

RADIO PROGRAMS—THURSDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make changes as are supplied

KYJC 1230 kc	KMED 1440 kc	KWIN 1400 kc
4:00—News—Personal St. Hear Show	4:00—News—Personal St. Hear Show	4:00—News—Personal St. Hear Show
4:15—Pat McCoy	4:15—Pat McCoy	4:15—Pat McCoy
4:30—Bannerlines—McCoys	4:30—Bannerlines—McCoys	4:30—Bannerlines—McCoys
4:45—Sports—McCoys	4:45—Sports—McCoys	4:45—Sports—McCoys
5:00—Lowell Thomas	5:00—Lowell Thomas	5:00—Lowell Thomas
5:15—Pat McCoy	5:15—Pat McCoy	5:15—Pat McCoy
5:30—Tom Harmon	5:30—Tom Harmon	5:30—Tom Harmon
5:45—Charlie Milam	5:45—Charlie Milam	5:45—Charlie Milam
6:00—Frank Goss	6:00—Frank Goss	6:00—Frank Goss
6:15—Charlie Milam	6:15—Charlie Milam	6:15—Charlie Milam
6:30—Bannerlines—Milam	6:30—Bannerlines—Milam	6:30—Bannerlines—Milam
6:45—Sports—Milam	6:45—Sports—Milam	6:45—Sports—Milam
7:00—News—Milam	7:00—News—Milam	7:00—News—Milam
7:15—Charlie Milam	7:15—Charlie Milam	7:15—Charlie Milam
7:30—Medford-S. Salem	7:30—Medford-S. Salem	7:30—Medford-S. Salem
7:45—Medford-S. Salem	7:45—Medford-S. Salem	7:45—Medford-S. Salem
8:00—Medford-S. Salem	8:00—Medford-S. Salem	8:00—Medford-S. Salem
8:15—Medford-S. Salem	8:15—Medford-S. Salem	8:15—Medford-S. Salem
8:30—Medford-S. Salem	8:30—Medford-S. Salem	8:30—Medford-S. Salem
8:45—Medford-S. Salem	8:45—Medford-S. Salem	8:45—Medford-S. Salem
9:00—Medford-S. Salem	9:00—Medford-S. Salem	9:00—Medford-S. Salem
9:15—Medford-S. Salem	9:15—Medford-S. Salem	9:15—Medford-S. Salem
9:30—Medford-S. Salem	9:30—Medford-S. Salem	9:30—Medford-S. Salem
9:45—Medford-S. Salem	9:45—Medford-S. Salem	9:45—Medford-S. Salem
10:00—Medford-S. Salem	10:00—Medford-S. Salem	10:00—Medford-S. Salem
10:15—Medford-S. Salem	10:15—Medford-S. Salem	10:15—Medford-S. Salem
10:30—Medford-S. Salem	10:30—Medford-S. Salem	10:30—Medford-S. Salem
10:45—Medford-S. Salem	10:45—Medford-S. Salem	10:45—Medford-S. Salem
11:00—Medford-S. Salem	11:00—Medford-S. Salem	11:00—Medford-S. Salem
11:15—Medford-S. Salem	11:15—Medford-S. Salem	11:15—Medford-S. Salem
11:30—Medford-S. Salem	11:30—Medford-S. Salem	11:30—Medford-S. Salem
11:45—Medford-S. Salem	11:45—Medford-S. Salem	11:45—Medford-S. Salem
12:00—Medford-S. Salem	12:00—Medford-S. Salem	12:00—Medford-S. Salem

