The Medical Roundup

by Walter Alvarez

Emeritus Consultant in Medicine Mayo Clinic
Emeritus Professor of Medicine Mayo Clinic
(Register and Tribune Syndicate, 1962)

An Operation for Cirrhosis of the Liver

Hundreds of people write to ask me what can be done for cirrhosis of the liver, and usually I can't answer, if only because I don't know how severe their cirrhosis is. I have seen many persons whose liver function tests showed that they didn't have much liver tissue left, and yet they remained healthy.

Alvarez

For years, I kept checking up once a year on a man like this whose liver appeared to be as nearly destroyed as any I had ever run across. Finally, he said, when he came in for his general check-up, "Why bother any more about my liver? I suspect I am healthier than you are."

But some persons with a bad cirrhosis of the liver can go into toxic states which are serious, and others get into trouble when a dilated vein in the gullet ruptures and they bleed.

With the hope of relieving the dilation of the gullet veins, for some time now, surgeons have been shunting the blood (which comes from the bowel, and which normally goes through the liver) directly into the large vein that goes to the heart. In this way, the blood does not have to go through the badly-scarred liver where it is more or less obstructed.

Because there has been much discussion about the occasional bad results that follow this operation, I was much interested in a recent article by Drs. Harold O. Conn and W. W. Lindmuth, of New Haven, Connecticut. They reported a careful study of what happened to 33 patients with liver cirrhosis and enlarged gullet veins. Fifteen of them had the operation, and 18, not operated on, served as "controls." An additional 19 patients with enlarged veins were watched.

Although the results of this study showed that the incidence of serious bleeding from the enlarged veins in the gullet was lower in the cases of patients who had been operated on, the mortality from all cases was slightly greater in this group than in the control group of persons who were not operated on. In two-thirds of the patients operated on, the large veins tended to disappear, while they diminished in size in about a third of the persons not operated on.

From this, it appears that further observation is needed before we physicians will know definitely whether the operation is worth performing. In some cases, the operation is out of the question because the person is too poor a surgical risk.

Actually, all persons with cirrhosis are poor surgical risks. We can say that usually the operation saves the person from bleeding from his gullet. The operation now can be performed with a fairly low immediate mortality.

What is bad is that in a number of the cases in which the blood was shunted around the liver, serious injury resulted to the brain due to the accumulation of ammonia in the blood. This sometimes can be avoided by cutting down on the amount of protein given in the diet.

One patient in the group of 15 who were operated on has had, in the last three years, several severe episodes of "ammonia poisoning." These spells come sometimes without any discernible cause. The operations are not curative so far as the cirrhosis is concerned — no measurable improvement in the functions of the liver has been observed.

Very encouraging is the fact that 14 of the 17 surviving patients in the control group (not operated on) are in good health, and either gainfully employed, or are enjoying active retirement. Three of them have got into serious trouble because of some heavy drinking they have done. Any man with an alcoholic cirrhosis of the liver who goes on sprees of drinking is surely asking for trouble.

Ten of the 13 survivors who were operated on feel well and are able to keep at their usual work. Two of them got into trouble because of excessive drinking, and one is incapacitated because of the attacks of severe chemical injury to his brain.

Fortunately, 22 of a group of 44 "cirrhotics" who used to be heavy drinkers have behaved themselves since they have been under treatment, and 13 others have greatly reduced their consumption of alcoholic beverages. The nine who have insisted on continuing to drink heavily have gone steadily downhill. It is hard to believe that a man who knows that he has a "pickled liver" will insist on going on pickling it some more. He ought to know that, before long, he is likely to need the services of a mortician.

Many people ask me for a drug or a diet that will restore the functions of a cirrhotic liver, and I have to admit that I know of none.

If you maintain your correct weight, you'll not only look your best but feel your best, too. Dr. Alvarez tells you how to do it in his booklet, "Weight Control." It may be obtained by sending 25 cents and a stamped, self-addressed envelope with your request to Dr. Walter C. Alvarez, Dept. MMT, The Register and Tribune Syndicate, Box 957, Des Moines 4, Iowa.

