

Feeding the Family

By ZOLA VINCENT
Food Editor

Round-Up of Past. Fancy Recipes and Ideas

The next few days are such busy ones for the entire family with reunions, homecoming games, the long week end and myriad other special attractions that we've rounded up a wealth of pertinent fast and fancy recipes and suggestions that will come in handy now and during the busy weeks ahead. We've simmered most of them down to paragraphs for quick reading for which we hope you will give thanks.

Table Arrangements

Colorful fruits, vegetables and nuts in combination with fall foliage from the yard lend themselves to infinite variety in arrangements for table, buffet and other areas.

A mound of shiny red apples, the gold and russet of winter pears or mixed fruits with a pomegranate or two, some persimmons, tangerines or even a small melon tucked in. Arrange on nest of colorful leaves, barberry, bitter-sweet or cotoneaster and sprinkle with assorted nuts or arrange a cranberry garland.

If your table is long, a flat garland of alternating green and deep blue-purple grapes will prove exciting. Or do it entirely in green tones or bronze tones.

Scoop out a pumpkin or Hubbard or banana squash and fill to overflowing with mixed fruits and vegetables with nuts sprinkled over all. A wooden bowl piled with assorted small gourds and green peppers around a deep purple eggplant seems a good idea as a beginning with red-berried foliage tucked in.

Turkey Reminders
When turkey is cooked, serve it promptly or cool quickly and store in refrigerator at 35 to 40 degrees. Be very sure to cool turkey thoroughly before placing in refrigerator. Do not hold for more than two days after cooking.

When serving turkey, do not leave it at room temperature or on a hot stove more than an hour. Cooked turkey and turkey dishes when warm, spoil quickly. Cool left-over portions of turkey or turkey dishes quickly and put them in the refrigerator. Do not keep turkey dishes such as creamed turkey more than one day before using them.

Turkey Sandwich Secret
Many people insist that they roast turkey just so they can have all the turkey sandwiches they want. Certain it is that few things if any make finer eating than slabs of cold turkey meat between slices of fresh snowy white bread. This is one place where white bread is completely satisfying.

Just have on hand plenty of bread, butter, mayonnaise, salt and pepper and you're all set for magic meals and/or refrigerator raiders throughout the week end. Secret of turkey sandwiches is the salting and peppering of each and every sandwich as you're making it. Plenty of cranberry sauce, of course.

First Aid to Carvers

If you're a turkey garnisher, that's fine. Doll the bird up all you like for that first memorable impression. But . . . have a good size plate or platter convenient so the head of the house can remove the garnishments and clear the platter for action. No man, however proficient at carving, can work his way efficiently around slices of cranberry sauce, sweet potato-stuffed oranges and other festive impediments.

Pears and Cheese
It's Bose and Anjou pear season. Serve juicy ripe pears with sharp, piquant cheeses, crackers or specialty breads for a truly Continental, handsome and satisfying dessert.

Superb Dark Fruit Cake Needs Aging

If you take a vast amount of pride and pleasure in your fruit cake making, you've probably planned the day to do it. If you've not settled on the recipe, here is a spicily fragrant, rich and sumptuous fruit cake for giving pleasure to family, guests and friends fortunate enough to receive some of it at Christmas time. So do it soon and have it done. The finest fruit cakes need aging, you know.

Recipe makes two loaves using the standard 9 1/2 x 5 1/2 x 3 inch pans. Total weight will be 5 1/2 to 6 pounds. You may want to halve them later.

- 1 cup dried apricots
- 1/4 cup honey
- 1/4 cup Sherry wine
- 2 cups light or dark raisins
- 1 cup currants
- 2 cups pitted fresh dates
- 1 1/2 cups diced preserved citron
- 1 cup diced candied pineapple
- 1/2 cup halved candied cherries
- 2 cups chopped nuts
- 1 cup butter or margarine
- 1 1/2 cups brown sugar (packed)

Steamed Fruit Pudding Is Plumb Wonderful

Fruits and spice and everything nice, that's what holiday puddings are made of. Here is a plumb wonderful pudding with nary a plum, but rich and redolent with prunes and nuts and candied fruits.