RADIO PROGRAMS—FRIDAY

4:00—News—Ekberg	4:00—News—Ekberg	4:00—News—Ekberg
4:15—Pat McCoy	4:15—Pat McCoy	4:15—Pat McCoy
4:30—Bannerlines—Ekberg	4:30—Bannerlines—Ekberg	4:30—Bannerlines—Ekberg
4:45—Sports—Ekberg	4:45—Sports—Ekberg	4:45—Sports—Ekberg
5:00—News—Ekberg	5:00—News—Ekberg	5:00—News—Ekberg
5:15—Pat McCoy	5:15—Pat McCoy	5:15—Pat McCoy
5:30—Bannerlines—Ekberg	5:30—Bannerlines—Ekberg	5:30—Bannerlines—Ekberg
5:45—Sports—Ekberg	5:45—Sports—Ekberg	5:45—Sports—Ekberg
6:00—News—Ekberg	6:00—News—Ekberg	6:00—News—Ekberg
6:15—Pat McCoy	6:15—Pat McCoy	6:15—Pat McCoy
6:30—Bannerlines—Ekberg	6:30—Bannerlines—Ekberg	6:30—Bannerlines—Ekberg
6:45—Sports—Ekberg	6:45—Sports—Ekberg	6:45—Sports—Ekberg
7:00—News—Ekberg	7:00—News—Ekberg	7:00—News—Ekberg
7:15—Pat McCoy	7:15—Pat McCoy	7:15—Pat McCoy
7:30—Bannerlines—Ekberg	7:30—Bannerlines—Ekberg	7:30—Bannerlines—Ekberg
7:45—Sports—Ekberg	7:45—Sports—Ekberg	7:45—Sports—Ekberg
8:00—News—Ekberg	8:00—News—Ekberg	8:00—News—Ekberg
8:15—Pat McCoy	8:15—Pat McCoy	8:15—Pat McCoy
8:30—Bannerlines—Ekberg	8:30—Bannerlines—Ekberg	8:30—Bannerlines—Ekberg
8:45—Sports—Ekberg	8:45—Sports—Ekberg	8:45—Sports—Ekberg
9:00—News—Ekberg	9:00—News—Ekberg	9:00—News—Ekberg
9:15—Pat McCoy	9:15—Pat McCoy	9:15—Pat McCoy
9:30—Bannerlines—Ekberg	9:30—Bannerlines—Ekberg	9:30—Bannerlines—Ekberg
9:45—Sports—Ekberg	9:45—Sports—Ekberg	9:45—Sports—Ekberg
10:00—News—Ekberg	10:00—News—Ekberg	10:00—News—Ekberg
10:15—Pat McCoy	10:15—Pat McCoy	10:15—Pat McCoy
10:30—Bannerlines—Ekberg	10:30—Bannerlines—Ekberg	10:30—Bannerlines—Ekberg
10:45—Sports—Ekberg	10:45—Sports—Ekberg	10:45—Sports—Ekberg
11:00—News—Ekberg	11:00—News—Ekberg	11:00—News—Ekberg
11:15—Pat McCoy	11:15—Pat McCoy	11:15—Pat McCoy
11:30—Bannerlines—Ekberg	11:30—Bannerlines—Ekberg	11:30—Bannerlines—Ekberg
11:45—Sports—Ekberg	11:45—Sports—Ekberg	11:45—Sports—Ekberg
12:00—News—Ekberg	12:00—News—Ekberg	12:00—News—Ekberg

TELEVISION PROGRAMS

THURSDAY	FRIDAY	SATURDAY	SUNDAY
4:00—Children's Hour	4:00—Children's Hour	4:00—Children's Hour	4:00—Children's Hour
4:30—News, Music	4:30—News, Music	4:30—News, Music	4:30—News, Music
5:00—News, Music	5:00—News, Music	5:00—News, Music	5:00—News, Music
5:30—Freedom Crusade	5:30—Freedom Crusade	5:30—Freedom Crusade	5:30—Freedom Crusade
5:45—Sign Off	5:45—Sign Off	5:45—Sign Off	5:45—Sign Off
6:00—News	6:00—News	6:00—News	6:00—News
6:30—Sports News	6:30—Sports News	6:30—Sports News	6:30—Sports News
6:45—Radio Family Altar	6:45—Radio Family Altar	6:45—Radio Family Altar	6:45—Radio Family Altar
7:15—Freedom Crusade	7:15—Freedom Crusade	7:15—Freedom Crusade	7:15—Freedom Crusade
7:30—News	7:30—News	7:30—News	7:30—News
7:45—Air Mail for God	7:45—Air Mail for God	7:45—Air Mail for God	7:45—Air Mail for God
8:00—Music	8:00—Music	8:00—Music	8:00—Music
8:30—Bible Institute	8:30—Bible Institute	8:30—Bible Institute	8:30—Bible Institute
9:00—Voice of Deliverance	9:00—Voice of Deliverance	9:00—Voice of Deliverance	9:00—Voice of Deliverance
9:30—Music	9:30—Music	9:30—Music	9:30—Music
9:45—Sign Off	9:45—Sign Off	9:45—Sign Off	9:45—Sign Off
10:00—News	10:00—News	10:00—News	10:00—News
10:30—Sports	10:30—Sports	10:30—Sports	10:30—Sports
11:00—Sign Off	11:00—Sign Off	11:00—Sign Off	11:00—Sign Off
12:00—Sign Off	12:00—Sign Off	12:00—Sign Off	12:00—Sign Off

The following TV broadcast log is printed as a free public service for the Mail Tribune's readers and TV viewers. Schedule changes are printed as provided by the TV stations and the Mail Tribune cannot accept responsibility for errors or omissions.

