

Feeding the Family

By ZOLA VINCENT
Food Editor

Glamorous Frozen Dessert Tri-layered Excitement

The most exciting frozen dessert we've enjoyed in a long time. This easy-to-do but glamorous dessert is worthy of a very special occasion. Three favorite fruits, lemon, avocado and grape are responsible for its beauty and distinctive flavor.

Here is a three layer, three color, three flavor ice cream with a one color base. Pour one large can of evaporated milk into mixing bowl. Chill in freezing compartment of refrigerator until crystals form around edges. While milk is chilling, prepare the following ingredients in three separate bowls:

Lemon—Combine one-fourth cup sugar, one tablespoon lemon peel, one-fourth cup fresh lemon juice.

Grape—Add one-fourth cup sugar to one-fourth cup grape juice and one-fourth cup fresh lemon juice.

Avocado—Add one-fourth cup fresh lemon juice to one-half cup mashed and strained avocado pulp; blend in one-fourth cup orange juice, one tablespoon grated orange peel, one-half cup sugar.

Whip chilled evaporated milk until very stiff. Divide into thirds, folding one-third of the whipped milk into each of the fruit mixtures. Pour grape mixture into refrigerator tray; then a layer of avocado. Top the tray with the lemon layer. Freeze until very stiff. Forget about it until you are ready to serve.

Slice, using two slices to a serving. Six handsome servings.

**Salad Bowl Combs
Fresh Vegetables**
With so many fine salad dressings and salad dressing mixes on the market, it is easy to make everybody happy by offering "undressed" vegetables and a choice of dressings.

Here are time-tested and very good combinations of raw vegetables for tossing: Grated beets, spinach, Romaine lettuce, cucumber, cabbage, endive, tomatoes, red cabbage, apples, celery, carrots, red radishes, scallions, escarole, celery, tomatoes, cucumber, radishes.

... carrots, tomatoes, water-cress ... spinach, tomatoes and green pepper. Leafy greens, broken bite-size. Other vegetables sliced, or shredded.

Hens Working Overtime; Cackleberries Big Value

There's a super abundance of nutritious, versatile eggs. Hens of the western states are doing more than their share so the eggheads (smart ones) in this business suggest that we show our appreciation by consuming more of this valuable food. A mathematician once counted 742,368 ways of using eggs and we'll wager he didn't count these good Omelet Variations.

We can't think of a finer way to use up our increased share of eggs than to make an omelet; any one of a dozen kinds. Only difference between flat omelets and fluffy ones is that you beat the egg yolks and whites separately to make them fluffy.

Figure on two eggs per person, one tablespoon of milk to each egg and seasonings to taste. Pour into a frying pan containing melted fat. Cook over low, and we do mean low, heat until omelet is lightly browned on bottom. Cover and cook until "set." Crease through center, fold over and roll omelet onto a hot platter.

Dress up an omelet with a mushroom sauce, tomato sauce, cheese or Spanish sauce or top it with creamed vegetables or meat for a luncheon or supper specialty.

For a sweet omelet, add jelly marmalade just before rolling. Many like to pass dairy sour cream with this.

Spices and herbs that have a special affinity for eggs include basil, caraway, dill, marjoram, rosemary, savory and thyme.

Sandwich Crunch
For a crunchy, delectable sandwich filling, blend together honey, peanut butter and poppy seeds. The honey adds the sweetness that children love and the crunchiness of poppy seeds adds further eating interest.

Ginger Pie Crust
Here's a surprise to spring on pie lovers. Blend wonder-

ful flavor of ground ginger into pie crust dough. One-fourth teaspoon for a two crust pie will do the trick. **Mother Likely to Get Bird; Poultry Best Buy**

Poultry is the big thing as we plan festivities of any size. Not only is poultry the best buy, but it comes in all sizes. There are broiler halves for browning and barbecuing indoors or outdoors.

There are frying size chickens for piling high on a big platter; hot one day, cold the next. There are stewing chickens for fricasseeing in dairy sour cream with pimientos added for new flavor interest; for doing in a sweet and sour sauce in the Hawaiian manner, or in a tomato and chili sauces for those who favor Mexican foods. Or consider a chicken curry with rice and the usual East Indian accompaniments.

Turkey Ways. If there's a gathering of the clan, turkey is far the best buy, easiest to prepare and most satisfying for the cook's admirers. Turkeys vary in weight, as you know. The younger ones may be broiled, fried or roasted. The larger birds may be roasted whole, half or quarter.

