Social Events ✦ Women's News

These two imaginative Easter bonnets amused the guests at a benefit luncheon given last Monday at the home of Mrs. Harry Fitzpatrick, 2212 Buena Vista drive, but will probably not be seen at church Easter Sunday morning. Mrs. William Cady (at left) fashioned a hat of chicken wire with "coop" crown, decorated it with chicks and eggs and put a live chick in the coop. Guests reported that Mrs. Fitzpatrick's cat discovered the live chick soon after her arrival and followed Mrs. Cady wherever she went throughout the party. Pictured with Mrs. Cady is Mrs. Harold Kenyon, who wore a hat topped with flowers, Easter eggs and little bunnies. The party was a benefit for the auxiliary to Local 367, National Association of Letter Carriers. (Knackstedt photo)

Amy Lee Wins First Place In Annual Poster Contest

Amy Lee, daughter of Mr. and Mrs. Hang Lee, 275 Charlotte Ann road, and a sixth grade student at Jefferson school, recently was judged the first place winner of the annual Poppy poster contest conducted by the Medford unit of the American Legion auxiliary.

The judging was held at the Medford High school lecture center. Judges were Warren Wolf, William Stoughton, Robert Lowe and Robert Vroman. Mrs. Herb Gifford is the contest chairman for the auxiliary unit.

In second place was Cheryl Erickson, 23 Summit street, of Jackson school; and Robert Polski, 1501 Lenora drive, Roosevelt school was judged third place winner.

Honorable mention winners are Susan Garris, Griffin Creek school; Sarah Collins, Hoover school; Russell Morgan, Howard school; Jeanne Bowers, Lincoln school; Lanny Quackenbush, Lone Pine school; Earl Tye, Washington school; Michael Robinson, Wilson school, and Dennis Phillips, West Side school.

The poster done by Amy Lee is being sent to the department chairman of the auxiliary for state judging and will be returned after the department convention in June, unless judged first by the department. It then would go to national competition.

The other posters which placed in the competition will be on display in the window of Weeks and Orr furniture store May 21 through 26. This program is conducted in conjunction with the American Legion auxiliary poppy program in which crepe paper poppies made by veterans are offered for sale on the streets in May. Poppy days this year are May 25 and 26.

Howard Garden Club To Elect

Elections will be conducted by Howard Garden club members when they meet Tuesday, April 24 at the home of Mrs. G. G. Stagg. The nominating committee is made up of Mrs. N. F. Gier, Mrs. Robert Ottoman and Mrs. Clarence Black.

A plant sale also will be conducted during the meeting.

Delegates elected at the last meeting of the club to attend the spring district meeting of garden clubs at Talent held April 18 were Mrs. A. O. Floyd, Mrs. G. G. Stagg and Mrs. Ernest Gleason. Guests at the meeting were Mrs. Duane Bever and Mrs. C. L. Miller, Medford, and Mrs. Elma Niederer of Portland.

Council Session To Be Tonight

Weatonka council, Degree of Pocahontas, will meet tonight at 8 o'clock at the Redman hall on Apple street.

Last Thursday 15 members of the local council traveled to a meeting of Iona council, Yreka, Calif., for the official visit there of Mrs. Ethel Etzel, great Pocahontas of California for the order. She will make an official visit to the Medford lodge June 8.

Calendar

Saturday:

8:15 a.m. – Roxy Ann Gem and Mineral club, meet at Super Save Service station, Highway 62, White City, for field trip.

2 p.m. – Mothers of Twins club, park near National Guard armory, Easter egg hunt.

Couple To Return To Ranch Home

Wonder–Mr. and Mrs. Ross Campbell plan to return soon to their summer home, Echo ranch, on Slate creek. Mr. Campbell was at one time principal of Medford High school, leaving in 1925, and the couple now lives in Ashland during the school year since Mrs. Campbell is employed by Southern Oregon college.

Visitors Arrive At Hickman Home

Mrs. Arnold Sutherland, Barbra, Debra and Scott, of Redway, Calif., are guests at the home of her parents, Mr. and Mrs. W. B. Hickman, 539 North Holly street. Mr. Sutherland will fly to Medford Saturday, and join his family.

Miss Connie Dunagan, Red Bluff, Calif., also is visiting the Hickmans. She is their granddaughter. Miss Dunagan and Miss Barbra Sutherland will leave here Wednesday to return to Red Bluff, Calif., where they will visit together.

Miss Annette Jones, the Hickman's granddaughter from Central Point, was a week end guest.

