

Many Countries Observe Food For Santa Custom

By JEANNE LESEM
United Press International
New York - (UPI) - A child who puts cookies out for Santa Claus on Christmas Eve is perpetuating a custom that predates the holiday itself.

The cookie custom first started when confections were served to Roman senators during the pre-Christian festival of Saturn, says the Pan-American Coffee Bureau.

Christmas Eve snacks are traditional in many lands, either for Santa and his animals or their counterparts.

In Holland, St. Nicholas (or Sinterklaas) faithful horse is remembered with hay, carrots and lump sugar, left by children in their wooden shoes. Sinterklaas is expected to replace these offerings with ginger cakes, candies and toys.

England's Father Christmas traditionally receives a generous helping of mince pie left over from dinner.

Christmas Snacks

In Norway, Sweden and Denmark the Christmas snacks were originally offered to protect one's home from mischief by the gnomes who bring presents.

Sweden's modern Jultomten is a red-costumed, white-bearded little man, a congenial counterpart of Santa Claus. But legend says he once guarded Swedish farms, and had to be wooed with a big bowl of porridge to guarantee the safety of farm buildings and productivity of farm animals for the coming year.

In pre-Christian days, nomadic Laplanders in northern Sweden made a sacrifice to Yuletide people who were believed to fly over the earth on Christmas Eve.

To ward off danger, the Lapps fasted that night. The food they would have eaten, plus bits of their Christmas day dinner, were put into a boat-shaped basket that was hung in a tree about a gunshot's distance from the family hut.

Denmark's gift-carrier is a gnome called Jule-nisse. He is left risengrod, or rice pudding, with an extra lump of butter, a favorite dessert of Danish children.

In southern Greece and the Tyrol, Christmas Eve snacks take on religious significance.

In the former, special flat loaves of bread are left on the dinner table at night in the belief that Christ or St. Basil will come to eat. And in the Tyrol, a pan of milk is left out for the Christ child and His mother.

An old Czechoslovakian custom makes Christmas Eve a fast day for children who want to see the golden pigs. These legendary figures are shadows cast by flickering candlelights as the family sits down to a festive seven-course supper. Tradition also dictates that leftovers from this meal be fed to the pigs.

Other animals and birds are remembered with gifts of food in many other countries, including Belgium, Sweden, Hungary, Germany and Spain.

In southern Syria, legend says, children also left water and wheat for the gentle camel of Jesus, the youngest animal of those that carried the Wise Men to the Christ Child.

Installation Conducted

Erwin C. Spence was installed worshipful Master of Medford lodge, AF&AM at a ceremony in the Medford Masonic temple.

M. O. Walker acted as installing master; W. W. Williams was installing marshal and Ross Gilkinson, installing chaplain.

Other officers installed with Mr. Spence were Dale Edwards, senior warden; Irvin Patten, junior warden; Vernon Turpin, treasurer; Carl Oestreich, secretary; Ronald Frost, senior deacon; James Love, junior deacon; Rodney Witham, senior steward; Ivan Harrington, junior steward; John Nelson, chaplain; Murray Gardner, marshal and F. K. Waters, tyler.

The annual St. John's day address was also given at this time by Dr. Roy McNeal of Southern Oregon College, a past grand master of Masons in Oregon.

Several musical selections were given during the evening by Mrs. Dale Edwards, organist. Refreshments followed in the dining room.

Mrs. Richard Pfeifer Hostess for Meeting

Shady Cove - The Shady Cove Garden club held the December meeting at the home of Mrs. Richard Pfeifer, with Mrs. Max Hawks and Mrs. Lloyd Harris as co-hostesses. Members held a gift exchange of garden articles and a placement show of flower arrangements for the various rooms in the house was held.

The meeting topic was "Evergreen Shrubs".

Mrs. George Pearson of Trail attended as a guest.

The January meeting will be held at the home of Mrs. Delbert Spain. The topic will be "Care of House Plants".

Shady Cove Unit Holds Luncheon

Shady Cove-Thirteen members attended a luncheon of Shady Cove Home Extension unit December 14 at the home of Mrs. Donald Cattanach on the River road in Shady Cove. A gift exchange between the members was held.

