

In East Germany Mothers Work, State Babysits

Leipzig, East Germany—On sunny spring days one can see groups of small children playing games or spinning hula hoops under the supervision of girls in their 20's. The children, all under school age, are there because their mothers have been encouraged to work to help alleviate East Germany's pressing labor shortage.

East Germany's state-controlled nurseries are not designed just to take a child off mother's hands for a few hours.

If the child is small enough—four months to about a year-and-a-half—the nursery will care for it night and day, six days a week. The mother picks up the child on Saturday night when she finishes work and brings him back on Monday.

Children from one-and-a-half to about six can be left in the nurseries eight hours each day, and school age children can be placed in special classes after their regular school hours.

The charge is 3 marks (about 75 cents) a week.

A Leipzig university student who guided visitors about the city said "almost all young husbands and wives in this area have jobs."

He estimated that 80 to 70 per cent of the children spend part of their time in the nurseries, which are set up frequently in the factories where their parents work.

The girls who supervise the nurseries receive a 10-week training course, he said. They are paid an average working wage here—between 450 and 600 marks (\$100 to \$150) monthly.

The student said the Communists have instituted an elaborate system of rewards of East Germany's population shortage. (It now has a population of about 17 million compared to 63 million in West Germany. More than 3.5 million refugees have gone to the West since the end of World War II.)

A family receives 500 marks (\$125) for its first child, 780 marks (\$197) for its second, 890 marks (\$220) for its third and 1,000 marks (\$250) for its fourth, the student said.

For additional children the family receives 500 marks each, and from the seventh on Communist Party Chief Walter Ulbricht is an honorary godparent.

The student said children are allowed to receive only "good German names."

"You couldn't name one Bobby," he said.

He added that the state has a special program for helping unwed mothers, and requires the fathers to contribute 30 marks (\$7.50) each month until the child is 18.

"I know all about this," he commented wryly, "because I'm paying for one myself."

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Send Thirty-five cents (in cents) for this pattern—add 10 cents for each pattern for first-class mailing. Send to Alice Brooks care of Medford Mail Tribune, Needlercraft Dept., P. O. Box 183 Old Chelsea Station, New York 11, N. Y. Print plainly in A.M.E. ADDRESS, PATTERN NUMBER.

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Del Monte, the name you can depend on for finest quality canned fruits and vegetables. They are being featured this weekend at special money-saving prices. So hurry on down to the friendly Safeway store in your neighborhood and take advantage of these great values.

DEL MONTE Tomato Sauce Fruit Cocktail Fancy Spinach

Adds flavor to ground beef, stews, spaghetti or fish. In handy buffet size tin.

6 8-oz. Tins 50¢

DEL MONTE Wonderful with Safeway ice cream

5 303 Tins \$1

DEL MONTE, fancy quality. Heat 'n' serve.

3 303 Tins 49¢



DEL MONTE FAVORITES MIX or MATCH 'EM

GRAPEFRUIT SECTIONS DEL MONTE 303 Tins

SLICED PINEAPPLE DEL MONTE 1/4 Flat

GREEN BEANS DEL MONTE, Fancy cut or French style 303 Tin

GREEN PEAS DEL MONTE Tender, Young "Early Garden" 303 Tin

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Your Choice 4 tins for only 95¢

More Del Monte Fine Foods

Ging Peaches DEL MONTE Fancy Halves 4 303 Tins 95¢

Juice Drink DEL MONTE, Orange-32-oz. size 29-oz. Tins \$1

Prune Juice DEL MONTE, pure extra-flavorful 32-oz. glass 49¢

Stewed Prunes DEL MONTE Fancy quality 303 glass 33¢

Apricot Halves DEL MONTE unpeeled 303 tin 29¢

Asparagus DEL MONTE Fancy, all green 300 tin 43¢

New Potatoes DEL MONTE whole 2 303 tins 35¢

Dill Pickles DEL MONTE sweet 22-oz. jar 53¢

Sweet Pickles DEL MONTE fancy 22-oz. jar 59¢

Peppers DEL MONTE pickled chili peppers 12-oz. 33¢

Lady Elberta PEACHES

Fancy Freestone Halves or Slices

4 No. 2 1/2 tins only \$1

SLICED PEACHES 7 8-oz. tins \$1

Lady Elbertas in buffet size tins

CATSUP CORN JUICE

DEL MONTE... adds extra flavor to any meat dish. Featured this weekend at this very special price.

14-oz. bottle 15¢

DEL MONTE, Golden Bantam cream style or whole kernel. Plan tonight's menu with corn and Safeway lamb

6 303 Tins \$1

DEL MONTE Pineapple-Grapefruit blend. The drink of sun-ripened fruit. Delicious and refreshing.

