

Art of Dress Chapter Topic; Parties Slated

"The Art of Dress" was the topic presented at a meeting of Alpha Phi chapter, Beta Sigma Phi, November 15 at the home of Mrs. Donald Bills.

The program was presented by Mrs. Grace Northey from Mann's Department store. Mrs. Northey showed how a basic black dress and a basic black sweater can be worn with different accessories such as a mink collar or jewelry.

A new pledge present at the meeting was Mrs. Vernon E. Craft.

Final plans were presented for the pledge ritual which is to be held November 29 at the Medford hotel.

A "listening party" and box social will be held at the home of Mrs. Steven Hess November 25, the night of the state championship football game.

A fund raising card party has been planned for December 1 at the home of Mrs. Jerald McGrew. Mrs. Jack Bailey is chairman for the event.

A recipe exchange was held at the close of the meeting.

If one glass tumbler sticks to another, don't try to force the two apart. Fill the top glass with cold water, then dip the bottom one in hot water. They'll come apart without strain or breakage.

OSC Scientists Discover New Use for Vitamin K

Corvallis-Oregon State college scientists will continue studies of vitamins used as food preservatives with a renewed grant of \$12,000 from the U.S. department of health, education and welfare.

Certain K vitamins, normally involved in manufacture of protective body substances, are now filling new roles as food preservatives, says Dr. H. Y. Yang, food technologist in charge of the project.

Previous OSC studies indicate that one of these, vitamin K-5, prolongs shelf life of a variety of foods including cottage cheese, mushroom sauce, crab meat, strawberry jam, frankfurters and cheddar cheese. Apple juice, which usually ferments after a day's storage, retained all natural colors and freshness with the addition of K-5 after several days storage at room temperature.

More Tests
Groundwork has now been laid at OSC for more extensive tests and development of new methods for adding the vitamin to foods. Food preserved with the vitamin will be stored for several weeks at refrigerated as well as room temperatures.

Dr. Yang notes differences between vitamin K-5 and other food preservatives. Vitamin K-5 is the only known vitamin that kills organisms in food. Ascorbic acid (vitamin C) only prevents discoloration. Most chemical preservatives slow down bacterial activity, but don't add to food's nutritive value, he explains.

Unlike most preservatives, Vitamin K-5 is heart-resistant. Because it isn't destroyed by heat, the vitamin may be added to food before processing and remains active after the container is opened, retaining more fresh flavors and nutrients.

More Versatile
One of the most versatile preservatives yet known, Vitamin K-5 can be used to preserve a wide range of food. Most artificial preservatives are limited to certain acid foods only. A little K-5 goes a long way too—it's effective in very low concentrations, Yang has found.

The K vitamins are present in green leafy vegetables, cheese, liver, egg yolk and tomatoes. Humans need Vitamin K to produce prothrombin, a blood substance essential in preventing excessive bleeding.

OSC food technologists are among the first to study Vitamin K as a food preservative. They discovered its unique qualities several years ago when examining more than 100 other preservatives.

Assisting with the study are Latif Rasulpuri, Leticia Gomez and Joan Michalek.

Californian Guest At Sojourners Meet, Party Set

Mrs. Myrtle Spurlock, Yreka, Calif., was an out of town guest at the Medford Sojourners meeting Thursday, November 17, at the Girls Community club.

A turkey and autumn leaves decorated the dessert table. Mrs. A. Collins, Mrs. H. F. Jenkins and Mrs. I. W. Housechild shared honors as hostesses.

Cards followed a short business meeting with bridge prizes going to Mrs. H. F. Griffiths and Mrs. Wayne Craig, pinophile to Mrs. G. H. Chamberlain and Mrs. Mabel Wright, and canasta to Mrs. Evelyn Hendrick and Mrs. A. L. McClure. Mrs. H. J. Jenkins won the special award.

The next meeting of the club will be a Christmas party December 8 at 12:30 p.m. at the Girls Community club, to which they invite all women who have lived in Medford or the vicinity two years or less. The main purpose of the club is to help newcomers become acquainted. Those interested may call the hospitality chairman, Mrs. Fred Cate, SPRING 3-3485 for further information.

Department Head Visits Mothers
Mrs. Gladys Sherman, Cottage Grove, Oregon department president of the Blue Star Mothers, paid her official visit to the Medford chapter of Blue Star Mothers Thursday.

The luncheon was served at noon at Santo hall. Mrs. Sherman spoke on the department and national affairs and was presented a gift of bone china for her cup and saucer collection.

Mrs. Sherman spent last week visiting the chapters in Grants Pass, Cave Junction and Medford and toured the Veterans Administration domiciliary at White City with the Grants Pass chapter and Mrs. Paul Kurz, president of the Medford chapter, and Mrs. Otto Gaston and Mrs. Mary Note.

While in Medford she attended the Central Point Garden club's "Cut and Dried" flower show in the courthouse with Mrs. Kurz. She was the houseguest of Mrs. Note.

It was announced that the monthly veterans game party will be held Friday, November 25. Birthdays during the months of November and December will be honored.

