

RADIO PROGRAMS - THURSDAY
Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility...

RADIO PROGRAMS - FRIDAY
5:30 - All Night Long
5:45 - Wake Up to Music
6:00 - News - Ekberg

KBOY AM 730 KC
THURSDAY
4:00 - Weather, Top 10
4:30 - News, Vespers
4:45 - Gospel Mission

TELEVISION PROGRAMS
The following TV broadcast log is printed as a free public service for the Mail Tribune's readers and TV viewers...

STAR GAZER
By CLAY R. POLAN
Your Daily Activity Guide
According to the Stars,
To develop message for Friday,
read words corresponding to numbers of your Zodiac birth sign.

The Medical Roundup
by Walter Alvarez
Emeritus Consultant in Medicine
Mayo Clinic
Professor of Medicine
Mayo Clinic
(Register and Tribune Syndicate, 1961)

Psychic Cause of Duodenal Ulcer
Back in 1912, I learned for the first time that commonly the cause of an ulcer is mental strain. One of my favorite vorrite patients then was a poor inventor who got his ulcer when he was a wonderling where his next dollar was coming from. Finally, his electric device for removing water from crude oil was leased by a corporation; big checks for royalties began to come in, and for six months he was on top of the world, and feeling fine.

Another patient of mine, a sensitive, gentle man, always healthy for 45 years, got a hemorrhage the morning after he learned that his adored wife had a cancer of the breast. He got operated on in his home city, and for a year he seemed cured; but then his wife was found to have a return of the cancer, and with this, he promptly got a new and very painful ulcer. He had a bad flare-up with this when his wife died, and he had another when, in trying to settle his wife's estate, he got into a bitter lawsuit.

Talked Into Cure
Many a time I have cured a man of a bad ulcer simply by talking him into getting out of a very harassing type of business. For instance; a nice friendly man had good health until gangsters started to muscle into his business, and to threaten him with death. Every night he walked the floor with the pain in his stomach. When I talked him into turning his business over to a partner who was tough enough to fight the gangsters, he immediately got well. I saw him years later when he told me that he had remained well without any treatment.

One day, a handsome business man of 55 came into my office to say that a month before, he had waked in the morning vomiting blood from an ulcer. Before that he always had been healthy. When I asked him what had happened the day before to distress him terribly, he said, "Just think, Doctor: Years ago at the close of World War I, my buddy and I went into business together; I thought he was the best friend I had on earth. Then one afternoon our bookkeeper came to me and said she couldn't stand it any more; for years my partner had been compelling her to rig the books so that he could steal from me. I lay awake all night, all in pieces nervously, and in the morning up came the blood."

I could go on for many pages telling stories like this, all showing that commonly the biggest factor in the production of an ulcer is a psychic one. Because of my many experiences of this type with patients, I refuse to have them operated on unless they have some complication that makes operation necessary. A hundred times, after a patient has been operated on, I have seen him get a new and terrible ulcer as soon as he ran into a new emotional jam. And a hundred times I have seen a man lose his ulcer symptoms the day he got mental peace. Why not, then, try for peace, instead of rushing into an operation? Of course, I have seen operations that worked perfectly, but then I have seen so many that didn't work well that I dread them. We still haven't devised an entirely satisfactory operation for ulcer.

VALLEY PLUMBING Service
1127 Court Street Phone SP 3-3102

'Lights' Program Set in Butte Falls
Butte Falls - A "Lights on For Education" program will be presented at the new cafeteria in Butte Falls High school starting at 7:30 o'clock tonight.

Participating in the "Lights on For Education" program will be Leonard Stratton, chairman of the school board; Mrs. Hannah Dalton, Mrs. William Hunter, Elga Abbott and F. E. Oiler. They will discuss possible legislation concerning Oregon schools and the welfare of youth.

Eighth Rabid Bat Found in Oregon
Portland - Dr. Richard H. Wilcox of the State Board of Health said Wednesday that Oregon's eighth rabid bat in the past several months has been found.

Wilcox said that the bat was found in Pendleton in November and that tests had just been concluded on it. Wilcox said that bats are in hibernation during this season of the year but warned when they start to reappear again in the spring to be careful of them.

him because he knows they have often been through the hell he is experiencing. He can't say to them, "What do you know about this terrible compulsion I have to drink?" The men who are trying to help him were once in the gutter, and they got out. The sick man knows, then, that a man can get out, and his helpers tell him how it can be done. They can recognize in a minute the alcoholic who does not really want to get well, and him they do not care to waste time on.