Suggestions were received for projects the members would like to have presented during the 1960-61 season.

HOLIDAY RICE

Cook rice in usual manner with bouillon instead of water for liquid. When steamed, stir in a small package of raisins and half a can of Mandarin orange sections. Toss all together with a couple tablespoons melted butter.

Social Events ♦ Women's News



Both young and old took part in the recent Christmas festival given by Medford Congregational church and decorating cookies turned out to be popular with the youngsters. Shown here as they worked—and sampled—are (left to right) Kathy Bullard, Susan Bullard, Danny Bish,

Marcia Scott and Craig McGeary. After the wreaths were all made and the cookies finished, a potluck supper was served and the festival closed with a worship service in the theme, "All Humanity Claims Him." The festival was held at the Red Cross building. (Simonsen-Walker photo)

Eighty Million Americans Looking for Insomnia Cure

By PATRICIA McCORMACK
United Press International
New York - (UPI) - An estimated 80 million Americans fight sleep.

Some are full-blown insomniacs. Others are part-time insomniacs.

J. Thomas Smith, president of the Dura corporation, Oak Park, Mich., brought up the subject during an interview. His firm's just scored a breakthrough in the land of nod.

It's an electronic bed that can be push-buttoned into 100 different positions, cuddling even the insomniac into a dreamy state.

Smith, who's been in the mattress business for a decade, is full of facts, historical and hysterical, about sleep.

On the business side, he first mentioned the following:

"On a flat surface, the body's supported at only four points—shoulders, buttocks, head, feet."

"But the remaining parts of the body are left in a state of tension. The 100-position bed, however, allows the user to find support for the entire body simply by elevating the torso until he experiences a floating feeling."

"Only in this position is complete relaxation possible."

On the historical side, Smith said that Aristotle, 2,300 years ago, suggested six hours sleep for a man, seven for a woman, eight for a fool.

Smith also brought into focus some views expressed by Prof. Alfred Adler, originator of the inferiority complex concept.

"According to Adler," he said, "the person who sleeps on his back, stretched out in

all directions, wants to be as great and important as possible."

"One who sleeps curled nose to toes lacks strong and courageous qualities. The stomach-sleeper's inclined to be stubborn and negative. Pessimists make themselves as small as possible, often retreating under the covers entirely."

Smith also said there are some strange laws and ideas regarding sleep. For example:

"In Massachusetts, it's illegal to go to bed without taking a bath."

"In Buffalo, N.Y., a barber can lose his license should a customer fall asleep in the chair."

"In Alhambra, Calif., one can't snooze legally in the kitchen."

"South Dakota outlawed sleeping in cheese factories."

Some of the laws are to help folks get to sleep. For in-

stance - in Corpus Christi, Tex., you're not to serenade after midnight; frogs are forbidden to croak after 11 p.m. in Memphis, Tenn., cats can't yowl after nine p.m. in Columbus, Ga.

Getting global about sleep, Smith said that in Iran, snoring's grounds for divorce. And in Columbia, an old ruling protects a resident from arrest while sleeping at home in his own bed.

"There's something seasonal about insomnia," Smith said, going full circle in his intelligence report on sleep.

"In the spring, we go to sleep with the greatest ease. Summer is insomnia season. In the autumn, we dream least and flounder around most."

Considering the fact that the nation has 80 million problem sleepers, Smith said the search for an insomnia cure rivals in intensity the hunt for a cure for the common cold.

A survey conducted in eight countries showed that the United States heads the sleepless list.

"In all eight countries," Smith said, "women were more troubled with insomnia than men. Married folk were less liable to insomnia than single persons."

What is sleep? A Greek physician, back in the Fifth Century B.C. had a phrase for it.

He said sleep was due to a "retreat of blood into the veins."

FOR A GLAMOROUS HOLIDAY DESSERT

Cranberry Ripple is a truly different dessert. The refreshing flavor of the berries and their enchanting color team with popular vanilla ice cream to make this an ice cream ripple to win compliments.

Cranberry ice cream is not found too often in the market. With just a little ingenuity, 2 quarts vanilla ice cream and 1 cup cooked cranberries, you can scoop up a dessert that's out of the ordinary - one with a homemade touch that looks and tastes like it required much more effort to prepare.