STAR GAZER

DATE	TIME	PLANET	ASPECT	REMARKS
MAR 22	11:45-12:00	TAURUS	1st	31 For 61 Thoughts
MAR 22	11:45-12:00	TAURUS	2nd	32 Thinking 62 Aggressive
MAR 22	11:45-12:00	TAURUS	3rd	33 Will 63 Avarice
MAR 22	11:45-12:00	TAURUS	4th	34 Economy 64 To
MAR 22	11:45-12:00	TAURUS	5th	35 Develop 65 Bit
MAR 22	11:45-12:00	TAURUS	6th	36 To 66 Adversity
MAR 22	11:45-12:00	TAURUS	7th	37 Your 67 On
MAR 22	11:45-12:00	TAURUS	8th	38 Cloud 68 Ill
MAR 22	11:45-12:00	TAURUS	9th	39 How 69 There's
MAR 22	11:45-12:00	TAURUS	10th	40 Your 70 Paper
MAR 22	11:45-12:00	TAURUS	11th	41 Ill 71 Delay
MAR 22	11:45-12:00	TAURUS	12th	42 Making 72 Joy
MAR 22	11:45-12:00	TAURUS	13th	43 Ill 73 Compromise
MAR 22	11:45-12:00	TAURUS	14th	44 Let 74 Trips
MAR 22	11:45-12:00	TAURUS	15th	45 Confused 75 To
MAR 22	11:45-12:00	TAURUS	16th	46 Shouldn't 76 To
MAR 22	11:45-12:00	TAURUS	17th	47 Others 77 In
MAR 22	11:45-12:00	TAURUS	18th	48 Advantage 78 Just
MAR 22	11:45-12:00	TAURUS	19th	49 The 79 Getting
MAR 22	11:45-12:00	TAURUS	20th	50 You're 80 Unusually
MAR 22	11:45-12:00	TAURUS	21st	51 Let 81 Decisions
MAR 22	11:45-12:00	TAURUS	22nd	52 Judgment 82 Get
MAR 22	11:45-12:00	TAURUS	23rd	53 How 83 Play
MAR 22	11:45-12:00	TAURUS	24th	54 Keep 84 Your
MAR 22	11:45-12:00	TAURUS	25th	55 Sound 85 Sound
MAR 22	11:45-12:00	TAURUS	26th	56 Mental 86 Sound
MAR 22	11:45-12:00	TAURUS	27th	57 Calm 87 Advice
MAR 22	11:45-12:00	TAURUS	28th	58 Their 88 Sound
MAR 22	11:45-12:00	TAURUS	29th	59 Ill 89 Alone
MAR 22	11:45-12:00	TAURUS	30th	60 Be 90 Alone

Good Adverse Neutral

The Medical Roundup

by Walter Alvarez

Emeritus Consultant in Medicine Mayo Clinic
Emeritus Professor of Medicine Mayo Clinic
(Register and Tribune Syndicate, 1961)

Anemia and What To Do For It

Many people write asking what they should do for an anemia and I must not answer them because I haven't enough facts in regard to their blood.

In many cases in which the patient—perhaps a woman—says that she has only 12 grams of hemoglobin (the very important red coloring matter of the blood), I feel like hazarding a guess that she always had that slightly low amount of hemoglobin, and hence it is natural for her.

It is not a disease. Her doctor may still think, as we all did a few years ago, that 15 grams for a woman is just as normal as it is for a man. But, actually, a white age someone studied the bloods of over 500 healthy women and found that the average value for hemoglobin was 13 grams. If we adopt this standard, thousands of women who are now being looked on as anemic will be regarded as normal.

Thousands of women always have a low amount of hemoglobin because they flood so heavily with each period that in a month's time they can hardly build back the amount of hemoglobin that they have lost.

A point that everyone ought to know is that there are two main kinds of anemia; one, the secondary and the other the primary. In the secondary type of anemia the trouble is due to some loss of blood, perhaps from menstruation in a woman, or from bad bleeding piles, or in the case of older people, from an oozing cancer surface in the stomach or large bowel. In the cases of secondary anemia, iron is the drug that is needed—not liver and vitamins.

Runs Through Family

A primary anemia is the type that a person is born to have. It tends to run through a family. Usually, the differential diagnosis can be made by glancing at a blood smear as seen under a microscope, or by comparing the percentage of hemoglobin with the percentage of red blood cells. In cases of secondary anemia there is less hemoglobin and

more red cells, while in primary anemia there is more hemoglobin as compared with the percentage of red cells. People with primary anemia usually have no acid in their gastric juice. They must take B12 and perhaps liver extract, or folic acid for the rest of their days if they are to stay alive and not get changes in the nervous system supplying their legs.