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Strange As It Seems By ELSIE HIX

Dr. Ruth Picard - an American Heart Assoc. Established Investigator WHO DISCOVERED THE VALUE OF ESTROGEN AS A TREATMENT FOR CORONARY HEART DISEASE, WORKS WITH CHICKENS BECAUSE, LIKE HUMANS, WHEN FED A HIGH FAT DIET, THEY DEVELOP ARTERIOSCLEROSIS NATURALLY!
AT SUNLAND PARK, NEW MEXICO, ON NOV. 13, 1960, THE 6TH AND 7TH RACES BOTH HANDLED THE SAME SUM - \$22,654!

CROSSWORD PUZZLE Answer to Yesterday's Puzzle

ACROSS
1-Terror
2-Large ladle
3-Underground
4-Baseball
5-Fright
6-Sacred image
7-Not
8-Envy
9-Name
10-Chore
11-Grill's
12-Flames
13-Ireland
14-Listened to
15-Symbol for tellurium
16-Surgical thread
17-Kind of bird
18-Scout
19-Postal duck
20-Expire
21-Glossy paint
22-More
23-French article
24-Word
25-Tree's neck hair
26-Swain river
27-Program
28-Gateway
29-Quarrel
30-Small plant
31-Not of scale
32-Mexican
33-Kite
34-Nerve network
35-Repulse
36-Down
1-Rage (colloq.)
2-Fruit's measure
3-Southern blackbird
4-Communist
5-Lasiness
6-Quilt
7-Fruit; with 8-Spherical body
9-Cerian report
10-Vegetable
11-Sacred image
12-Envy
13-Ireland
14-Listened to
15-Symbol for tellurium
16-Surgical thread
17-Kind of bird
18-Scout
19-Postal duck
20-Expire
21-Glossy paint
22-More
23-French article
24-Word
25-Tree's neck hair
26-Swain river
27-Program
28-Gateway
29-Quarrel
30-Small plant
31-Not of scale
32-Mexican
33-Kite
34-Nerve network
35-Repulse
36-Down
41-Pay back
42-Chemical compound
43-Untidy
44-Bible; with 45-Make love
46-Soft food
47-Greek letter
48-Baby's name
49-Compass point

PEANUTS
SHE BURIED MY BLANKET, CHARLIE BROWN!

STEVE CANYON
STEVE AND POTEE HAVE A LITTLE TIME TO ENJOY HONOLULU AS THEIR MATS. PLANE IS CHECKED AND SERVICED...

HERE COME TH' REMAINS O' BOOMCHIK!!

NO DOUBT ABOUT IT, JUS. THIS GOON AND SILK'S 'MAID' BESSIE ARE ONE AND THE SAME.

BALLS O' FIRE!! GRITS AG'IN TONIGHT!!

STOP IT, ELMER-- LET GO-- YOU'VE GOT TO TAKE YOUR BATH!

I LOOKED THROUGH THE WHOLE HOUSE-- THERE IS NO BURGLAR!

NOW I KNOW WHAT THEY MEAN WHEN THEY SAY OUR FUTURE LIES IN THE SOIL!

MEANWHILE... IT'S THE SAME STORY... THE BRITISH THINK THAT A NORTH AMERICAN AIR DEFENSE RADAR STATION HAS NO PLACE ON THEIR SOIL!

WELL, THEY SAY WE WOULD HAVE A HALF-HOUR WARNING OF A MISSILE ATTACK FROM RUSSIA, BUT THE BRITISH PEOPLE WOULD GET ONLY FOUR MINUTES... AND THEY NEED LONGER THAN THAT TO CUE UP THE YANKEES FOR KICKING THEM A TARGET BY PUTTING THE RADAR THERE IN THE FIRST PLACE!

MATTIE SAID HE WAS THE ONE GIVING ORDERS ON THE BOAT, SILK AND THE OTHERS CALLED HIM CHEF.

IF VE CRAVE FANCY VITTLES-- GIT YORESELF A JOB WORKIN' FER WAGES FIN--

LET LOOSE AN' GET IN THAT TUB!

MUTT, WHAT ARE YOU DOING? I THOUGHT I'D HAVE MY BREAKFAST NOW IN CASE I GET UP LATE FOR WORK!