

### Fashion Industry Uses New Adjectives for Fall

By GAY PAULEY  
UPI Women's Editor

New York — The garment industry never is at a loss for words to describe women's fashions.

After weeks of reporting on the new collections for fall and winter from New York designers, my notebook is bursting at the seams with new words in "fashionese."

Course, there are some old terms in use too, in the jargon that is peculiar to the style world. A "Ford," for instance is a frequently used term to describe, not a car, but a costume eas-

### Suggested Toasts Given for Couples At Bridal Events

New York — The first occasion for toasting the bride and bridegroom is at the engagement announcement party.

Traditionally, such etiquette experts, it is the custom for the father of the bride to offer the toast, followed by a toast from the father of the bridegroom.

The second important toasting occasion is at the bachelor dinner party given by his ushers, best man and close friends.

After the bridegroom offers a toast to his bride, the stems of the glasses are broken so they may never be used for a "less honorable purpose."

The next toasting comes the night before the wedding. At the rehearsal dinner, it is traditional for the father of the bride to make the first of the many toasts which are offered.

The final toasting takes place at the couple's wedding reception.

Suggested bridal toasts include:

"As unto the bow the cord is, so unto the man is woman. Though she draws him, yet she follows; useless each without the other."—Henry Wadsworth Longfellow.

"Let the bells ring for you; let the angels sing for you. Let the children dance for you and let us drink to you."—Anonymous.

"To the health of the bride and groom. May they always be as joyous as this wine and as constant as these good wishes, which are eternal."—Oliver Wendell Holmes.

### Visitors Leave For Indonesia

Recent houseguests of Mr. and Mrs. Ralph Dillon, 1980 Sunset drive, were their daughter and granddaughter, Mrs. D. E. Black and Patti, 11.

Mrs. Black and Patti left for Palembang, Sumatra, Indonesia, where they will join Mr. Black, who was recently assigned to Indonesia by Morrison Knudsen of Asia Inc. The family expects to make their home there for 2½ years.

The Blacks, whose home is in Casimere, Wash., recently returned to the United States from Tehran, Iran, where they were assigned by the construction company for 2½ years.

### Californians Visit At Cothrin Home

Derby-Guests recently at the home of Mr. and Mrs. Arnon Cothrin, Box 140, Butte Falls highway, Eagle Point, was Mrs. Cothrin's mother and sister, Mrs. Grace Wade, and Miss Flora Marvyn, both of Sacramento, Calif. Also here were Mrs. Cothrin's brother and sister-in-law, Mr. and Mrs. Ralph Marvin, Woodland, Calif.

While vacationing here, the California families went sightseeing and visited various points of interest in Southern Oregon.

### Methodists Greet Minister and Family

Yreka — A potluck picnic was recently held in the Yreka city park by members of the Methodist church, their families and friends, as a reception for the new minister, the Rev. Donald Donihue and family.

Mr. and Mrs. Donihue have three small children, two boys and a girl. They came to Yreka from Vallejo, Calif.

Family To Move Into New Home

O'Brien — Mr. and Mrs. James Dierkes and family are moving into their new home, the former Anderson house, on Lone Mountain road this week. The Dierkes are former residents of Cave Junction.

Calendar

Tuesday: 8:30 p.m. — Methodist church, 10:00 a.m. —

## Social Events ♦ Women's News

### Officers Announced

Central Point—Mrs. Donald E. Faber was hostess for the June meeting of Central Point Garden club with Mrs. Wallace West and Mrs. E. H. Wallin assisting.

Installation of officers was held with Mrs. A. O. Floyd serving as installing officer. Installed were Mrs. Wallace West, president; Mrs. Robert Schmidt, vice president; Mrs. Arnold Bohmert, recording secretary; Mrs. Walter Rieks, corresponding secretary; Mrs. Glen Ward, treasurer; Mrs. Byron Griffith, historian and Mrs. Everett Young, librarian.

