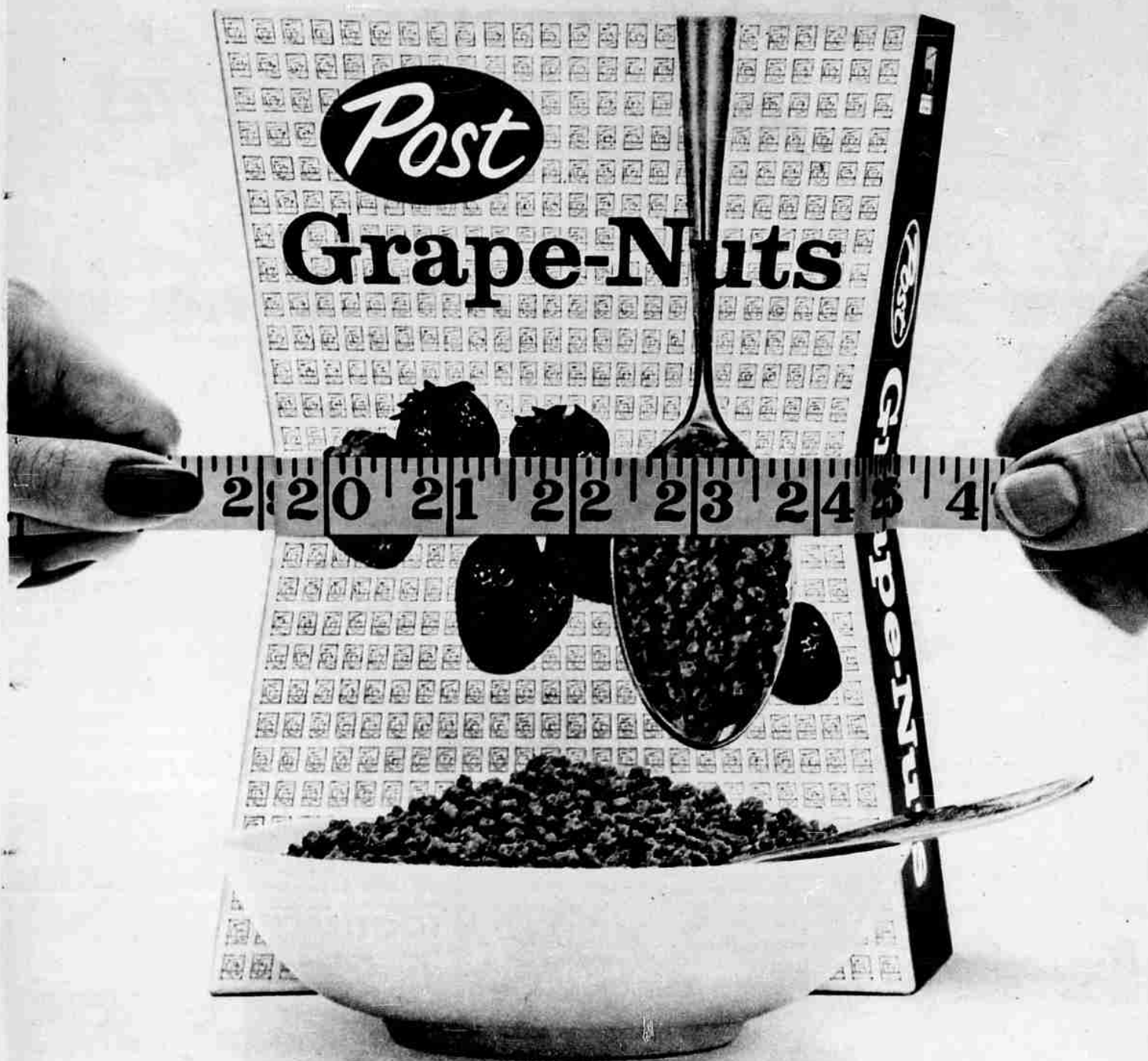


Start your day "a little bit better" with a cereal fresh from **Post**



**Keep slim and trim with
a Grape-Nuts breakfast**

(it's non-fattening)

Juice, Grape-Nuts with milk and sugar, toast with spread, coffee.
A breakfast low in calories, high in nourishment, really delicious!

