



OPEN HOUSE—Guests at an open house held by Pacific Finance corporation Thursday were W. W. Handelman, manager of the Medford branch of the firm; Jim Werin, official of the First National Bank of Oregon, Medford branch; Mrs. Randleman; and Ivan Clark, northwest regional manager of Pacific Finance. The open house was held at the newly opened offices of the firm at 130 South Central ave.

The Medical Roundup

By Walter Alvarez

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Mayo Clinic
Register and Tribune Syndicate
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Never Treat Your Own Eyes

In an excellent article in the magazine, "Light," published by the Braille Institute of America, Los Angeles, Dr. W. A. Pettit, a former state ophthalmologist (eye specialist) of California, gives some valuable suggestions in regard to the immediate home care of eye injuries.

I feel strongly about this because I get so many hundreds of letters from people who say that they are losing their sight and what would I suggest in the way of treatment. My answer always is, "For goodness' sake, hurry and see an expert eye specialist." Our eyes are so important that we must never neglect them even for a day or for any reason.

Incidentally, every person who works in a factory or machine shop in which there is any chance of bits of metal flying around, always should wear protective goggles. There are hundreds of people going about today with a white cane because once they refused to wear goggles, when told to do so by head of the shop. All of us can, at times, as on a windy day, get sand or dust or something in our eye, and it is not always well to let a bystander try to get it out. The cornea or transparent window of the eye can get badly scratched and then infected.

Needlessly Blind

As Dr. Pettit says, of the approximately 30,000 blind people in California, some 20,000 should never have lost their sight. They are what he calls needlessly blind, and what a tragedy that is. As the doctor says, so much of this blindness is due partly to ignorance and neglect. Those 20,000 blind people probably would be able to see and work as usual today if they had only quickly gone to an eye specialist and received sensible and expert treatment.

What is and is that so many millions of people do not know that a "mild, apparently harmless" condition can lead to the loss of vision.

Glaucoma, a fairly common disease in which the tension in the inside of the eye becomes so great that it destroys the retina (inner part of the eye) can "smack up" on people. It is most likely to occur in later years and in families in which the disease tends to run. Obviously, it is highly important that a person discover the disease before it has done irreparable injury to his eyes.

As one can easily see, it is unwise for a person with some distress in his eyes to trust his vision to some advertised eye drops. There may be nothing wrong with them, but if he badly needs some special eye drops, or some medicine to be taken by mouth, or a little operation on the eye, he is likely to lose his sight. A common practice with a man who is losing his sight is to go and get a new pair of glasses. That only wastes precious time.

Dr. Pettit says that when you have something in your eye, don't rub it. Lift the upper eyelid a little—away from the eyeball—and perhaps tears will wash out the particle. If the tears don't wash the particle out, quickly see an eye specialist. If the particle gets

stuck in the cornea, on a Saturday afternoon, when one cannot expect to find an eye specialist in his office, the person must not wait until Monday morning. He or she can go to the emergency room of a hospital where there may be a resident doctor on the eye service. He can get the foreign body out safely.

Dr. Pettit warns against disregarding a black eye due to a blow over the eye because, in these cases, there can be damage to the inside of the eyeball—damage which could be very serious. The old home prescription is to put a rare beefsteak over the eye, but I can't conceive how this can do any good. Better is to keep putting cotton pads soaked in cold water over the eye until you can get to see an eye doctor.

A cut in the eyeball can be a very serious matter, especially if it should get infected. Again, an eye specialist should be consulted immediately. People might remember that Braille, the man who invented the writing that is used today by the blind, lost his eyesight when he was a boy. He was so near-sighted that when he was using a sharp instrument in his hand, and it slipped, it went into one of his eyes. He lost the sight of that eye, and then, by what is called "sympathetic ophthalmia," he lost the sight in the other eye.

As Dr. Pettit says, some persons get a burn on the front of the eye due to a flare or to a drop of some irritant chemical. The thing to do is immediately wash out the eye with water. Hold the head under a faucet or have someone pour water into the eye from a glass or small pitcher. Burns should be seen by an eye specialist as soon as possible. They can leave the cornea (front window of the eye) scarred and "frosted."

