

Guidance Clinic Promises Brighter Future

Service Expanded With Addition of Third Counselor

By JOE COWLEY

Mail Tribune Staff Writer

Stepping stones to a brighter future for today's children and guideposts to a happier family living might well be the slogan for the family and child guidance clinic located in a corner of the Jackson county courthouse.

As doctors examine the ills of their patients and prescribe treatment, so does the staff of the clinic examine the emotional problems of people who come to them for help.

Actual treatment, however, depends on the "patients" themselves. The clinic staff merely thinks through the problems with these people, who feel out of step with the rest of their society, and suggests what they might do to overcome their problems.

Referred to Clinic
Some cases might be referred to the clinic from various agencies as the schools, the Jackson county juvenile department and from lawyers, doctors, ministers and by word of mouth. But, the people must bring their children to the clinic and come themselves voluntarily.

The staff consists of full-time psychiatric social workers Thomas Goff and Miss Ethel Shumway, and Dr. Harry Danielson, Medford psychiatrist, who works at the clinic on a part-time basis.

History of the clinic, the only such community service in the county, dates back to the spring of 1952. Then, a group of interested citizens and public agency heads realized the increasing need for a service to help children get back on the right track emotionally.

Problems are Referred
This group realized, too, that problems of the parents or the family as a whole are reflected in the children's emotional problems. So, these problems had to be considered, too.

Recently Miss Shumway was added to the staff to help Goff and Dr. Danielson expand the family counseling and the child guidance service.

These setting the "stepping stones" in place for this expanded community service were representatives from the Jackson County Medical Society, Jackson County Health Department (Public Health Officer Dr. A. Eric Merkel acts as general supervisor of the program), the public schools, Jackson County Teachers and Health Association, juvenile court, Jackson county public welfare commission, Jackson county extension service, PTA units and various interested individuals.

The clinic followed two years' study when other clinics were visited and examined and a broad educational program established to help

people working with children to become aware of abnormal social behavior. Backing up the clinic organization is a 21-member board representing a broad cross-section of community interest and occupations.

Financing Clinic
The clinic is financed from United Medford Crusade funds, Ashland-Talent United fund, per pupil contributions from school districts, from county budgeted funds (\$4,000 in 1960-61), from federal funds through the state board of health, clinic membership fees and fees charged clients who can afford to pay.

The clinic operates on the basis that anyone might need help. "There are times in families when too many things go wrong all at once and anyone might need help with these problems," Miss Shumway pointed out.

"Counseling is focused on helping people to help themselves by drawing on their own strength. No one is immune from problems."

The following example cases are "actual and factual," but did not happen here and the names have been changed. They are typical of cases handled by the local clinic.

Case of Truck Driver
For instance, take the case of Bob Finnegan, the truck driver who was a public menace. He came to the agency for marital counseling.

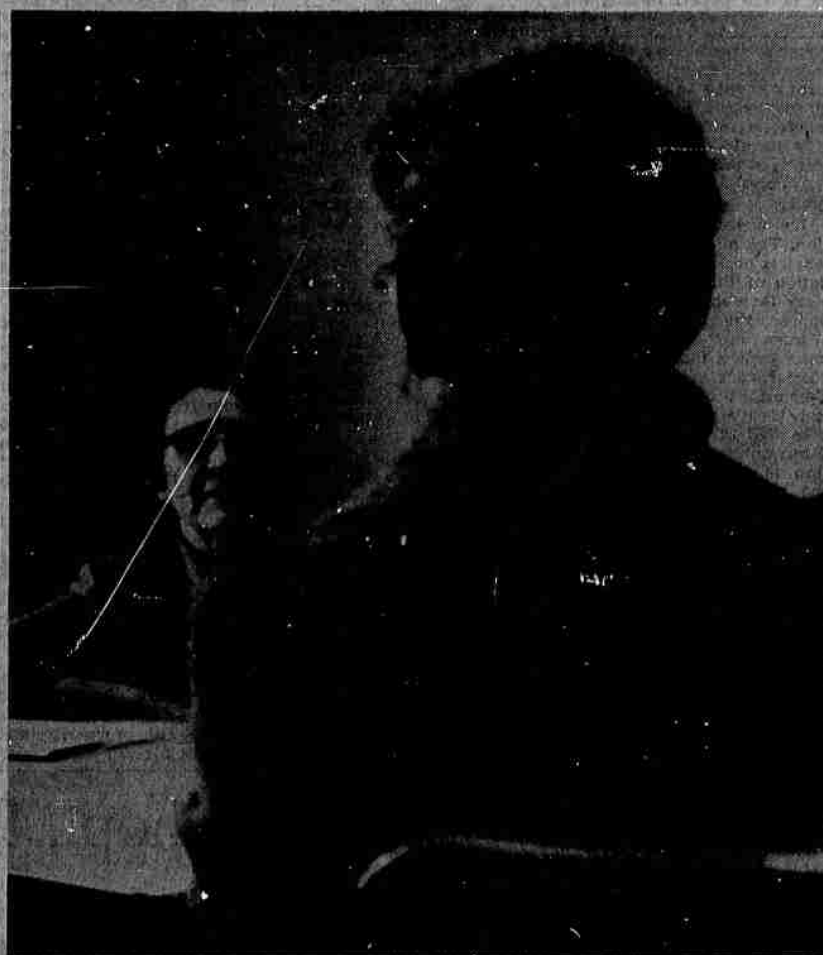
He had been separated from his wife for six months and had filed for divorce. He insisted he had done so only "to bring his wife to her senses," but that he wanted a reconciliation before the divorce became final. His wife, however, had filed a counter-suit, and would not agree to any effort toward reconciliation.

