

Feeding the Family

By ZOLA VINCENT
Food Editor

Haddock, Spanish Style Liked By People of El Salvador

The Republic of El Salvador, smallest of the six Central American or Middle American republics and the only one without an Atlantic seacoast, relies largely on its famed coffee plantations as the country's economic mainstay. A country of mountains, hills and upland plains, it is entirely within the tropics. Though inland, the people of El Salvador have a preference for this Robalo A La Espanola (Haddock, Spanish Style). Recipe makes six servings.

- 3 pounds haddock
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 1 clove garlic, minced
- 3 1/2 tablespoons lemon juice
- 3 large onions, sliced
- 6 large tomatoes, sliced
- 2 tablespoons parsley, minced
- 1/2 cup olive oil

Clean fish, dry and rub with salt, pepper, garlic and lemon juice. Lay in oval casserole and allow to stand for 15 minutes. Cover fish with layers of onions, tomatoes and parsley. Pour olive oil and any remaining lemon juice over.

Cover casserole tightly and bake in 375 degrees oven for 45 minutes, basting occasionally. Uncover for another 20 minutes or until vegetables and fish are tender. Baste often enough to keep moist, adding a little water, if necessary. Serve in casserole.

Lamb Barbecue

Many consider lamb superlative for barbecuing. Try lamb riblets, neck slices, breasts, spareribs, ground hamburger and roasts (especially a rolled shoulder roast if you have a split). Shish kebabs or lamb cubes on skewers enjoy tremendous popularity plain or marinated. When marinating in a favorite sauce, allow cubes of lamb to stand covered in the sauce in the refrigerator for at least 12 hours, turning occasionally.

Barbecue Sauce

For Meats, Poultry
Barbecued meats and poultry are a specialty favored by many men for fixing indoors or outdoors. Barbecue enthusiasts seem never to tire of trying new flavor combinations and here is a masculine favorite for the trying; for adding sparkle to culinary talents.

This is said to have originated in Texas; comes in quart size. In making up this sauce it is easier to make it in larger quantity than you're likely to need for a single barbecue. By omitting the butter, it will keep for weeks in the refrigerator (who wants to keep it?). Anyway, when ready to use, heat slowly with the butter. Omit butter when barbecuing pork.

- 2 cups water
- 1/2 teaspoon black pepper
- 4 tablespoons brown sugar
- 1 teaspoon garlic salt
- OR 2 cloves garlic, chopped fine
- 2 teaspoons salt
- 1 cup cider vinegar
- 1/2 cup Worcestershire sauce—more, if desired
- Juice of 4 lemons
- 4 tablespoons butter

Bring water to boil in a large two-quart kettle, add pepper, simmer five minutes. Add brown sugar; stir until dissolved; add garlic salt or chopped garlic, salt, vinegar; stir. Add one-half of the Worcestershire and simmer for a few minutes. Add lemon juice and stir. Then add balance of

Worcestershire; stir while heating. Add butter as sauce heats when ready to use.

Green Bean Salad

When you cook fresh snap beans, cook enough for salad-making another day. Save flavor, color and nutrients of snap beans by modern cooking methods which means using just enough water to keep them from burning; cook only 15 to 18 minutes until "crisp-tender."

Toss leftover cooked fresh snap beans with sliced cucumbers and thinly sliced raw carrots. Serve on lettuce with a tasty French dressing. Garnish with parsley.

Stock Up on Sandwich Standbys

August is indeed sandwich month as we consume an estimated peak load of 90 million plus sandwiches every day. Reason is obvious. Sandwiches are tops in convenience, economy and good taste. They're equally welcome and at home at picnics, patio meals, youngsters birthday parties, backyard barbecues, wedding recipes and formal teas.

A survey reveals that 23 per cent of noon lunches at home call for sandwiches. Seven per cent of all evening meals at home call for sandwiches. Forty per cent of all restaurant orders are for sandwich meals and more than half the nation's pack-a-lunch workers count on sandwiches for energy, refreshments and "go" power.

Partial List. Sandwich makings are beyond numbering but here are some reminders: roasts for slicing cold, corned beef, dried beef, bacon, ham, franks, deviled ham, liverwurst, meat loaf, tongue, delicatessen cold cuts; apple butter, marmalade, peanut butter, raisins; cottage cheese, any of the many slicing and spreading cheeses; canned chicken, salmon, sardines, tuna, shellfish.

Enjoy a variety of breads; check on mayonnaise, mustard, relishes, eggs for hard-cooking for egg salad making. A variety of pickles with plenty of dills!