As Dr. Alvarez indicates, because our eyes are so precious, whenever we are suffering disturbing symptoms we should see an eye specialist immediately. To know more about such symptoms, read the booklet, "How To Safeguard Your Vision," by Dr. Alvarez. Send 25 cents and a stamped, self-addressed envelope with your request for the booklet to Dr. Walter C. Alvarez, Dept. MMT, The Register and Tribune Syndicate, Box 67, Des Moines 4, Iowa.

Measure To Raise Debt Limit Signed

Washington—(UPI)—The government had its head above the financial water again Monday, at least temporarily. Moments after returning from his Mexican trip late Sunday, President Kennedy signed into law a bill raising the national debt ceiling to a record \$308 billion, and another allowing government agencies to meet their expenses until July 31.



Good Reason He's Called 'Hermit Spadefoot Toad'

For weeks or even months on end he sleeps—old Spadefoot. The most secretive and the least known of any member of the toad family, "Hermit Spadefoot toad" he is called and for a very good reason. He is a hermit, living always alone in a hole in the earth, and his rear feet are spadelike, equipped with sharp, horny ridges suitable for digging.

There are great numbers of these peculiar toads distributed throughout a large part of the U. S., yet few people know of their existence. But they are present, deep in the ground, in a cool silent tomb of their own making. There they are waiting, head down, resting on the forelegs, eyes closed and body puffed out like a round ball.

There are only two things in the world they wait for; a heavy rain that will bring them above ground to feed; or for that day, which may be months away, when they will lay their eggs. Then, at the end of a couple of days back to the hole in the ground again, inert and in a stupor.

Yet, even in his coma, he becomes conscious if a heavy rain beats on the ground above. This triggers his appetite, apparently, yet even then, when he must be very hungry from weeks of fasting, he has sense enough to remain inside until darkness comes to the upper world. Then and only then does he emerge.

Ravenously he feeds on insects, larvae and worms. His appetite appeased, and instinctive knowledge warning him the day is coming, he lies himself back to a hole in the earth.

A New Hole
He has no memory of the previous burrow in which he may have spent several weeks, but digs another hole in the ground. He backs himself against the earth and corkscrews himself back into the hole. He can't dig with his head forward; his front legs, head and body are in the way, so he burrows in a rear end first.

Arriving at what his toad-sense tells him is a safe depth, he wriggles his body from side to side until his burrow chamber is slightly larger than his own bulk. Satisfied that his stomach is full, that his bed chamber is the right size, he bulges out his sides until he fits snugly. He stretches out his forelegs before his face, lays his head on them, closes his eyes, and stays there for weeks or months at a time, or until that happy time when he feels the urge to visit some nearby pond where he will meet a girl-toad who, herself has but recently emerged from some other hole in the earth.

At most the egg laying time will last but two or three days.

ON LEAVE
Winton F. Worth, electronics technician third class, USN, is on leave from submarine duty from New London, Conn. Worth and his wife, Sandra, are visiting his parents, Mr. and Mrs. W. J. Worth, route 2, box 292-C, Medford.

The Family Council

Editor's note: The Family Council consists of a judge, a psychiatrist, three clergymen, three editors and a women's editor. Each article is a summary of a family disagreement presented to the Council. The Council deals with problems, major and minor, encountered by guidance counselors and social workers. Edited by Mrs. Alma Denny. (Copyright by General Features Corp.)

Arabella F. — My husband has turned against me for no reason at all.

Gerald F. — She prefers the company of others. Let her go to them.

Arabella F. — I guess men go through the change of life, too, because that's the only way I can exorcise my husband's constant fault-finding and accusations. He's 58 and we've been married 30 years. Although I'm 10 years younger than he, I felt close to him until the last year or so when he started persecuting me for just being pleasant to our friends.

He refuses to accompany me anywhere, but when I go without him he upbraids me for everything from flirting to unfaithfulness. Why doesn't he come along and see for himself? Why doesn't he ask the people I'm with? This is all in his imagination and is making us both miserable.

I don't know whether to give up and just sit home with him, or to try and live as normal a social life as possible alone. Which would bring him to his senses? Or else, how can I get him to admit the fault is his?