Meeting Planned For Rose Society

A surprise program is being planned for the meeting of Medford Rose society set for Monday, April 23, at 7:45 p.m. in the Jackson county courthouse auditorium. Von Quackenbush is program chairman.

Members are asked to take with them a list of roses damaged by the low temperatures last winter.

Two Garden Clubs Hold Flower Show

Eagle Point – From the standpoint of participation, the flower show held recently by Eagle Point and Shady Cove Gardens clubs was one of the largest ever held here. "Bulbs for Beauty" was the theme.

Smokey the Bear stood on the corner platform just inside the entrance amid a forest setting of real trees, shrubbery, flowers, a lily pond, rocks and trailing ivy. Children crowded around the open gate to see and hear Smokey instruct them to be careful to keep his forest green. The setting was arranged by Mrs. Ted Flury and Mrs. Jack James of the Eagle Point club.

Mrs. Roy Thompson and Mrs. Delbert Spain of the Shady Cove club took charge of the silver tea held in the dining room of the Scout Community building. Mrs. Charles Cushman and Mrs. William Shepherd were show co-chairmen. Mrs. Lester Gorden, Central Point, Mrs. Arnold Bohnert and Mrs. R. D. Kay, Central Point, Mrs. Charles Stearns, Medford, Mrs. Olin V. Poe, Phoenix, and Mrs. E. A. Bay, Ashland, were judges.

Mrs. Charles Cushman of the Eagle Point club was the sweepstakes winner in the horticulture division and Mrs. Leah Bressler, Shady Cove, sweepstakes winner in the arrangement division.

Winners Listed

Winners in the horticulture division included:

Section 1, Narcissi, Class 1A, Mrs. William Shepherd, 1; Mrs. Leah Bressler, 2, Mrs. Ira Fitzgerald, 3; Class 1B, Mrs. Ann Williams, 1, Mrs. Shepherd, 2, Mrs. G. Perry, 3; Class 1C, Mrs. Shepherd, 1, Mrs. Leroy Cline, 2, Mrs. C. C. Hoover, 3; Class 2A, Mrs. Charles Cushman, 1 and 2; Mrs. Warren Barr, 3; Class 2B, Mrs. Cushman, 2; Class 2C, Mrs. K. Cote, 1, Mrs. Cushman, 2, 3; Class 3A, Mrs. Cushman, 1, 3, Mrs. Jane Slack, 2; Class 3B, Mrs. Mabel Molnar, 1, Mrs. Cushman, 2, Mrs. Warren Barr, 3.

Class 4A, Mrs. Cushman, 1, Mrs. Mary Brown, 2; Class 4B, Mrs. Shepherd, 1, Mrs. Cote, 2, Mrs. Mary Brown, 3; Class 5A, Mrs. Shepherd, 1; Mrs. Cushman, 2; Mrs. Hoover, 3; Class 5B, Mrs. H. Ferguson, 1, Mrs. Clifford Green, 2, Mrs. James Slack, 3; Class 6B, Mrs. Cushman, 1; Class 6C, Mrs. Cushman, 1; Class 7, Mrs. Gertrude Putman, 1, Mrs. Cushman, 2, Mrs. Cote, 3; Class 8, Mrs. Shepherd, 1, Mrs. Green, 2, Mrs. Judy Orchards, 3; Class 9, Mrs. Cushman, 1; Class 10, Mrs. Cushman, 1, Mrs. Green 2, Mrs. Hoover, 3.

Section II, hyacinths: Class 11, Mrs. Cushman, 1, Mrs. W. E. Davies, 2, Mrs. Hoover, 3; Class 12, Mrs. Orcharde, 1, Mrs. Brown, 2, Mrs. Shepherd, 3.

Section III, tulips: Class 13, Mrs. Green 1, 2, 3; Class 15, Mrs. Perry, 1; Class 16, Mrs. Cushman, 1, Mrs. Green, 2, Fitzgerald, 3; Class 17, Mrs. Perry, 1; Class 18, Mrs. Cushman, 1, Mrs. A. T. Wilson, 2, Mrs. Green, 3; Class 19, Mrs. Green, 1.

Section IV, iris: Class 20, Mrs. Green, 1.

Section V, daisies: Class 22, Mrs. Cline, 1.

Section VI, anemones: Class 24, Mrs. Cushman, 1, Mrs. Ted Flurry, 2, Mrs. Shepherd, 3.

