

Physicians Warn Against 'Magic' Use of Hypnosis

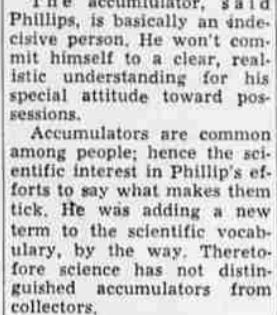
By JOHN BARNETT United Press International San Francisco - (UPI) - In the yellow pages of the telephone directory, you are likely to find an advertisement like this: "Hypnosis. All personal problems and undesirable habits. Weight control. Marital problems."



FIRST DRINK—Two-year-old Devra West, Miami, Fla., recently got her first real taste of that dark watery liquid which adults seem to drink by the gallon. Pictured here, from left to right, are her reactions to this new (and quickly forgotten) experience: (1) Please Mommy! I'll be good. (2) Do you really drink this stuff? (3) And to think, I was so anxious... what a letdown. (4) Well... even little people can get their faces dirty sometimes... even if I was just drinking coffee. (UPI)

Accumulator Said Indecisive Person But Not Collector

By DELOS SMITH UPI Science Editor New York - (UPI) - The person who merely accumulates possessions is a type unto himself, said Dr. Richard H. Phillips, whose scientific field is not a saver. Thrift has nothing to do with it. He is not a hoarder. He is a collector.



Collectors Differ Accumulators may confuse you by calling themselves collectors but they're entirely different. "The collector is disturbed by empty spaces which ought to be filled," Phillips said.

American Medical Association. "In classifying an object as 'appropriate-to-me' or 'inappropriate-to-me' he commits himself. Each time a person throws something away or actively acquires something new he is operating in terms of his self-concept."

Canadian Results Concerns Neuberger

Washington - (UPI) - Maurice B. Neuberger (D-Ore.) Tuesday voiced concern over the Canadian election result. She said in a statement "it is tragic that Canadian leadership will be subject to the dictation of the irresponsible Social Credit party which now holds the balance of power."

Four Jets Collide In Air Over Germany

Bonn - (UPI) - Four Superstar jet fighters of the West German air force collided in flight Tuesday and crashed into a mine quarry near Cologne. All four pilots died in the crash.

Contractors Agree To One-Year Pacts

Portland - (UPI) - The business agent of the striking Iron Workers' Union said Tuesday about 20 independent contractors have agreed to new one-year contracts. John O'Halloran said terms call for a wage increase of 33 cents an hour to \$4.25 for structural workers and 38 cents to \$4.10 for reinforcing workers.

Portland - (UPI) - Appointment of former Congressman Charles Porter as legal advisor to the Young Democratic Clubs of Oregon has been announced by President Merlyn Gubser, Eugene.

ATTENTION HOMEOWNERS

New savings from State Farm! See our ad on the sports page, then contact me! Dave Estergard 617 E. Jackson 773-7718

Klamath Distinguishing Pilot Killed

Bucyrus, N.D. - (UPI) - A 28-year-old Oregon man died Tuesday in a crop-spraying plane accident. A plane piloted by Ronald Lee Williams of Klamath Falls, crashed on the Robert Stecker farm north of here. Williams was an employee of the Hettinger, N.D., flying service.

The Medical Roundup

by Walter Alvarez Emeritus Consultant in Medicine Mayo Clinic Emeritus Professor of Medicine Mayo Clinic (Register and Tribune Syndicate, 1962)

Varicose Veins. Hundreds of women write asking what to do for their varicose veins, and usually I cannot answer, if only because I don't know how severe their trouble is, or in what stage it is. I don't know if, in the past, they have had a phlebitis (an inflammation of the inside of the vein) which perhaps caused it to be largely plugged up with a clot of blood.

Later, such a plug is likely to have channels formed through it, something like the holes in a Swiss cheese, and through these channels the blood goes. Thousands of women get by for years with varicose veins which do not bother them - except perhaps cosmetically. The woman hates the sight of them.

Especially if, by evening, she gets swelling of the ankles, or if she gets some pain in the leg on walking, she would do well to try to find a vein expert in some big medical center. He can tell how much damage has been done to her veins; he can see if the valves which normally help the blood to keep going up the leg are breaking down; and he can decide whether an operation is advisable right then, or if it will be necessary sooner or later. The expert often says, "You had better have your veins operated on now before you get into more serious trouble with them."