Gerald F. — My wife was all right when she had other things to think about. Up to three years ago she ran a big old house near the beach and was always taking care of some member of the family who came out to spend a few weeks at the shore. But ever since our son got married and we sold the house, she's been getting into mischief. In this two-room apartment we have now, she gets through with her work in an hour and scots away — one day to the races, another to a maninee, and never alone either.

Lately she's been taking a part-time job and claims she has to take courses in stenography first. So she's out every night, supposedly at school. But you don't have to get all dolled up for that. And you don't sit around having coffee with the teacher until all hours.

I've lost any feeling I had for her. She acts as though she can't stand me. I can't stand a wife who smiles at every other man except her husband.

The Council: — According to endocrinologists, men don't have a change of life in the physical sense, with symptoms as specific as women's. The output of hormones does not cease and sexual prowess isn't necessarily affected by middle age. But they do change, mainly for emotional and psychological reasons. And it's in these fields where Arabella must look for her answers.

Gerald is at the stage of life when he's "running scared." It's a showdown period where there's no place to hide. His dissatisfactions with himself loom large. Previously he could brush them aside because there were many positive projects and satisfactions to engage him. For one thing, he could be sure of Arabella because she was securely tied down and submerged in her duties. Her devotion to him wasn't threatened, whether he pleased her entirely or not. But now he must hold her love by his own attractiveness, and he suspects he's a rather unattractive soul. Indeed, he may wonder how any woman can stand him and so, by a process familiar to psychopaths, he accuses her of doing what he'd do in her place.

Subconsciously, Gerald is

behaving hatefully because he feels Arabella should hate a husband who hasn't been the financial success he may have aimed at being, and who isn't the attentive partner he thinks he should be. By hurling invective at his wife he keeps her at arm's length and tries to sound as though all his hurts stem from her. Actually he's furious at himself.

Hence Arabella's first step in melting down the icy wall Gerald has erected between them is to work on his self-confidence, to convince him that no matter what he thinks of himself, he's got man to her. As a wife of many years she certainly ought to be able to prove to him that he's a success so far as she is concerned, to give him a feeling of strength. Her next move should be toward a family counselor to deal with his stated loss of feeling for her. He hasn't really. He may have lost his power to feel at all. If so, he needs help to get out of the bog of self-pity in which he is mired.

Unidentified Sub
Seen in Test Zone

Honolulu—(UPI)—Coast Guard vessels sent to seize the Pacific sailboat Everyman II have reported that they encountered an unidentified submarine between 10 and 12 miles inside the U.S. nuclear testing zone around Johnston Island.

Crewmen from the cutter Matagorda said naval sources are sure that there were no U.S. submarines in the area. The Navy has declined official comment.

Three pacifists aboard the Everyman II were returned to Honolulu Saturday aboard the Matagorda. They were taken off their 28-foot ketch after they defied a federal court order barring them from the test zone.

Contact with the submarine was made Friday night, according to crewmen of the Matagorda and the Coast Guard tender Ironwood. A Navy Neptune patrol plane searched unsuccessfully for the sub.

Local Man Receives
Geology Award

Frank L. Peterson, son of Mr. and Mrs. Burton H. Peterson, 914 South Stage rd., is one of 44 students from 13 colleges and universities attending the University of Illinois department of geology 1962 Summer Field camp in Sheridan, Wyo. Peterson, a student at Cornell University, is also a recipient of a Geology Summer Field camp scholarship.

The camp is being held for the eighth year in Sheridan, where students use facilities of Sheridan Junior college and study geology of the surrounding region.

ACTRESS HAS GIRL
Santa Monica, Calif.—(UPI)—Actress Diana Lynn Monday gave birth to a 6-pound, 5-ounce girl at St. John's Hospital. Attendants said both mother and daughter were getting along fine. Miss Lynn is the wife of radio station owner Mortimer Hall. She and Hall, who owns station KLAC, have two other children, a son and a daughter.

Public Failing In War Against Organized Crime

Washington—(UPI)—FBI Director J. Edgar Hoover declared, in testimony made public Monday, that the public is not "passing the ammunition" in the war against organized crime.

Hoover made the statement in late January before a House Appropriations Subcommittee. The FBI director also testified that the Russian-directed espionage activity against the U.S. "continues unabated" with an emphasis unprecedented in the war against organized crime.