BASIC TRAINING

James Rowden, son of Mr. and Mrs. Harvey Rowden, 1408 Thomas rd., Medford, left this week for San Diego, Calif., where he will undergo four months of Marine Corps basic training. After completing the course he will return on leave before reporting to Camp Pendleton, Calif. He attended Medford High school.

KIRK SWORN IN

Washington—(UPI)—Adm. Alan G. Kirk was sworn in as U. S. ambassador to the Republic of China Thursday. He leaves for Formosa June 29.

STAR – Sue Lyon, 15, star of the picture "Lolita," is prevented from entering the Loew's State Theater June 13 at the premiere of the movie. The movie, which is based on the controversial novel, is restricted to persons "over 18 years of age," so the star could not view the screening. U(PI)

Oregon Joins Center For Research Project

Eugene—The University of Oregon was one of 22 universities meeting recently at the Survey Research Center of the University of Michigan to establish an Inter-University Consortium for Political Research.

William C. Mitchell, assistant professor of political science, represented the University of Oregon. The group was formed to promote research on selected phases of the political process.

Member universities and the SRC will pool resources in a joint program of training and research. Plans call for a program of advanced training for graduate students each summer, and annual research conferences for faculty representatives.

4-H News

Westside Rabbiteers

The Westside Rabbiteers 4-H club held their June meeting at the home of the club leader, Mrs. Austin Caldwell.

It was decided to have our regular meeting date changed from the first Saturday to the first Monday until after the 4-H, FFA Fair Aug. 13-18 in Medford.

The dates of the pre-fairs that concerns the club were read and all were urged to attend if possible.

The next meeting will be on July 2 at 10:30 at our leader's house.

Ron Smith,
Reporter

GETS HONORARY DEGREE

Cambridge, Mass.—(UPI)—Defense Secretary Robert S. McNamara was awarded an honorary doctor of laws degree Thursday at Harvard University's 311th commencement.

Small Worlds Around Us

By LYNN M. WATKINS

(Register and Tribune Syndicate 1962)

Does Sound of Wind in Leaves Identify Tree?

It seemed like a wild statement but he came close to proving his point; scored better than 50 per cent, after repeated trials, which would seem to indicate there might be a field of research here that so far has been sadly neglected.

He claimed he could tell what kind of tree he was near, while blindfolded and in a strange vicinity, just by listening to the sound made by the wind in the leaves. "Every species of tree," he said, "responds to the wind in a different way; each tree has a characteristic sound peculiar to that particular species of tree."

Different Tune

It is pretty well agreed that nearly anyone can identify the sough, or murmuring, sighing sound of the wind in a pine tree. The needles, play a tune different from regular leaves. As the wind velocity increases, the soughing becomes almost a moan. The sound is characteristic of coniferous trees.

Admitted, too, is the identification, made by the most casual listener, to the wind in a palm tree. Here is no soughing, sighing, or even what we might call whispering; rather it is a pronounced rustle, in many instances actually a dry rustle or rattle.

A light breeze in palm fronds mutters, but quickly runs up the scale at an increase in wind pressure. About the tall, bare trunk the wind will whistle.

Wind, even a gentle breeze, speaks a little harshly when acting on the keys of a bamboo clump. In this tall-growing, woody grass, the wind creates a tapping sound as one grass-blade taps against its neighbor.

Booming Bamboo

A boisterous wind in bamboo increases the tempo of the tapping until it becomes a booming roar; the hollow compartments in the stems acting as resonance chambers. At the same time, it sighs loudly as the wind passes through the fern-like foliage.

Much has been said and sung about the "wind in the willows"; even a slight breeze twangs the flexible branches producing a "thousand trills and quivering sounds." Even the beginner in leaf-sound-identification would recognize the "wind in the willows."

A wind in a forest or a woodland becomes a hubbub of noise. Each tree, of a different species, having variously shaped leaves, would make a noise peculiar to itself. So the wind in a group of trees would speak in a multi-million tone; running like crazy the entire length of the musical scale.

