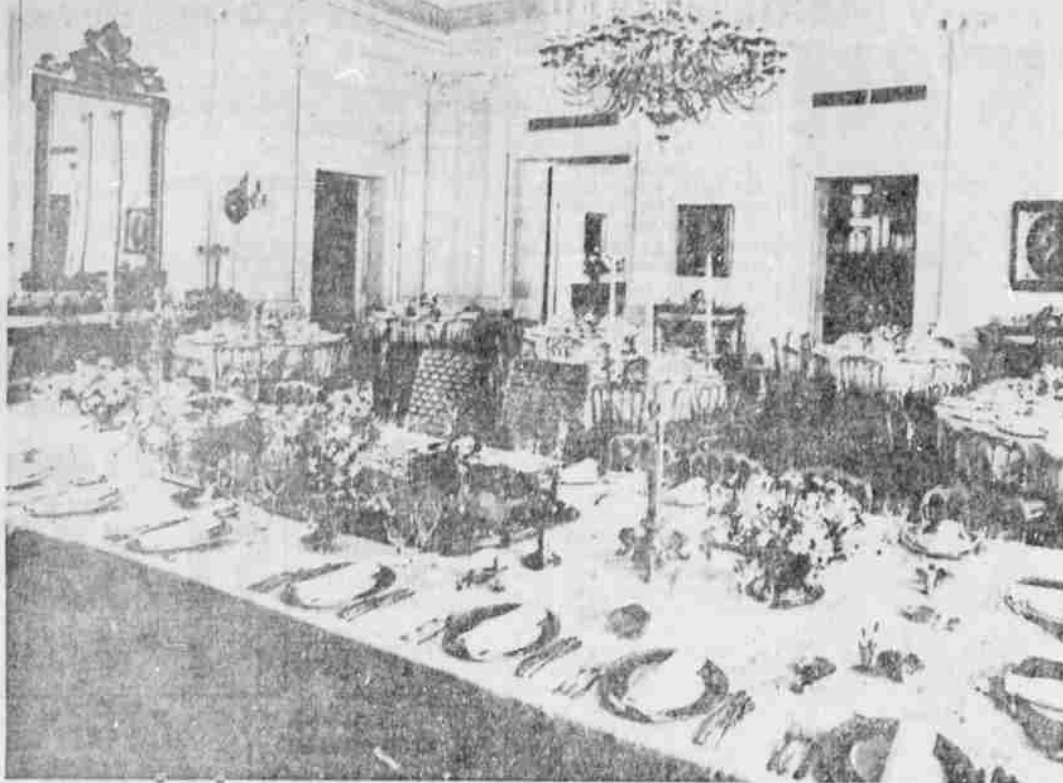




SHOWN IN GUIDE BOOK - This is a reproduction of one of the color pictures in the new Guide Book to the White House, the first official book ever issued on the Executive Mansion. The picture is of the State Dining Room, with

tables set for 120 persons. The book was prepared by the White House Historical Association - sponsored by Mrs. John F. Kennedy - with the cooperation of the National Geographic Society. (UPI)

Feeding the Family

By ZOLA VINCENT
Food Editor

Editor's note: A recipe for dark chocolate cake, in Thursday's Feeding the Family food feature, omitted white sugar. The correct recipe calls for 3 squares unsweetened chocolate, 1/2 cup water, 1 cup dairy sour cream, 2 cups sifted cake flour, 1 teaspoon baking soda, 1 teaspoon salt, 1 1/2 teaspoons baking powder, 2 3/4 cup butter, 2 3/4 cup firmly packed light brown sugar, 1 cup white sugar, 3 eggs and 2 teaspoons vanilla.

Where There's a Grill

There's Kebab Cookery

Call them kebabs or "en brochette" as fine restaurants do, metal skewers threaded with meat and vegetable combinations are favorites of outdoor eaters who dare to be different.

If guests fancy themselves chefs, they'll enjoy choosing their own kebab combos from an assortment of foods and see their individual production through to the eatin' end. See how easy that makes it for you! We make it even easier by suggesting these popular combinations:

One inch cubes of sirloin steak, mushroom caps and small cooked (can be canned) onions, brushed with butter or margarine.

One inch cubes of lamb that has soaked in garlic, French dressing, tomato wedges and one-inch pieces of bacon.