Finnegan seemed tortured with guilt over his responsibility in starting all the trouble, besides being upset over the possible permanent break-up of his marriage, and loss of his wife and children.

As a result, he could not sleep. After more than a week of worry he drove so dangerously that he was called before a disciplinary board and threatened with dismissal.

Finnegan was interviewed at the counseling office weekly and Mrs. Finnegan cooperated by discussing her part of the problems. At first, she seemed to prefer divorce. At the end of two months, however, both husband and wife withdrew court action and were reconciled.

"Three conditions in particular go a long way toward insuring the success of marriage or family counseling," Miss Shumway pointed out. "First, marriage and family problems should be



ADULT INTERVIEW—An adult was being interviewed by Miss Ethel Shumway, psychiatric social worker in the Family and Child Guidance clinic when this picture was taken. Clinic staff members have

brought before a counselor as early as possible. Couples usually know when they have reached a point of conflict. If they act at once the counselor is given the best chance of clearing up the cause. And, both husband and wife should cooperate fully with the counselor.

"This is usually achieved when the problem is brought in at an early stage. And the couple should be willing to continue counseling."

Personality Should Grow
"Counseling at its best is not merely a matter of solving problems. It is a process in which personality should grow and a sincere effort made to avoid repeating the problems," the family counselor stated.

The case of the mechanic who couldn't talk is another interesting one. John Mason was a quiet inarticulate man when he first came to the clinic. He couldn't express himself. During his 15 years of marriage he couldn't get in a word edgewise, his wife reported.

As the children came along (three in all), talking, competition increased. This didn't help. His wife then accused Mason of "never saying anything" and leaving the children's discipline to her. She was, and is, a verbal woman, appearing to be as difficult

to live with as the original Kate in "The Taming of the Shrew."

Mason seemed to have reached his peak salary of \$8,500 after working for an engineering company for seven years. Somehow, the chance to be supervisor never came his way. He worked hard on home experiments, but never quite excelled in any project at the plant.

It was learned that Mason was a good, thorough mechanic. Gradually, as he began to talk, it seemed to the worker that he was also a very bright one. But, he had always avoided putting his ideas, thoughts, and feelings into words due to his background and choice of mate.

The psychiatric social worker interviewed him once a week for a year. He talked for hours about his work and his inability to cope with his wife. He said when they started to quarrel he would walk out of the house and sleep in the garage.

Husband Withdrew
Mrs. Mason was difficult, but her husband withdrew and let her and other people make the decisions and assume the responsibility.

The mechanic who couldn't talk became used to his voice and obviously began to enjoy talking. He described his work in detail, and at home, after the first six months of interviews, no further "walk-outs" in the middle of a quarrel occurred.

Instead, Mason informed his wife that he wasn't interested in repeated arguments. His wife began to catch on, and eventually the old controversial topics died a natural death from lack of fuel.

Advances in Company
Advance in the company also came to Mason. During the year his annual income was increased several thousand dollars. Later, he became unhappy because he felt he was not given enough job responsibility. Following an interview with his boss, he received other opportunities.

Now, when he talked, people seemed interested and listened.