Today, the operation of varicose veins is not a serious one. The surgeon makes a little cut over one end of a vein; he takes an instrument which consists of a ring on the end of a long strong wire. He fits the ring around the cut end of the dilated vein, and then pushes it along the vein, stripping it from its surrounding tissues. When the metal ring has gone as far as it can go, the surgeon makes another little cut, through which he lifts out the stripped vein. Often, it is necessary to tie the large vein in the groin. This operation forces the

blood to go up the thigh in the deep veins, rather than in those that were just under the skin. The advantage of this is that the deep veins are surrounded by muscles which on contracting - as they do in walking - tend to push the blood up the leg and thigh. The person whose ankle (or ankles) swells badly after a day on his feet can take the swelling down at night by sleeping with his legs slightly raised. He should take a cushion off the davenport, and should put it under the lower end of his mattress. This causes the blood to flow more easily from the ankle to the groin, and as a result, in the morning the ankles are generally normal in size.

Trouble with one's veins is naturally much worse in the case of a person whose occupation causes him or her to stand all day, like a clerk behind a counter, or traffic policeman on his corner. The disease is less dangerous for the man or woman who sits for much of the day. Curiously, however, many people with bad veins get into a little trouble when they have to sit for a few hours in the seat of an airplane or a sports car. The edge of the seat presses on the tissues of the back of the leg, and this pressure interferes with the return of the blood from the thigh into the body. Many people with bad veins get by for years by wearing one of the elastic stockings. Others, in the morning, apply an elastic bandage beginning at the foot and winding it upwards almost to the knee.

Many people write to ask if they should have their veins injected with some irritant drug that will cause these veins to plug up. I have asked experts about this and they advise against it. The operation is much better and safer and the results are far more likely to be lasting. Ichthyosis, or 'Fish Skin'

Many people write to ask for a treatment for a dry, scaly skin, called by doctors, ichthyosis. Unfortunately, this is a condition that the person was born with. A friend of mine had it, as did two of his brothers. What is sad is that so many of the distressing troubles that people tell me about are inherited - and hence not likely to be changed by any medicine. If a person is born without the normal little fat-forming glands in his skin, there is no way in which a physician can put any in. About all he can do is to advise the person to keep rubbing into his skin an oily lotion or ointment. This can make him more comfortable.

For some, the hay fever season is coming up; for others, it's already here. If you would like the leaflet, "Asthma, Allergy and Hay Fever," by Dr. Alvarez, send 25 cents and a stamped, self-addressed envelope with your request to Dr. Walter C. Alvarez, Dept. MMT, The Register and Tribune Syndicate, Box 957, Des Moines 4, Iowa.

Advertisement for Gordon's gin. Text: "What could the English possibly mean by 'Gordon's and splash?' 'Splash' is the English way of saying 'soda water.' Mixing it with Gordon's Gin is a popular pastime on the other side of the Atlantic. Most Americans prefer 'tonic and ice' as a mixer. But on the choice of gin—complete accord. Gordon's. Its distinctive dryness and flavour seem to tip the balance. You'll find these qualities wherever you call for Gordon's is still based on Alexander Gordon's original 1769 formula. Could this be why Gordon's is the biggest-selling gin in England, America, the world? \$4.35 1/2 Qt. \$2.70 Pint. DISTILLED LONDON DRY GIN. 100% NEUTRAL SPIRITS DISTILLED FROM GRAIN. 90 PROOF. GORDON'S DRY GIN CO. LTD., LONDON, N. J. PRODUCT OF U. S. A."