One inch pieces of frankfurter, pineapple chunks and one inch pieces of bacon.

One inch cubes of canned luncheon meat, tomato wedges and small cooked onions.

One inch cubes of cooked ham, tiny cooked canned sweet potatoes and pineapple chunks that have been brushed with butter.

Two chicken livers, each wrapped in one-half slice bacon.

One-quarter inch slices steak soaked in soy sauce and wrapped around skewer.

Barbecued Beans

These Bar-B-Q beans are easily packed for traveling: will keep hot a long time when wrapped in layers of newspaper. A picnic spot or backyard, keep hot on edge of grill.

Combine one-half cup unsulphured molasses, two tablespoons vinegar, one tablespoon prepared mustard and one medium onion, sliced, mix well. Empty four cans of baked beans into casserole or bean pot. Stir in molasses mixture. Arrange onion slices on top of beans or layer them if you like. Bake in hot, 425 degree oven, 30 minutes. Ten generous servings.

Remember Potato Chips

Say Hungry Teen-agers We asked a hungry teenager (aren't they all) what was the very first thing she thought of when we said "picnic." "Potato chips" was her instant reply, then added "There are never enough of them. I like them for stuffing in my mouth 'as is' and for dipping in stuff."

So, take a teen-age tip and make up a few basic dips after putting in an extra supply of potato chips. The dips should be prepared several hours in advance and stored in the refrigerator. This gives the flavors a chance to blend.

For easy dipping, remove the dip from refrigerator about an hour before serving time.

Basic Dip With Variations

Combine two three-ounce packages of cream cheese and one-half cup dairy sour cream, mayonnaise or tart salad dressing. Then add any of the following ingredients you prefer: garlic juice, chopped chives, chopped parsley, dry mustard, minced garlic, paprika, cocktail sauce, cooked shrimp, onion juice, tomato catsup, horseradish, celery salt, Worcestershire sauce, meat sauce.

Many Melon Ways

Our west coast's long growing season brings ambrosial melons for pure pleasure anytime from morning eye-opener to midnight snack. Quality cantaloupes are pouring into local markets. Casabas, Cranshaws, honeydews and Persians beckon. Watermelons will be on practically every shopping list, ready for chilling, enjoying.

Most melons will be chilled, cut into halves or half moons, seeds removed and served with lemon or lime wedges and/or sprinkling of salt.

Super Dessert

For each serving, fill cantaloupe half with seasonal fruits and berries. For extra special, top with scoop of any favored sherbet or with soft ice cream.

Sweet Cherries

Sweet cherries are picnic perfect, superb for snacking. So easy to fix and to carry, they're tempting, refreshing, delectable. Do not wash until

using time.

Smart shoppers will do their planning for the week-end with the holiday ahead also in mind. The Fourth of July thoughtlessly coming on a Wednesday is likely to be a stay-at-home lazy day or a picnic shared with neighbors and/or nearby relatives and friends.

In all events, shop early in the day when produce is freshest, selections best and you can get through check-out stands quickly.

Poultry and Eggs

Super abundance of poultry of all kinds at very small cost will put broiler-fryers, stewing chicken or turkey on most menus sometime during next few days. Poultry easily means two good meals with one preparation. Stacked fried chicken high with enough left

over for enjoying cold, with cucumber and dill sauce several days good eating. Put in extra eggs for stuffing, for salad making, for egg salad sandwiches and for bigger breakfasts for all the family.

Barbecookery

Indoors or outdoors, now begins the peak season for hamburgers and hot dogs complete with buns. All are barbeque in good eating. Remember mayonnaise, mustard, catsup, pickles, ketchup, tomatoes and onions for slicing, potato and corn chips. You'll find specials on steaks and ribs. There'll probably be one or more meals with delicatessen cold cuts and cheese along with an assortment of rye bread and relishes.

Melons and Fruit

Watermelon, of course, and extra cantaloupes, honeydews, Cranshaws for chilling, enjoying morning, noon, night and between-times. Costs are seasonally low. There's increasing abundance of peaches, plums, apricots, A trachan apples for saucing and for pie making. Berries in great variety make fine eating at breakfast and dessert.

Vegetables

On every list, there's likely to be corn on the cob and potatoes for baking and for potato salad making. No one ever heard of a 4th of July without potato salad. You want tomatoes for slicing, onions for slicing and chopping. There are green onions, radishes, green peppers, celery for relish trays; green of every kind for salad making.