Confusion Of Sound

There would be high notes, low notes, and in-between notes, all of which would be confusing to anyone trying to isolate any one note or sound. Even the man who claims to be able to identify the tree by the wind sound in the branches, would be apt to go completely haywire.

German Inns Can Turn Back Clock For Any Tourist

By KARL H. MACK
United Press International

Frankfurt, — (UPI) — Sitting down at a table in a German inn, perched under the smoke-blackened ceiling and surrounded by age - old pewter mugs, is enough to turn back the clock a century for any tourist with an imagination.

You wonder if the waiter clad in medieval clothes will present the bill in Latin as was the custom when the inn was built.

Thick walls and yellow panes of glass filter the hectic modern life to the more contemplative way of living of our ancestors and transport one back to another age.

Modern hospitality, skillfully preserved the old touch that appeals to the chevaliers commanding a hundred-horsepowers as well as it did medieval knights, sore from a long ride on horse back.

One of the Oldest

One of the oldest German inns — Gasthof, as they are called here — is the "Zum Baeren" in Freiburg. It is believed to have been founded in 1120 A.D.

But seniority of "Ye Olde Inns" is not without severe competition. The princely "Riesen" in Miltenberg, is another one on the list of time-honored lodgings. The Riesen boasts of having seen Emperor Barbarossa, Ludwig the Bavarian and Charles the Fifth. Today the Riesen is a landmark of Miltenberg, still offering the hospitality it is known for through the ages.

The "Krone" in Konstanz on Lake Constance also ranks among the oldest inns, dating back to 1225 A.D.

Black Forest Inn

One of the oldest Black Forest Inns, the "Adler," was founded in 1550 A.D., and has been in the hand of one family that carefully preserved the enchantment of the house and the landscape.

Many of the famous German inns, connected with German history, went to ashes during last war. They have not been rebuilt.

The number of age - honored inns is dropping the further north you come in Germany, although here timeless hospitality has its temples.

In Bremen, the "Ratskeller" with its "12 Apostles," ranks among the oldest and finest inns to be found in Germany. The 12 Apostels are 12 huge wine barrels, hand-carved and black from age.

In Marburg, the "Wirtshaus An Der Lahn," one of the oldest student inns, won fame in robust student's song, handed down from one student generation to the other. It's robust verses, now on records, are suitable for stag affairs only.

(Continued from Page 5-B)

