



MANY WAYS WITH PEARS—Ways with luscious fresh Oregon bartlett pears are many. A galaxy of recipes for pears adapted from specialties of Kelseyville, Calif., Germany, Switzerland and Austria are offered in today's food columns.

Feeding the Family

By ZOLA VINCENT
Food Editor

Abundant Bartlett Pears

Make Superb Eating

The new season fresh bartlett pears are such wonderful eating in so many ways that it isn't possible to get them all into one headline. Plentiful for the next few months, they're superb for eating fresh throughout the season, for the making of desserts like today's galaxy of pies, and for salads. If you're putting up pears for winter use, talk it over with your produce man to determine time to buy most advantageously.

Oregon, Washington and California lead the country in bartlett pear production as everyone knows. Growth both on the high inland plateaus and along the fertile western shore, our bartletts are picked from the trees before fully ripe; are usually held at controlled temperature to permit slow ripening. Result is firm, naturally sweet fruit of creamy texture, luscious flavor, golden color.

Keep a fresh supply of bartletts chilling on a lower refrigerator shelf. No peeling. Just wash well and chill for the finest eating "as is" whole, halved or in finger slices. Calorie counters love bartletts; one pear carrying only 70-75 calories.

Kelseyville Makes Green Pear Pies

Wives of Kelseyville, Calif., pear growers have tried the pear pies of Austria, Germany, France and Switzerland. For pleasing their husbands best, they make honest-to-goodness green pear pies, which are unlike any others, yet so simply made.

The bartlett skins are so thin and tender you don't peel them, and if you have one of those nifty, inexpensive pear slicers, your work is well-nigh done before you start.

Pastry for 2-crust pie
6 slightly green fresh pears, sliced
¼ cup sugar
4 tablespoons minute tapioca
1 teaspoon nutmeg
¼ teaspoon cinnamon
Dash of salt
4 tablespoons butter or margarine

Prepare pie crust according to favorite recipe or pie crust mix. Combine all ingredients listed except butter, stirring gently. Heap into unbaked pie shell; dot with butter and cover with pastry. Crimp pastry edges and slash top according to any favored pattern to let steam escape. Bake in moderately hot, 375 degree, oven one hour or until crust is golden.

Swiss Lattice Pie
Swiss pear pie makers make a custard pie; give it a lattice-work of whipped cream. The result is rich, good tasting and handsome.

4 large fresh bartlett pears, sliced
1 9-inch unbaked pie shell
1 teaspoon grated lemon rind
3 tablespoons lemon juice
2 eggs, lightly beaten
1 cup light cream
¼ teaspoon cinnamon
Dash of salt
1 cup whipping cream, whipped and sweetened

Arrange pears in unbaked pastry shell; sprinkle with lemon rind and lemon juice. Combine custard ingredients in order given and pour over pears. Bake at 325 degrees for 45 minutes or until custard is set and lightly browned. Cool. Fill pastry bag with slightly sweetened whipped cream and make lattice or other fancy topping pattern.

Pear Strudel
Beloved of Germany is the Strudel of fresh pears with dairy sour cream and a walnut topping. For offering with plenty of coffee any

time of day or evening.

1 quart diced fresh pears
3 tablespoons lemon juice
½ pint (1 cup) dairy sour cream
3 tablespoons minute tapioca
2/3 cup sugar
1 9-inch unbaked pie shell
• Topping

Mix diced pears lightly with lemon juice, dairy sour cream, tapioca and sugar. Pour into unbaked pie shell. Sprinkle topping over pears; bake at 400 degrees for 10 minutes. Reduce heat to 350 degrees and continue baking for 15 to 20 minutes or until crumbs are golden. Sift confectioners' sugar over top.

Topping: Combine one-third cup sugar, one-fourth teaspoon salt, one-half cup flour, three tablespoons butter and one-third cup finely ground walnuts. Mix lightly with fingers until mixture is crumbly.

Austrian Carmel Pie
The Austrians go about pear pie making in quite a different way as you will see. And the results are well worth trying.

3 fresh bartlett pears halved and cored
1 9-inch unbaked pie shell
2 cups milk
½ cup brown sugar, firmly packed

Dash of salt
2 eggs, separated
1 tablespoon butter
¼ cup sugar
Prepare single pie shell according to favorite recipe or using a mix. Arrange pears in pie shell, cut side down. Heat milk to boiling; add brown sugar and salt; remove from heat. Separate eggs and add slightly beaten yolks to hot mixture very slowly. Return to heat and cook, stirring constantly, over low heat until mixture thickens. Add butter. Cool. Pour over pears. Beat egg whites with sugar until stiff but not dry. Cover top of pie with meringue and bake at 325 degrees until golden; about 15 minutes.

Finlanders Favor Turnips in Casserole
We chose this recipe of the people of Finland because new season, young, tender and flavorful turnips are coming into our markets; will make very good eating when fixed like this Lantulaatikko (Turnip Casserole).

Topography and climate of Finland are extremely rugged with 60,000 lakes and 80,000 islands so that fish are a major item of diet. Herring, sprats, salmon, pike, bream, white fish and flounder are boiled, fried, baked, marinated, salted and smoked. Fish and potato casseroles are many. Turnips and beets are frequently cooked with sugar and vinegar.

Today's turnip casserole makes six servings.
2 cups boiled yellow turnips, mashed
3 tablespoons butter
1 tablespoon sugar
1 teaspoon salt
Dash pepper
1 cup soft bread crumbs
2 eggs, beaten
Add to turnips the butter, sugar, salt, pepper, three-quarters of the bread crumbs and the eggs. Put in buttered casserole, sprinkle with remaining bread crumbs and dot with additional butter. Bake in a moderate oven, 350 degrees, for 20 to 25 minutes, until top becomes brown.