Udall's Proposal for Federal Construction of Dam at High Mountain Sheep Stirs Remarks

Seattle (UPI) - Interior Secretary Stewart Udall's proposal that the federal government build a dam at the High Mountain Sheep site on the Snake river has been both blasted and supported.

The blasts came from public and private power interests seeking the location, and the support from Rep. Al Ullman (D-Ore.) and Bonneville Power Administrator Charles F. Luce.

Ken Billington, executive secretary of the Washington Public Utility District Association, said here that Udall's action was gratuitous, improper and inconsistent.

Kinsey M. Robinson, chairman of the board of Pacific Northwest Power Co., said in Spokane that Udall was contradicting himself.

Application Filed

A Washington State PUD organization known as the Washington Public Power Supply System filed in early 1960 an application to build a dam at Nez Perce, a few miles downstream from High Mountain Sheep. Pacific Northwest Power Co., comprised of four private power firms, has been seeking Federal Power Commission approval to build at High Mountain Sheep since Nov. 7, 1954.

Udall asserted federal construction at the High Mountain Sheep site would result in lower cost of power and assure that efforts would be made to preserve and improve fishery resources. Luce and Ullman supported his contention.

Nez Perce is opposed by sports and commercial fishing interests because that site is below the confluence of the Snake and Salmon rivers. The Salmon is one of the last large streams in the Columbia watershed where spawning grounds are abundant. High Mountain Sheep is above the Salmon.

"Secretary of Interior Udall's gratuitous action of recommending High Mountain Sheep dam over Nez Perce dam is an insult to Interior's failure to intervene in the regular FPC hearings and inconsistent in view of the pending FPC decision based on the former record," Billington says.

FPC Should Decide

He said that determination of the best project for the stretch of the river on the Oregon-Idaho border should be made by the FPC on the basis of hearings held during the last few years. The hearings ended last April and an examiner's opinion is expected soon.

WPPSS Executive Secretary Owen Hurd said in Idaho that he was "surprised and shocked" at Udall's statement.

"It makes a mockery of Udall's crash program for

fisheries research for which thousands of dollars already has been spent," Hurd asserted. "He's inconsistent."

Udall had recommended that consideration of proposals for the Middle Snake be delayed pending completion of the study, expected in 1964.

Robinson said Udall's statement vindicated Pacific Northwest Power Co.'s position in advocating High Mountain Sheep as the better of the two sites. But he added that Udall was contradicting himself by making the recommendation.

"Last year the secretary, himself, hailed the regional agreement which provides full power coordination as an example of the private and government cooperation which this administration claims to favor," Robinson said.

Pacific Northwest Power is comprised of the Washington Water Power Co., of which Robinson is president, the Montana Power Co., Pacific Power & Light Co., and Portland General Electric Co.

Opposite Recommended

The FPC during the Eisenhower administration refused to let WPPSS move in on the High Mountain Sheep site, but a recent FPC staff report recommended just the opposite - that WPPSS be licensed to build any dams in that area of the Snake.

PNP said that if it were al-

lowed to build at High Mountain Sheep it would construct a long fishway utilizing the Innaha river, a small stream flowing into the Snake from Oregon, to help salmon get upstream from High Mountain Sheep.

Udall said "there has been little promise of a major breakthrough in the departmental fish studies" now being conducted. Consequently, he said, this dictated a choice of High Mountain Sheep over Nez Perce.

Luce, in Portland, echoed Udall's statement, saying federal construction would assure prompt efforts to "preserve and improve our fishery resource."

Udall also said that a dam at High Mountain Sheep, known locally as the Dug Bar area, was properly part of the federal Columbia river power system. He said it was essential to coordinate any new storage dam on the Snake with downstream federal dams to "obtain maximum public benefits with the least conflict between users."

Ullman said the recommendation represented a "challenge" to the Federal Power Commission.

Ullman said the FPC had to face up to "its statutory responsibility for assuring the full comprehensive development of that stretch of the Snake river for the benefit of the people of the United States."

"This site involves major storage capacity to be utilized for flood control and for downstream power needs," Ullman said. "It would appear to better serve the region and the nation through public construction."

