



APPROPRIATE FOOD—Playing games? Watching games? Teen-age players and spectators are likely to score the hostess the highest who provides an appropriate food in abundance. Easiest ways out are suggested with a variety of Bong instant cocoas along with groovy munches like those shown.

Feeding the Family

By ZOLA VINCENT
Food Editor

Since we spas have to live with it, we might as well go along with it. Today's teen-agers pour on words of praise with words like blip, bong, choice, groovy, munch, mellow, sanitary and wild. They have a preference however for words that are derogatory. Formerly they said awful, corny, sloppy. Now it's raunchy, fausty, goopy, grinchy, out-to-lunch, ringy roachy and wasted. It's all in current issue of Seventeen magazine; pure gospel.

So if your blimp doesn't want to be a Zelda (square); is trying for a blinger (extremely good), she'd better listen to us. And we're going right back to basic English, feeling like a flimp which we obviously are.

Instant Beverages for Fast Groovy Refreshments

Blip teen-age hostesses and their mellow parents keep on hand instant beverage powders such as instant sweet milk cocoa, the complete cocoa mix, instant coffee and instant decaffeinated coffee. The younger generation also goes for instant chocolate flavored mix and instant imitation strawberry flavored mix for milk; and 100 per cent pure instant tea.

With a few stir-of-the-spoon instant tactics, you've got delicious refreshments for any occasion; made to order for teen-age tastes after any game from darts to east-west football live or in that square box.

Pictured Party Is Do-It-Yourselfer

In our picture today, there is the Winner's Instant Warm-up cocoa served with stirrers sporting vari-colored marshmallows and marachino cherries. There's Raspberry Flip topping and a doughnut and pretzel tree. Here's the formula for it all.

Into a picnic thermos jug with a spigot (other jug or heat resistant pitcher is equally bong), goes piping hot milk or hot water and beside it a box of instant sweet milk cocoa. This is a complete beverage mix that includes cocoa sweetening, milk and needs only the addition of hot liquid, either milk or water, to make wonderful cocoa.

Each guest puts two to three heaping teaspoons of instant sweet milk cocoa into his cup or mug, turns on the spigot (or pours) to add hot milk or water to the cup. He then helps himself to a marshmallow kabob to stir his cocoa.

Cocoa Toppings
The hostess offers serving jam and marshmallow cream. The guests add a spoonful of marshmallow cream to the cocoa, then raspberry jam—and flip! over goes the topping into the cocoa, stir and result is bon bon chocolate flavor.

Mellow Munchers
For munching with cocoa, serve ready-made pretzels and doughnuts. Hang your doughnuts and pretzels from a pretzel tree, pile them high in wooden bowls or heap on trays.

Party is a cinch to do, cinch to serve, cinch to enjoy; ready at an instant's notice.

Winner's Warmup

For eight servings, heat two quarts of milk; pour into spigot thermos jug or other container. Put two heaping teaspoons of instant sweet milk cocoa into each cup. Guests proceed as indicated above. Party is certain to be a blinger.

Tuna Party Sandwiches For Instant Feeding
At this time of year when

the tween-agers as well as the teen-agers are likely to make your home a filling station at any moment, it's a fine idea to have a big batch of tuna sandwich filling ready, willing and waiting. Like this:

- 1 can (6½ or 7 ounces) tuna in vegetable oil.
- 1 tablespoon finely minced onion
- 2 teaspoons lemon juice
- ¼ teaspoon Tabasco
- ¼ cup mayonnaise or salad dressing

Combine tuna and remaining ingredients in mixing bowl; blend well so that mixture will be fairly fine. When time comes, spread on thinly sliced bread, maybe varying white and wholewheat slices. Cut into desired triangles, rectangles, squares.

Open-Face Sandwiches. Spread tuna mixture on thinly sliced bread. Trim off crusts or not. We leave them on for children. Garnish with stuffed or ripe olives, sprigs of parsley or watercress, capers, green peppers, pimiento, cucumber, tomato, radishes or carrot. Cut in any fancied shape or use cookie cutters.

Ribbon Sandwiches. Spread tuna mixture on alternating bread slices; two white and one whole wheat. Press three slices of bread firmly together having unspread slices on top. Wrap in waxed paper, transparent plastic wrap or foil; chill for several hours. Trip off crusts if it's a party. Cut one-half inch ribbon sandwich into halves or thirds.

Soup Mergers
If you go along with the trend of merging soups, here are some new ones, thanks to a brand new condensed cheese soup recently arrived in our markets.

