with liquid and then screw on cover.

One U. S. government official said this of proposed lunar exploration: "If it's impossible, and the Russians can't do it either. But nothing has happened in the last year to indicate it is impossible."

New Mineral, Oregonite, Named by Two Geologists

Eugene - The state of Oregon has a new mineral named for it - a mineral found in Josephine county and identified in 1959.

Curiously the new mineral, Oregonite, has been named by two German geologists from Heidelberg.

Dr. Lloyd Staples, head of the University of Oregon Geology department, has written of Oregonite in the current issue of Ore Bin, publication of the Oregon Department of Geology and Mineral Industries.

White Material
The new mineral - a brilliant white material containing nickel, iron and arsenic - was found by Paul Ramdohr of Heidelberg. It was reported in a German-language paper prepared by Ramdohr and Schmitt (1959).

FLASH FLOOD
Rapid City, S. D. (UPI) - More than 1,500 persons were evacuated and 100 homes and businesses were destroyed when a flood that hit with lightning speed here late Friday night did more than \$1 damage.

which has been designated as mineral "X" because the geologists were unable to describe it well enough to set it up as a new species.

Hard To Identify
Staples noted that Oregon, a state with many beautiful crystals, has named for it a mineral that is not readily identifiable. However, he writes, a few of the 50 states do have minerals named for them. Of the 15 states that do, only four - Alaska, Colorado, Minnesota and Montana - are the minerals of recognized species, rather than varietal names or synonyms.

Discovery of new minerals (those so adequately described as to be accepted as new species and not previously found anywhere else in the world) has been rare in Oregon. Only eight, including Oregonite, have been discovered since 1873. One of these, Josephinite, closely resembles Oregonite. The others are priceite, erionite, johannsenite, mansfieldite, heinrichite, and metaheinrichite.

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Frozen Peas	Scotch Treat. Sweet & tender. 10 oz. pkg.	7/\$1
Shredded Wheat	Nabisco. 10 1/2 oz. pkg.	4/\$1
Oranges	Town House. Mandarin 11 oz. can	2/45c

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