Another ailment perhaps caused by assumption of the upright position, according to Dr. P. M. Girard, a Dallas, Tex., orthopedic surgeon, is low back injury induced either by poor posture or a slight twist in the wrong direction.

A permanent outdoor barbecue surfaced with real ceramic tile will be easy to clean, heatproof and durable.

Early Man Blamed For Aching Bones

Washington (UPI) - If you are bothered by an aching shoulder, sore feet or low back pain, chances are you can blame it on prehistoric man.

That, according to Medicine at Work, publication of the Pharmaceutical Manufacturers association, is the opinion of a group of family doctors who discussed the problem at a recent medical symposium.

One physician, Dr. Harold A. Soffield, Oak Park, Ill., said the increasing incidence of shoulder-arm pain "stems from our ancestors' determination to swing down from trees and walk erect." He believes the wide swing of the arms subjects tendons to "extra wear and tear" which cause tendon fibers to degenerate and calcium deposits to form.

Dr. Leo F. Miller of Chicago noted that man's defiance of gravity also leads to structural ills. For example, while the body's weight is evenly distributed between the front and back portions of the foot, the big toe and metatarsal joint carry 60 per cent of the weight falling on the first half.

For a 200-pound man this means 30 pounds crunched down on these parts with each step. Consequently, the most common foot disturbances are corns, calluses and bunions.

Another ailment perhaps caused by assumption of the upright position, according to Dr. P. M. Girard, a Dallas, Tex., orthopedic surgeon, is low back injury induced either by poor posture or a slight twist in the wrong direction.

A permanent outdoor barbecue surfaced with real ceramic tile will be easy to clean, heatproof and durable.

Measles led the list of communicable diseases reported to the Jackson county health department last week, according to Dr. A. Erin Merkel, public health physician. Total cases reported were 43, with 10 of them German measles.

Other diseases reported were fifth disease, one case; chicken pox, six cases; pneumonia, one case; and gonorrhea, one case.

NOTICE OF 1962-63 BUDGET MEETING

In accordance with the provisions of the "Local Budget Law" (ORS 244.305 to 244.415), notice is hereby given that the budget committee of Central Point, Oregon, in compliance with said law prepared and adopted on May 29, 1962, the budget estimates for Central Point, Oregon, for the ensuing fiscal year July 1, 1962, to June 30, 1963, as set forth in the accompanying schedules I, II, III, and IV. All persons are hereby notified that on the 13th day of July, 1962, at 7:30 P. M., in Central Point, Oregon, said budget estimates may be discussed with the City Council, the levying board for Central Point, Oregon, and any person subject to the proposed tax levy or tax levies will be heard in favor of or against said proposed tax levy or tax levies or any part thereof.

The outstanding indebtedness of Central Point, Oregon, at June 1, 1962, was as follows:

NATURE OF OBLIGATION	AMOUNT	NATURE OF OBLIGATION	AMOUNT
General Obligation Water	\$ 34,500.00	General Obligation Sewer	\$ 25,000.00
General Obligation Water	\$ 150,000.00	Bancroft Imp. Bond Series I	\$ 4,000.00
General Obligation Fire Hall - Library	\$ 8,000.00	Bancroft Imp. Bond Series II	\$ 7,000.00
		Bancroft Imp. Bond Series III	\$ 45,000.00

Signed:	Roy Kelly	Chester Ayres	Bill Colley
Francis C. Ayres, Chairman	Richard Bartley	Les Brigham	Don Patterson
Bill Askwith, Secretary	Robert Padgett	Ray Britton	Bill Saxbury

Summary of Estimated Expenditures, Receipts and Tax Levies for Fiscal Year 1962-63						
Total of All Funds	General Fund	Street Fund	Water Fund	Sewer Fund	Bonded Indebt.	
Total Estimated Expenditures	\$104,784.00	\$ 97,972.00	\$ 28,937.00	\$ 51,320.00	\$ 20,085.00	\$ 7,370.00
Reserve for Estimated Amounts Not To Be Expended This Year	7,500.00	2,000.00		8,500.00	2,000.00	
Total Estimated Expenditures, Reserves and Transfers	112,284.00	99,972.00	28,937.00	59,820.00	22,085.00	7,370.00
Deduct: Est. Receipts Other Than 1962-63 Taxes	117,810.00	22,325.00	18,400.00	34,820.00	22,065.00	
Amount Necessary To Balance Budget	\$4,474.00	\$6,547.00	10,537.00			7,370.00
Total Levy Needed for 1962-63	34,474.00	36,547.00	10,537.00			7,370.00
Tax Levies: Inside 6% Limitation	12,181.00	12,181.00				
Outside 6% Limitation	22,293.00	24,366.00	10,537.00			
Not Subject to 6% Limitation	7,370.00					7,370.00