Fill a cake pan or other utensil handy for freezing with the ripple, and wrap it tightly with freezer wrap. Then like other well-wrapped ice cream products this too may be kept in the freezer for several months.

For Cranberry Ripple use 1 cup fresh or frozen whole cranberries, 1½ cups water, 2/3 cup sugar, dash salt, 1½ teaspoons unflavored gelatin, 3 tablespoons water and 2 quarts vanilla ice cream.

In the saucepan combine cranberries, water, sugar and salt; bring to a boil and cook until cranberries are tender. Drain berries, reserving sugar syrup; force through sieve. Dissolve gelatin in 3 tablespoons water; combine with hot syrup and berries and stir until gelatin is dissolved. Chill to jelly-like consistency. Spoon half of ice cream into freezing pan; top with half of cranberry mixture. Add remaining ice cream. Pour remaining half cranberry sauce over all. Stir lightly to ripple cranberry sauce through ice cream. Cover and freeze firm.

Members of the society and others who wish to do so are asked to supply food items that will be used to make baskets for needy families in this community.

Mrs. Ivan Smith was appointed to take charge of sacking candy that will be distributed to youngsters after Sunday school at Gold Hill Community Methodist church on Christmas day.

Mrs. Thomas Z. Smith reported that several members of the local society were among those who attended a luncheon and business meeting of Cave Junction Woman's Society in November. Those going were Mrs. S. M. Christensen, Mrs. Hoffman, Mrs. Harriett Elliott, Mrs. Helen Wegner, Mrs. John Bruce, and Mrs. Thomas Smith.

It was announced that the sub-district meeting will be held at the Gold Hill church in May.

Guests attending the meeting at Mrs. Moore's home were Mrs. Lewis Neilson, Mrs. Helen Wegner, Mrs. Jenny Lange, Mrs. Carl Johnson, Mrs. James Forrest, and Mrs. Lochlen L. Gregory, wife of the church pastor.

Miss Edna Holder, a missionary from India will be guest speaker at the January 6 meeting slated for 1 p.m. at the church.

New York Woman Preserves Children's Art in Tile

By GAY PAULEY
UPI Women's Editor

Port Chester, N. Y. - Mrs. Evelyn Phillips has made an unusual career out of preserving for posterity - and for proud parents and other relatives - art by children.

One of her clients was Mrs. Dwight D. Eisenhower, who asked her to reproduce on a tile ash tray a drawing of a horse and the words, "I Like Ike," as done by grandson David. The tray was a present from David to "Grandpa" when the President was hospitalized in 1955 with a heart attack.

"Children's drawings fascinate me," said the attractive 41-year-old mother of three. "I collect primitive art, so maybe that's why."

"The things children do best are the free drawings... not the ones produced when a parent parks a child at a table with crayon and paper and supervises."

This is the rush season for Mrs. Phillips, who operates "Young Rembrandts" from a studio near her home in this suburban town.

Most of the art comes from the kindergarten, first and second graders, she said - "They seem so conscious of things around them."

"They're usually the best artists because they're the least inhibited," she explained. She laughed as she added, "Some of their work is pretty graphic... you'd be amazed at the drawings we get of mommy or daddy without a stitch of clothes on."

Mrs. Phillips, a native of New York City, is the daughter of a fashion designer and studied art and design at the Traphagen School of Fashion and the Fashion Institute of Technology.

She was a resident dress buyer for department stores and specialty shops before she went into ceramics 10 years ago. Drawings by her oldest child, Priscilla, now 14, started her in her unusual career.

She hit on the idea of reproducing Priscilla's nursery school art on tile, took some courses in ceramics at the YWCA, and placed an ad in a New York publication saying that "Young Rembrandts" was in business.

The first advertisement brought 70 orders and it wasn't long until tiles and

knif forced the family - she is married to Richard Phillips, a photo-engraving executive - to migrate from a city apartment to their present spacious home and studio in Port Chester.

She and her staff of artists and ceramists are busy reproducing children's drawings on ash trays, bon bon dishes, cigarette boxes, cigar humidors, trivets, and memo pads - drawings sent in mostly by mothers who want personalized gifts for dads, grandparents or other relatives.