Historical Data Expenditures for 3½ Preceding Years 1958-59	1959-60	1960-61	½ 1961-62	Budget Allowance for 1961-62	Object of Expenditure	Allowed by Levying Board 1962-63
			BUILDING IMPROVEMENT & MAINTENANCE FUND			
2353.85	3447.47	3494.91	1279.24	4124.00	BLDG IMPROVEMENT & MAINTENANCE FUND	4444.00
582.00	600.00	600.00	312.00	624.00	MAINTENANCE MAN	
			79.55	300.00	CUSTODIAN EXTENSION BLDG	500.00
					EXTRA HELP	
2935.85	4047.47	4094.91	1671.79	5050.00		11444.00
					DEPARTMENTAL	
					BUILDING IMPROVEMENT & MAINTENANCE	3400.00
.00	.00	.00	.00	.00		3400.00
			AGRI. & HORTI. EXPERIMENT STA. SINKING FUND			
6844.32	1487.06	1050.00	496.62	686.57	AGRICULTURAL & HORTICULTURAL EXPERIMENT STATION SINKING FUND	
6844.32	1487.06	1050.00	496.62	686.57		.00
			CAPITAL IMPROVEMENTS SINKING FUND			
	65000.00	97219.79	7655.87	22281.56	CAPITAL IMPROVEMENTS SINKING FUND	150000.00
.00	65000.00	97219.79	7655.87	22281.56		150000.00
			COUNTY SCHOOL FUND			
				23278.00	COUNTY SCHOOL FUND 24,059 CHILDRED @ $10.00	240590.00
.00	.00	.00	.00	23278.00		240590.00
			SCHOOL BOND & INTEREST FUND			
				116390.00	SCHOOL BOND & INTEREST FUND	120285.00
.00	.00	.00	.00	116390.00		120285.00
			JACKSON COUNTY HISTORICAL FUND			
514.00	480.00	504.00	277.00	554.00	SALARIES CURATOR	554.00
387.00	360.00	360.00	198.00	396.00	CARETAKER MAINTENANCE MAN	396.00
134.00					CARETAKER ASSISTANT	
367.00	588.30	565.44	288.97	720.00	ASSISTANTS	780.00
600.00	600.00	600.00	425.00	900.00	WATCHMAN	900.00
185.00	135.82	88.04	132.39	125.00	SUPPLIES CURATOR OFFICE	125.00
217.00	368.21	336.29	223.47	500.00	DISPLAY SUPPLIES	500.00
980.00	921.47	865.33	542.32	1,000.00	LIGHTS	1,000.00
165.00	153.70	153.65	73.65	150.00	TELEPHONE	150.00
1,138.00	1,227.51	1,101.50	495.31	1,250.00	FUEL	1,250.00
110.00	230.40	133.77	125.25	400.00	WATER	400.00
2,037.00	1,781.31	703.52	1,539.26	1,750.00	BUILDING REPAIRS	1,750.00
237.00	176.14	53.14	446.42	650.00	BUILDING SUPPLIES & EQUIP	650.00
1,013.00	700.21	1,094.05	385.26	700.00	MISCELLANEOUS INSURANCE	800.00
851.00	811.25	931.60	446.50	990.00	BOOKKEEPING & SECRETARY SUPPLIES	990.00
1,247.00	1,935.58	1,204.11		1,800.00	PROCUREMENT SHOWCASES	1,800.00
48.00	587.78	32.70	200.00	300.00	TRAVEL MISC	400.00
	300.00	300.00	150.00	300.00	TRAVEL CURATOR	300.00
	515.20			200.00	EMERGENCY	200.00
327.00	477.14	474.00		750.00	BUILDING IMPROVEMENT	305.00
1448.00	393.44			500.00	GROUNDS IMPROVEMENT	500.00
		935.20	274.00	750.00	PRINTING & PROMOTION	750.00
		3545.46	1032.82	3600.00	BEEKMAN BANK BLDG	1,500.00
$5291.00	$2606.46	$2482.82	$1414.16	$3251.00		$3351.00