Prizes were won by Mrs. Leo Ghelardi and Mrs. Wallace West.

The next meeting will be held at the home of Mrs. L. C. Gorden July 11 at 1:30 p.m.

### Fair Announces New Plans for Needle Breakfast

A new system has been announced by the Seattle World's fair for making reservations for breakfast at the Space Needle.

Starting with Sunday, July 15, and continuing through Sunday, October 21, all reservations for breakfast will be by mail order.

Persons should send their requests to Horizon Breakfast, Post Office box 7239, Seattle 11, Wash. They should enclose a stamped, self-addressed envelope and a check to cover the tickets wanted—limit four to a customer. The price is \$6 each which includes \$3 for breakfast, \$2 to get into the fairgrounds, and \$1 for the elevator ride.

It was noted that persons making reservations should give several alternate dates.

### Display of Flag Discussed for Yreka Chapter

Yreka — A luncheon was served the Siskiyou chapter, Daughters of the American Revolution, recently at the Scott valley Grange hall by the Scott valley Home Economics committee.

The business meeting was conducted by Mrs. Henry Terwilliger, regent. Mrs. Amy Derham, chaplain, led devotions.

"Display of the Flag" was the topic of a reading from the Flag code given by the newly elected vice-regent, Mrs. Alfred K. Crebbin.

It was reported by Mrs. Lawrence L. Lichens that she and two other members attended the naturalization court at the Siskiyou county courthouse June 19, with Judge J. Everett Barr presiding. Seven new citizens were presented with flags by Mrs. Conley C. Brown, chairman of Americanism committee, with flag codes by Mrs. Charles Page and with cards of welcome from Siskiyou chapter.

Mrs. Rosemond Westover was presented a past regent's pin by Mrs. Albert F. Parrott. The next meeting will be held September 12.

A booklet "Operation Peace Corps" is to be presented to the Siskiyou county free library by the chapter. An invitation to attend the old fashioned Fourth of July at Mount Shasta was extended to all patriotic organizations.

Mrs. Ray Luce showed pictures of Mesa Verde National park in Colorado, showing the cliff dwellers and the Grand Canyon which she recently visited. Mrs. Luce traveled from Maine to New Brunswick, Canada, and showed views on both side of the international boundary including the St. Lawrence Seaway. The last pictures showed Seattle and the Space Needle, which, she said, gave such a good overall picture of the fair, the city and the surrounding country.

Eliminate False Claims

"The proposed regulations," Mr. Larrick explained, "are designed to provide the consumer with complete and reliable labeling information which will enable him to select and purchase special dietary foods of all kinds. This will help to eliminate false and misleading claims."

Following is a summary of the principal changes which would be made by the proposed regulations.

Consumers of vitamin-mineral food supplements today encounter a great variety of tablets, capsules, powders, etcetera, containing as high as 50 to 75 ingredients, of which only a few have been shown to be of any value whatever as food supplements. It is virtually impossible for the consumer to make a rational choice based on the relative merits of these "shotgun" formulas.

The regulations would cover vitamin, mineral and other dietary supplements, baby foods, foods for the elderly, low sodium foods, low calorie and artificially sweetened foods, protein supplements, hypochlorogenic foods, foods for use in dietary management of disease, and all other foods represented as having special dietary properties.

FDA Commissioner George P. Larrick said that the nation has added greatly to its knowledge of nutrition since the original regulations of 1941 were promulgated, and that great changes have taken place in the production and marketing of dietary foods. He said these developments call for a major overhaul of the regulations. The objective of the regulations is to assure the public that special dietary foods are offered for what they actually are, with complete information to facilitate intelligent purchasing and use.

The average purchaser of vitamin-mineral supplements is not well informed about his needs for supplementing his usual diet with these nutritional factors. He can easily be led to believe that his diet is likely to be inadequate in one or several of these nutrients, and that a great many conditions of ill health may result from his possibly inadequate diet," Mr. Larrick said.