At the end of this year, Mason received a supervisory position and his income hit \$12,500 a year. Quarrels lessened. The children had fewer discipline problems and were doing better at school and in outside activities. Counseling ended when Mason felt secure in his improved situation.

Suffer Seriously
"There is no substitute for the experiences of a happy home and those who miss out on it at any age have suffered serious hurt," Miss Shumway emphasized.

This case also illustrates that business and industry have a big stake in the community's efforts to maintain strong families. Every employee is both a product of a family which shaped him and a member of one today which affects his everyday work for good or ill," the counselor pointed out.

To illustrate this point further is the case of an industrial worker with a bad temper. Mrs. Roberts, a young woman of 34, sought counseling in relation to her marriage. She felt uncertain because her husband always had

ticed a wide acceptance of the clinic's family and marriage counseling service added under the current year's budget. They also noted that many of the children's difficulties arise out of family problems.

to be right and there was only one way to do things — his way.

See Unhappy Man
When the caseworker talked with the husband, it was evident that he was an unhappy man, angry with himself, his wife, his co-workers, and especially with his boss whom, he felt, did not consider him.

Investigation revealed Roberts was a good worker, but he did not think he should be working in a large plant where his individuality was overlooked. He wanted a shop of his own. He could fix cars, had some money to invest in a shop, but was afraid to strike out for himself. While he lacked confidence, he could not work for anyone else either.

The counselor interviewed the couple weekly for three months. Roberts' employer said he was a good worker, but a dissatisfied one. He could set off the whole shop when he lost his temper, the employer said.

Even the employer was a little afraid of him during these outbursts. He was questioned whether it was safe to keep him. He was afraid Roberts might hurt a fellow employee or damage a machine in a fit of rage.

Became Reconciled
In three months the two became reconciled. The caseworker was able to help Roberts to understand himself better. He recognized his fits of anger were only a way out for his great frustration. He realized this was not a healthy way to react and that it alienated people from him.

Maybe he could not work for someone else, but he could not build up his own business either if he could not get along with people.

At the counselor's suggestion and to test out his abilities, he rented a small place and took in a few jobs after working hours. He was able to leave his plant job and remain self-supporting. And, as

he gained more self-confidence he and his wife reached a better understanding.

He knows he will have to live with his temper, but he is easier to live with.

Incapable of Clear Thinking
"Emotions affect our physical and mental capacities. The stronger the emotion the more violent the reaction. Whenever our emotions are aroused we are incapable of clear thinking," Miss Shumway said.

"Studies have been made in industry which indicate that 60 to 80 per cent of dismissals of workers in industry are said to be due to social maladjustment rather than technical incompetence," the family counselor reported.

We live in a complex society. Therefore, people in trouble need skilled help — help best provided by such a clinic as Southern Oregon Child Guidance clinic and family counseling service.

It's help best provided by highly trained and skilled people like Miss Shumway who have a warm interest in people.

"When you start getting cynical it's time to get out of this business," she said.

"It would appear that the majority of employed applicants for service occupy responsible and skilled functions in the community."

Most of these people who use the clinic have incomes between \$2,000 and \$5,000. Twelve per cent of those using this service earn \$10,000 or more a year.

A pile of troubles and general unhappiness are not limited to any one group or area. These things happen to farm families, laborers and professional people.

Lawyers, doctors and ministers do provide some counseling, but many of them realize their skill is limited in this field and refer cases to the local clinic.

To learn more of this community service residents may attend the annual clinic dinner at 6:30 p.m., Monday, April 10 at Hoover Elementary school in Medford. The public is invited.

PHS Paper Receives First Class Rating

Phoenix — First class honor rating, comparable to "excellent," has been awarded to Phoenix High school student publication The Jolly Roger by National Scholastic Press association for the first semester of the school year 1960-61.

The rating was awarded after a comparison with 34 other papers in the same classification, and is based on the scoring scale used for this group only. NSPA was established at the University of Minnesota in 1921. Its critical service judges are professional newspaper men and women and those with extensive backgrounds in publications work.

Elizabeth King, senior, is editor of The Jolly Roger, with Mrs. Mildred Hart, adviser.

Air Force Seeks Four Dietetic Students

Portland — Air Force officials have announced a need for four dietetic intern students.

The program is designed as an Air Force career incentive and provides educational sponsorship. The training is a 12-month dietetic internship conducted in civilian hospitals approved by the American Dietetic association.

Deadline for applications is May 31. Additional information may be obtained from the local AF recruiter located in the Medford post office.