RECEIPTS
GENERAL COUNTY FUND

Actual for Fiscal Year 1959-60	Actual for Fiscal Year 1960-61	Estimated Receipts 1961-62 Budget		Estimated Receipts 1962-63 Budget
236572.34	229213.08	302359.24	Cash Balance July 1	(27328.40)
4225.56	1245.73	500.00	Delinquent Taxes	1000.00
58635.57	58732.33	56500.00	County Clerk - Fees	65000.00
37270.25	49846.75	48000.00	" " - District Court Fines & Fees	58000.00
23.00	--	--	" " - Reimbursement Bounty	--
1371.33	1287.00	1290.00	" " - Veterans Service Officer	1128.00
25210.31	20669.03	24000.00	" " - Health Department	23000.00
--	--	--	" " - Medical Investigator	750.00
--	--	--	" " - Mental Health Clinic	28889.00
873.45	3340.79	1200.00	" " - Misc. Rects. & Reimbursements	6000.00
7732.45	9024.22	12000.00	Sheriff - Fees	15000.00
1753.85	5460.08	--	" - Miss. Receipts & Reimbursements	--
73.25	163.60	150.00	County Surveyor - Checking Plats & Map Sales	170.00
12710.00	24879.53	26000.00	Justice Ct. Ashland - Fines & Fees	14000.00
6091.75	8296.50	8700.00	Justice Ct. Gold Hill - Fines & Fees	4300.00
5064.54	5246.04	5000.00	Constable - Fees	4600.00
101271.34	105997.83	109000.00	County Farm - Care of Patients	103500.00
5218.50	5382.00	--	" " - Employee Board & Room	--
--	752.94	--	" " - Misc.	--
1850.00	3175.00	3200.00	Rent	3600.00
8147.79	8823.72	8850.00	Sec. of State - Liquor Licenses & Rev. Tax	43000.00
417.79	366.23	360.00	" " " - Tax on Car Companies	360.00
4085.00	4257.00	4250.00	" " " - Boat Licenses	--
1950.66	1698.02	1500.00	" " " - Weed Control	2600.00
6803.98	6750.00	5600.00	Health Department - Licenses & Fees	5600.00
1672.62	--	--	Tax Collector - Tax Refunds	--
72698.11	59713.17	55000.00	Treasurer - Interest on Bonds & Deposits	55000.00
11138.96	1083.37	--	Watermaster	1080.00
502.98	2101.01	--	County Court - Reimbursements Sundry	4000.00
925.28	1249.11	4000.00	" " - Land Sales & Rent	--
--	8682.00	--	" " - State Right-of-way	--
98.71	97.71	--	Juvenile Home - Staff meals & Misc.	--
233.08	--	--	Planning Commission - Reimb. Services	--
44011.80	43306.02	42000.00	State Public Welfare	30000.00
17880.61	--	--	School Supt. - Reimb. Special Education	--
346.64	--	1000.00	Misc. Receipts & Reimbursements	1000.00
--	--	40000.00	Transferred from - Relief Fund	30000.00
964860.49	980768.27	964452.80	" " - O & C	1379327.64
2024.20	5748.54	--	" " - County Land Fund	--
20741.22	29898.44	--	" " - Emergency Fund	--
1198.04	3999.58	--	" " - Misc. Funds	--
(90838.41)	(110689.66)	--	Transferred to - Cash Working Fund	--
--	(62.75)	--	" " - Misc. Funds	--
1668848.24	1681102.23	1724507.04	Totals General County Fund	1873576.24

RECEIPTS
JUVENILE DETENTION HOME OPERATION & MAINTENANCE FUND

Actual for Fiscal Year 1959-60	Actual for Fiscal Year 1960-61	Estimated Receipts 1961-62 Budget		Estimated Receipts 1962-63 Budget
1247.43	537.43	--	Balance July 1	--
19226.66	21444.00	23270.00	Transferred from O & C	25504.00
206.42	.17	--	" " Emergency Fund	--
20680.51	21981.60	23270.00	Totals Juvenile Detention Home O & M Fund	25504.00

RECEIPTS
AGRICULTURAL & HORTICULTURAL STATION SINKING FUND

27971.23	16750.00	6753.00	Balance July 1	--
--	--	7.57	Transferred from O & C	--
265.83	502.50	100.00	Interest	--
28237.06	17252.50	6860.57	Totals Agri. & Hort. Sta. Sinking Fund	--

RECEIPTS
CAPITAL IMPROVEMENTS SINKING FUND

--	--	52780.21	Balance July 1	--
65000.00	150000.00	170035.35	Transferred from O & C	150000.00
65000.00	150000.00	222815.56	Totals Capital Improvements Sinking Fund	150000.00

RECEIPTS
COUNTY SCHOOL FUND

3974.35	3914.23	--	Balance July 1	--
2607.10	599.37	--	Delinquent Taxes	--
260.50	315.50	--	District & Justice Court Fines	--
17051.68	20184.51	--	Irreducible School Fund	--
116639.07	107827.80	--	Secretary of State - Forest Reserve Rentals	--
425940.50	781410.00	232780.00	Transferred from O & C	240590.00
566872.70	913351.41	232780.00	Totals County School Fund	240590.00

RECEIPTS
SCHOOL DISTRICT BOND & INTEREST FUND

--	--	--	Balance July 1	--
--	--	116390.00	Transferred from O & C	120285.00
--	--	116390.00	Totals School District Bond & Interest Fund	120285.00