During the Christmas season, the firm reproduces approximately 2,500 pictures shipped to all parts of the country - some as far as Hawaii and Alaska.

"We got one child's drawing of Jesus at the age of 12 - Jesus was in a football uniform," she said. "To the child, Christ was a contemporary."

"Horses are the favorite animal. We get some children doing rockets and satellite launchers. When Davy Crockett was popular, we reproduced hundreds of coonskin caps."

Mrs. Phillips said clients had included Bob Hope, Dinah Shore, Ralph Bunche, and several members of the Vanderbilt family. One wealthy Weston, Conn., woman ordered 250 square tiles reproducing drawings by her five children.

"We've done tiles for fireplace borders, for coffee table tops and for wall hangings," said Mrs. Phillips. "But this woman had the most novel idea yet - she used them to panel the children's bathroom."

Grandchildren Sing for Couple

Central Point - Mr. and Mrs. H. E. Cassman, North Seventh street, Central Point, were honored recently when 15 grandchildren sang Christmas carols for them. The group included David, Dorie, Harvey, Jo Carol, Sally, Nina, Donald and Wayne Grissom; Donna, Gloria and Billie Thompson; Richard, Jerry, Douglas and Donna Jean Bishop.

Mrs. Cecil Bishop accompanied the group.

Club To Meet

Medford Fifty Plus club will meet Friday, December 23, at 12:30 p.m. in St. Mark's Guild hall. Members are asked to take a sack lunch.

Virginia Warren And John Daly Wedding Today

San Francisco - (UPI) - Miss Virginia Warren, daughter of Chief Justice Earl Warren, and television personality John Daly are being married today in a candlelight ceremony at Glide Methodist church.

It will be the first marriage for the pretty 32-year-old Virginia, whose father was governor of California from 1943 to 1953 and Republican vice presidential candidate in 1948.

Mr. Daly, 46, will be making his second trip to the altar. He is moderator of "What's My Line" on TV and recently resigned as head of the American Broadcasting company news department.

Mr. Daly met Miss Warren in 1948 while covering her father's campaign for the vice presidency.

The ceremony is scheduled for 7:30 p.m. EST.

Youth Fellowship Has Work Session; Wreaths For Sale

Gold Hill - The Methodist Youth Fellowship Sunday school class recently held an all-day work session at the home of Miss Jennie Lou Thompson. The young people made Christmas wreaths from Oregon grape and pine cones. Proceeds from the sale of these holiday decorations will aid their class and church activities of Gold Hill Community Methodist church.

Leaders of the class were taught how to make the wreaths by Mrs. Ernest Lyman, well known Gold Hill resident, who volunteered her services. Miss Thompson said orders for the wreaths may be phoned to Mrs. Samuel Jones, URich 5-1200 or Mrs. Paul Thompson, URich 5-1005.

The MYF group is directed by Mr. and Mrs. Edward Griggs. Earl Bown is president of the class, which consists of 15 boys and girls of high school age.

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Investiture Held By Brownie Troop

Brownie Troop 176 held investiture ceremonies and a Christmas party December 20, at the home of Mrs. H. H. Littlefield, 1316 East Main street.

Mothers were present to see their daughters receive their pins. Christmas carols were sung by all and refreshments were served. Gifts made by the girls were given to their mothers.

The new third grade Brownies from St. Mary's school are Judy Wieskamp, Terri Sue Woodcock, Marcia Lee Teutsch, Judy Shasky, Christine Sakralda, Ann Rementeria, Lucie Ann Norris, Janet Littlefield, Patricia Grigsby, Cecelia Darby, and Rosalyn Budeaux. Mrs. LeRoy Stuart is leader for the troop, and Mrs. H. H. Littlefield is assistant.

Party Planned Friday Evening

Weatona council, Degree of Pocahontas plans a Christmas party for the Redman and council members Friday, December 23, at the Redman hall on Apple street at 8:30 p.m.

Lodge will convene at 7:30 p.m. with past chiefs presiding. They will be Mrs. Henry Dooms, P.O. 4001; Mrs. Floyd Lewis, prophetic; Mrs. Ben Ashton, Wenonah; and Charles Dooms, Powhatan.

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