



**SNOW JAMS TRAFFIC** - Upwards of 150 cars were stuck in this jam on the north side of Buffalo, N. Y., Wednesday after the first storm of the season dumped 14 inches of snow on the area. Drifts were four feet deep in some places. (UPI Telephoto)

### Landscape Design Study Course Set At Oregon State

Corvallis - Professional landscape architects will serve as teachers in a landscape design study course to be held at Oregon State college Jan. 12 to 14.

The course is aimed at training people who can help create and maintain more attractive and useful parks, roadsides, schools, homes, and civic developments over the state.

It will be open to garden club members, nurserymen, city planners, members of park boards, landscape architects, and others interested in "providing beautiful and functional homes and communities," according to Donald J. Martel, head of the OSC department of landscape architecture. Fee for the course will be \$10.

This will be the second in a series of four landscape design study courses being sponsored by the Oregon Federation of Garden clubs in cooperation with the OSC cooperative extension service and department of landscape architecture. Since it is an independent unit, the second course can be taken even though the first course was missed, Martel said.

**Serve as Teachers**  
Professional landscape architects serving as teachers will include Mark Astrup, deputy state parks superintendent, Salem; Lloyd M. Bond, Eugene; Eunice C. Brandt, Salem; and Daryl B. May, Portland.

Marion Dean Ross, professor of architecture and architectural history at the University of Oregon; and George N. Freden, Thomas E. Rickard, and Martel from the OSC landscape department, will be the other faculty members for the course.

Those attending will study the influence of changing art forms on landscape architecture, history of landscape architecture, development of planting plans, site preparation, and use of paved areas, water, buildings, and trees in landscape designs. Place of garden clubs in civic projects will also be discussed.

Enrollment forms and more information about the course, can be obtained from local garden clubs or county extension offices.

The Players' Guild of Hamilton, one of the strong community theater groups in Canada developed from the Garrick Club founded in 1857.

### Eligibility for Vets Changed With Election

Approval of the war veterans bonding and loan amendment by Oregon voters Nov. 8 means certain changes in veterans' eligibility for loans and sets deadline dates for filing applications, Jerry V. Bianconi, Jackson county veterans service officer reminded residents.

The deadline for World War II veterans to apply for loans for Oregon farms and

either have been a resident of Oregon at the time of entry into service, or was a resident of the state for at least two years between the date of his discharge and Dec. 31, 1960.

Eligibility of Korean emergency veterans includes active duty of not less than 90 days between June 25, 1950, and Jan. 31, 1955. The other two requirements are the same except the veteran must

have been a resident of the state for at least two years between the date of his discharge and Dec. 31, 1960. The applicant must be a resident of Oregon when he applies for the loan.

**TRACK LIFE**  
Chicago - Modern railway tracks last about 20 average years before they are replaced.

### Fad Diets Could Give Bad Effects Doctor Stresses

Philadelphia (Science Service) - Harmful effects of liquid formula diets and of self-dosing with vitamins A and D were stressed here by Dr. Stanley A. Tauber, Albert Einstein Medical center.

Tauber also cautioned against acceptance of statistics supporting the low-cholesterol, or fat-free diets, or those high in unsaturated fats sometimes recommended in treatment of hypertension or arteriosclerosis.

Long-range effects that such major changes in diet might have on the body's metabolism should be considered by physicians, he told the American College of Gastroenterology meeting here.

**Defeat Aim**  
Such unrealistic dietary practices as limiting water or salt intake purely for the purpose of reducing weight in an otherwise healthy person defeat the most important aim of nutritional therapy, he warned.

"It is unlikely," he said, "that a patient who loses weight on a liquid diet will then . . . suddenly and miraculously begin to eat a normal, wholesome, well-balanced diet and maintain the weight loss."

**Harmful Effects**  
Tauber said the patient may suffer harmful effects of repeated alternating gains and losses of weight from going on and off the liquid diet. Even though the purely liquid formula may be nutritionally adequate, doctors should not condone these fad diets, he warned.

Although standard multivitamin preparations on the market today do not contain

## MEDFORD TRIBUNE

SECTION B MEDFORD, OREGON, THURSDAY, DECEMBER 1, 1960 PAGES 1 to 8

### Sudden Deafness Halted by Prompt Therapy by Drugs

Philadelphia (Science Service) - If you suddenly go deaf, make a beeline for the ear doctor's office. The faster you get there, the better your chances for having your hearing restored. Delaying more than six weeks may mean losing your hearing in the affected ear.

Dr. Woodrow D. Schlosser, consultant to the Pennsylvania Academy of Ophthalmology and Otolaryngology here, has found that hearing can be restored to 50 per cent of sudden deafness cases by the use of drugs if the patient seeks help in the first six weeks.

The treatment is simple. In most instances, treatment is based upon the assumption that a blood vessel leading to the inner ear has become spastic. Histamine, which dilates capillaries, is given intravenously for three days and then by oral dosage for six to 12 weeks, depending upon progress. Another vasodilator, nicotinic acid, has also been used. Because the vascular spasms are believed related to lack of function of the autonomic nervous system, drugs of the belladonna family, which includes antispasmodics and painkillers, have been used. More recently, heparin has come into the picture.

**More Women**  
Most cases of sudden deafness (75 per cent) occur in persons over 40 years old, more commonly in women than in men. Ringing in the ears precedes sudden deafness in 85 per cent of the cases, while dizziness occurs in one-third of the patients.

Dr. Schlosser said that the cause of this malady is not fully known, but several agents are suspected. These include hemorrhages to the inner ear, thrombosis, and such viral infections as subclinical mumps. Also included are fatigue, emotional upsets, allergies, endocrine imbalance and generalized stress.

Tests showed that the hearing loss is due to sensorineural impairment rather than to a middle ear lesion.

**Wooden Nickels Taken by Curator**  
New York - UPI - If you want to get rid of any wooden nickels take them to Vernon L. Brown, curator of the Chase Manhattan Bank's Museum of Monies of the World.

Brown's collection of more than 75,000 specimens of currency includes three-dollar bills, an obsolete U. S. two-cent piece, a 100-quintillion pengo note issued by Hungary in 1946, which inflation reduced to about a half-cent, and "tobacco" money.

"Tobacco" money is in the form of twist tobacco in sticks which are still a medium of exchange in the Solomon islands.

excessive quantities of any particular vitamin, there are individual vitamins such as A and D on the market in capsules of 50,000 units or more. Both these vitamins, he said, can produce toxic effects if taken without medical supervision in large enough doses over a long period of time.

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**SHOWN AT LEFT:**

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