A fancy mold is fine if you happen to have one, but not essential. Coffee cans, oven-proof casseroles or individual custard cups are good. If covers are not available, tie aluminum foil over mold. If regular steamer is not available, a deep covered kettle with a wire rack in bottom is fine. Trick is to keep the steam in. This bakes the pudding.

To remove from mold, loosen sides with a small spatula and invert on heated serving dish. Recipe is for 1 1/2 quart mold for 10 to 12 servings with hard sauce or pudding sauce.

- 1 1/2 cups cooked prunes
- 1/2 cup shortening
- 1 cup brown sugar (packed)
- 1 egg
- 1 cup sifted all-purpose flour
- 3 teaspoons baking powder
- 1 teaspoon cinnamon
- 1/2 teaspoon allspice
- 1/4 teaspoon nutmeg
- 3/4 cup cooking liquid from prunes
- 1/2 cup mixed candied fruits
- 1/2 cup chopped nuts
- Hard sauce

Pit prunes and chop. Cream shortening and sugar together thoroughly. Blend in lightly beaten egg. Sift together flour, baking powder, salt and spices. Add to creamed mix-



HOLIDAY FRUIT CAKES — With the holiday season well under way, we dare not delay the making of fruit cakes that require aging. The long week end, while eating Thanksgiving left-overs, seems an ideal time to undertake this happy occupation. Recipes are included in today's food feature.

ture alternately with prune kettle containing enough hot liquid. Stir in prunes, candied fruits and nuts. Turn into well-greased 1 1/2 quart mold. Cover tightly and place in room temperature before

GOP Seeking Reverse in Election Outcome

Washington — (UPI) — Never-say-die Republicans were trying to capture the presidency for Richard M. Nixon by reversing election results in three big states—Illinois, Texas and New Jersey.

The Republican National committee appeared to be attempting to prod GOP state organizations into action in five other states — Missouri, New Mexico, Nevada, South Carolina and Pennsylvania.

Democrats gave no sign that they view the GOP moves as a threat to Sen. John F. Kennedy's plans to move into the White House Jan. 20.

Not Claiming Success
GOP party leaders weren't making any claims of success for their effort to reverse the Nov. 8 election outcome.

They said they merely were doing their duty to the voters in view of Nixon's photo-finish victory Wednesday night in capturing California's 32 electoral votes on a tide of absentee ballots counted eight days after the election. This toppled Kennedy's lead in the regular balloting.

The Republican National committee announced Friday it was sending representatives to all eight states to take a "close hard look" at election results about which complaints of irregularities have been made. The committee explained the action this way:

Nixon 46 Short
Nixon now has 220 certain electoral votes. He leads in Alaska where the race for the state's three electoral votes still is in doubt. Thus, he is at least 46 short of the 269 needed for election.

Nixon would have to win Illinois' 27 votes and Texas'

24 now in the Kennedy column — to overturn the election. New Jersey — also now for Kennedy — has 16 electoral votes.

Kennedy carried states with 306 electoral votes but is cer-

tain of only 300 because six Alabama electors are against him. Other Southern electors conceivably could defect, if Kennedy's total fell much below 300.

LA Transportation Service Resumed

Los Angeles — (UPI) — The first of nearly 1,500 Metropolitan Transit Authority buses and trolleys resumed service today to end a five-day mechanics' strike.

The strike had affected more than 400,000 daily commuters in 141 communities serviced by MTA in the four counties of Los Angeles, Riverside, San Bernardino and Orange.

Striking members of the Amalgamated Transportation Union voted 451-73 to accept a 15-month work contract Sunday.

The contract provided for an immediate wage increase of 18 cents an hour, with 11 cents an hour more on Jan. 1, and 10 cents more on July 2, 1961.

Before the new contract top rated mechanics earned \$2.61 an hour.

SIAMESE TWINS DIE
St. Louis, Mo. — (UPI) — Siamese twin girls, born to Mrs. Gary Dagenhardt, Collinsville, Ill., last Sept. 8, died Sunday at St. Louis Children's Hospital. No operation was attempted to separate them.

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