Section VIII, violas, Class 25, Mrs. Green, 1, Mrs Cushman, 3; Class 26, Mrs. Shepherd, 1, Mrs. Green, 2; Class 27, Mrs. Wilson, 1, Mrs. Green, 2, Mrs. Cushman, 3.

Section IX, other spring bulbs: Mrs. Warren Barr, 1, Mrs. Cushman, 2, Mrs. Brown, 3.

Section X, Blossom Flury, 1, Mrs. Cushman, 2, Mrs. Wilson, 3.

Section XI, Class 28, Mrs. Wilson, 1, Mrs. Floyd Kelly, 2, Mrs. Cushman, 3; Class 29, Mrs. Ann Williams, 1, Mrs. Wilson, 2, Mrs. Anna Davies.

Section XII, primroses: Mrs. Gertrude Putman, 1, Mrs. Flury, 2, Mrs. Flury and Mrs. Cushman, 3.

Section XIII, potted plants: (a) Ira Fitzgerald, (b) Mrs. Hoover, 1, Mrs. Brown, 2, Mrs. Charles Martin, 3.

Division II, bloomcycle: Mrs. Green, 1, Mrs. Flury, 2, Mrs. Green, 3.

Arrangements

Division III, arrangements: Novice, Section I, "Spring Housecleaning," Mrs. Alma Grow, 1, Mrs. Verta Thompson, 2, Mrs. Tommy Kimmel, 3; Class 2, Mrs. Cote, 1, Mrs. Kimmel, 2; Class 3, Mrs. George Field, 1, Mrs. Evelyn Stalker, 2.

Division III, Section II: amateur, Class 5, Mrs. Flury, Mrs. Joyce Spain, 2, Mrs. Verta Thompson; Class 6, Mrs. Maybelle Molmar, 1, Mrs. Davies, 2, Mrs. Walter Turner, 3; Class 7, Leah Bressler, 1, Mrs. Ann Williams, 2; Class 8, R. A. Pfeifer, 2, Mrs. Turner, 3; Class 10, Mrs. Green, 1, Mrs. Bressler, 2, Mrs. Cote, 3; Class 11, Mrs. Green, 1, Mrs. Bressler, 2, Mrs. Davies, 3; Class 12, Mrs. Shepherd, 1, Mrs. Cushman, 2; Class 13, Mrs. Bressler, 1, Mrs. Shepherd, 2, Mrs. Wallace West, 3; Class 14, Mrs. Cline, 1, Mrs. Clifford Moore, 2, Mrs. Cushman, 3; Class 15, Mrs. Mary Taylor, 1, Mrs. Bressler, 2, Mrs. West, 3; Class 16, Mrs. Shepherd, 1, Mrs. Cushman, 2, Mrs. R. A. Pfeifer, 3; Class 17, Mrs. Davies, 1, Mrs. Bressler, 3.

Section IV; Class 18, Mrs. Marie Shere, 1, Mrs. Shepherd, 2, Mrs. West, 3.

Section V; Class 19, Mrs. Shepherd, 1, Mrs. Cline, Mrs. Orcharde, 3; Class 20, Mrs. West, 1, Mrs. Shepherd, 2, Mrs. Evelyn Stalker, 3; Class 21, Mrs. Bressler, Mrs. West, Mrs. Julia Davies.

Division III, Section VI: Class 22, Mrs. Bressler, 1, Mrs. Cushman, 2, Mrs. Shepherd.

Section VII, Garden Clubs: Class 23, Eagle Point, 1, Central Point, 2, Shady Cove, 3.

Junior Division

Division IV, Junior horticulture: Section 1, narcissi, Chuck Kimmel, 1; Iris, Wally West, 1; tulip, Kevin Kimmel, 1; cacti, Kevi Nelson, 1; small cacti, Bobby Nelson.

Division IV, Section II: Class 24, boy arrangements, Wally Vaughan, 1, Chuck Kimmel, 2, Craig and Eric Meyer, 2; Class 26, Lorraine Carlton, Jean West, 1, Jacque Carlton, 2; Class 27, Lorraine Carlton and Karen Nelson, 1.

PTA Life Membership Awarded Music Director

Happy Camp – James Tristan, music director of Happy Camp schools, was awarded a life membership in the Happy Camp Parent-Teacher association here at a recent meeting in appreciation of his work with the youth of the community and for raising standards of music taught in the schools.

Mrs. Lloyd Westby, unit president, awarded the pin.

Mr. Tristan came to Happy Camp in 1957 as music director of both the elementary and high schools. He states that the first year was spent in preparing the music students to achieve a level of quality necessary to compete in the Siskiyou county music festival. After the first appearance in the festival, band and chorus members realized that the competition for ratings is keen and that hard work is required to attain them, he states.