FUTURE MEDFORD RESIDENT—Naval Cmdr. George W. Wiedinger (right) is shown with Rear Admiral Charles C. Kirkpatrick, commander, Amphibious Group 1, as the two talk about Wiedinger's retirement from the Navy after 25 years of service. The commander, his wife, and their son are expected to become Medford residents soon. The retiree was honored at special ceremonies aboard the USS Eldorado, and was presented a commendation for his service. Wiedinger enlisted in the Navy in 1936, and was sent to the Naval Training center, Newport, R. I. He was in Pearl Harbor Dec. 7, 1941, and was commissioned an ensign in 1944. During the past 11 years he has served in the Pacific Fleet Amphibious force, and has commanded both the Landing Ship 827 and Landing Ship Division 72. At the time of his retirement, he was serving as communications officer.

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DR. ELI BOWER
Dinner Speaker

Guidance Clinic Dinner Planned At Hoover School

Dr. Eli Bower, deputy director, liaison and prevention services, California department of mental hygiene, will speak at the annual dinner meeting of the southern Oregon family and child guidance clinic at 6:30 p.m. Monday, April 10, at Hoover school.

Dr. Bower is recognized as a good speaker, and has a first hand knowledge of his subject through research on 40,000 children over a six-year period. He is author of the book, "Early Identification of Emotionally Handicapped Children in School."

He obtained his education at New York university, Columbia university, the University of California, and Stanford university. He was research coordinator for the California department of education before assuming his present post.

The membership drive for the guidance clinic will end with the annual dinner, clinic officials said.

Earlier this year the clinic was expanded to include marriage and family counseling when Miss Ethel Shumway joined the staff.

Residents of the community have access to the clinic, and persons interested in the work done by the clinic are invited to join.

Reservations for the dinner may be made through the clinic office in the Jackson county court house.

Court Records

MUNICIPAL COURT
Patsy Sue Walker, violation of basic rule, \$25.
L. Russell Gates, violation of basic rule, \$12.50.
Donald Alvin Titus, disobeyed stop sign, \$10.

David Richard Neet, violation of basic rule, \$25.
Jack Ace Foster, 21, of 109 West Sixth st., suspended operator's license, \$100.

Robert Gene Thornton, excessive noise, \$10.
Lucille E. Great, disobeyed traffic signal, \$10.
Theodore E. Mathews, violation of basic rule, \$12.50.

Aly Clark Sheldon, violation of basic rule, \$10.
Harry Howard Heavilin, no operator's license, \$5.
Janice Marie Haslen, violation of basic rule, \$10.

Alfred Fosal Jr., obscured rear license, \$5.
Dwaine Eugene Nelson, violation of basic rule, \$10.
John Reiter, violation of basic rule, \$25.

Anna Laura May, 39, of 304 Ashland st., failure to stop or leave information at the scene of an accident, \$100.
Bobby Franklin Craig, following too close, \$10.

Raymond Eugene Rieger, disobeyed traffic signal, \$10.
Mildred Joan Tarbell, 30, of 15 Amy st., Central Point, suspended operator's license, \$100; disobeyed stop sign, \$10.

William Marion Nicholson, failure to yield right of way, accident, \$25.
James Allan Tiffes, expired vehicle license, \$5.

Bernard John Haas, disobeyed traffic signal, \$25.
Bernard Theril Schultz, violation of basic rule, \$10.
Richard Douglas Wyatt, four in front seat, \$10.

Rosemary Hopkins Hanning, violation of basic rule, \$25.
Joseph Virgil Green, improper left turn, \$5.
Delbert Ray McDonald, failure to yield right of way, accident, \$25.

Vance D. Wilson, disobeyed traffic signal, \$10.
LeRoy Jack Gillaspey, violation of basic rule, \$25.
Alice Sampson Lester, violation of basic rule, \$25.

Jess D. Williams Jr., operating vehicle with learner's permit without licensed driver, \$15.
Walter Christen Miller, following too close, accident, \$25.
Teresa Mary Bostwick, violation of basic rule, \$10.

Malcolm Donald McSwain, disobeyed traffic signal, \$10.
Lillian Evelyn Hendrickson, failure to yield right of way, accident, \$25.
Mary Louise Wiggamott, expired operator's license, \$5, suspended.

Robert Floyd Miller, failure to apply for Oregon operator's license, \$30 suspended.

