

Take Vacation at Home And Work at Being Lazy

By PATRICIA MCCORMACK
United Press International

New York—For the rest of your life, spend a few vacation days at home and work hard at being lazy! It takes an iron will. You've got to ignore grass that needs to be clipped, squeaking doors crying for an oiling, rooms that ought to be painted and even the neighbors.

The best rest also involves turning a deaf ear to the phone, the neighbor's youngsters, and all else that threatens to interfere with your labors on behalf of laziness.

If you can't tune out such sounds that tempt you to change from the horizontal to vertical position, bolster your will power with ear plugs.

You'll want to shut out more than exciting sounds. For example, you've got to do something about mail that might make you nervous.

The most workable approach: Let the bills—er, mail—collect in the mail box. If you have a good-sized box, the mail man won't have very much trouble making it hold several batches of bills.

Sleeping until noon also helps when you're working at being lazy. That relieves the female of the house of the breakfast-making chore. It also relieves the male of breakfast dishwashing.

Along the line, it's a tremendous boost toward laziness to call the local ready-made catering service and have lunch sent in.

You gain more time dedicated to laziness by vowing also to go to a restaurant for dinner every lazy day.

If you find driving the family car to the eatery horns in on progress connected with "project lazy," don't hesitate. Just call a cab.

Lots of folks like to read when lazy-day dreaming becomes exhausting.

But holding a book and turning the pages easily enervates one working on laziness. Anticipate and solve that problem before embarking on the lazy days; collect some talking books—records—from the library.

Get the long-play talking books so you won't have to spend too much energy changing records.

Plans for the lazy days also ought to include the purchase of a hammock and hanging it in a shady place.

Let the hammock swing ever so slightly. Do it too rapidly and you might over-exert yourself—a crime punishable by work on lazy days!

Of course, insects will buzz and try to bite you. On a lazy day, don't do anything ridi-

culous like swinging a fly swatter. Just squirt some bug-bomb at the creatures when annoyed. If pushing the trigger on an aerosol can seems like too much work, equip your hammock with some jungle netting.

This being lazy for a spell isn't bad. In fact, a recent report from the national institutes of mental health urges it to relieve tension.

Family Reunion Is Recent Event

A family reunion was held recently by the family of Mr. and Mrs. M. R. Archibald at the Archibald home, 2451 Roberts road.

Present were M. R. Archibald Jr., and Mr. and Mrs. J. A. Archibald and children Scotty, Terry, and Laurie, all of Brookings; Mr. and Mrs. Melvin Archibald and children, Max, Sheri, and Kristine, Livermore, Calif.; Mr. and Mrs. Eugene Morse, David and Brian, Nampa, Idaho; and Mr. and Mrs. Glenn Archibald, Glenn Jr., Debbie, Kristine, and Allyson.

Mr. and Mrs. Morse and Mr. and Mrs. Melvin Archibald vacationed in the Rogue valley for about 10 days.

Travelers Visit Archer Family

O'Brien—Mr. and Mrs. Les Archer have had several visitors the last two weeks. Mrs. Archer's nephew, Owen Harris, Tannen Lake, a government employee, spent two weeks with them.

Mr. and Mrs. Ralph Archer and their son drove a new auto from Detroit, Mich., and visited several days with them. Mr. Archer is Les Archer's nephew, and the Archer home is in Redding, Calif.

Mr. and Mrs. Ray Archer, Les Archer's brother and wife, from Danuba, Calif., were visitors last week. Miss Archer is the city clerk in Danuba, and Ray Archer is a rancher in that area.

Minister Guest In Wilderville

Wilderville—Recent visitors at the home of Mr. and Mrs. E. H. Ahlstrom were Dr. Gilbert Oliver and family, Richmond, Calif. Other guests were Dr. and Mrs. P. Malcolm Hammond. Dr. Hammond is pastor of the Ashland Methodist church.

Montana Visitors

O'Brien—Mrs. Doris Anderson and children Leila and Tommy were guests of Mr. and Mrs. Tomas Adams recently. The Anderson family make their home in Montana. While here the guests made trips to the Oregon Caves and Deer park.



New York: Soft tones of grey, wheat and brown wool are combined in this plaid coat, topped a suit done in the light wheat shade. The ensemble from the fall collection of Davidow features the top coat in three-quarter length with set-in sleeves and high pockets on one side. The two-piece suit is designed with an easy skirt and a jacket that buttons down the front from a small collar.