Summary of Estimated Expenditures, Receipts and Tax Levies for Fiscal Year 1961-62						
Total of All Funds	General Fund	Street Fund	Water Fund	Sewer Fund	Bonded Indebt.	
Total Estimated Expenditures	\$145,510.00	\$ 97,193.00	\$ 25,117.00	\$ 44,000.00	\$ 19,200.00	
Reserve for Estimated Amounts Not To Be Expended This Year	14,000.00	2,000.00	3,000.00	3,000.00	6,000.00	
Total Estimated Expenditures, Reserves and Transfers	159,510.00	99,193.00	28,117.00	47,000.00	25,200.00	
Deduct: Est. Receipts Other Than 1961-62 Taxes	118,261.00	22,960.00	24,161.00	47,000.00	25,200.00	
Amount Necessary To Balance Budget	\$41,249.00	\$6,233.00	3,956.00			
Total Levy Needed for 1961-62	40,249.00	38,293.00	3,956.00			
Tax Levies: Inside 6% Limitation	11,401.00	11,491.00				
Outside 6% Limitation	28,848.00	26,802.00	3,956.00			
Not Subject to 6% Limitation	2,000.00	2,200.00				

Science Shrinks Piles New Way Without Surgery Stops Itch—Relieves Pain

New York, N. Y. (UPI) - For the first time science has found a new healing substance with the ability to shrink hemorrhoids, stop itching and relieve pain without surgery.

In use after some while, the new healing substance, called "Pile-Stop," is now available in many drug stores.

Although it is a new substance, "Pile-Stop" has been found to be a powerful healing agent. It is a new healing substance (the drug) - a discovery of a world-famous research institute. This discovery is now available in many drug stores.