He organized a program which includes a beginning band, and intermediate and apprentice band and the regular high school band. He states that the program has been successful.

Mr. Tristan also set up the annual Arion award concert, now in its fourth year. The top graduating senior in the music department is chosen, with judging on music ability, scholarship and community participation. The student is presented a trophy at the concert.

The students have appeared in county festivals, on KIEM-TV in Eureka, appeared in a concert at Southern Oregon college, Ashland, and some students took part in special activities at the University of the Pacific, Stockton, Calif., this year.

The PTA unit voted to send eight members of the executive board to a workshop at Chico rather than send one delegate to the state convention.

It was announced by the high school principal, James Foote, that an immunization clinic will be held Thursday, April 26, at the multipurpose room of the Elementary school. The Siskiyou County Health department will be in charge, and the clinic will be for school students, pre-school age children and adults. Mr. Foote urged all parents to see that all children have their preventive shots since fall semester students enrolling must have proof of their immunization.

Mrs. Elmer Orrell, health chairman, announced that the Well Baby clinic will be held April 24 from 8:45 a.m. until noon at the fire hall in the upstairs room. According to Mrs. Orrell the new location will relieve the crowded conditions at the doctor's office. The doctor will be available at the Well Baby clinic for approximately one hour for special cases, with Mrs. Orrell on duty the remainder of the time for immunizations.

The next PTA meeting has been scheduled for May 1, which is one week earlier than the regular meeting date, to coincide with open house at the Elementary school. This meeting will also feature a flower show; winning arrangements will be displayer at the meeting, and the others on display in the rooms.

The program for the evening was given by the beginning band in their first performance of the term with three selections under the direction of Mr. Tristan.

James Tristan

Four Are Guests Of Fellowship

Gold Hill – Mr. and Mrs. Bob Pruitt and family, and Mr. and Mrs. Peter Munday, Grants Pass, were guests at a recent fellowship dinner held at Gold Hill Christian church. Mr. Pruitt is a former minister of the church.

Miss Joanne Hilkey gave a serious reading, "The Crucifixion." An impromptu quartet, composed of Leonard Andrews, the Rev. O. L. Kendal, a retired Methodist minister, Mr. Pruitt and Miss Jean Cunningham, minister of the Gold Hill Christian church, sang a special number. This was followed by a duet by Mr. Andrews and Rev. O. L. Kendal. Showing of a religious film climaxed the evening's activities. It was entitled "The Road Back."

Stuffed Fish Fillet Is Easily Prepared

New York – (UPI) – Stuffed fish fillets are easy to make. Using 1 pound of fillets, place each on flat surface, put 2 tablespoons of your favorite bread stuffing at one end, roll each fillet and secure with toothpick. Place rolls in shallow baking dish and cover with 1 cup (one 8 ounce can) of tomato sauce. Bake 10 to 15 minutes in preheated 375-degree oven.

Chapter To Hear Talk About Corps

Epsilon chapter, Delta Kappa Gamma, will hear a program on the Peace corps at a meeting to be held Saturday, April 21. It is set for 2 p.m. in the Girls Community club, Medford.

The talk on the corps will be given by Dr. Betty Lou Dunlop of Southern Oregon college.

Stanley Ferris To Be Caller For Twirlers

Stanley Ferris, regular square dance caller for the Ferris Wheelers of Grants Pass, will be the guest caller for Medford's Y-Knot Twirlers at the Phoenix Community hall at 8 p.m. Saturday, April 21, according to president Ray Dallaire.

The Twirlers gave a number of square dance demonstrations during the Lions Sportsfair at the Armory in Medford.

All square dancers are invited to attend the regular dances of the Twirlers which are held on the first and third Saturdays of each month, Mr. Dallaire said. Potluck refreshments are served at all events.

"The grace and precision of experienced square dancers seem unobtainable to most onlookers," Mr. Dallaire stated, "but actually square dancing is a form of recreation that can be enjoyed by almost everyone." Former square dancers who would like to "brush up" on the latest figures before attending regular dances are encouraged to participate in the series of lessons now being offered by the Twirlers' instructor, Arthur Shoemaker of Central Point. Classes are held at 8 p.m. each Friday night at the Phoenix Community hall.

OEA Banquet Set Tuesday

Four Jackson county teachers who will be retiring at the end of the school year will be honored and new officers will be installed when Jackson County unit, Oregon Education association, holds the annual spring banquet.