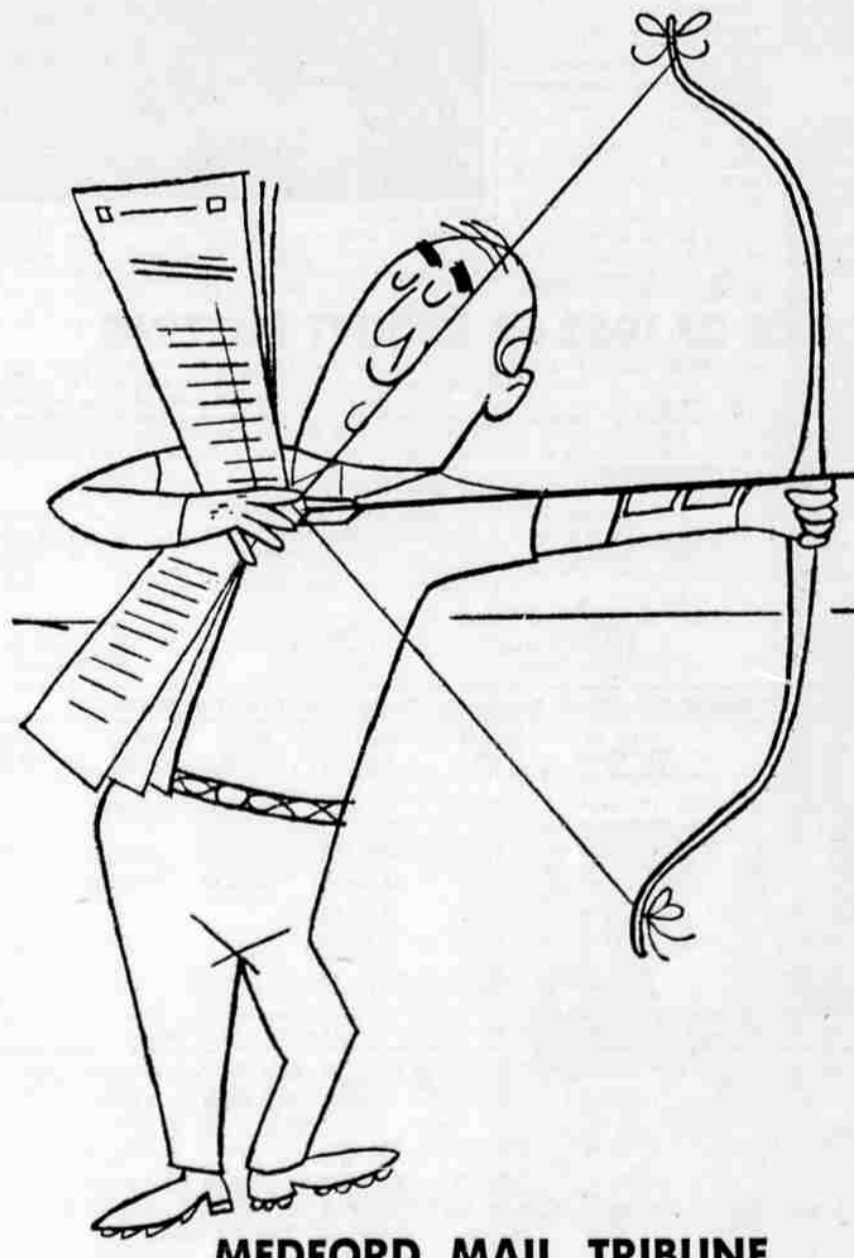
Advertisement for Pontiac Tempest. Text: "our Tempest is such a lively, silky, sweet-running V-8" "it's a 4, darling... a 4!" Besides having a 4 that scoots around acting like twice its size—except at the gas pump—Tempest has a price tag that makes other compacts seem downright expensive. Go check one out. Have fun! Pontiac Tempest. DEAN & TAYLOR PONTIAC CO., Inc. SIXTH AND GRAPE MEDFORD, ORE.

Portland School Budget Approved

Portland - (UPI) - The Portland School District's proposed \$37,161,390 budget for 1962-63 has been approved at a hearing before the Multnomah County Tax Supervising and Conservation Commission. The main source of increased revenue will be the 6 per cent allowable annual hike in the tax levy. The school board will seek another tax levy to replace the two-year levy after 1962-63.

Hemorrhoids Cured Painlessly By Non-Surgical Method

The non-surgical, electronic method for treatment of Hemorrhoids (Piles) developed by doctors of the Beal-Oliver Sandy Blvd. Clinic has been so successful and permanent in nature that the following policy is offered their patients: "After all symptoms of Hemorrhoids... have subsided and the patient has been discharged, if he should ever have a recurrence, all further treatments will be given absolutely free." Patients experience little, if any pain. Their treatment requires no hospitalization and does not employ drugs or injections. Write today for a free, descriptive booklet, yours without obligation: The Beal-Oliver Sandy Blvd. Clinic, Chiropractic Physicians, 2026 N. E. Sandy Blvd., Portland 12, Oregon.



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