46-oz. tins 31¢

"JUST RIGHT FOR TWO" DEL MONTE BUFFET SIZE CANS

Green Beans Tender, young fancy cut

Green Limas Fancy quality. Heat 'n' serve

Creamed Corn Delicious Golden Bantam

Green Peas Famous "Early Garden" variety

Your Choice 7 8-oz. cans \$1

"Budget Pack" Frozen Foods

Bel-air, premium quality favorites. Loose pack in poly bag. Use what you need, store the rest. Greater savings over individual packages.

MIXED VEGETABLES 2-lb. 59¢

PEAS or CORN 2-lb. 59¢

GREEN BEANS 1 1/4-lb. 59¢

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Sponge Cake Lemon Filling 69¢

All 35c Cookies 4 Doz. 1.00

Apple Bread Leaf 30¢

Lucerne Dairy Products

FOR GOODNESS SAKE TRY Lucerne A Safeway Guaranteed Product

Lucerne Milk Homogenized 3/4 Gal. 4 1/4 \$1.84

Lucerne 5% Milk 3/4 Gal. 53¢ 2 1/4 \$1.05

Lucerne Yogurt Prune 1/2 Pint 22¢

Lucerne Sour Cream Strawberry 1/2 Pint 29¢

Lucerne Half & Half 12% 1/2 Quart 55¢

Lucerne Slenderway Vanilla or Chocolate 1/2 Quart 79¢

Rhubarb Local, field grown. Grand for tasty sauce or pie 3 lbs. 29¢

Spinach New local spring crop from Maryhill, Wn. 2 large bunches 25¢

Grapefruit Indian River, large size from Sunny Florida 4 for 49¢

New Potatoes California, White Rose U.S. No. 1 Long Whites 5 lbs. 39¢

Lamb at its very best!

Leg O' Lamb 69¢

Carefully selected from USDA CHOICE lamb at peak of flavor goodness. Short shank and carefully trimmed to give you more delicious meat for your money. Guaranteed 100%.

Per Pound

Lamb Chops Small Loin Chops "USDA CHOICE" lb. 98¢

Sirloin Chops Tender Lean "Choice" Lamb lb. 79¢

Fully Smoked Hams Whole or Full Shank Half lb. 49¢

Boneless Roast Tender, Meaty Cross Rib. "USDA CHOICE" Beef lb. 79¢

Buttered Veal Steaks Select Pak 5 Servings 3 Oz. 69¢

Fillet of Red Snapper Fresh 'n' Flavorful lb. 39¢

Extra Large "AA" Eggs doz. 49¢

"CREAM O' THE CROP" Ranch fresh. Each egg guaranteed perfect.

Cigarettes Carton \$1.69

Your Favorite—Philip Morris, Old Gold, Camel, Luckies, Chesterfield—Reg. size

Instant Mashed Potatoes 8 Pkgs. \$1

Ore-Ida Brand

Silk Tissue 16 Rolls For \$1

Individual rolls and 4-Roll packs. White, only.

Baby Food Gerber's Strained 10 for 99¢

Canned Milk Cherub tall cans 3 for 39¢

Butter Shady Lane lb. 59¢

Boyd's Coffee Regular Drip 1-lb. tin 49¢

Fine Wines Italian Swiss Colony 5th 69¢

Dry Dog Food Gaines chunk 5-lb. bag 73¢

Quality Baked Goods

Oatmeal Bread Skylark hours fresher Leaf 35¢

Sweet Rolls Curly Caramel-Apple pkg. 45¢

Donut Sticks Mrs. Wright's fresh, crunch pkg. of 16 39¢

Cup Cakes Fresh Curly Apple Spice pkg. 39¢

SNOW STAR ICE CREAM

Fine quality Vanilla, Chocolate, Strawberry or Neapolitan Half Gal. 79¢

Chip Cookies Busy Baker 1-lb. pkg. 39¢

Instant Coffee Airway 2 1/2 oz. deal 12-oz. jar \$1.19

Chocolate Carnation Instant 10-oz. pkg. 39¢

Small Worlds Around Us

By Lynn W. Watkins (Reporter & Tribune Staff Writer, 1961)

Sage Was Believed To Bring Wisdom

He's quite old now, but he still remembers his distillation when, as a young man, he "was as bald as a door-knob" and was told to "bathe his head twice a day with a strong solution of sage-water; and once a day take a tablespoonful of it."