DISTRICT COURT
Elmer H. Greb, overweight, \$15.
Eldon E. Jackson, improper passing, \$10.
Joe Barton Chisum, combination overloaded while hauling freight, \$15.

Arnold J. Fein, overweight, \$15.
Donna L. Berg, no operator's license, \$5.
Don C. Imhausen, violation of basic rule, \$15.

William J. Roberts Jr., no operator's license, \$5.
(Correction: An item in this column Tuesday, which indicated Eldred E. Monia had been found guilty of illegal possession of venison, was printed in error. The incident occurred in February, was reported at that time, and appeared again through an oversight. The Mail Tribune regrets the error.)

CIRCUIT COURT
Sylvia D. Glass vs. Stanley Z. Glass, divorce complaint.
Nickie C. Cass vs. Eugene L. Cass, divorce complaint.

Jackson Residents To Pay \$18,807,000 To U.S. in Taxes

New York — If government expectations are to be fulfilled, income tax payments next month from residents of Jackson county will be numerous and weighty.

An examination of 1960 earnings in Jackson county, when compared with similar figures for 1959, point to the fact that the tax returns will be at least as large as they were last April.

At that time county taxpayers turned in an estimated \$17,411,000 by way of personal taxes. Included were the amounts paid by them via withholding taxes.

The figure, which is approximate, takes into account the \$477,000,000 in such returns received from the state of Oregon, as reported by the Internal Revenue Service, as well as local data on total earnings and income groupings.

Contribute 3.65 Per Cent
Residents of Jackson county, it appears, contributed 3.65 per cent of the entire amount collected in the state.

This year, the federal budget is geared for individual income tax receipts of \$47.8 billion, or about \$2.9 billion more than in 1960, based on an overall rise in earnings in the period.

Many sections of the country, however, suffered from severe unemployment during the past year, which will mean smaller tax payments from those areas.

As for Jackson county, advance reports indicate that total personal income in the county in 1960 ran somewhat higher than in the previous year.

Approximate Return
As a result, the returns on April 17, calculated on that basis, will be approximately \$18,807,000, a rise of \$1,396,000.

According to reports from industrial leaders, from government economists and from others, the recession has finally run its course and an upturn is near at hand. Vital sectors of our economy, which have been dormant for many months, are beginning to stir. The informed guess is that

there will be a definite improvement within the next three months.

Such a recovery will be necessary if the nation is to meet the \$2.4 billion rise in personal income taxes that the budget has as its goal for 1962.

Incomes in Jackson county will have to increase by 5 per cent this year if county taxpayers are to pay their share of this rise.

Pre-School Health Clinic Scheduled

A pre-school health clinic conducted by the Jackson County Health department will be sponsored by the Phoenix-Talent Parent Teacher association.

Parents have been reminded by the PTA that children entering school are asked to present evidence of having had both a physical and a dental examination. If these are not obtained from a private physician or dentist, parents may take children to the special clinics.

The Phoenix health service will be held in the lower level of the Phoenix old elementary building April 5, and the Talent clinic will be held May 10 in the music room of the new elementary building.

Appointments must be made for either clinic by contacting Mrs. B. F. Sparks, Keystone 5-1110. Proper and necessary records for the exams may also be obtained from Mrs. Sparks.

IRON FIREMAN SELLS
Portland — (UPI) — Iron Fireman Manufacturing Co. here, Friday announced the sale of its Portland heating division to a St. Louis firm. Berry said the division was sold to White-Rodgers Co., manufacturers of automatic heating controls.

PORTLANDER DIES
Vancouver, Wash. — (UPI) — Leroy E. Griggs, 18, Portland, died at St. Joseph's hospital here Saturday from a gunshot injury suffered March 27.

Glorious Easter



He Is Risen



Lew G. Miles
Cemetery Mgr.



JOE R. HOSICK
Funeral Director

SISKIYOU
funeral service

ONE CALL

Phone
Spring
2-5488

ONE LOCATION

605 Highland Dr.

Mortuary
Cemetery
Mausoleum
Crematory
Columbarium
Inquiries
Invited

2100 Siskiyou Blvd., Chapel in The Trees



CHILD AND PUPPETS — The Family and Child Guidance clinic in the Jackson county courthouse has a number of toys for children to play with while waiting their turn for interviews before the psychiatric

social workers. Here a girl plays with two hand-puppets. Thomas Goff, psychiatric social worker, stressed that interviews are held with the child or the parent, but never the two together.