As I said at the beginning, many people today get too excited and worried about a slight and questionable degree of anemia.

Recently I was chatting with one of my favorite old students, now an able teacher of medicine, and he was telling me how a few years ago he accidentally discovered that he had only 40 per cent of his hemoglobin left. Looking for the cause, an x-ray man quickly found a cancer in his large bowel. It was removed and apparently it is not coming back. As he said to me, the curious fact was that although he is an extremely busy and hard-working man, he had absolutely no feelings of fatigue or weakness or anything to warn him that he was ill. Since then, naturally, he has been looking for other patients like himself, and already he has found a woman who had only 35 per cent of hemoglobin and no symptoms. Years ago a strongly-built ranchman's wife came in to complain only of bleeding piles. When I found she had only 50 per cent of her hemoglobin left, I quizzed her to try to get her to admit that she had some symptoms of anemia, but she said she worked very hard from early morning until late at night, and never felt tired or ill.

I mention the experience of these people because I have seen such symptomatic anemia. I cannot help being suspicious whenever I see a woman who tells me that for months she has been treated for anemia and still has 12 grams of hemoglobin and still has the same old symptoms of nervousness. Usually, the more I talk to her, the less I think she ever had anemia, and the more I think she is just a "bunch of nerves." Certainly, one can give the woman an iron for a year or two without changing her. Perhaps I learn that at home she has great sorrow with an alcoholic husband or a feeble-minded child.

A Friendly Psychiatrist

I recently got a letter from a psychiatrist who wrote to say that I had cured one of his patients with a statement in one of my columns. This has impressed him a good deal, because he had been telling the woman the same thing I said. But, as I remarked here a while ago, of times a patient who is not impressed when told something, is cured when she sees the same statement in print.

How's your blood pressure? Does it go up with each crisis in your life? Dr. Alvarez answers your questions about blood pressure in his booklet, "High Blood Pressure." It may be obtained by sending 25 cents and a large, stamped, self-addressed envelope with your request to Dr. Walter C. Alvarez, Dept. MMT, The Register and Tribune Syndicate, Box 957, Des Moines 4, Iowa.

THURSDAY
4:00—American Bandstand
4:30—Uncle Bill
5:00—Roy Rogers
5:30—Six O'Clock Report
6:00—TV Weatherman
6:30—Doug Edwards & News
7:00—Man Hunt
7:30—Andy Griffith
8:00—Blue Angels
8:30—The Real McCoys
9:00—My Three Sons
9:30—Hot Off the Wire
10:00—Jack Benny
10:30—Take a Good Look
11:00—Rawhide
11:30—Sign Off
FRIDAY
11:00—Morning Court
11:30—Love That Bob
12:00—The Camouflage
12:30—As the World Turns
1:00—About Faces
1:30—House Party
2:00—Day in Court
2:30—Road to Reality
3:00—Brighter Days
3:15—Secret Storm
3:30—Edgar & Night
4:00—American Bandstand
4:30—Ore-Cal Panorama
5:00—Huckleberry Hound
5:30—Six O'Clock Report
6:00—TV Weatherman
6:30—Doug Edwards & News
7:00—Sea Hunt
7:30—Ann Sothern
8:00—Angel
8:30—Flintstones
9:00—77 Sunset Strip
9:30—The Detectives
10:00—Law & Mr. Jones
11:00—Edison The Man
11:30—Sign Off

WALT'S TV & RADIO SERVICE
"Oldest Shop in So. Oregon"
2300 So. Stage Rd. SP 2-2269
Serving Medford & Vicinity
Also H.F. and Stereo Service
Cable—Monday thru Thursday
8 a.m. to 5 p.m. Friday, 8 a.m.

VALLEY PLUMBING

Service—Integrity

1127 Court Street Phone SP 3-3102

School News Strange As It Seems

By ELSIE HIX

Applegate—"A lot of mineral is falling this morning." So started the discussion of rocks and minerals in Mrs. Henderson's fifth and sixth grades recently. Mrs. Marcel LePinec started her discussion by explaining that ice may be thought of as rock, as it is part of the earth's crust.

Mrs. LePinec used snow, ice and hail as examples to explain changes in rocks and formations. The children learned that there were between 1,200 to 1,500 types of minerals, many of which only show up under a spectograph.

There are three types of rocks—igneous, sedimentary and metamorphic. Igneous rocks are of lavas and basalt and resulted from fire or heat. Sedimentary or aqueous rocks are composed of matter deposited by water. Metamorphic rocks are created by heat or tremendous pressure on the igneous or sedimentary rocks.

