

STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars

To develop message for Friday, read words corresponding to numbers of your Zodiac birth sign.

ARIES	Taurus	Gemini	Cancer	Leo	Virgo
1-16-19-34 2-3-6-8-24 4-7-15-27-30	1-11-19-34 2-3-6-8-24 4-7-15-27-30	1-11-19-34 2-3-6-8-24 4-7-15-27-30	1-11-19-34 2-3-6-8-24 4-7-15-27-30	1-11-19-34 2-3-6-8-24 4-7-15-27-30	1-11-19-34 2-3-6-8-24 4-7-15-27-30

1 Opposition 31 Thought 61 Nor
2 Smile 32 All 62 Joy
3 Good 33 Luck 63 Hope
4 Optimistic 34 Sincere 64 Amusement
5 Don't 35 Swift 65 Plans
6 Deeds 36 Now 66 Now
7 Attitude 37 Action 67 Opposition
8 And 38 Wits 68 Extremes
9 Today 39 For 69 Activities
10 As 40 Interests 70 Nor
11 Face 41 Ring 71 Variation
12 Cultural 42 Stability 72 Records
13 Subjects 43 Agitation 73 Records
14 Troubling 44 Teaching 74 Results
15 Today 45 Deeds 75 Wits
16 To 46 Conception 76 The
17 Calls 47 Will 77 Or
18 Waters 48 And 78 Wits
19 Plans 49 And 79 Trust
20 See 50 And 80 Plans
21 Far 51 Excellent 81 Year
22 Unsuspected 52 Progress 82 Progress
23 Far 53 Pleasure 83 Renovation
24 Wholehearted 54 Reveal 84 Friends
25 In 55 Confidence 85 Record
26 Steady 56 Time 86 Capacity
27 An 57 Don't 87 Don't
28 Even 58 Trouble 88 Trust
29 Wishing 59 Go 89 For
30 Social 60 To 90 Well

Good Adverse Neutral

The Medical Roundup

by *Walter Tolson*

Emeritus Consultant in Medicine
Mayo Clinic
Emeritus Professor of Medicine
Mayo Clinic
(Register and Tribune Syndicate, 1962)

Research on Deafness

One of the things that saddens me every day is the coming of many letters from people who ask why they have such a terrible attack of Meniere's disease in which they get very dizzy and perhaps vomit. Sometimes, an ear specialist can help, but usually he can't do very much. One great difficulty is that no one is very sure of what happens in the inner ear of these people - we cannot find out because people don't die of Meniere's disease, and even when these people die of pneumonia or a heart attack, their relatives may not permit any autopsy.

Now, something is being done about this, and all deaf people - or people who have had Meniere's disease - now can do something to help their fellow sufferers. They can tell their nearest of kin that, when they die, an ear specialist should remove their "temporal bone" which contains the hearing mechanism. He should do this right after death and before the body is embalmed. After many such temporal bones have been studied by experts, we doctors will have a much better understanding of deafness, and also of Meniere's disease.

I write this because I recently heard of the Temporal Bone Bank Center (Box 148, Faculty Exchange, University of Chicago, Chicago 37, Ill.) It is presided over by Dr. John R. Lindsay, head of the University Department of Otolaryngology (nose and throat diseases). Other such centers can be found at Columbia University, (New York) the Henry Ford Hospital, (Detroit) the Johns Hopkins Hospital, (Baltimore) the Manhattan Eye and Ear Hospital, the Massachusetts Eye and Ear Infirmary (Boston), in the Cornell University Medical Center in New York City, in the Tulane School of Medicine in New Orleans, in the U.C.L.A. Medical Center in Los Angeles, in the University of California Medical Center in San Francisco, in the Florida College of Medicine at Gainesville, Florida, in the University of Iowa Hospitals in Iowa City, in the Medical School at Ann Arbor, Mich., at the University of Minnesota Medical School in Minneapolis, at the Washington University School of Medicine in St. Louis, and at the White Memorial Hospital in Los Angeles.

Many people write to say they have nerve deafness and no one will try to help them. Not even a hearing aid will help. The damage is in the nerve endings in the inner ear, in the fibers of the nerve that runs to the brain, or perhaps to the "hearing center" in the brain. Many such persons had better try to learn lip reading.

Every deaf person who has money to spare would do well to support the Deafness Research Foundation with offices at 310 Lexington Ave., New York 16, N.Y.

Osgood-Schlatter's Disease

Quite a few people write saying their child has Osgood-Schlatter's disease and they wonder what it is and what can be done for it. Usually, their child has started to complain of pain just below his knee. In the past, it was one of those diseases the cause of which was largely unknown. In a recent number of the Journal of the American Medical Association, Dr. Meyer Alpert of the Presbyterian Hospital, New York City, wrote that he doubts if many of the present-day ideas about this disease are correct.

He says the condition now is considered to be related to some injury involving the lower end of the tendon that runs from the kneecap down to a little nodule near the top of the tibia (main bone of the leg). The x-ray films often show one or more of the following changes: 1. A tearing-away of a little piece of bone from the top of the tibia; 2. A small piece of bone in the tendon running down from the kneecap; 3. A thickening of this tendon; and 4. A thickening of the soft tissues in front of the nodule on the upper end of the tibia. All this suggests that, in many cases, the disease is due to an injury and might be cured by an expert orthopedist (bone and joint specialist).

AFFIRMS U.S. SUPPORT

Washington - (AP) - President Kennedy has sent President Romulo Betancourt of Venezuela a message of firm support and congratulations for crushing the revolt in his country this week.



