

# Women's News • Social Events



Miss Lorraine Campbell (at left) and Miss Judy Berg are shown here with Mrs. Carl Stone, Pioneer road, just before the two young women left Tuesday for Vancouver, B.C. Miss Campbell and Miss Berg are from Sydney, Australia, and are on a round-the-world tour which they plan to

## Australians Are Visitors In Medford

Miss Lorraine Campbell and Miss Judy Berg of Sydney, Australia, left Medford last week after having been guests of Mr. and Mrs. Carl Stone and family, Pioneer road. The two young women are on a round-the-world tour. They plan to stop from time to time to work in places of interest. Miss Campbell has been a legal secretary in Sydney, and Miss Berg has been on the Sydney staff of Metro Goldwyn Mayer studios. They made the trip across the Pacific by way of New Zealand, the Philippines and other islands, and spent some time in Vancouver, B.C., before coming to Oregon. Mr. and Mrs. Stone and their son, Oran, took their guests to Crater lake, to San Francisco, and on various sight-seeing tours in this area. This was in the nature of a "reciprocity program" since Miss Campbell and Miss Berg and their families had entertained Oran Stone in their homes while he was stationed in Sydney with the United States Navy in 1956, and had taken him on sightseeing trips in Australia. The Stones regretted the fact that a heavy snow prevented the visitors from actually seeing famous Crater lake, but one had never seen snow before, and both enjoyed the scenery in the vicinity of the lake. Another "first" for the visitors was a Mexican dinner of tacos and tortillas. From Medford the two young women were returning to Vancouver and from there planned to leave for Toronto, Canada, where they will spend several weeks.

## Americans by Thousands On Liquid Reducing Diet

By PATRICIA McCORMACK  
United Press International  
New York (UPI)—The hula hoop fad was small potatoes compared to the proportions of the liquid diet fad. Secretaries are sipping the "900 calorie" drinks at lunch counters, bosses are drinking them in the privacy of the executive suite, mothers are using the stuff for an emergency meal for the kids. It's even appearing at cocktail parties! One of the fluid meals reportedly has made it to the menus at the White House. And the Quaker Oats Co. announced that its "Quota," in chocolate, vanilla and banana flavored powder form, is being test-marketed in the Midwest and soon will go into supermarkets nationally. You also can buy liquid diet powder in orange, chocolate, vanilla, butterscotch, and even coffee-flavored. For the dieters who want to wander from the regular flavors, there are other ways of dressing up the drinks. Many Flavors You make it rum flavored by adding imitation rum extract; get a brandy-flavored one by adding imitation brandy. Prices on jars and cans of the compounds in the New York area range from 89 cents to \$1.59 for a full day's supply. The lowest price is found at a discount house pushing its own brand of "900 calorie" a day powder. Competition is so hot in the fluid meal field that the nation's first producer—Mead-Johnson Co.—recently cut its price from \$1.59 to \$1.29. The firm brought out Metrecal in September, 1959, beefing up its sales promotion with clinical reports from doctors who had used liquid diets in reducing programs. Some patients had lost nearly a pound a day. Others lost less, but almost all who stuck to the liquid meals lost some weight. William De Lay, a spokesman for the Indianapolis firm, said production constantly is being expanded to keep pace with demand. Comes in Cartons The pioneer producer also was the first to offer ready-

too much—and the excess calories are stored in pads of fat. By limiting the intake to 900 calories a day—a difficult diet the old calorie-counting, food-limiting way—the body is given a chance to burn up calories stashed in fat. The fat goes away. The liquid diets do not wash fat out of the system, as some reducing products in the past have claimed to do. A New York accountant who had this idea was using the liquid diet instead of dessert. He gained weight. For the skinny people who can't put on weight, there's now a liquid fat supplement—Lipomul. The manufacturer, Upjohn Co., reports that sales of that product, too, are soaring. Dr. Philip L. White, secretary of the American Medical Association Council on Foods and Nutrition, says: "The use of better grade formula weight reduction products under proper conditions is medically sound. However, the careless use of such formula diets is unsound. "The short-term use of the 900-calorie formulas will not harm the individual who is just a teeny bit overweight. "However, such persons will achieve more satisfactory long-term results when they develop and maintain good eating habits—then weight maintenance will no longer be a problem."

## Mrs. Eisenhower Dispels Doubts

Washington (UPI)—Mrs. Dwight D. Eisenhower has dispelled any doubts that she will invite Mrs. John F. Kennedy to make a pre-inauguration inspection of the White House. Mrs. Eisenhower had been expected to extend the invitation, but the present first lady hadn't made a public statement about it until Friday. Questioned by reporters at a White House coming out party she sponsored for her two debutante nieces, Mrs. Eisenhower said: "Oh indeed, I can't now. But of course I'm going to." She referred to the fact that the visit to the executive mansion would have to await Mrs. Kennedy's recovery from the birth Friday of her second child. The courtesy has been customary. Mrs. Truman, wife of former President Harry S. Truman, took Mrs. Eisenhower on a collar-to-attic tour of the executive mansion after the 1952 election. Mrs. Eisenhower remarked that Mrs. Truman "was very sweet to me."