RECEIPTS
JACKSON COUNTY HISTORICAL FUND

Actual for Fiscal Year 1959-60	Actual for Fiscal Year 1960-61	Estimated Receipts 1961-62 Budget		Estimated Receipts 1962-63 Budget
2003.44	2381.60	--	Balance July 1	--
658.44	270.94	--	Delinquent Taxes	--
25759.00	26230.00	32519.00	Transferred from O & C	33519.00
28420.88	28881.54	32519.00	Totals Jackson County Historical Fund	33519.00

RECEIPTS
O & C Fund

160818.81	393573.31	456102.87	Balance July 1	135302.08
--	--	(139712.87)	Less transfer to General County Fund	--
2314670.77	2148345.14	2081190.44	Receipts O & C	2476811.10
(654860.49)	(980768.27)	--	Transfer to - General County Fund	
(475637.00)	(396420.02)	--	" " - General Road Fund	
(22221.01)	(29870.00)	--	" " - Emergency Fund	
(31800.00)	(46264.00)	--	" " - Medford Library Fund	
(3131.75)	(4733.00)	--	" " - Ashland Library Fund	
(223.46)	(321.00)	--	" " - Rogue River Library Fund	
(7343.00)	(8234.48)	--	" " - Civil Defense Fund	
(476040.00)	(781410.00)	--	" " - County School Fund	
(25759.00)	(26230.00)	--	" " - Jackson Co. Historical Fund	
(41500.00)	(41000.00)	--	" " - Bldg. Improvement & Maint. Fd.	
(18828.66)	(21444.00)	--	" " - Juvenile Det. Home O & M Fund	
(65000.00)	(150000.00)	--	" " - Capital Improvements Sng. Fd.	
--	--	(2207588.66)	To be transferred	(2407113.10)
393573.31	456102.87	--	Totals O & C Fund	--

RECEIPTS
GENERAL ROAD FUND

Actual for Fiscal Year 1959-60	Actual for Fiscal Year 1960-61	Estimated Receipts 1961-62 Budget		Estimated Receipts 1962-63 Budget
375254.48	388386.79	375510.00	Balance July 1	260000.00
2186.75	434.46	100.00	Delinquent Taxes	200.00
34260.93	2708.50	--	District Court - Fines	--
21619.25	2162.88	--	Justice Court Ashland - Fines	--
3567.05	230.50	--	Justice Court Gold Hill - Fines	--
1611.66	1195.89	1150.00	Secretary of State - 5% Land Sales	1150.00
535715.88	544348.54	540000.00	" " " - State Highway Fund	559000.00
349917.21	323463.41	269375.00	" " " - Forest Reserve Rentals	324850.00
84813.36	17929.78	16000.00	Co. Engineer - Misc. Services, Sales, etc.	16000.00
14030.28	15549.90	15000.00	" " - Gas Tax Refund	15000.00
475637.00	396420.02	349217.25	Transferred from - O & C	485619.50
--	(70.00)	--	Transferred to - State Game	--
1888633.85	1892780.67	1766378.25	Totals General Road Fund	1661819.50

RECEIPTS
MEDFORD LIBRARY FUND

772.62	975.33	--	Balance July 1	1069.90
205.71	55.97	--	Delinquent Taxes	--
31860.00	46264.00	63743.69	Transferred from - O & C	72873.14
32838.33	47295.30	63743.69	Totals Medford Library Fund	73943.04

RECEIPTS
ASHLAND LIBRARY FUND

276.95	300.16	--	Balance July 1	304.38
21.21	1.77	--	Delinquent Taxes	--
3131.75	4733.00	6863.00	Transferred from - O & C	7192.62
3431.91	5034.93	6863.00	Totals Ashland Library Fund	7497.00