Most amazing of all results were

BUDGET FOR GENERAL FUND EXPENDITURES

1959-60	1960-61	1961-62	GENERAL FUND	1962-63
\$ 3,674.91	\$ 3,850.00	\$ 3,500.00	Recorder Salary	\$ 3,800.00
360.00	360.00	360.00	Treasurer Salary	360.00
900.00	999.98	1,000.00	Attorney-Retainer	1,000.00
	38.50		Elections	100.00
300.00	300.00	300.00	Audit	330.00
230.24	221.68	250.00	Legal Publications	250.00
115.00	114.45	115.00	Dues-League of Oregon Cities	162.00
1,593.68	1,704.34	1,800.00	Insurance and Surety Bonds	2,000.00
900.70	2,616.05	2,600.00	Bldg. Main. & Fuel (City Hall)	4,000.00
430.26	737.57	750.00	Telephone Service	1,100.00
352.25	1,335.96	820.00	Office Supply and Equipment	2,000.00
168.00	136.50	200.00	Electricity Inspections	200.00
432.82	327.48	650.00	Industrial Accident Commission	650.00
600.07	653.85	850.00	Social Security	880.00
32.50		3,600.00	Extra Help	
568.00	770.00	1,200.00	Building Inspection	1,200.00
	274.95	550.00	Official Meetings & Schools	400.00
	226.25	2,400.00	Clerk	2,550.00
		50.00	PLANNING COMMISSION	
		50.00	Supplies	50.00
			Members Expense	50.00
4,799.88	4,799.88	5,000.00	PUBLIC SAFETY	
9,120.00	9,120.00	9,520.00	Chief of Police	5,100.00
96.00	294.50		2 Patrolmen-Salaries (3)	13,380.00
1,335.79	4,862.91	2,000.00	Special Police-Extra Duty	
177.20			Equipment and Supplies	2,130.00
1,603.80	979.38	1,200.00	Schools and Training	
			Car Expense	1,200.00
3,841.70	4,236.84	4,300.00	PUBLIC WORKS	
237.78	295.26	300.00	Street Lights	4,300.00
			Traffic Lights	300.00
300.00	360.00	360.00	FIRE DEPARTMENT	
180.00	180.00	180.00	Fire Chief Salary	360.00
900.00	840.00	1,200.00	Asst. Chief Salary	180.00
1,879.10	1,681.56	2,400.00	Pay to Volunteers	1,200.00
806.59			Equipment and Supplies	3,000.00
25.00	274.95		Bldg. Maint. & Fuel	
2,000.00	2,000.00	2,000.00	Schools and Training	
			Sinking Fund-Fire Truck	2,000.00
795.41			SOCIAL WELFARE	
			Share of Bldg. Expenses	
454.00	514.58		CITY PARKS	
299.92	672.32	750.00	Park Tender Salary	500.00
750.00	950.00	950.00	Equipment and Supplies	750.00
			Recreation Program	1,000.00
65.30			OTHER CHARGES	
108.95			Dead	
1,391.91	2,000.00	2,000.00	Miscellaneous	
4.53			Emergency Fund	2,000.00
14,444.00	2,187.68		Civil Defense	
	491.40	638.00	City Hall-Construction	
			Sickness and Accident Ins.	620.00
\$ 95,845.09	\$ 51,688.81	\$ 53,943.00	TOTAL GENERAL FUND	\$ 59,072.00
\$ 3,094.06	\$ 4,059.20	\$ 3,028.00	STREET FUND	
77.81	138.27	91.00	Salaries and Help	\$ 7,126.00
4,621.51	3,390.91	3,000.00	Social Security	243.00
68.07	420.65	2,500.00	Materials and Supplies	3,000.00
2,486.00	958.17	500.00	Equipment Purchases	2,000.00
1,759.00	817.00	300.00	Equipment and Maintenance	2,000.00
9,321.93	5,403.15	18,300.00	Engineering and Surveys	500.00
355.00	209.62	200.00	City Share of Improvement	13,888.00
14.80			Advertising and Printing	200.00
	161.77		Building-Shops	
	9,594.13		Miscellaneous	
\$ 21,792.18	\$ 25,182.27	\$ 28,117.00	Transfer	
\$ 7,311.66	\$ 7,856.22	\$ 8,051.00	TOTAL STREET FUND	\$ 28,957.00
214.25	217.40	249.00	WATER FUND	
16,857.94	17,362.15	22,000.00	Salaries and Help	\$ 8,567.00
8,833.73	4,782.68	6,000.00	Social Security	289.00
639.20	540.25	700.00	Water Purchases	26,500.00
1,130.28	1,677.73	1,200.00	Material and Supplies	6,800.00
35.00	500.00	450.00	Tools and Equipment	1,000.00
819.15	722.52	700.00	Equipment and Maintenance	2,200.00
707.00	700.00	900.00	Office Equipment	1,600.00
20.00	24.19	100.00	Office Supplies and Postage	500.00
88.40	107.90	150.00	Water Deposit Refunds	900.00
2.28	32.33		Building Maintenance	
1,206.25	1,068.75	1,000.00	Electric Power	300.00
5,500.00	5,500.00	5,500.00	Miscellaneous	
	1,475.00		Interest on Debt	862.00
			Principal on Debt	3,500.00
			Survey for Water System	
\$ 41,365.17	\$ 42,668.12	\$ 47,000.00	TOTAL WATER FUND	\$ 54,820.00
\$ 4,611.51	\$ 4,493.96	\$ 6,503.00	SEWER FUND	
119.05	133.92	140.00	Salaries and Help	\$ 4,686.00
2,697.74	3,227.30	4,200.00	Social Security	159.00
961.84	1,076.54	1,100.00	Treatment Costs	4,800.00
1,073.95	1,673.05	4,000.00	Electricity	1,200.00
465.10	896.97	4,500.00	Equipment and Maintenance	1,500.00
902.51	763.28	1,000.00	Construction	1,500.00
1,024.32	893.70	757.00	Materials and Supplies	1,000.00
5,000.00	5,000.00	5,000.00	Interest on Debt	620.00
106.00			Payment on Bonded Debt	5,000.00
			Sewer Inspections	
			Office Equipment	1,100.00
			Office Supplies and Postage	500.00
\$ 17,164.42	\$ 18,178.72	\$ 25,200.00	TOTAL SEWER FUND	\$ 22,060.00