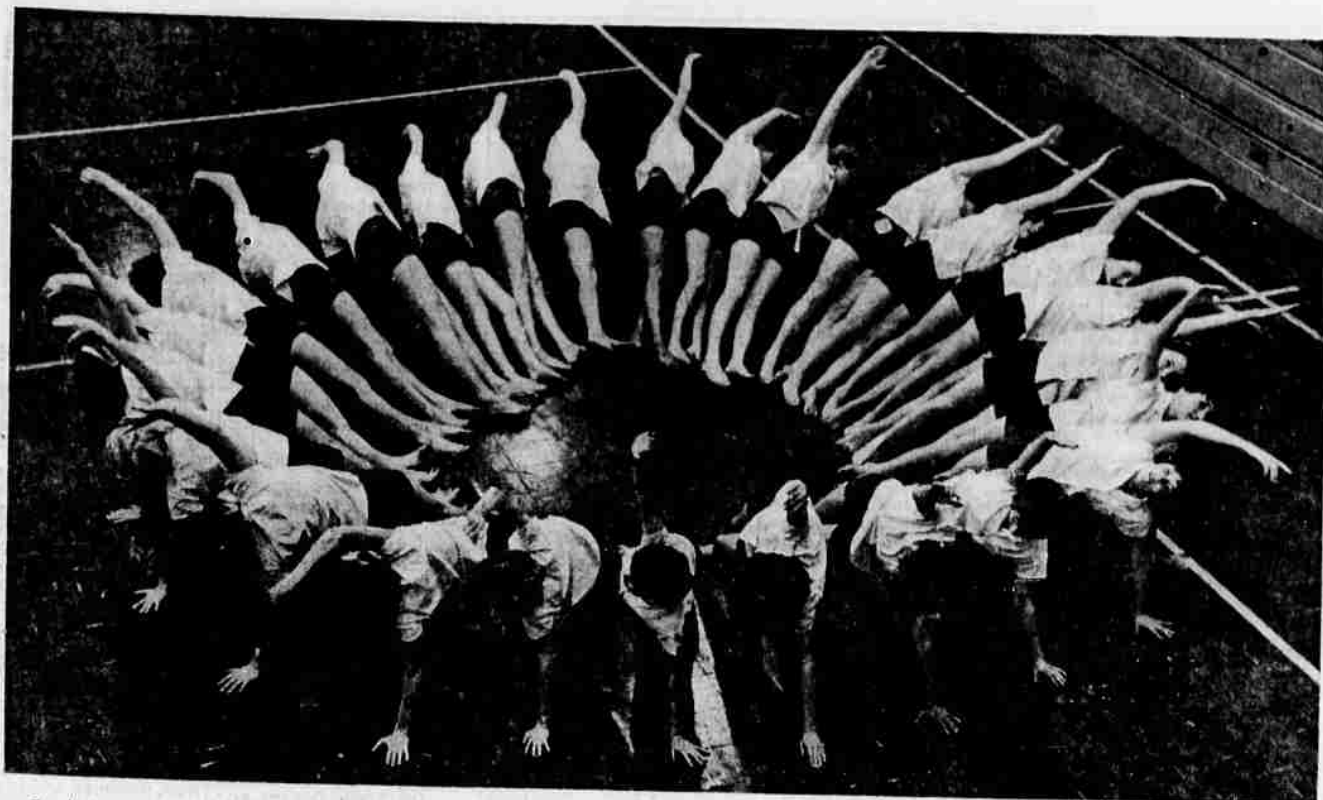


Physical Education Jamboree



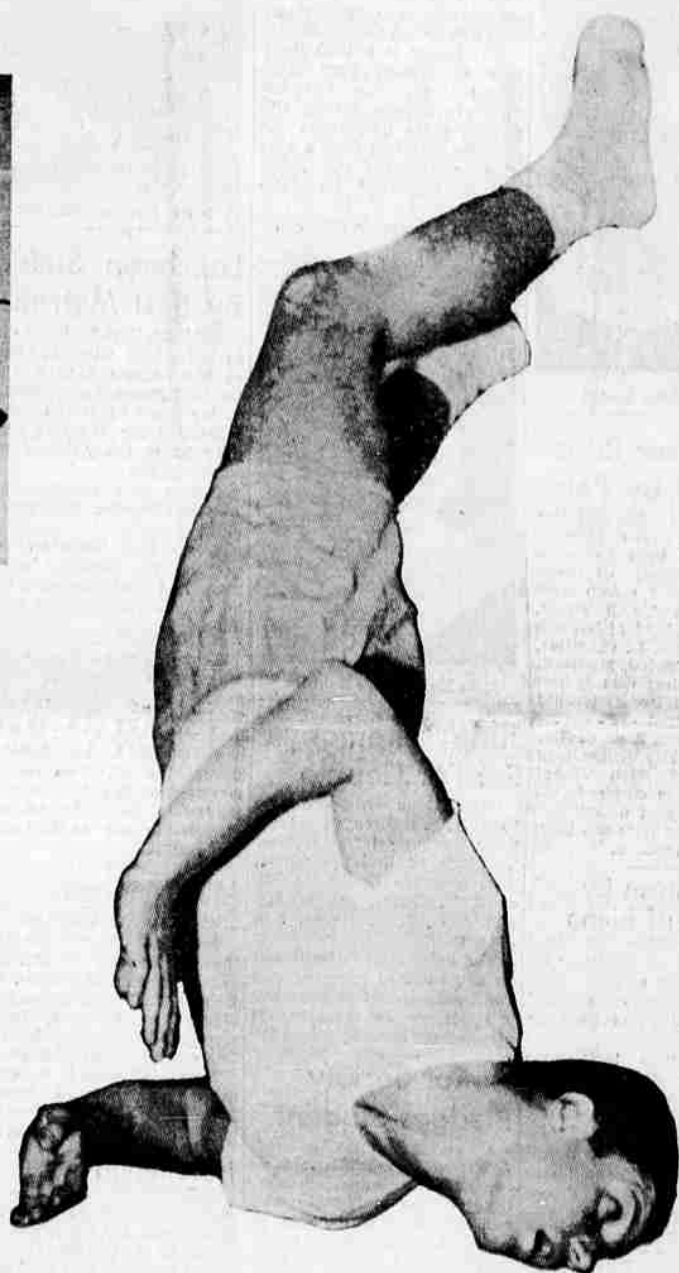
To show parents and school patrons part of the physical education program of the Medford public school system, a physical education jamboree was held at Hedrick Junior High school gymnasium. Children from elementary, junior and high school took part. Here girls of the eighth and ninth grades of McLoughlin school, coached by Mrs. Sandra Weller, are seen in a contemporary dance routine.



Boys in gymnastic classes learn to dive over a "Swedish box" to develop skill in landing safely. Pictured in the middle of a dive are Dave Quitt (at left) and Greg Gandee of Medford High school.



Combative sports, such as wrestling, are important to help boys develop strength and agility. At the jamboree Mike Miller (at top) and George McNoir engaged in a demonstration match.



Planning the jamboree were Fred Spiegelberg (at left) coach and physical education teacher at Medford High school; Lee Ragsdale (center) superintendent of health and physical education for the entire Medford system and Glen Schireman who will direct the program at Medford High school next year.



Hoover school pupils demonstrated a folk dance. Singing games, rhythm exercises and simple dances teach poise and balance and are a valuable social experience for children.



Both boys and girls enjoy games and circle tag, played here by Oak Grove fifth and sixth graders, is taught in gymnasium classes and then used as playground exercises at recess. About 300 pupils from all schools took part in the jamboree.



Jump stick relay races, which improve a child's running and jumping skills, were demonstrated at the jamboree by Griffin Creek school pupils. Ted Lyons (center of page) senior at Medford High school gave a trampoline demonstration; trampolines, bar work and other exercises are incorporated into gymnastic classes.