

Ship Negligence Costs 100 Numbers

San Diego, Calif. (UPI)—Cmdr. Albert Ford, 39, was officially reprimanded Thursday and sentenced to loss of 100 numbers on the Navy promotion list for negligently handling his ship, the destroyer USS Collett.

The Collett knifed into the destroyer USS Ammen July 19 in fog off the Newport Beach, Calif., coast, killing 11 sailors.

The sentence and reprimand ended the career officer's three-day court-martial before a board of six officers. He pleaded guilty to negligently handling the ship, but was acquitted of two separate charges of failing to maintain adequate watches on the ship's bow and in the radar room.

Ford's executive officer, Lt. Cmdr. George Steele, will be court-martialed Monday on similar charges.

Portland (UPI)—State Rep. Shirley Field, (R-Portland), charged Friday the State Board of Education lacks "leadership in the field of vocational education."

Feeding the Family

By ZOLA VINCENT
Food Editor

Chicken, Honduras Style Is Flavorful Specialty

We have chosen this Pollo Hondurena (Chicken, Honduras style) as our recipe of the week because we west coasters are always looking for new and interesting ways of preparing chickens which are so plentiful, so economical.

The coast line of Honduras on the Caribbean is 500 miles long, the country mountainous, very fertile though mostly uncultivated and covered with rich forest. Inhabitants are of Spanish and Indian extraction. This is their favorite recipe for chicken, we're told. Six servings.

- 4 tablespoons olive oil or other cooking fat
- 2 cloves garlic
- 1 medium (3-4 pound) chicken cut-up
- 2 tomatoes, peeled
- 2 large pimientos
- 2 tablespoons capers
- 12 stuffed olives
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- 1/4 cup tomato juice or water

Brown the chopped garlic in the hot oil. Add the chicken and brown all pieces well, turning as necessary. When well browned, add the tomatoes cut in cubes, pimientos cut in strips, olives cut in half, salt, pepper and tomato juice. Cover and simmer over low heat 1 1/2 hours or until tender. Serve with steamed rice.

Cheese Dessert

Cottage cheese makes a delicious and nutritious dessert for children at lunch or supper. Spoon cream-style cottage cheese into dishes and drizzle with maple sirup or honey. Some like cream over this.

We Cook Savory Lamb Short Ribs on Stove Top

Lamb is in good supply and that means prices are reasonable. This is notably true of such cuts as neck slices, ground lamb, lamb shoulder chops, lamb shoulder, lamb stew meat . . . and the lamb shortribs which are mighty good eating like this:

- 2 pounds lamb short ribs
 - 2 tablespoons melted butter or margarine
 - 2 medium-size onions, chopped
 - 1 cup sliced celery
 - 1 8-ounce can tomato paste
 - 1/4 cup firmly packed brown sugar
 - 2 cups water
 - 2 tablespoons vinegar
 - 2 tablespoons all-purpose flour
 - Salt to taste
- Cook shortribs in butter or margarine until browned on all sides. Add onions, celery, tomato paste, sugar and wa-

ter, cover and cook over low heat, stirring occasionally, one hour or until lamb is tender. Combine vinegar and flour; mix well. Gradually add to lamb; cook, stirring constantly, until thickened. Salt to taste. Six servings.

Kraut Mit Spare ribs

It's Kraut Fest time in Germany and in Bavaria and right here. Treat the family to this zesty kraut mit spare ribs; a zesty dish packed with good nutrition as well as being very good eating.

For each four servings, and you'd better double it if there's a man or growing boy around the place. Place three pounds pork spare ribs in large flat pan. Top with one tablespoon lemon juice and slices of a medium-size onion. Bake uncovered at 450 degrees about 30 minutes. Cover ribs with 1 can (1 pound 11 ounces) sauerkraut. Add two tablespoons sugar and one-quarter cup water. Cover and bake at 350 degrees for 90 minutes. A big pan of hot cornbread would be perfect with this.

Market Report Check List For Smart Shoppers

Accurate news about foods available in local markets is essential to well-planned, economy-wise meals. Many women planning, buying and working on a close budget do a better job nutritionally for their families than do other women with unlimited funds. It has been proven many times that the little rich girl is sometimes undernourished while the boy on the other side of the tracks is a potential Olympics team man.

An important part of the work of your foods editor consists of gathering information about foods that are plentiful, health-giving and available at reasonable cost. This information comes from many sources and we boil it way down, hoping it will be helpful to you with your problems of feeding the family at moderate cost.

November Best Buys

Cheese is in big supply, lends itself ideally to main dishes, sandwiches, salads and for eating with crisp crunchy apples, luscious pears, fragrant grapes, dates.

Rice, one of the most versatile and appealing of food grains is abundant; designated by U.S. Department of Agriculture as item to be menu featured. Ordinarily snowy white, rice nevertheless can be easily tinted for color interest simply by adding a little vegetable coloring to water in which rice is to be cooked.

Meat buys are many with specials varying from market to market so look over this newspaper's ads for best buys in meats you're hungry for. Plenty of prime beef as well as economy cuts that fill the kitchen with good aromas of braising and stewing. Fall lamb is featured. There's more veal than usual. Pork is in good supply with emphasis on bacon, ham and sausage. Poultry and eggs are important budget stretchers.

Fish, Shellfish. Again we urge you to vary menus with plentiful coast-caught fish; cod, fish sticks, flounder, halibut, rockfish, scallops, shrimp, Tuna and sardines, too!

Fruit, Vegetables. Big displays of a variety of apples, bananas, grapes, pears, cranberries, small oranges, lemons, some melons. Pomegranates and persimmons are here. Vegetable bins feature cabbage, broccoli, carrots, cauliflower, celery, corn, cucumbers, onions, eggplant, peppers, squash, tomatoes, sweet potatoes, white potatoes.

STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars

To develop message for Sunday, read words corresponding to numbers of your Zodiac birth sign.

ARIES	1 You	21 Mind	41 To
APR 21	2 Greater	22 Is	42 You
MAY 21	3 Things	23 Bring	43 A
JUN 21	4 Make	24 Cause	44 A
JUL 21	5 Aspects	25 Conclusions	45 Considerably
AUG 21	6 Around	26 Ray	46 Interests
SEP 21	7 A	27 To	47 Mind
OCT 21	8 Your	28 Development	48 With
NOV 21	9 Peace	29 Issues	49 Down
DEC 21	10 Few	30 On	50 Omens
JAN 21	11 Count	31 Maintain	51 Expect
FEB 21	12 Someone	32 Probably	52 Help
MAR 21	13 May	33 Decide	53 Accidents
APR 21	14 On	34 Profit	54 Harmony
MAY 21	15 Don't	35 Possible	55 Be
JUN 21	16 Now	36 May	56 For
JUL 21	17 Let	37 Through	57 Some
AUG 21	18 Beneficial	38 Others	58 Do
SEP 21	19 Not	39 Influence	59 Pleasant
OCT 21	20 You	40 Concerning	60 Surprises
NOV 21	21 Seem	41 Romance	61 For
DEC 21	22 Another	42 Support	62 Support
JAN 21	23 Fear	43 New	63 Cause
FEB 21	24 Let	44 Help	64 Trouble
MAR 21	25 Person's	45 Lasting	65 Results
APR 21	26 Or	46 Times	66 Results
MAY 21	27 Influence	47 Merge	67 You
JUN 21	28 Of	48 Somewhat	68 Somewhat
JUL 21	29 To	49 Somewhat	69 Disturbed
AUG 21	30 You	50 Do	70 Disturbed

④ Good Ⓢ Adverse ○ Neutral

Four Grants Pass Students Named To AFS Semi-Finals

Grants Pass—Four students from Grants Pass High school were chosen as semi-finalists in the American Field service foreign exchange student program, it was announced at the Josephine county AFS meeting in Grants Pass recently.

Winners in the program will have the opportunity to travel and live abroad next Summer.

The four chosen, all in the junior year of school, were

John Jeddell, son of Mr. and Mrs. Otto Jeddell; Carla Eldred and Helene Buckmaster, daughters of Carl Eldred and Mrs. Robert Buckmaster; and Elaine Baker, daughter of Mr. and Mrs. George W. Baker.

Enter Competition

They will now be entered in competition with approximately 1,500 other students selected in high schools throughout the nation. The students will be screened by the New York office of AFS for their Americans abroad program.

There were 17 members attending the meeting, with Tom Hathaway and Roy Hagar representing the student body of Grants Pass High school. Among business and civic groups represented were the Active club, Zonta, Business and Professional women, Alpha Iota chapter of Epsilon Sigma Alpha, high school PTSA, Realtors' association, and Grants Pass High school.

At the business session with Mrs. B. K. Herndon presiding, a discussion on the finances involved in the program included the suggestion that an attempt be made to publicize the program more adequately, and at an earlier level of high school, before students become eligible to apply.

Kennedy's Choice Pleases Selectees

Washington—The directors of the FBI and the Central Intelligence Agency both have expressed pleasure that President-elect John F. Kennedy wants them to stay on the job.

J. Edgar Hoover, who has headed the FBI since it was officially formed in 1924, said Thursday: "I, of course, am highly honored that President-elect Kennedy has asked me to remain."

Allen W. Dulles, the CIA chief since 1953, commented, "I am gratified that the president-elect, Mr. Kennedy, wants me to continue to serve the government in the work to which I have devoted so many years, and for his expression of confidence in the Central Intelligence Agency."

WORK DAY

Tiller-Trail - Men of the South Umpqua Community church met at the church early Monday morning to finish the junior church room. The room needed a new ceiling and walls lined with plaster board. More work needs to be done before the church is entirely completed.

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- (9) Allis Chalmers TRACTORS with Nitroque converters, logging winches, D.D. P.C.U.s, etc. Most have had major overhauls in late 1959 and 1960.
(2) HD-21's, (New '59 and '57).
(4) HD-20's.
HD-19 (one diesel).
HD-16, New 1956.
HD-15 3 yd. Hyd. Loader
(5) SCRAPERS
(2) CAT, DW-20's, one with turbo-charger engine, one with new engine in June, 1960.
(2) CAT, DW-21's, Model BW.
ALLIS CHALMERS TS-300 w/ Cummins 275 h.p. diesel, New '56.
- MOTOR PATROLS**
ALLIS CHALMERS S4, large front drive, new trans. (New '58).
CAT, Model 12, new transmission.
- OTHER EQUIPMENT**
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Marion Elects Democrat to Court

Salem—(UPI)—For the first time in Marion county history, a Democrat has been elected to the County Court.

Democrat Pat McCarthy of St. Paul beat Republican Douglas Yeater for county commissioner.

By electing Cornelius Bates a state representative, the county elected its first Democratic legislator in many years and only one of a few in county history.

Otherwise it was an all-Republican show in the county. Mrs. Hattie Kreman was re-elected as the only woman district attorney in Oregon and Denver Young won a fifth term as sheriff.

Russell Bonesteale was retained as mayor of Salem. He ran unopposed.

'GOD'S WILL'

"God's Will" in Stewardship" is the topic of the first of two stewardship sermons to be preached at St. Peter's Lutheran church Sunday morning and the Sunday following by Pastor John E. Simon. The services begin at 8:15 and 11 a.m. each Sunday. Church school begins at 9:30 a.m. The church is located at 1020 East Main st.