RECEIPTS
ROGUE RIVER LIBRARY FUND

Actual for Fiscal Year 1959-60	Actual for Fiscal Year 1960-61	Estimated Receipts 1961-62 Budget		Estimated Receipts 1962-63 Budget
--	--	--	Balance July 1	--
223.46	321.00	845.00	Transferred from O & C	316.20
223.46	321.00	845.00	Totals Rogue River Library Fund	316.20

RECEIPTS
EMERGENCY FUND

30863.03	28804.00	8789.00	Balance July 1	
50.83	19.94	5.00	Taxes	9200.00
22335.01	29970.00	41306.00	Transferred from O & C	--
(20741.22)	(29898.44)	--	Transferred to General County Fund	40800.00
(206.42)	(.17)	--	" " Juvenile O & M Fund	--
31900.23	28895.33	50000.00	Totals Emergency Fund	50000.00

RECEIPTS
CIVIL DEFENSE FUND

908.90	289.18	100.00	Balance July 1	--
84.92	18.81	5.00	Taxes	--
7343.00	8234.48	7731.00	Transferred from O & C	10432.00
8336.32	8543.48	7836.00	Totals Civil Defense Fund	10432.00

RECEIPTS
BUILDING IMPROVEMENT & MAINTENANCE FUND

15179.52	11196.03	6200.00	Balance July 1	3000.00
41500.00	41000.00	44300.00	Transferred from O & C	42440.00
56679.52	52196.03	50500.00	Totals Bldg. Improvement & Maintenance Fund	45440.00

STAR GAZER

By CLAY R. POLLAN

ARIES MAR. 22 – APR. 20: 6-55-66-73-74-76-77
TAURUS APR. 21 – MAY 21: 7-19-30-41-51-62-72
GEMINI MAY 22 – JUNE 22: 1-14-25-36-47-58-69
CANCER JUNE 23 – JULY 23: 3-18-29-40-61-71-79-83
LEO JULY 24 – AUG. 23: 8-17-28-39-50-60-81-86
VIRGO AUG. 24 – SEPT. 22: 12-23-34-45-57-68-88-90
LIBRA SEPT. 23 – OCT. 23: 4-22-33-44-54-65-80-83-(?)
SCORPIO OCT. 24 – NOV. 22: 5-20-31-42-52-63-82-84
SAGITTARIUS NOV. 23 – DEC. 22: 9-16-27-38-49-70-78
CAPRICORN DEC. 23 – JAN. 20: 2-13-24-35-45-56-67
AQUARIUS JAN. 21 – FEB. 19: 10-21-32-43-53-64-75
PISCES FEB. 20 – MAR. 20: 11-15-26-37-48-59-87-89

Your Daily Activity Guide According to the Stars.

To develop message for Saturday, read words corresponding to numbers of your Zodiac birth sign.

1 The	31 Seem	61 And	
2 Something	32 Opportunity	62 Especially	
3 You	33 With	63 Making	
4 You're	34 Up	64 In	
5 You've	35 Settled	65 Situation	
6 You'll	36 Plans	66 To	
7 Promising	37 Times	67 Satisfactorily	
8 Your	38 Or	68 You've	
9 Don't	39 Backing	69 Family	
10 Pick	40 That	70 Other	
11 Better	41 Private	71 Cold	
12 Don't	42 Spot	72 Romance	
13 Cash	43 For	73 Make	
14 Best	44 A	74 Quick	
15 Recheck	45 Publicity	75 Individual	
16 Lot	46 Something	76 Decisions	
17 Get	47 Offers	77 Today	
18 Could	48 Or	78 You	
19 Day	49 Low	79 Be	
20 The	50 Of	80 Concerning	
21 How	51 Interests	81 In	
22 Could	52 For	82 Planned	
23 One	53 Expansion	83 Money	
24 Be	54 Years	84 Money	
25 Lord	55 Inclined	85 Come	
26 For	56 And	86 Authority	
27 Promotion	57 That	87 In	
28 The	58 Go	88 Recently	
29 Now	59 Concerning	89 Work	
30 For	60 Those	90 Secret	

Good — Adverse — Neutral

They'll Do It Every Time

By Jimmy Hatlo