The event is set for Tuesday, April 24, at Rogue Valley Country club.

Arnold W. Wolpert, west coast regional field director for the National Education association will be the main speaker.

School administrators, teachers, retired teachers and interested persons are invited to attend.

Sams Valley Woman Honored at Shower

Sams Valley – Mrs. Wilbur Berkeiner was honored at a shower held recently at the home of Mrs. Frank Bain, Duggan road, in Sams Valley. Mrs. William Miller was cohostess.

Mrs. Bessie Davis decorated the cake, which was served for refreshments.

Other guests who attended were Mrs. Owen Berkeiner, Mrs. Orval Mose, Mrs. Harold DeVos, Mrs. Wesley McDonough, Mrs. Edgar Pleasant, Miss Cynthia Pleasant, Miss Linda Bain, Miss Linda Berkeiner, Miss Yvonne DeVos, all of Sams Valley and Mrs. Marvin Woodland, Medford.

Grand Guardian Yreka Visitor

Yreka – Mrs. Lee Morford, deputy grand guardian of District 95 of California, International Order of Job's Daughters, paid her official visit to Bethel 69 of the order. She was greeted and presented a gift.

Initiation was held for Sandra Jo Foss, Hazel Outsen, Susan Bodenlos, Sandra Scammell, Linda Marlow, Sherrie Friedman and Ellyn Brown.

The meeting was followed with refreshments in the dining room.

Missionary Council Has Recent Meeting

Gold Hill – The last meeting of the Women's Missionary Council of the Gold Hill Assembly of God church was held at the home of Mrs. William Price, president of the group, in Sams Valley. She took charge of devotions and conducted the business session. Mrs. Joseph Buchanan presented the scripture.

Following a potluck luncheon at noon, the women did hand work for their missionary project.

The next meeting will be an all day session on April 19 commencing at 9:30 a.m.

Tickets On Sale For Show

Tickets for the variety show which the program bureau of Brigham Young university will present in Ashland Tuesday, April 24, are on sale at three business places. These are Purucker's and Lusk's in Medford, and Carr Jewelers, Ashland.

The show will be presented in the Ashland High school auditorium and tickets will be on sale at the door. Curtain time is 8 p.m.

Miss Jane Thompson directs the show, called "Around the World." It has a cast of 40 young people.

Featured will be the 3 D's vocal trio. The comedy trio has preformed with the program bureau for two years and last year won a trophy for being the outstanding small group of entertainers.

The 3 D's are Richard Davis, Duane Hiatt and Dennis Sorenson, all from Utah. They have received several recording offers and are considering a professional career.

Also included on the program will be the Comb's Twins, Beth and Ruth, from Oregon. They sing musical comedy numbers and folk tunes.

The International Folk dancers, directed by Mary Bee Jensen, will swirl through dances from Southern Europe, Israel, Philippines, Russia, and Eastern Europe. The 20 folk dancers do all their numbers in authentic costumes from the countries represented in the dance.

The popular BYU dance group was organized in 1953, and it has averaged 90 performances a year.

Final Meeting Set By Mothers

Oregon State Mothers club will hold the final meeting of the year Monday, April 23, at the Red Cross building at 7:30 p.m. OSU Dads will be guests at the meeting.

Following the installation of officers for the coming year, Miss Helen Moor, dean of women and Dan Poling, dean of men of Oregon State university, will speak.

Miss Moor will discuss "Home Away from Home" and Mr. Poling's topic will be "How to Anticipate Fall's Challenge." This will be followed by a question and answer period.

All principals of Jackson county high schools, together with graduating seniors and their parents, are invited to attend in order to learn more about Oregon State university.

Mrs. Poling will accompany the speakers to Medford and they will be house guests of Mrs. Curtis Stockstill.

Graduation Plans Made at Rogue River

Rogue River — Plans for the graduation of Rogue River kindergarten students were made at a recent meeting of the parents whose children attend the kindergarten. The graduation was held April 19.

Nineteen mothers attended the meeting which is the last to be held for this school year. Mrs. Charles Kelly, who will teach the kindergarten next year, was a guest. The hostesses, Mrs. Max Killingworth, at whose home the meeting was held, Mrs. William Bean and Mrs. Donald Dimick served refreshments.

Visits Gold Hill

Gold Hill – Mr. and Mrs. Roy Centers had as their guests for a week a granddaughter, Gayle Rivett, of Sacramento, Calif. She is the daughter of Mr. and Mrs. Dexter Rivett; Mrs. Rivett is the former Virginia Centers.