Plans were completed for the making of afghans and Christmas gifts for the domiciliary.

The state convention will be held in the spring, it was stated.

Rainbow Girls Hold Initiation

Jacksonville-Initiation was held Thursday evening when Warren assembly. Order of Rainbow for Girls, met at the Jacksonville Masonic temple. Miss Cynthia Lee Barnett received the degree of the order.

Visiting Masonic dignitaries who were introduced and honored were Mrs. Helen Rightmire, member of the state executive committee of the order and assistant mother advisor of the Klamath Falls assembly; George Redhead, high priest of Oregon, Royal Arch Masons; and John Pond, grand junior warden of the grand commandary, Knights Templar of Oregon.

Mrs. Rightmire gave the officers and members present advice and instruction concerning the work of the order. Also introduced were two former Rainbow girls, Miss Patty MaMahon and Mrs. Wilard Chinn.

Members were advised that there will be no meeting Thursday, November 24, which is Thanksgiving day. The next meeting will be Thursday, December 8 at 7:15 p.m.

To make monograms or embroidery stand out without matting, iron cotton sheets or pillowcases on the wrong side over a soft cloth.



Miss Laine Donker, (at right) daughter of Mrs. Helene Donker, Central Point, was one of the Milwaukee-Downer college students included on a field trip to the Chicago Art Institute, where they viewed the recent Corot exhibition. The group also visited the Oriental Institute. Miss Anne Sears, a Downer classmate from Casper, Wyo., is pictured with Miss Donker, admiring the statue of Kink Tutankhamen in the Oriental Institute.

School Board Is Topic For Yreka Meeting

Yreka - A talk on the school department. The membership voted to give cash donations to the Community Toy drive and the Science Fair, which will be held in Weed this next year.

Tom Preece, school principal, gave the talk on the school board and its functions. After a business meeting, parents met with college representatives at the old high school building. They discussed subjects, costs and the average grades students must have.

The point was stressed that a junior college is best for most students to attend at first in order that they might be able to decide just which course they would take later, and to adjust to college.

The college representatives came from Berkeley, Weed, Ashland, Ore., and Klamath Falls. They were introduced by Dr. Kenneth Young, Yreka. This group had visited both grammar and high schools over the county.

Party-Meeting Planned by Unit

Applegate - A lesson on "Oven Meals" was given by Mrs. William Loring and Mrs. Lester Rich at a meeting of Applegate Home Extension unit held at the home of Mrs. Clay Brion, November 15. Twenty-eight women were present.

Three guests, Mrs. Lance Offenbacher, Mrs. J. Mapston and Mrs. Vella Hill were introduced to the members. The oven meal that was used in the demonstration was served to those present.

It was voted to make the December meeting a party meeting and secret pals will be revealed during the gift exchange. The meeting will be held at the home of Mrs. LeRoy Offenbacher.

The 4-H chairman, Mrs. Marvin Brewster, announced that the 4-H achievement night would be held jointly with Ruch at the Applegate cafeteria November 30 at 7:30 p.m. A potluck supper will be followed by the award ceremony.

Women Attend Portland Rites

Gold Hill - Mrs. Earl Moore, Gold Hill and her daughter, Mrs. Darrel Greb, Central Point, attended the wedding of Miss Leah Rae Hall, at Portland November 11.

Miss Hall, a former resident of Gold Hill and Grants Pass, became the bride of Richard Norton, Portland, at First Methodist church there. The double-ring ceremony was performed at 7:30 o'clock in the presence of 75 relatives and friends.

The bride is a daughter of Mr. and Mrs. Ray Hall, Portland. Mr. Hall is a brother of Mrs. Moore, and Mrs. Moore and Mrs. Greb were guests at the Hall home while in Portland.

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Set Construction Under Way For High School Play

The construction of the sets for Medford High school Thespians production, "The Teahouse of the August Moon," began last Monday with the hanging of the bamboo curtains which will be raised at intervals during the play to disclose different parts of the Oriental setting.

A skydrop will hang at the back of the stage to represent the Okinawan horizon of To-biki village.

The production will be presented at the high school auditorium Dec. 1, 2, and 3. General admission and student tickets are on sale at Purucker's Music House and Foster's pharmacy. Reserved seat tickets are available from Mrs. Lenore Zapell or Beverly Gebhard at the Medford High school.

The teahouse will be made of portable screens which will be quickly hidden and assembled in full view of the audience. Chinese red will be used in the teahouse scene.

A partly transformed quonset hut will represent Colonel Purdy's headquarters.

Stanley Zapell, assisted by Bob Walker, Lynn Offord, Bill Garcia, and Ken Peek, are building the sets for the play. The boys in wood shop are cutting wooden boxes from which the tea-tables will be made.

To make hard-to-budge drawers slide more easily, put thumbtacks on the runners.

Never soak an earthenware dish or pot if food has scorched in it. Add a teaspoonful of baking soda to the water and let stand only until the particles have loosened. Cook eggs at a low temperature because they—like all other protein foods—get tough and leathery if the heat is too high.

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