He said, however, that coverage of the FBI's counterintelligence programs "is the best that it has ever been."

Discussing the crime trend, rising at a rate four times faster than the population of the nation, Hoover also listed lenient treatment of offenders as a contributing factor. Stressing the mounting role of juvenile crime, he said the "pampering phrase," juvenile delinquency, should not be used for teenagers who rob, rape and kill. Hoover called it "youthful criminality."

Hoover deplored what he called a "tendency to minimize the internal threat of Communist activity." The Party has declined in strength since 1945, he said, but it is now a "Trojan horse of rigidly disciplined fanatics unalterably committed to bringing this free nation under the yoke of international communism."

Missing Students Walk To Safety

Cascade Locks—(UPI)—Two Portland college students who were the objects of a forest service search for about five hours Monday afternoon walked into the Columbia Gorge Ranger station two miles east of here Monday evening.

Bod Kindley and Bill Caselman of Portland had left four other campers at North Lake Sunday morning and planned to meet them again at Wyeth on U.S. Highway 30 later in the day.

The Forest Service started a search about noon Monday, after noting that the trail the boys intended to follow had not been maintained for several years.

A Forest Service employee at the ranger station said the boys told him they lost the trail and had to hike out across country. They carried sleeping bags and provisions and were in good condition.

Talks May Affect Milk Deliveries

Portland—(UPI)—Talks that may affect home and retail store milk deliveries were scheduled to resume here today between the Teamsters and Portland's milk and ice cream distributing industry.

Federal Mediator George Walker announced the latest meeting between Teamsters Local 305 and the Portland Milk and Ice Cream Distributors.

The union seeks wage and benefit increases.

The milk distributors insist that an increase can come only if costs are reduced by eliminating Wednesday and Sunday home and store milk deliveries.

Governor Announces 15 Appointments To State Agencies

Salem—(UPI)—Gov. Mark Hatfield's office has announced 15 appointments, including Rupert L. Gillmouthe, Hood River, to the governor's advisory board on police standards and training.

Gillmouthe, Hood River county sheriff, succeeds former Jackson County Sheriff J. Ward Parcell and Ralph J. Miles, both of Portland, were reappointed to the board.

Other appointments include: James Carnes, Halsey, highland bentgrass commission, succeeding Howard Jenks Sr., Salem.

Leslie Lowery, Silverton, both reappointed to the highland bentgrass commission. Joe Burleson, Canby, Oregon fryer commission, succeeding Joe Babbington, Brownsville.

George Yost, Portland, fryer commission, succeeding Lloyd H. Houge, Canby.

Grace Scheresky, Portland state nursing board, succeeding Mary Breneman, Portland.

Emma Pfeiffer, Roseburg, state nursing board, succeeding Winifred Utz, Portland.

Gertrude Hooze, Salem, reappointed to state nursing board.

Arthur F. Hearn, state collection agencies board, reappointed.

James F. Sproule, Salem, collection agencies board, succeeding Howard C. Ormiston, Eugene.

Wesley John Pieren, Grants Pass, Rogue River coordination board, succeeding the late J. E. Bartlett, Grants Pass.

Lebanon Girl To Represent Oregon

Portland—(UPI)—Blonde, blue-eyed Joyce Noeren Collier of Lebanon will represent Oregon in the Miss Universe contest starting in Miami Beach Sunday.

The 20-year-old Oregon State University student was chosen from among 42 finalists. Janet Diane Bokemier of Gresham was second and Billie Luecan Rutledge of Eugene third.

Joyce is the daughter of Mr. and Mrs. Arthur C. Collier. She is a graduate of Lebanon Union High School and plans to become a mathematics teacher after graduation from college.

Woman Sentenced To Prison Term

Portland—(UPI)—Mrs. Rosa Marie Herrera, 37, has been sentenced to eight months in federal prison for her part in forging and passing a \$14,374 check taken from her uncle, a Klamath Indian.

Mrs. Herrera and an exotic dancer known as Lucky Day were found guilty last March of cashing the Klamath Termination Act check paid to Theodore A. Moore, 54.

The dancer, whose real name is Itha J. McCorkle, was sentenced to four months in prison in April.

It was reported incorrectly Friday that Moore was killed recently in a Klamath Falls tavern brawl.

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