He was to gently massage a generous amount of the liquid into the scalp. He remembers that he faithfully performed the rite every day for "at least a year," and "was allowed at least a barrel of the aromatic sage-flavored water." However, the gentleman is as bald as ever.

Such superstitions die hard. The common garden herb, with the square stems and the woolly leaves, known as "sage" has figured prominently in various "cures" for human ailments, for many centuries. The wisest men of the old Roman Empire believed they acquired their wisdom by eating generously of sage. We still say a man of great wisdom is a "sage."

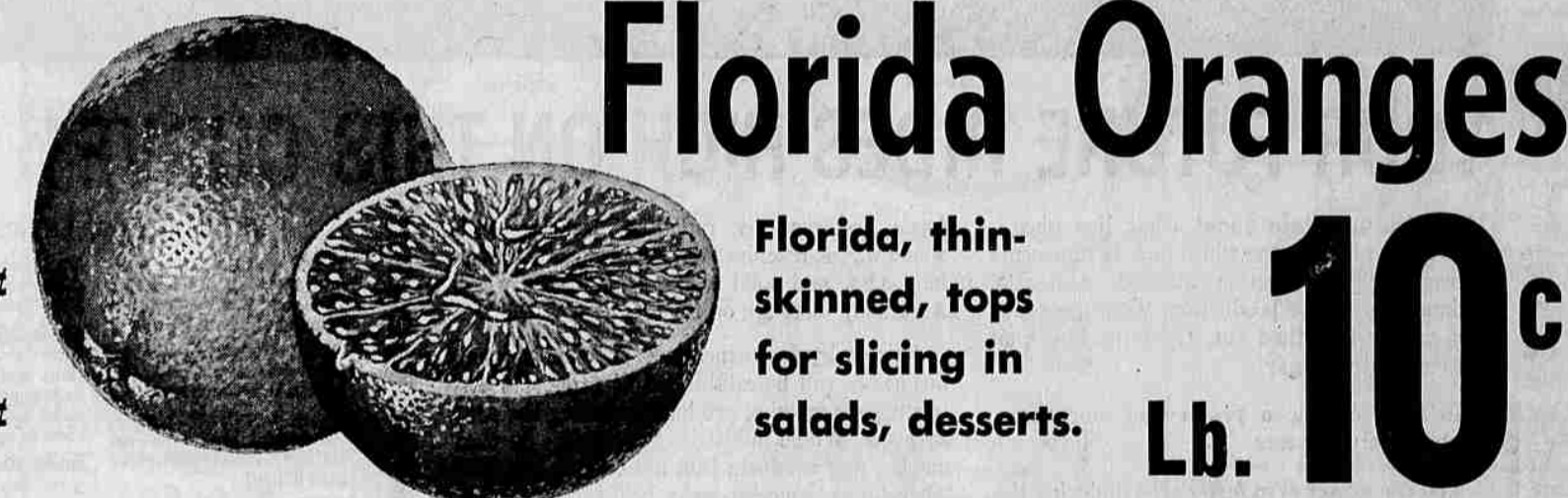
The old Roman sage thought the eating of sage would prolong life. Too, their meals were pretty tasteless affairs, so copious amounts of sage added zest to the food.

The sage herb, a member of the mint family, was native to Europe; there, over a period of centuries, it found many medicinal uses, as well as a seasoning for food. One of the most troublesome diseases of ancient times was asthma. A great percentage of the population was affected, at one time or other, with this illness.

Here, too, sage was believed to be the remedy. The leaves were dried and smoked in pipes. Unearthed ruins have brought to light in many of these old objects, but archeologists believe the pipes were used for sage-leaf smoking, as tobacco was not used at that early age.

The valuable sage plant, as well as the dried leaves, were transported to many countries. Much later the sage plant was introduced to America. It became a part of every herb garden.

Sage-tea was standard treatment for ague, chills, and various other diseases. It also was supposed to be beneficial for "upset stomachs."



Florida Oranges

Lb. 10¢

Florida, thin-skinned, tops for slicing in salads, desserts.

Radishes, Gr. Onions Local Garden fresh bunch 5¢

Large Asparagus Tender spears with full plump tips Lb. 19¢

Cucumbers Medium size, high colored. Tops for tasty spring salads 2 for 25¢



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New Chemical Element Found by Scientists

Washington—UPI—A new chemical element has been discovered by U. S. atomic scientists, it was announced Wednesday.

The discovery was made by a group at the Lawrence Radiation Laboratory at the University of California. They have suggested that the new element 103 be named Lawrencium, with the chemical symbol Lw in honor of the late Ernest C. Lawrence, Nobel prize winning inventor of the cyclotron and founder of the laboratory.