

## The Medical Roundup

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### Bunions: Should They Be Operated On?

Many middle-aged women who, in their youth, were unfortunate enough to wear shoes that were much too short for their feet, now have very painful bunions. Their two big toes, instead of pointing straight ahead as they do in primitive peoples, who have gone barefoot all their days) point way over toward the little toes. This causes a place on the inner side of each foot to stick out, and to take all the pressure of each shoe.

Some podiatrists help by applying a splint which tends to hold the big toe in a more nearly normal position, but the only permanent cure can be given by a good orthopedist who will operate and rebuild each joint. He must so rebuild it that the big toe will again point forward. Then, the woman will have to be careful to wear sensible shoes which will not again make bunions. Usually, it takes a while before the person can walk comfortably on the rebuilt foot.

Many people ask if I would advise having the operation, or if it would be better to "stick it out." Since the operation is not a serious one, and since there is mighty little chance of death or disaster, I think it would be best to have the work done. Especially if the woman is in her forties, she should ask herself if she wants to go hobbling along for another 40 years.

I use this same argument with women who greatly need a pelvic repair operation, or with women who are having spells of gallstone colic, or who have an unsightly goiter. Why not have the work done, so as to enjoy comfort for the next 10 or 20 years?

### The Menopause

So many women write me begging for more information on the problems of the menopause that I will here give the names of a few books on the subject, well-written by able women. I always maintain that the most helpful book on a disease should be the one written by a highly intelligent person who has had the trouble under discussion and has come through it well. The distresses that often go with the menopause can best be described by a woman of 50 or 55.

What can a man know about menopause, except for what women tell him? I feel so strongly about the importance of books written by patients about their diseases, that I now have some 470 such books in my library. I recently wrote a book called *Minds That Came Back* (Lippincott) which is made up of abstracts of 65 of the best of these books. I think it is one of the most interesting books I ever wrote, and it can give such help to many nervous persons.

Three good books on the menopause, written by women, are: *Facts About the Menopause* by Maxine Davis (McGraw-Hill); *The Changing Years* by Madeline Gray (Doubleday); and *You'll Live Through It* by Dr. Miriam Lincoln (Harper's).

Dr. Alvarez has an informative booklet on the menopause which clears up the mysteries surrounding this phase of life. To obtain it, send 25 cents and a large...

### Creation of PUDs Will Be Retained

Salem—The finance subcommittee of the Oregon Constitutional Revision commission has approved retaining that part of the state constitution relating to creation of People's Utility Districts.

But at the same time the subcommittee, headed by State Sen. Donald R. Husband (R-Eugene) favored striking several parts letting PUDs conduct elections, incur debt and make tax levies. These provisions under the subcommittee plan, would become part of the statutes.

The subcommittee also passed a new provision that would allow municipal corporations to spend money to create private corporations to operate public transportation facilities. However, the subcommittee left alone the part about forbidding municipal financial support of strictly private operations.

## Television's Top Awards Given To Broadway Figures

Hollywood — Broadway captured television's four top acting awards Tuesday night at the 14th annual Emmy ceremonies with seasoned theater veterans E. G. Marshall, Shirley Booth, Julie Harris and Peter Falk winning performing statuettes.

Miss Booth was voted the best actress Emmy for her weekly portrayal in "Hazel," the busy-body, big-hearted maid.

Marshall, playing a battling defense attorney in "The Defenders," walked off with the best actor in a series award. His show won three other Emmys, including best dramatic show of the year.

Audience in Hollywood, New York and Washington, in addition to viewers of the nationally telecast program, saw Miss Harris break into tears when she accepted her award as best actress in a single performance for "Victoria Regina."

Falk, in the role of a tough but sentimental truck driver, was voted best actor in a single performance for "The Price of Tomatoes."

Members of the 6,000-member National Academy of Television Arts and Sciences voted a "prestige award" to Mrs. Jacqueline Kennedy for her part as hostess in a tour of the White House.

The presentation was made by Supreme Court Justice William O. Douglas. It was accepted by Mrs. Lyndon B. Johnson who said, "I know how pleased and surprised Mrs. Kennedy will be. It is her feeling the White House belongs to all peoples of America."

"Program of the Year" award was given the producers of "Victoria Regina."

Norman G. Gallucci, son of Mr. and Mrs. Alfred Gallucci, 4297 Table Rock rd., has been commissioned a second lieutenant in the U.S. Air Force upon graduation from Officer Training school at Lackland Air Force base, Texas.

Lieutenant Gallucci is a graduate of Southern Oregon college and is being assigned to Keesler Air Force base, Miss., for further training as a communications and electronics officer.

Edie Adams, Ernie Kovacs' widow, appeared at the Hollywood Palladium on the arm of Eddie Fisher and accepted an Emmy shortly before the tele-

cast for her late husband's "Ernie Kovacs Show."

Federal Communication Commission Chairman Newton W. Minow who jolted the video industry with his "vast wasteland" speech last year appeared on the show to "pay tribute to the high purposes" of the academy.

David Brinkley was the recipient of two awards for his "Brinkley's Journal" and shared honors with fellow newsmen Chet Huntley for their "Huntley-Brinkley Report."