Meeting of Club Held in Prospect

Prospect – Prospect Pinochle club was entertained in the home of Mrs. Roscoe Larsen. Mrs. Hattie Salter won first prize and Mrs. Ruby Pontious, low and pinochle.

POTPOURRI

We've been writing this column for several years, and in all that time we can't recall any new book having resulted in as much material coming to our desk as the one written by Herman Taller, M.D. and entitled "Calories Don't Count."

Last Sunday we published two articles by local groups which were prompted, at least in part, by the book, and two others were submitted by national groups. Since there seems to be so much interest in the book, Potpourri is passing on the most recent comments.

Fred J. Stare, M.D., professor of nutrition, Schools of Medicine and Health, Harvard university, and associate in medicine, Peter Bent Brigham hospital, Boston, reviewed Dr. Taller's book and two others. He wrote:

Recent full page advertisements in many metropolitan newspapers extolling the "wonders" offered by the first of these books prompt these brief review comments.

The wonders are nil and ridiculous in terms of modern science. The "proof" usually offered by the authors consists largely of testimonials frequently concerning the author and members of his family. Seldom are the authors qualified by training, experience, or acceptance by their peers to attempt the advice given. The author of the first book (Dr. Taller's) is a physician, a gynecologist, and obstetician, but such training does not necessarily imply any competence in nutrition and biochemistry, a glance at this book reveals only how true this is.

Why then do such books continue to appear? Why do respectable publishing houses put out such trash? The answer, I have read, is that a health food book with sales of half a million copies will earn over $250,000 in royalties for the author, close to $1,000,000 for the booksellers, and $500,000 for the publisher. It is sad to report that probably half the nations major publishing houses have succumbed to the lure of health food publishing.

* * * * *

The release also contained a quotation from Merrill S. Reed, Ph.D., director of nutrition research of the National Dairy council. Of Dr. Taller's book, he wrote:

It is the consensus of respected nutritionists and physicians that this book is potentially quite dangerous. It operates from the fundamental theory that the metabolism of obese people differs from that of normal people. Such a difference has as yet not been shown. Furthermore, it suggests that certain types of fatty acids (the vegetable oils) have unique properties which tend to preferentially "cleanse" the body of its excess weight. This is an unfounded claim.

Futhermore, by overemphasizing the proper role of polyunsaturated fatty acids in the diet, this author has attempted to join the vegetable oil bandwagon which has yet to be shown to have any beneficial value. Although polyunsaturated fatty acids can be used to lower blood lipid levels, any long-term effect from the resultant decreased blood fats has not yet been demonstrated. On the other hand, there are suggestions that increased consumption of polyunsaturated fats may have potentially harmful long-term results. It therefore appears that this book is more of a disservice than a service to the public and that its use should be discouraged by sincere health leaders.

* * * * *

The American Dietetic association has joined the cry against Dr. Taller's book and has sent out a reprint of an article in the January 24 edition of the Wall Street Journal. The Journal article, with a Washington dateline, reads:

A note of caution to calorie watchers from Government scientists: They figure safflower seed oil is not an effective weight control remedy.

The Food and Drug administration announced it has seized 58,000 capsules of safflower oil at a United Whelan Drug Store warehouse in Brooklyn, N.Y., and 1,600 copies of the book "Calories Don't Count" by Dr. Herman Taller, an obstetrician and gynecologist, on the ground of misleading labeling. The government alleges that the capsule and accompanying books, sold as a promotional tie-in, deceptively represent that safflower oil capsules are an effective weight control remedy.

FDA officials said that books, as such, are not subject to the Federal Food, Drug and Cosmetic Act unless they are used as labeling material for products covered by the law. Malcolm R. Stephens, FDA director of enforcement, said the seizure of "Calories Don't Count" was similar to past agency action against false claims in point-of-sale material for foods, drugs and cosmetics.

The FDA says safflower seed oil is not an effective reducing aid and the amount of safflower oil recommended by the book for daily diet is not significant for any purpose.

* * * * *

To this we wish to add these thoughts: We think that somehow more courses about nutrition and diet should be put into the school curriculum—we know it's already overcrowded; we wish southern Oregon could attract a qualified consultant in nutrition and special diet who would set up a practice in this area.

Last—isn't it a pity that while more than half the world is on a starvation diet, one of the main health problems in the United States is obesity mostly caused by plain overeating? Where else in the world would a book on how to reduce attract as much attention as in the United States? O.S.

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