Stewed Turkey—If you want turkey for sliced meat platters, turkey sandwiches, salads, in creamed a la king or other "made" dishes, consider stewing it. For stewing, place turkey pieces in heavy kettle with a tight lid. Add water to half cover plus one-half teaspoon salt for each pound of ready-to-cook weight turkey. Add carrot, onion, celery, clove, peppercorns; simmer gently for two to four hours, depending on size of turkey. Cool and refrigerate promptly. Use the broth for soup.

Strawberries have spotlight as Maytime dessert; big and beautiful, most of them will be eaten "as is" with cream, whipped cream, dairy sour cream or in strawberry shortcake. Avocados are abundant. Plenty of grapefruit, oranges, lemons. California cantaloups are getting ready to roll.

Vegetable Bounty. Artichokes, asparagus, green onions, cabbage, cauliflower, celery, carrots, squash, lettuce, green peppers, and the standbys we couldn't get along without, potatoes and onions are on good supply.

Airports Lead in Air Conditioning

New York—(UPI)—Perhaps it's only logical, but airports are the leading users of air conditioning, according to a survey.

All but 10 of the nation's 62 major terminals are fully air conditioned, a ratio higher than any other type of structure, reports the Carrier Information Service.

The first complete air conditioning system in air terminals was installed at Washington National airport in 1941 by industry pioneer Willis Carrier, the report said. Only nine other full systems were set up by 1956, but 27 were built in the next five years and another 15 now are in the works.

Largest of all is the cooling system at New York's Idlewild airport, where nine machines in one utility building serve 10 other terminal structures scattered over 655 acres. Idlewild, with 6,300 tons of cooling capacity, has expanded so rapidly that another 3,000 tons is being added.

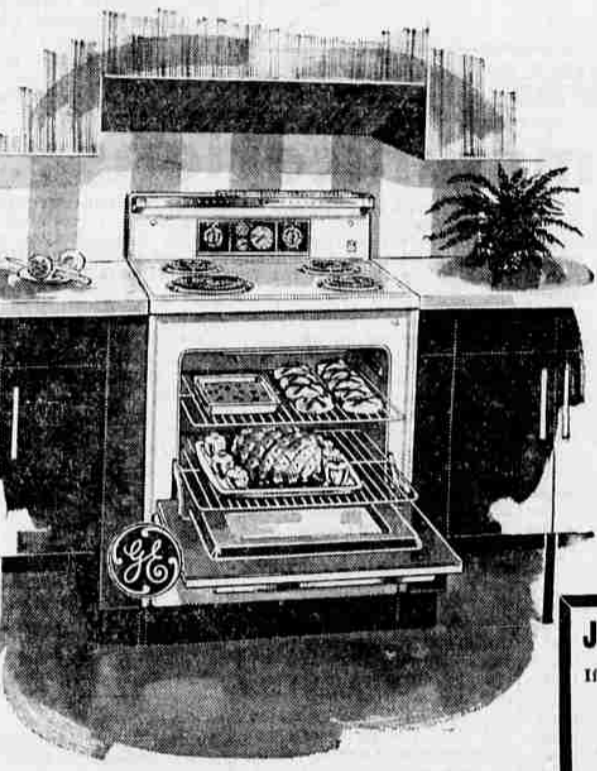
Oh, my aching back



Nagging backache, headache, or muscular aches and pains may come on with over-exertion, emotional upsets or day to day stress and strain. And folks who eat and drink unwisely sometimes suffer mild bladder irritation... with that restless uncomfortable feeling. If you are miserable and worn out because of these discomforts, Doan's Backache Kidney Pills often help by their pain relieving action, by their soothing effect to ease bladder irritation, and by their mild diuretic action through the kidneys—tending to increase the output of the 15 miles of kidney tubes. So if nagging backache makes you feel dragged-out, miserable... with restless, sleepless nights... don't wait... try Doan's Backache Kidney Pills... get the same happy relief millions have enjoyed for over 60 years. Ask for large, economy sized save money. Get Doan's Backache Kidney Pills today!

BIG TOP SALE

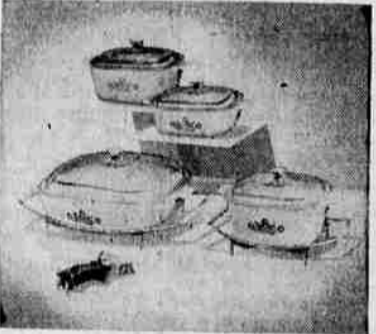
CARNIVAL OF APPLIANCE VALUES!