Party Honors Mrs. Dierkes

O'Brien—Mrs. James Dierkes was guest of honor at a birthday party at the home of her parents, Mr. and Mrs. Tomas Adams, Lone Mountain road, July 4. Guests attending were Mr. and Mrs. Jiggs Morris and Mr. Morris's mother, Mrs. Hazel Anderson, Reno, Nev.; Mr. and Mrs. Homer Snyder, Ray Snyder, Mr. Dierkes and the Dierkes' children, Tad and Diane.

Grandson Guest Of Mrs. Graham

Hornbrook—A recent guest at the home of Mrs. Ione Graham was a grandson, Raymond Henry, Ely, Nev. When he returned home, Mrs. Graham and two other grandchildren, Sharon and Nathan McCulley, Montague, Calif., accompanied him as far as Klamath Falls, where they spent a week-end before returning to Hornbrook.

Fair Visitor

Eagle Point—Mrs. Nora Straus returned from Seattle last week where she spent three days visiting relatives and attending the World's Fair. Mrs. Straus lives with Mrs. Will Brown, North C street, Eagle Point.

Venezuelan Menu Likely To Feature French Food

By CLAIRE COX
United Press International

Caracas, Venezuela (UPI)—There is no need for the tourist from the United States to know Spanish when he dines out in Venezuela, even if the waiter does not speak English.

The menu is more likely to be in French than any other language.

Although Venezuela boasts dishes as typically native as the hamburger and hot dog in the United States, it is difficult to find them and residents appear to balk at either serving them or leading a tourist to them.

Caracas abounds in good restaurants—French, Italian, German, Swiss, Hungarian, North American, Argentine and, of course, Chinese. But French dishes seem to prevail.

Typical

"Do you really want to eat 'typical food'?" an American of long residence in Venezuela asks this visitor.

"Well," is the response, "I would like to taste some real Venezuelan dishes as long as I'm here, but whatever you decide will be all right."

So they eat in a French restaurant that is very good and very expensive and feel as though they had never left home.

A wealthy member of an old Venezuelan family raises the tourist's hopes by suggesting a place to dine.

Where do they eat? Another French restaurant—this one very good and very very expensive. The Venezuelan gourmet mixes the salad dressing himself. It is strictly French.

A North American couple who have lived in Venezuela many years invite the tourist couple to dinner at their colorful hacienda.

"Ah, at last," they say, "a Venezuelan meal."

Italian

The fare is Italian. Delicious but Italian.

Couple Visits National Parks

Mr. and Mrs. A. C. Severson, 604 Plum street, traveled through Utah recently. While in the state they visited with Mr. and Mrs. A. C. Emden, Fillmore, Utah. Mrs. Emden is a daughter of the Seversons.

The family made stops at Zion National park and the Grand Canyon and Bryce Canyon national parks.

In Ashland

Ashland—Mrs. Nellie Shipman and Miss Irene Wilcox of Eagle Grove, Iowa, were recent guests of Mr. and Mrs. Shelby M. Wilcox, 48 Gresham street.

Shower Honors Miss Tresham

Miss Beverly Tresham, 306

Garfield street, was honored at a lingerie shower recently, held at the Girls Community club. Miss Tresham's wedding to Steven Carlos Morris is set for July 20 in the First Presbyterian church here.

Miss Joanne Simmons and Mrs. Duane Tresham were hostesses for the event.

Miss Tresham is a daughter of Mr. and Mrs. Ray Tresham, 1241 Dowell road, Grants Pass. Mrs. Morris's parents are Mr. and Mrs. Carlos Morris, 128 Mistletoe street.

Attending the shower were Mrs. Carlos Morris, Mrs. Ray Tresham, Mrs. Brad Morris, Mrs. Ervin Shultz, Mrs. Ernest Pathmann, Mrs. A. C. Urdel, Mrs. Katherine Dickinson, Miss Kathleen Urdel, Miss Judy Hannah and Miss Gretchen Meier.

Spokane Family Visits Friends In Eagle Point

Eagle Point—Recent guests of Mrs. Lester McFall and family of Eagle Point included Mr. and Mrs. James Dugger and six children. Spokane, Wash.

