

They'll Do It Every Time

By Jimmy Hatlo



Rudy Tetreault Receives MSC's Distinguished Citizen Plaque

Rudy Tetreault, 1961 president of the Medford Safety Council, received the council's distinguished citizen in Safety plaque at a banquet at the Rogue Valley country club Friday night, attended by an estimated 135 persons. Presentation of the plaque was made by Ralph Matthews, outgoing president of the council. Matthews said Tetreault was awarded the plaque for being the man most active in the council, and being the most active in the community in the promotion of safety. The award was but one of nearly a dozen awarded to outstanding individuals and industries who have done the most to promote safety in Jackson county during the past year. Edward M. Syring, manager of the Oregon drivers license division of the state department of motor vehicles, was the guest speaker at the banquet. Syring cited a number of statistics to indicate the value of the state's driver improvement program. He said the program, which sometimes results in driver's license suspensions, is not meant to be arbitrary, but is meant to try and change the driving habits and attitudes of drivers who need these habits and attitudes changed. Syring called for public support of the program. Two Saved-A-Life Awards were awarded at the banquet. One of them was given to Bjarne A. Bjornsen, 23, of 21 South Columbus ave., for preventing a possible multiple-fatality accident; and the other was presented to Miss Naomi Jean Walker, 17, of route 1, box 24, Gold Hill, for saving an 11-year-old boy from drowning in an irrigation ditch. Bjornsen's feat was performed on Oct. 2, during a rescue operation at a fatal plane crash site on Dutchman's peak. Bjornsen spotted a large boulder rolling towards a truck containing two men. In an instant he picked up another rock and threw it at the larger one, thereby deflecting its path, and saving the lives of the men in the truck. Miss Walker saved the life of 11-year-old James Martin of Gold Hill several months ago, when she pulled the boy from an irrigation ditch into which he had fallen. The boy had been carried 150 feet down the ditch from where he fell in before he was rescued. Miss Walker revived the boy through artificial respiration. Officer Milton Hanson of the Medford Police department and Sgt. Faye Holly of the Oregon state police office, Medford, both received recognition awards for unsuccessful attempts to save lives. Both men had tried to save victims of heart attacks by using the relatively new methods of mouth to mouth resuscitation and chest heart massage. The Medford Safety Council Hull award, awarded to the industry which has had the best safety record during the past year, went to the Ideal Cement company of Gold Hill. The Hull award is named after the late Frank Hull, one of the organizers of the safety council 16 years ago. Berry Bigham, who made the presentation to Ideal Cement company, noted that the California Oregon Power company came close to winning it. Copco did win one of the council's four industrial awards. The others were presented to the city of Ashland, the Ashland branch of the California - Pacific Utilities company, and the Ideal Cement company. New officers of the council were introduced at the banquet. They are, besides Tetreault, Buford Johnson, vice president, Joe Jarvis, secretary, Paul Bettio, treasurer, and Berry Bigham and Greg Orr, members of the board of directors. More than 500 newspapers print all or part of the daily stock transactions of the New York Stock Exchange.

Myers Elected Head Of Allied Council

Charles J. Myers of the Medford Barracks 540, Veterans of World War I, was elected president of the Veterans Allied Council of Jackson county at a recent meeting. Other 1961 officers include Vaughan Beer, Jacksonville Post 100, American Legion, vice president; Pat Graham, Jackson County Chapter 8, Disabled American Veterans, secretary; and Edward Smith, VFW 1833, Medford, treasurer. During the meeting, the council favored the procurement of hospitalization facilities for veterans at the White City domiciliary. Thus, in case of emergency, the individual would not have to travel to Portland, Vancouver, or to hospitals in California.

The Family Council

Editor's Note: The Family Council consists of a judge, a psychiatrist, three clergymen, three editors and a women's editor. Each article is a summary of an actual case history. The Council reports on problems that have been dealt with by responsible agencies and counselors. (Copyright 1961—General Features Corp.)

Mr. J. R. - We have two phones at home and the line's always busy on both, with my wife and daughter always talking. Sylvia R. - A talk with my girl friend clears up all my problems.