The children were told that the helps classify the rocks and the use of a streak plate (unfired pottery) helps show color. Appearance of a rock often is deceiving. Ore is mineral of value. The children were shown a sample of cinnabar ore and how to determine its color. The rock was mortared to release the ore. When this is subjected to terrific heat, mercury is released. A sample of this was shown.

The children were shown a sample of gold ore and that was mortared and panned. A demonstration was given on panning for river gold and the use of a magnet in removing black sand, leaving the gold.

Samples of slate, shale and a thunder egg were shown to the class, as well as a group of rocks containing fossils. Mrs. LePinec presented three children with an agate bolite, an agate bracelet and a card of world gem stones, from Juanita Anderson, another local Applegate rock hound and mineralogist.

State-Owned Vehicles To Go on Auction Block

Salem—UPI—Seventy-nine state-owned used cars, trucks, boats, television sets and other items will go on the auction block in Portland at 12:30 p.m. March 25.

The bidding, open to the public, will be conducted at the new Memorial coliseum. A successful bidder must make a down payment of at least 10 per cent to hold the merchandise.

SEE THE BIG ELKS CIRCUS

Mon., Mar. 20 MEDFORD ARMY

TELEVISION REPAIR

Radio & Small Appliances Work Guaranteed CALL SP 3-6241 TROWBRIDGE & FLYNN 214 West Main.

Does your watch run FAST?

It may only need re-adjusting. Why not come in and receive our free inspection service? S&H Green Stamps

218 EAST MAIN

STONE'S TV SERVICE

1119 EAST JACKSON Day SP 2-8266, Eve SP 3-2692 We Recommend & Use RCA Tubes We Give Silver Dollar Stamps

Barney Google & Snuffy Smith

BLONDE
MUTT AND JEFF
PEANUTS
ARF ARF ARF
YOU'RE NOT FOOLING ANYBODY BUT YOURSELF!

CROSSWORD PUZZLE

Answer to Yesterday's Puzzle

ACROSS
1—Once around track
2—Scrupulously
3—Miserable
4—Scorch
5—Irish
6—Wright of India
7—Detected
8—Hard-wood tree
9—Babylonian deity
10—Article of furniture
11—Crimson
12—Frenson
13—Showy flower
14—Latin conjunction
15—Sting
16—Sting
17—Diphthong
18—Metal establishment
19—The sun
20—Before
21—Edible root
22—Stitch
23—Indefinite article
24—Fruit
25—Lustrous pots
26—Amuse
27—Stick
28—Unusually
29—Part of
30—The sweetest
31—Label
DOWN
1—Whip
2—Region
3—Separated
4—To wash
5—Green letter
6—County in Ireland
7—Famed
8—Fruit
9—Lubricate

Dist. by United Feature Syndicate, Inc. '6

PEANUTS

IT'S DISGRACEFUL THE WAY YOU HANG AROUND ALL DAY DOING NOTHING! NOW YOU GET OUT THERE AND CHASE SOME RABBITS!

ARF ARF ARF

IT'S KATE THE CROWD! GO TO YOUR COTTAGE GIRL! THIS IS A WENS BUSINESS!

THEN IT IS A POOR WAY TO CONDUCT SUCH!

YOU CAN'T STAND US ALL OFF, KATE! RUSH HER!

DOOLIE! SOMEONE IS CALLING US ON THE RADIO...GRAB IT...IT MIGHT BE THE DIFFERENCE!

EAST FREEDLENN RADAR INSTALLATION THIS IS U.S. JET 772! CARRYING A STICK OF CAP PARVENS! THEY HAVE RUN JUICE—WILL JUMP! OVER...

WOW! IT'S THE MARINES! TAKE AWAY YOUR YO-YO LICENSE!

ANOTHER CRACK LIKE THAT AND THE AIR FORCE WILL TAKE AWAY YOUR YO-YO LICENSE!

TOO HOT TO HANDLE

AFTER 48 HOURS. WHAT?

Barney Google & Snuffy Smith

COOKIE—WHO ARE YOU KNITTING THE SWEATER FOR?
MY BOY FRIEND
WHO'S YOUR BOY FRIEND?
I DON'T KNOW
WHAT DO YOU MEAN, YOU DON'T KNOW?
IT ALL DEPENDS ON WHO I'M GOING WITH WHEN I GET IT FINISHED

Barney Google & Snuffy Smith

NOW DON'T TELL ME NOTHIN' ABOUT THE BUDGET! CERTAINLY THE GOVERNMENT SHOULD HELP THE PEOPLE BUT...

BAH! THICK HEAD!

SO MY BARBER IS TRYING TO TELL ME WHAT IS GOOD FOR OUR COUNTRY!