G-E HI-SPEED 30" RANGE

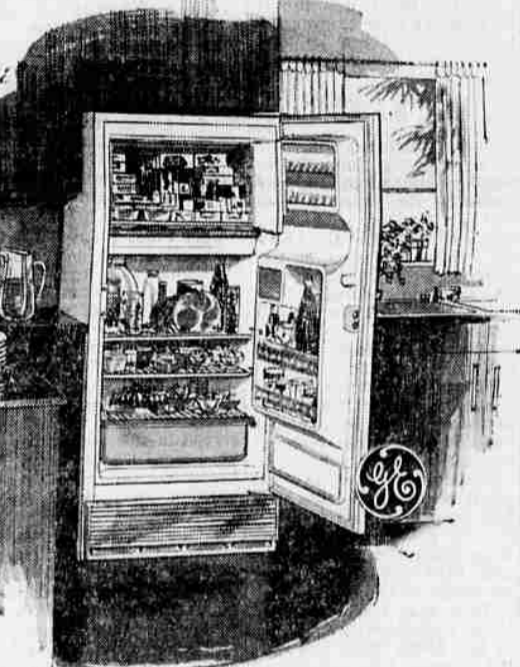
FREE CORNING WARE

This wonderfully convenient and compact range is packed with quality G-E features. All but one of our line of G-E ranges has a Corning Ware set delivered with it at no charge during the BIG TOP SALE. Figure it out—the J-302 range at \$229.95 and the Corning Ware at \$24.95 add up to \$254.90 worth of merchandise.



J 302 Range \$229.95
If you have average TRADE IN 40.00
YOU PAY ONLY **\$189.95**

PLUS . . . EVERY G.E. RANGE PURCHASER GETS FREE (24.95 Value) CORNING WARE SET NOW DURING BIG TOP SALE!



G.E. FAMILY SIZE REFRIGERATOR

11.5 Cubic Foot Refrigerator Freezer Combination
Zero Degree Freezer, 2 Cu. Ft.
Auto. Defrost Refrigerator, 9.5 Cu. Ft.
2 Egg Shelves (18 Eggs), Butter Compartment
Magnetic Safety Door—Door Stops

TA 242 W Refrigerator 298.88
less Hapco Size Avg. T.I. 50.00
\$248.88

MOBILE-MAID DISHWASHER

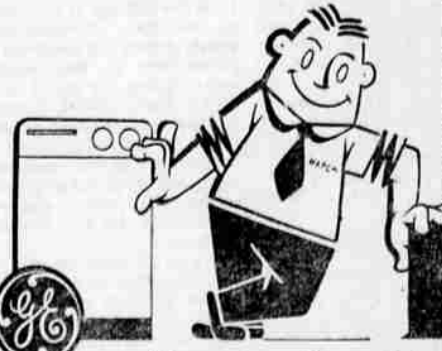
Mobilmaid Dishwasher, SP102, Brand New
No Plumbing Costs
Easy Roll Casters
1/3 Horse Power G-E Motor
Flush-Away Drain
Vinyl Interior
Satin White Server Top
Giant Nema, Capacity for 12

\$138.88



Figure the value for yourself . . . if you buy the range illustrated in this ad, and have an average trade in, a total of \$254.90 worth of merchandise will be delivered to your home for only \$189.95 total cost. What a value!

Your delight with an appliance through the years depends on service. Service is personnel plus constant training plus an investment in parts plus affiliation between local dealer and service inclined manufacturer—Hapco's happy, well-trained service men and big parts supply plus the General Electric Company and its effective, service system make for substantial satisfaction through your years of ownership.



HAPCO.

Home Appliance Co. Stores growing with Oregon

115 EAST MAIN—MEDFORD and in Ashland

There is nothing "just as good as" General Electric

NEW CLEANING AIDS

"It works like Magic"



REMOVES CARBON, CARBONIZED GREASE, ETC. FROM FRY PANS, WAFFLE BAKERS, OVENS, POTS, ROTISSERIES AND GRILLS FREE RINSING IN HOT WATER.

MAGIC LEAF SILVER CLEANER—Clean silver without scrubbing! Reg. 1.25 **88c**

New Double Thread ONE WIPE DUST CLOTH Picks up and holds MORE dust. Washes up to 20 times. Get 2! **69c**

THE BEST! Amazing **TM-4** WASH-AWAY PAINT REMOVER simply flow on—let soften wash off WITH WATER



Brick-Nu . . . \$1.25 Makes bricks BRAND NEW Clean. Takes off winter's smoke and smudge!

Tilex 89c For Ceramic tile & mortar cleaner.

Open Friday Evenings Till 9—Free Parking

QUALITY AT LOWEST PRICES!
Tony Manno's **ACME HARDWARE CO.** SPECIALISTS IN HOMEWARES!
Tenth and Central Phone SP 2-5201