Carrot-Raisin Salad
An old-time favorite as a luncheon filler-upper. Grate carrots and finely chop some raisins; fold into a seasoned cottage cheese. If you have time, fold some of this mixture into a package of lemon-flavored gelatin prepared according to package instructions and mold.

IKE SIGNS BILLS
Washington—(UPI)—President Eisenhower this week signed 21 minor bills passed by Congress during its recent session. This left 107 bills still waiting presidential action.

Are Foxes Boring?
Try 'Pack My Box'
Des Moines—If you tire of testing your typewriter keyboard with, "The quick brown fox jumped over the lazy sleeping dog," try this one: "Pack my box with five dozen liquor jugs."

It contains all the letters of the alphabet.

Pressures Threaten Democratic Hold On Southern States

Washington—(CQ)—The so-called "Solid South" has emerged as a front line of battle in the 1960 Presidential election.

What has happened to this former Democratic stronghold?

Actually, the "Solid South" has not gone solidly Democratic since 1944, when President Franklin D. Roosevelt won his fourth term. In 1948, four rebellious Southern states—Alabama, Louisiana, Mississippi and South Carolina—gave their electoral votes to State Rights candidate Sen. Strom Thurmond (D-S.C.) instead of the Democrat, Harry S. Truman.

Then, President Eisenhower cracked the "Solid South" in both of his Presidential races, taking Virginia, Tennessee, Texas and Florida in 1952, and those four plus Louisiana in 1956. It was the first time since 1928, when Al Smith headed the Democratic ticket, that any Southern states had voted Republican.

Threats to Democrats
This year, the once-firm hold of the Democrats on the South is threatened by a combination of Dixiecrats and Republican pressures.

Relations between Southern state Democrats and the national party became increasingly cooler during the term of former Democratic national chairman Paul M. Butler. He antagonized the South with his uncompromising pro-civil

rights statements and his get-tough attitude toward the South on such party matters as dues-payments.

The issue of civil rights has further alienated Southerners in Congress from their more liberal Democratic colleagues. Civil rights bills passed Congress in both 1957 and 1960.

The civil rights platform adopted by the Democratic national convention in July was a bitter blow to the South. It, plus some economic passages in the platform, has brought continuous condemnation from below the Mason-Dixon line.

Southern Crows Don't Call With Yankee Claw
Starkville, Miss.—Yankee crows apparently "don't caw with a drawl."

That was the only explanation Mississippi State University entomologist D. E. Ferguson could give after Mississippi crows failed to respond to a record of the calls of New York crows.

The nomination of Sen. John F. Kennedy (D-Mass.) was accomplished against the opposition for the top spot of Sen. Lyndon B. Johnson (D-Tex.), for whom 80 per cent of the Southern votes at the convention were cast.

Johnson's presence on the ticket as Vice President nominee was a sop to the South much diluted by the national Democratic party efforts to present Johnson to the country as a practical liberal under whose leadership in the Senate the first civil rights laws in 82 years were passed.

In addition, perhaps the strongest anti-Catholic sentiment generated by Kennedy's religion is found in the South. Tennessee's Gov. Buford Ellington has said it would be the most important issue in his state's voting.

Independent Elector Plan

There are two direct threats to Democratic victory in the South: first, independent electors and second, strenuous efforts by the Republicans to pick up the states.

The electing of unpledged

electors rather than those bound to major party candidates could prevent either major candidate from receiving the required majority in the electoral college in the Nov. 8 election. Then the election would be thrown into the House of Representatives where the South would have greater bargaining power.

Mississippi Democrats have

Portland Youth Involved in Crash
Jon Russell Lewis, 21, Portland, has been advised that a complaint for following too close will be filed against him in district court, according to state police.

Vehicles driven by Lewis and Rodney Walter Olson, 22, 1351 Kings hwy., Medford, were northbound on Highway 99 near Rogue River.

Olson stopped for a school bus unloading children, but Lewis was unable to stop and collided with the rear end of Olson's vehicle.

adopted a plan whereby Democratic voters may elect independent Presidential electors. Six of the 11 candidates for elector on the Alabama Democratic ticket will be unpledged. Three other states—Florida, Georgia and South Carolina—have movements in the works which might result in selection of unpledged electors. The total in these five states would be 44 electoral votes.

Republican Plans

Actually the independent elector movement would be more likely merely to keep either major party from winning the states involved than to cause the election to go to the House.

But in addition to this movement, many important party leaders in Southern states—such as Sen. Harry Flood Byrd, Democratic strong man in Virginia—are staying silent, failing to support the Democratic ticket.

This will help the Republican efforts in the South which already have been stepped up because of the encouragement Vice President Richard M.

Nixon received in his two recent sorties into the South. He and his campaign advisors were so pleased with the response he received in Alabama, Georgia and North Carolina, that they have re-evaluated their chances in the South and have planned to fight much harder there.

They plan to emphasize the conservative nature of the Republican party, with such spokesmen as Sen. Barry Goldwater of Arizona scheduled for heavy Southern duty.

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Oh Those Cool Cats! What Cra-a-zy Names

Milwaukee—So you think race horses have crazy names? Here's just a sampling of feline monickers from the Milwaukee Cat club's annual show:

Tap-Toe Mambo of Veja, Wolfgang's Wunderbar, Cool Morning Black Pep - Purrr, Craaz-E Z Angel Puss, Karabee I'm a Lotus Lilly Too, Gorgeous Jo-Jo of Su-Joo and Shawnee Soap Suds.

New York—UPI—Arthur Wilson, 76, business executive, editor, publicist and government consultant, died Tuesday.

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