## Mischa Elman To Give Portland Violin Concert

Portland—Mischa Elman, world-famous violinist and one of the great names in music, will be at the Public Auditorium in Portland Saturday, December 3, to give a recital. This same artist, who made his American debut in 1908 playing the first performance of the Tchaikovsky violin concerto as a prodigy of 17, stands today as an artist of enduring greatness. This season America's leading symphony orchestras are featuring Elman in many of the violin works he popularized. Mischa Elman has been an American star ever since his debut here and has given more recitals than any living artist. Tickets for this golden anniversary season appearance may be obtained at Celebrity Attractions, 916 S.W. King street, Portland, or at the J.K. Gill box office, beginning November 30.

## Students Visit Applegate Homes

Applegate—Many college students were home over the Thanksgiving holidays. Among those were Miss Mary Herriott, Charles, Russell and Truman Elmore, Miss Miriam Gopen, Steve Hoffman and Gary Burrell from Oregon State college. James Settles was home from Pacific University and George and Miss Julie Brown, and Miss Lorraine Teske from Southern Oregon college. Miss Les Teske came from Port Orford, Ore., where she is teaching in the elementary school.

## Supper Planned By Howard PTA

Howard Parent-Teacher association has planned the annual chili supper for Friday, December 2. Serving will be from 5:30 to 8 p.m. Tickets are on sale at the school and a contest is being waged between pupils of the fifth and sixth grades, and the third and fourth grades, to promote the sales. Proceeds will be used to purchase library books for the school.



When Potpourri started a hunt recently for hand-made Christmas cards to embellish yesterday's picture page, a number of kind souls responded. Since we are a keeper of cards, (we always have tucked away here and there cards from four or five years back) some came from our "files."

Arnel Butler and Mrs. George Kellington brought in cards decorated with pictures which they had taken. Mr. Butler had used his grandson as a subject, the result being an appealing picture of a small boy looking hopefully up the fireplace chimney as if expecting Santa Claus. The Kellingtons had devised a clever card by taking very small pictures of family members and combining them with a larger one with the result that the Lilliputian-sized family members appeared to be trimming the bough of a huge Christmas tree.

The Hedberg's card reproduced on the page was the work of Mrs. Elwood B. Hedberg—Betty—who one year made scores of tiny green felt Christmas stockings and decorated them with sequins and other baubles before attaching them to the cards. The middle card in the reproduction is the work of Mrs. Paul Rothermel, the former Helen Hinck of Medford. Since the Rothermels now live in Arizona, she sketched a desert scene for cards one year. Many busy couples, like the J. P. Tobins, the Frank Bashes and the Otto Frohnamyers, make their own cards if they find the time and inspiration.

For many years the Edward C. Kellys have sent "Kellygrams" at Christmas. These are forms similar to a telegram printed in Irish green, and on each one Mrs. K. writes a personal message. According to the Greeting Card association, the number of cards purchased and mailed this year will run into the billions. They come in every imaginable kind, size and price range for every taste. Some of the most beautiful and appropriate are reproductions of famous religious paintings by the world's best known artists. Others are themed to professions, hobbies and special interests. There are cards for fishermen, golfers, bowlers, sports car enthusiasts; cards for those who were born on Christmas and special cards for brothers, sisters, parents and other relatives. In other words, whatever the kind of card the buyer wants, he is sure to find it. If not, he can become a "do it yourself" and make his own.

A few years ago this reporter heard talks by a young couple who had returned to this country after several years in China. They were, we decided, thoroughly indoctrinated by the Communists. One of the statements made by the young woman (who had lived in Philadelphia as a child and student) was that in the United States there is not the same feeling of responsibility for one's fellow man as there is in Communist China. With indignation we told the woman that she must be thinking of a United States that we did not know, and we asked her to remember the Red Cross, the Salvation Army, the Boy and Girl Scouts, Camp Fire Girls, United Crusades, the many campaigns for polio, cancer, muscular dystrophy, etc. All of these organizations and thousands of others, millions of church workers and just plain people in this country feel a sense of responsibility to their fellow men. She fell silent, but obviously remained unconvinced.

While watching the CBS program "Harvest of Shame" on TV's Channel Five Friday night this woman's words came back to our mind. Those who saw the program know what we mean. For those who did not, the program was a documentary on the conditions of migrant farm workers in this country and it was deeply shocking. Perhaps the American turned Communist (who knew about the slum condition in Philadelphia) also had observed the migrant workers—workers about whom one farmer was quoted as saying "farmers in this country at one time owned their slaves; now we rent them."