Newhart acted as master of ceremonies from Hollywood's

Palladium with Brinkley in charge of the Washington activities from the Sheraton-Park hotel, and Johnny Carson emceed from the Astor hotel in New York.

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## Your Money's Worth



By SYLVIA PORTER  
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### DON'T DROP OUT, KID

Don't drop out, kid! School will be over in a few weeks, millions of youngsters will be pouring out of our elementary and high schools, huge numbers will get summer jobs, have summer romances, be delighted over their ability to earn a weekly paycheck, be entranced at the prospect of marrying the beloved one—be tempted to drop out from school, keep earning that paycheck and set up homes of their own.

Don't do it, kid! Don't. For if you do, you'll bitterly regret it for the rest of your life. You yourself will condemn yourself to the economic underworld. You yourself will so handicap yourself that through all the years ahead, you will be either in the low-paying service industries or submarginal factories or in the dulllest of occupations, and periodically you'll be in the ranks of the unemployed.

This is not preaching or guesswork. This is certainty. And below you'll read both statistics and statements from an authority in this field—Louis F. Buckley, newly-appointed New York Regional Director of the U.S. Labor Dept.'s Bureau of Employment Security—which I hope will frighten you into swearing you won't drop out.

The plain fact is that the jobs of the 1960s and 1970s will demand education and training on a scale never before even approached in the United States. As Buckley wisely points out, two generations ago our immigrant grandfathers came to America in which there was a great demand for unskilled workers; their lack of education was not a handicap. A generation ago the majority of our working people did not have high school education; industry operated on a much lower level of skill and the youth who quit school at 16 could begin as a laborer, pick up skills as he went along.

But today the situation is dramatically different. In the years ahead the climbing emphasis on mechanization of our production facilities, the increasing substitution of machines for men will actually result in a relative decline in the number of industrial laborers needed. Warns Buckley:

"In tomorrow's automated world, only the skilled will find the path smooth. The untrained or uneducated will not be able to design, produce, install, service, or operate the machinery of the future. They will constitute a new disadvantaged minority group in the American labor force—increasingly handicapped in competing for jobs because of the greater availability of better educated workers and decreasing opportunities for the unskilled workers."

The handwriting is on the wall in letters 10 feet high for you to see right now. During the 1959-60 recession the jobless rate for those with less than high school education was 8 per cent, for high school graduates it was about 4 per cent; for those with additional education it was around 2 per cent. It is the unskilled who fill our pools of long-term jobless—the unskilled young and old.

For our national survival we need you as an educated, trained person. For your personal survival you need the identical thing. For here is the way Buckley predicts the job picture is going to be:

The most important growth in jobs will be in the professional and technical occupations—with particular need for engineers, scientists, such types of technicians as engineering aides specialists. This group will show a tremendous growth of over 40 per cent in the next decade, against an anticipated rise of 20 per cent in total employment in our country.

Clerical and sales occupations will come second with a rate of growth of almost 30 per cent. The manager, official and proprietor occupational group will rise about 25 per cent.

Among the blue-collar occupations, by far the largest relative growth will come in the skilled worker group—expected to rise about 25 per cent during the 1960s.

The semi-skilled group will grow at a slower rate than total employment and the unskilled group won't grow at all.

Go to school to get manual training if this is your inclination, or go to school to get a broad education with the objective of specializing in college and graduate school. We need both. But go to school. Don't, don't drop out this summer.

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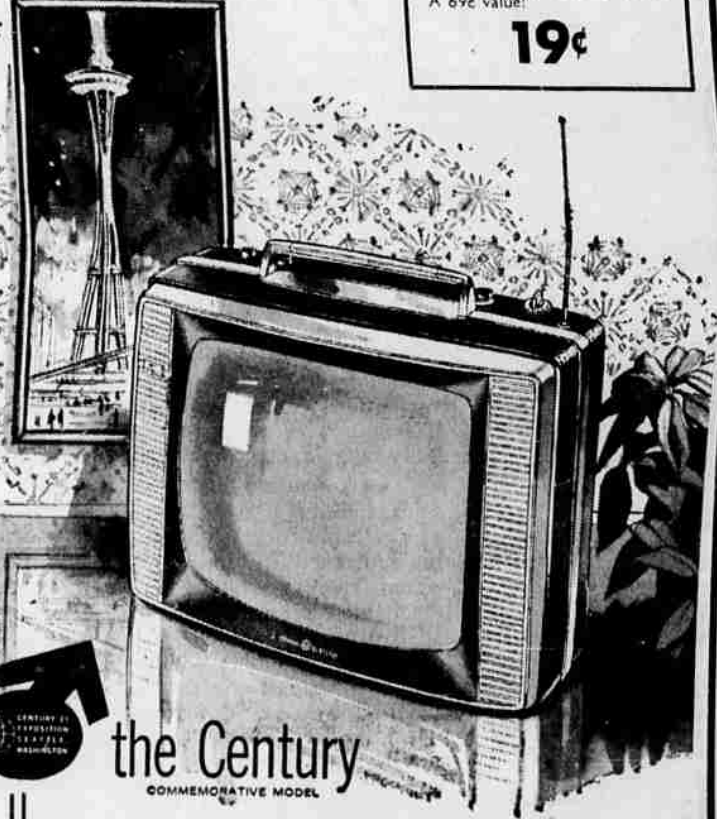
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