Combine condensed cheese soup with one can of any of the following: Chicken with rice, cream of celery, cream of chicken, cream of mushroom, tomato, tomato with rice. Gradually stir in one can milk and one can water; heat to simmer. Makes six servings. Plenty of assorted crackers on the side.

Fruit Salad with New Mayonnaise Variations
This is the season for rejoicing in fresh fruits. Many of them are going into beautiful and colorful gelatine molds. Whether artfully arranged or featured in molds, here are variations on mayonnaise for treasuring, enjoying often.

Sour Cream-Cherry: To one-half cup real mayonnaise, add two tablespoons chopped marachino cherries, two tablespoons cherry juice, one-half cup dairy sour cream with one-half teaspoon lemon juice. Beat until fluffy.

Whipped Cream. To one cup real mayonnaise, add one teaspoon lemon juice, one-half teaspoon sugar and a dash of salt. Fold in one-half cup heavy cream whipped and a dash of cinnamon.

Orange Mayonnaise. To one cup real mayonnaise, add one juice and rind of half an orange, dash of salt and drop or two of yellow food coloring. Chill before serving.

Almond Mayonnaise: To one cup real mayonnaise, add one tablespoon corn syrup, one teaspoon lemon juice, dash of salt and one-half cup blanched toasted almonds, chopped.

Mini Mayonnaise. To one cup real mayonnaise, add one-fourth cup green or white peppermints which have been crushed, a tablespoon medium cream, one teaspoon lemon juice, dash of salt and a drop or two of green food coloring if desired.

Breakfast Meals
Breakfast meals are many.



Small Worlds Around Us
By Lynn M. Watkins

In Spite of Enemies, The Crow Population Grows

Lack of friends is no handicap to the villains in black. These birds get by in a big way in spite of the fact that practically every hand is turned against them.

In spite of all the unfavorable publicity, the crow is not all bad. The amount of harmful insects it eats cancels out some of his bad faults.

This, however, is not a chronicling of the crow's virtues, or an admission of his misdeeds, but something of the unusual traits that make this bird unique.

The crow really does have some characteristics that tend to throw some of our ideas of animal behavior into reverse. This bird does some strange things that look startlingly like common sense, and an animal intelligence that can hardly be entirely credited to instinct.

Crows Increase
The crow has made a monkey out of many people who tried to do him wrong, and in spite of every means of destruction, has continued to increase in numbers. In some sections the increase has become an actual threat. Organized "crow shoots" are conducted in some areas, and at frequent intervals, when hundreds of the birds often are killed.

Methods of dynamiting have been tried; the explosive tied to the limbs of trees during the day, and exploded at night when the birds have gone to roost. At times hundreds have been killed.

During the winter poisoned grain has been spread over snow-covered fields, but this met with only meager success, as the wise crows avoided the bait. Other birds and animals cleaned up the fatal meals, and their innocent bodies dotted the snowy landscape.

They Congregate
Mass destruction of crows is possible because of the birds' habit of congregating in large numbers in certain selected spots. Crows like to gather together in the late evening and hold what looks like a convention.

The use of "look-outs" by the crow clan is a well established fact, although the birds' enemies have always denied it. But in every colony there are always several birds that watch from a high vantage point and give the alarm when man appears in the vicinity.

No doubt there are too many crows, but there must be a very valid reason for their phenomenal increase, aside from their shrewdness and diabolical cleverness in avoiding the hunters' guns.

The answer lies somewhere in man's destruction of some natural predator that once kept the number of crows in equal balance with other animal life. Somewhere along the line we have exterminated, or reduced in numbers, something that kept the crow population in check.

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Scientists Learn Birds, Bees Facts

Ithaca, N. Y. (Science Service) — Caged birds that eat insects rather than seeds can be fed bee larvae, entomologists have found.

Researchers working with insect-eating birds in laboratories have had difficulty collecting enough insects for bird food. Now Drs. Robert Ficken and Robert Stein of Cornell university's ornithology laboratory here have found that (ice) — Caged birds that eat and harvest the larvae where a queen bee is placed in a cage where she lays about 1,500 eggs a day. In one week, the queen and her colony can supply a pound of larvae — a week's food for several small laboratory birds. The larvae are high in protein and vitamins A and D, and low in fat.

Treat the family to some new ones for a change. There's slab bacon, Canadian style bacon, pork sausage links, country style sausage, canned treats such as chopped ham, deviled ham, dried beef, ready to eat ham, Vienna sausages, corned beef hash. Or sizzle slices of liverwurst or braunschweiger and serve with lemon wedges on the side.

Sassy Sauce. This is very good with ham, veal or roast pork. Combine drained crushed pineapple with horseradish and whipped cream. Blend thoroughly and chill for one hour.

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