"He has been encouraged to select supplements containing many times the daily requirements of most, if not all, of the nutrients. And he has been led to choose the product with the greatest number of ingredients in the belief that each ingredient makes a significant addition to his customary diet," Mr. Larrick continued.

To be described as "non-fattening" a food could contain not more than 3 calories in a serving or 10 calories in a one-day supply.

To be described as "low calorie" a food could contain not more than 15 calories in a serving or 30 calories in a one-day supply.

To be described as "lower in calories" the label would be required to state the name and caloric content of the food with which it is compared.

Artificially sweetened foods would be required to show the calories saved as compared with the same food with natural sweetening. If the com-



No less than four reunions of Medford High school graduating classes were planned in Medford this summer on four consecutive weeks ends at Rogue Valley County club. The second, that of the class of 1942, drew about 140 graduates from far and near. Pictured here before dinner are (left to right) R. D. Hollenback, Portland; Leonard Hake, Corvallis; Jim Pixler, Mt. Shasta, Calif.; and Homer Morris and Glenn Bailey, Medford. The committee offered a number of prizes for such accomplishments as having gained the most weight or having lost the most hair from the top of the head.

### Special Dietary Food Regulations Being Overhauled; Comments Sought

Washington, D.C. — A major overhaul of the nation's special dietary food regulations has been called for by the Food and Drug Administration. The proposals aimed at changing these regulations were published in the Federal Register. Interested persons were invited to submit comments in writing within 60 days.

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parison itself shows that the caloric change is insignificant, artificial sweetening should not be used.

Protein consumption in the United States is more than 100 grams per person daily, whereas the average adult needs only about 30 grams daily of the proteins supplied by the ordinary diet.

The proposed regulations would require foods offered as sources of protein to be labeled in terms of their protein quality and quantity. Specifications that entitle a food to be described as "excellent" or "good" dietary sources of protein, are proposed. Foods which do not meet these specifications could not bear protein claims.

Only minor changes are proposed in the existing regulations on labeling low sodium foods and infant formulas.

Medically insignificant amounts of sodium would not

### Fellowship Plans Year

Group leaders and study chairmen of the Christian Women's fellowship of the First Christian church met recently with Mrs. George E. Breece, Rogue Valley Manor. At this meeting they planned the group programs up to January 1, 1963.

The topic for home mission study is "Concern — That Makes a Difference." Such subjects will be discussed as ministry to special needs through the National Council of Churches and through the United Christian Missionary society.

Present at the meeting, which was followed by a conducted tour of the Manor, were Mrs. Frank Chapman, Mrs. Nelle Christensen, Mrs. Edward Conner Jr., Mrs. Charles Craver, Mrs. A. F. Hotho, Mrs. C. V. Monia, Mrs. Floyd T. Putman, Mrs. W. N. Troxell, and Mrs. Eldon Wimer.

### Admiral, Wife Resort Visitors

Union Creek — Recent guests at Union Creek resort included Adm. Richard H. Crucean and his wife, San Clemente, Calif., and Mr. and Mrs. Winthrop Branschied, Lafayette, Calif.

Admiral Crucean is now retired from the U. S. Navy. At the time of his retirement he was stationed in New Jersey.

Mr. Branschied is a former mayor of Alameda, Calif.

The two couples, who are long time friends, were the guests of Mr. and Mrs. William Haluk, Lafayette, Calif. The Haluks spend a portion of each year at Union Creek.

### Parents Visit

Mr. and Mrs. Harold Root and son, Harold Root Jr., Scottsbluff, Neb., arrived Sunday to visit for about a week with Mr. and Mrs. Root's son-in-law and daughter, Mr. and Mrs. A. D. Reynolds, 2780 Springs drive.

be required to be shown on the label of low sodium food items.

Infant foods that simulate human milk would be required to supply a specified amount of Vitamin B-6, or be labeled to show that additional Vitamin B-6 should be provided from other sources. Lack of Vitamin B-6 has been shown to cause convulsions in babies.