RECEIVES INSTRUCTIONS - Chief Deputy Paul Bettiol, Jackson county sheriff's office, Medford, is shown receiving instructions in firearms identification at the Federal Bureau of Investigation laboratory during the 69th session of the FBI national academy.

Bettiol to Graduate From FBI Academy

Graduation exercises will be held tomorrow in Washington, D.C., for 80 specially selected officers who have completed the 69th session of the Federal Bureau of Investigation's National Academy, according to FBI Director J. Edgar Hoover.

Two southern Oregon law enforcement officers are among the class members graduating.

They are Undersheriff Lyle C. Dickinson, Douglas county sheriff's office, Roseburg; and Chief Deputy Paul Bettiol, Jackson county sheriff's office, Medford.

The addition of the graduates to the ranks of Academy alumni will bring the total to more than 4,100. The men, who are trained as instructors and police administrators, will return to their own departments to use the knowledge they gained during their training.

Addresses Scheduled

Members of the graduating class and their guests will hear addresses by Charles L. Bacon, National Commander of the American Legion; Sylvester C. Smith Jr., president-elect of the American Bar association; and Deputy Inspector Michael J. Codd, New York City police department, president of the graduating class.

Diplomas will be presented by Deputy Attorney General Nicholas deB. Katzenbach.

John H. Williams, special agent in charge of the Portland office of the FBI, said residents of this area can be proud of Dickinson and Bettiol for their successful completion of the National Academy course.

Alaskan Farm Homes Have Refrigerators

Washington - (AP) - Who said you can't sell refrigerators to Eskimos?

Uncle Sam reports some two-thirds of the farms in Alaska are equipped with home freezers to withstand the long winter nights. The U.S. department of agriculture reports the percentage of freezers on Alaska's farms ranks it as number seven among the 50 states.

BOUND FOR NEW HOMES

Miami - (AP) - Twenty Cuban refugee families will leave Thursday morning for new homes in Philadelphia under the government's refugee relocation program. The relocation flights, sponsored by Philadelphia churches and synagogues, are being financed by the federal government to relieve the pressure brought on Miami by the thousands of refugees flooding into south Florida.

3 new rice mixes from Uncle Ben's!

Perfect rice dishes... easy as boiling water!

- 1 Perfect Wild Rice Dishes**
A delectable blend of long grain and wild rice... perfectly seasoned and spiced... easy as boiling water!
- 2 Perfect Spanish Rice Dishes**
That colorful Old World treat of beautifully seasoned rice with tomatoes and peppers and onions... easy as boiling water!
- 3 Perfect Curried Rice Dishes**
Rich, zesty, golden. Authentic curried rice, fragrant with Far Eastern herbs and spices... easy as boiling water!

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First complete rice mixes with exclusive *Flavor Nuggets!*

IF YOU CAN BOIL WATER, get Uncle Ben's sensational new Rice Mixes and you're all set to serve up a whole new world of delectably different, *non-party-better* Wild Rice, Spanish Rice, and Curried Rice dishes!

All sorts of perfect rice dishes are easy as boiling water with Uncle Ben's Rice Mixes. They're the most complete rice mixes ever made... with all the rice and spice... that Uncle Ben's exclusive *Flavor Nuggets!*

The flavor secret is in the *Flavor Nuggets!*

The very essence of all the exciting herbs, spices and flavors no other mix has captured... all sealed in till cooking starts!

Simple Simon CREAM PIES

New Graham Cracker Crust

2 for 89¢

All Flavors

COOK-OUT HEADQUARTERS

Carnation Canned Milk

6 FOR 59¢

Modern Gem—No. 1 Tall Can

Pillsbury Deluxe Cake Mix

4 for 1⁰⁰

All 41c Flavors

Ripe Olives

5 FOR 1⁰⁰

Del Rogue Freestone PEACH HALVES

Siskiyou PEAR HALVES

303 Size Can 5 for 1⁰⁰

Concord Light Meat TUNA

Chunk Style

4 FOR 89¢

Thrift Market

PAULSEN & GATES

Prices Effective Thurs., Fri. and Sat. Limit Rights Reserved LOTS OF FREE PARKING

STRAUSS CHOICE MEATS

Cavoman Brand Skinless Wieners lb. 49c

Randy's Beef or Veal Cube Steaks 10 for 98c

Fresh Lean Ground Beef 3 lbs. 1²⁹

Wisconsin Aged Red Rind Langhorn Cheese lb. 59c

Eastern Cured Lean Center Chops Smoked Pork Chops lb. 79c

Our Fresh Meats Are Not Prepackaged

Alber's Flapjack Mix

4 Pound Bag 45¢

Chase & Sanborn COFFEE

2 lb. tin 87¢

With Coupon Page A5 Today's Paper

Blue Bonnet Margarine

4 LBS 99¢

Alber's Flapjack Mix

4 Pound Bag 45¢

Hood River APPLESAUCE

No. 2 1/2 Size Can 3 FOR 89¢

NESTEA

100% Pure Instant Tea

Reg. 93c 1 1/2 Size 69¢

LETTUCE

Large Crisp Heads 2 FOR 25¢

Fab Detergent

Giant Size Package 59¢

GRAPEFRUIT CUCUMBERS BANANAS

Calif. White Slicing Size Golden Ripe

6 for 39¢
3 for 25¢
2 lbs. 25¢

Local Grown Spinach

Young and Tender

19¢ Pkg.