Mrs. Dolin Southard, Mrs. E. J. Sherrill, and Clarence Webster, Nubieber, Calif., spent the Fourth of July with the McFall family. McFalls lived in Nubieber for five years before moving to Eagle Point.

Sister Is Guest In Eagle Point

Eagle Point—Mr. and Mrs. William G. Pflum, Santa Barbara, Calif., visited with Mrs. Pflum's sister, Mrs. Will Brown, North C street, Eagle Point, last week. The Pflums were returning to their home after attending a family reunion in Portland recently and taking an extended vacation at Lake Louise and Banff in Canada.

Relatives Visit

Hornbrook—Guests at the home of Mr. and Mrs. A. E. Ryder for the past two weeks have been Mr. and Mrs. Frank Smith and daughters Alice and Patsy, Dallas, Tex. Mrs. Smith is a daughter of Mr. Ryder. Mrs. Louise Wilthaus, San Bernardino, Calif., a sister of Mrs. Ryder, is also a visitor at the Ryder home.

Read Labels, Says Expert

Corvallis—A minute's time spent reading food labels can save shoppers money, give new recipe ideas, and help them choose the foods best liked by their families.

This is the theme of a new Oregon State university circular offered to Oregon residents through county extension offices. "Read the Label to Stretch Food Dollars" is the bulletin title.

The author, Jean Shipman, OSU consumer marketing specialist, says shoppers can increase their buying power by learning to use information stated on labels. For example, of two popular brands of condensed cream of chicken soup one contained more chicken than the other. By reading list of ingredients, shoppers can know in advance what they're buying, notes Miss Shipman.

Chemical names listed on package labels may appear long and dangerous, but shoppers are assured that chemicals have been tested and approved for use in foods by the Federal Food and Drug Administration. Miss Shipman points out that use of these additives makes food more palatable, offers more variety and makes food definitely safer.

Family Returns

Derby—Mr. and Mrs. Earl Deen and son Steve, Butte Falls highway, Eagle Point, returned recently from a vacation to southern Idaho. While visiting in Emmett, Idaho, the Deen family were guests of relatives.

Hornbrook—Mr. and Mrs. Frank Ward returned last week-end from a trip to Yoncolla, Ore., where they visited with members of Mrs. Ward's family, the Apple-gates.



New York: Slim all the way and widely belted is the description for this coat dress of Anglo wool tweed in green flecked with gold and orange. It is from the Nat Kaplan collection. The skirt is pleated wrapped from under the green suede belt.

HELP US!

We need clothing, shoes, dishes, furniture, and bedding.

We Pick Up.

HELP OTHERS!

The Salvation Army
30 N. Holly
773-7335

1ST WORLD BOOK

Sales Quality Leadership

ENCYCLOPEDIA

for the Entire Family

Offers "Exceptional Summer Savings"

Phone Ralph Wood 482-3196 Write Box 62, Ashland

NOW IN PROGRESS!

sensational BUYS

Burelson's
Downtown Medford

GIGANTIC

SEMI-ANNUAL CLEARANCE SALE

You can't afford to miss this big SAVINGS EVENT... an astounding array of bargains. We must clear the way for incoming fall merchandise, so stupendous savings are yours on the fashions you need now and for the summer weeks ahead. Come in and see for yourself.

Take advantage of our

BIG DISCOUNTS

Shop every department for

STOREWIDE SPECIALS

Use Your Charge Account Pay Next Month

park Shop

Downtown Medford

OPEN TILL 9 FRIDAY NIGHT

MAIN and BARTLETT — PHONE 772-6428

Burelson's
Shoe Salon

Main and Bartlett Streets
Downtown Medford

2 FOR 1 (OR LESS)

SHOE SALE!

- De Liso Debs
- Caressa
- Joyce
- Sbiccass
- Florsheims
- Skooters
- Tweeds

REGULAR \$19.95 to \$21.95

2 FOR \$20

REGULAR \$14.95 to \$16.95

2 FOR \$15

REGULAR \$9.95 to \$11.95

2 FOR \$11

Bring a Friend SHARE The SAVINGS!

Don't Miss These Tremendous Values!

SHOP EVERY FRIDAY EVENING UNTIL 9 P.M.

Sorry No Mail or Phone Orders!