The film showed workers, including small children, transported in trucks for long distances like animals, showed living conditions unbelievably bad and brought out the fact that children of these workers are receiving very little schooling. It was said that the government is spending millions of dollars to improve conditions for migratory waterfowl, and that congress has refused to pass legislation which would aid the migratory workers and their families. Perhaps the documentary which Edward Murrow and his group made will stir up the nation to do something. We hope so. For we refuse to believe that a nation which spends millions of dollars on sports, other millions on liquor and still other millions on cosmetics,—and Christmas cards—can continue to tolerate seeing a large segment of the population live under conditions which in some instances are worse than those provided for the nation's dairy herds and poultry flocks.—O.S.

## Eagle Point Area Students In Valley for Thanksgiving

College students in the valley for the Thanksgiving holidays included a number of Eagle Point High school graduates. Robert Assali, John Donat, Susan Chubb, Nolan Greenwood and Lana McGraw traveled from the University of Oregon, at Eugene. Robert Assali and his guest, Thomas Gallagher of Merced, Calif., continued on to a family gathering in Turlock, Calif. John Donat joined in a family dinner at the Donat's new home on the Rogue River at Trail. Nolan Greenwood, Eagle Point, was a part of the family gathering at the home of his brother Loren, Brownsboro Road, on Thanksgiving day. Miss McGraw, Eagle Point, was a Thanksgiving dinner guest, with her family, at a large family gathering in the home of her aunt and uncle, Mrs. and Mrs. W. E. Hammel, Hammel road. Steve Carroll, Gary Williams, and Mack Lemmon

traveled from Oregon State college at Corvallis. Young Carroll and his house guest, Dick Westover, Salt Lake City, Utah, shared Thanksgiving dinner at the home of his parents. His sister and husband, Mr. and Mrs. John Forbes, also students at OSC visited at the family home, too, during his holiday stay. Young Lemmon, now a resident of Seio, Ore., spent the holidays visiting former schoolmates, friends and relatives in the Eagle Point and Medford areas. Gary Williams joined his family at home in White City for the four day vacation.

**Elegant Grapefruit**  
Rose wine adds sparkle and delightful color to broiled desert grapefruit. Broil the juicy fruit with brown sugar and butter until heated through and ready to serve. Drip a little rose wine over the top of each grapefruit half. Serve immediately.

## Officers Announced

Mrs. Edward A. Ganoung Sr., Grants Pass, was installed as vice president of the Southern Oregon Iris society at a meeting recently at the home of Mrs. W. D. Jackson, 606 Iowa street, Ashland.

Also installed was Mrs. Olin V. Poe, Talent, secretary. It was announced that Mrs. Katherine Farley, vice president, will serve as acting president until the election of a new president in June. The president, Mrs. E. A. Harris, Ashland, was unable to serve due to illness.

At the meeting slides from the Aril Society of San Gabriel, Calif., were shown. Included were slides of the native Iris of Lebanon and the crosses and improvement by hybridizers. The next meeting will be held January 24 at the home of Mrs. R. T. Nichols, 1555 South Peach street, Medford.

## "Miss Oregon" At Store Party

More than 250 girls and young women were at Mann's store Saturday afternoon to attend the twice-monthly "charm parties" which the store is sponsoring for teenage girls. The unusually large attendance was due to the fact that the speaker for the day was Miss Rosemary Doolen, Miss Oregon for 1960-61. Miss Doolen wore the elaborate white ball gown, a Cahill of California original, which she wore for the Miss America pageant in September, and told the audience about the remainder of her wardrobe. She spoke about charm, about clothing, and stressed that the Miss America contest is no longer based on mere prettiness of the candidates but on their poise, intelligence and talent. She stressed the educational value of the contest and told of the scholarships offered to the entrants and the winners. Miss Doolen, a student at Willamette university, was in Medford to spend Thanksgiving with her family.

## Families Make Holiday Trips

Applegate—Many "Applegaters" took advantage of the Thanksgiving week end to make trips. Among these were Mr. and Mrs. Gary Krouse and Mr. and Mrs. Marvin Brewster and children who traveled to Los Angeles. This is the former home of the Brewsters. Mrs. Gene Krouse and daughter Beth traveled to San Luis Obispo to visit with their daughter and family. Mr. and Mrs. Ronald Palmerton. Mr. and Mrs. Leon Offenbacher went to Santa Rosa, Calif., to be with relatives, and returned by way of Eureka to visit with their son Elvis and family. Mr. and Mrs. John Horner traveled to Salem to visit friends. Mr. and Mrs. Vincent Freeman and family of Arcata, Calif. spent the week end visiting at the Virgil Prowell home. The Freemans are formerly of Applegate.

## Calendar

Calendar notices and news for the society section of The Mail Tribune must be submitted in writing and deadline for the Sunday edition is 1 p.m. Friday. Deadline for the weekly calendar is 9 a.m. the day of publication and for week day news is 5 p.m. the day before publication. Monday: 6:30 p.m.—Neighbors of Woodcraft, Eagles hall. 7:45 p.m.—Degree of Honor lodge, Girls Community club. 8 p.m.—Central Point Garden club, holiday decorations show, Ping's Garden. Tuesday: 9 a.m.—Medford Garden club, courthouse auditorium. 1 p.m.—Travel Study club, Girls Community club.

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