### Furniture Buying Tips Given for Young Couples

By JOYCE SCHULLER  
United Press International

Chicago — It's the lucky young couple which furnishes the first apartment on a strictly limited budget, says Sam Sorkin, a Chicago interior designer.

He maintains "the less money newlyweds have for furniture, the fewer mistakes they're apt to make."

Sorkin said it has been his experience that, given the money, newlyweds tend to buy too much furniture for the small apartment or house.

He said many also make the mistake of buying oversize pieces, such as those huge sectionals that cover two walls of the living room — sometimes three, Sorkin can't figure out "where they find them."

He's appalled, too, by the taste many newlyweds show for large dining room tables — some large enough to seat 18 persons — despite the fact that the apartment may be too small to entertain more than eight or ten for tea or cocktails — let alone dinner.

Sorkin's advice: buy a standard-size or smaller sofa for a starter, along with a single compact, but comfortable arm chair — not a pair of chairs. He considers these seating pieces, along with a small dinette set, end tables and lamps sufficient to set up housekeeping as far as the front rooms go.

Thumbs Down

Sorkin turned thumbs down on buying large pieces of furniture on the theory that a couple may be moving to a larger place in a year or two. "The chances are," said Sorkin, "that the next apartment will be bigger only in having one more room — for a baby."

For newlyweds who must furnish piece-meal, Sorkin advised starting with a complete plan for exactly what is to be purchased as finances permit and precisely where it is to be placed. A color-scheme, too, must be set in advance and adhered to closely.

Without planning, Sorkin cautioned, the end result is certain to be uncoordinated. The individual pieces, bought on impulse, may have appeared at the time of purchase, but they won't go together.

Forego Rugs

If a couple on a budget has to forego something by way of initial furnishings, make it the rug and draperies, Sorkin advised. He suggested using textured or otherwise interesting window shades "til the budget allows for draperies and points out that well-pol-

ished hardwood floors can be more elegant than a make-do rug.

In setting on a color scheme, pass up the high fashions — green one year, violet the next — and base the selection on personal tastes, the amount of daylight in another room and comparable factors. Bright, sunny rooms, for example, may be best suited to cool blues and greens; the dim room may require light, bright colors.

Try to avoid, too, the "cliches" in decorating — the silver ashtrays and silent butler that have become virtually standard equipment for the coffee table in many homes. Accessories should, instead, reflect a couple's travels, interests, as in antiques, and artistic tastes.

Sorkin's final word of advice to brides: Let your husband help decide on every purchase.

Many men seem to have as much and sometimes more taste than women in furnishings," he said.

Leaves

Mrs. Agner Larsen, Seattle, Wash., left Saturday after visiting her son-in-law and daughter, Mr. and Mrs. Floyd Hart Jr., 25 North Berkeley way.

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Call!

Call!

## HOW LONG HAS IT BEEN?

Since you prepared food and heated water for the Saturday-night bath on a stove with "all the modern conveniences"?

Since you took a horse-powered Sunday afternoon drive?

Now Then . . .

Are you still trying to make do with a horse-and-buggy refrigerator?

There's nothing basically wrong with a horse-and-buggy, or for that matter, with your old refrigerator . . . but wouldn't you rather have a supermarket in your kitchen? The convenience and economy of an all-new Electric-Refrigerator-Freezer combination? There's the right place and plenty of space for every type of food in a modern electric Refrigerator-Freezer . . . larger on the inside — but not outside.

The Modern Electric REFRIGERATOR-FREEZER

offers so many new features it completely out-dates refrigerators in most kitchens today. So trade up . . . to the wonderful world of food at your fingertips!

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Cal Ore Electrical League

MID-SUMMER

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### Visit Beautiful Memory Gardens

Memorial Park and Funeral Home

"A Name To Trust"

1395 Arnold Lane

Phone 773-7338