Mr. J. R. - I thought my wife held the record for non-stop yak races, but I think she's met her match in Sylvia, our 15-year-old daughter. In order to free our telephone line for others besides Sylvia's

Christmas Package Is Claimed at Post Office

The Christmas package which had been returned to the Medford post office from New Haven, Conn., was claimed Wednesday by Mrs. Alicia Carter, according to post office officials. It was reported that the label on the package had become detached and the package was returned to Medford, which appeared on the postage meter tape. The package, which contained several individual gifts, was claimed after an article in Tuesday's Mail Tribune listed the notes which were attached to the individual packages.

of diminishing returns, where talk is but a prolonged evasion, a substitute for any positive action. Then it is no communication, but static. Sylvia must learn to know the dividing line. Too much talk, as an indulgence, can be as paralyzing as too much whiskey. As Sylvia points out, whom one talks to makes all the difference in what one says, how detailed the saying and how one feels afterward. A trusted friend is fine for just getting things off one's chest. Even better is someone who won't take sides, someone objective like a guidance counselor or youth worker. Actually the National Association for Mental Health looks forward to the day when "talk-it-over" clinics will dot the land, out-patient centers which will be open 24 hours a day where people with burning problems can spill them into the ears of wise, impartial, expert advisors. Meanwhile, Mr. R. might try doing what Sylvia and Marc Antony - ask of their friends: lend an ear!

Just Two Patches



Sylvia R. - When I talk with my friends I feel wonderful. It's especially relaxing on the telephone, because I have their full attention and we can really get down to the bottom of things. These phone, fests mean everything to me. I love my father but I could never talk to him the way I can to my friends. He's impatient. He says, "Get to the point." He'd call my ideas nonsense. But my friends don't care whether I make sense or not. We just pour out our inner thoughts, and no one ridicules us or rushes us. After I bare my soul to my girl friend over the phone, everything in my life seems to fit in place. Otherwise, I worry about my marks and my social life and my parents' approval. Between Gwen and myself, we get things in order and then I can buckle down to reality better.

The Council: The need to communicate is universal, normal and basic in human beings, we hasten to assure Mr. R. Finding channels of communication is essential to mental health. Even a hermit like Thoreau "communicated" with nature. And conversely, being unable to communicate has been found to lead to mental illness. Thus we see all the "talk," mentioned above, as a valuable, health-giving outlet.

What we must consider for Mr. R. and for Sylvia is the limits of talk. When does it cease to be helpful and become nervous babble? How important is it to talk to the "right" person? Up to a point, talk is medicine. If it is poured into a sympathetic, non-judging (even non-listening, sometimes) ear, it is a salubrious unburdening, a healthful catharsis. "Better out than in" is usually true of troubles, joys, problems and news as well as adenoids! But there comes the point

Easy-Sew



5-10-12 M-14-16 L-18-20 9163 by Marian Martin

So practical for kitchen duty! Tunic-top apron is Easy-Sew - no waist seams. See diagram! Choose gay, thrifty cotton with contrast bias binding. Printed Pattern 9163: Misses' Sizes Small (10, 12); Medium (14, 16); Large (18, 20). Medium takes 1 1/2 yards 35-inch fabric.

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by Alice Brooks

Wonder of the World, a favorite quilt of pioneer days. It will be an heirloom some day.

This quilt is made of only two patches, two materials. It is so easy to make! Pattern 7392; charts; directions; patch patterns; yardages. Send Thirty-five cents (in coins) for this pattern - add 10 cents for each pattern for first-class mailing. Send to Medford Mail Tribune, Household Arts Dept., P.O. Box 163, Old Chelsea Station, New York 11, N.Y. Print plainly NAME, ADDRESS, PATTERN NUMBER.

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Try and Stop Me

By BENNETT CERF

SAM HIMMELL, paper magnate, unearthed this astonishing document, published by a big carriage manufacturer in New York in the year 1872: It read in part: ATTENTION!

No. 1. Office employees each day will fill lamps, clean chimneys, and trim wicks.

No. 2. Each clerk will bring in a bucket of water and a scuttle of coal for the day's business.

No. 3. Any employee who smokes Spanish cigars, uses liquor in any form, frequents pool or public halls, or gets shaved in a barber shop will give good reason to suspect his worth, intentions, integrity, and honesty.

No. 4. The employee who has performed his labors faithfully and without fault for five years will be given an increase of five cents per day in his pay, provided profits from the business permit.



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