Week End Specials

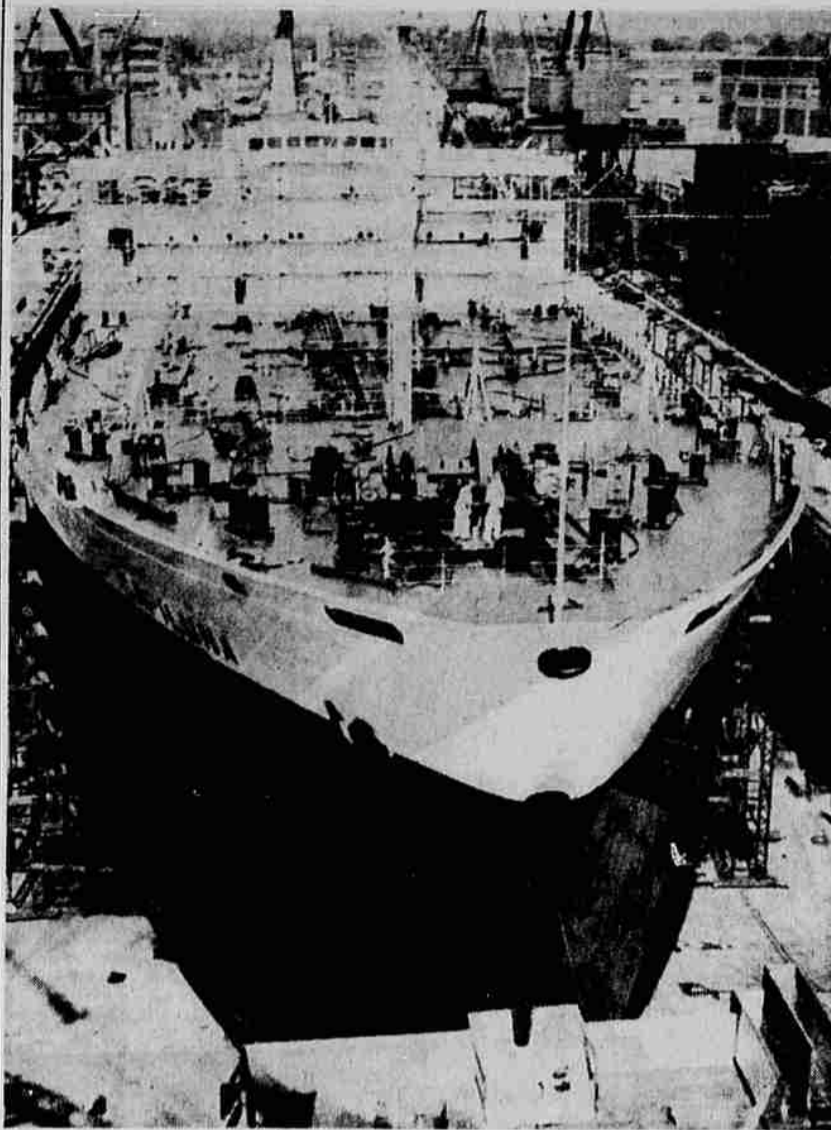
Meat Buys. Poultry continues a top buy for budgeters. Fryers and turkeys in all sizes. Good buys in lamb, beef and pork cuts for the looking.

Vegetables, Fruits. All vegetables are of excellent quality, kept fresh and crisp by local markets who pride themselves on their displays. Plenty of peaches, plums, nectarines, good variety in table grapes, summer avocado varieties. It's peak of fig season. Gravenstein apples are "in" for their usual short season so make the most of them in green apple pies, superlative apple sauce. Melons are at their best for enjoyment morning, noon and night.

Home freezers and canners will profit by talking things over with local fruit buyers to determine when to buy best, plan ahead for putting up fruit at peak seasons when prices are lowest, values best.

AUTOMOBILE USE

About 45 million Americans go to and from their jobs daily in automobiles. About 19 million other Americans ride motor vehicles to school, to shops, and for other activities.



TANKER LAUNCHED - The 46,000 dead-weight ton tanker Capiluna is shown as it was launched at Quincy, Mass. The 736-foot tanker will carry 375,000 barrels of oil. Her keel was laid July 15, 1959. (UPI Telephoto)

Back Stairs: The Cabin at Camp David

By FRANK ELEAZER

Washington -- Back stairs at the White House -- You probably read where President Eisenhower spent most of last week end holed up in a mountain cabin at Camp David, the presidential hideaway near Thurmont, Md.

Well, this is to explain about the desk man who wrote that word "cabin" into the copy. He obviously was a boy born in the Grand Canyon and raised in Buckingham Palace, who spent his most recent vacation at the Fontainebleu in Miami Beach.

One man's castle is another man's cabin, I mean.

It's true the weather at Camp David last week end was terrible, and Eisenhower got down the mountain for only two rounds of golf. Holed up or in, was what he was most of the week end.

But don't worry too much about the old oaken bucket and the plumbing out back, or the wood to be chopped for the stove.

Called Cottage
Officially, they called this a cottage, Aspen cottage by name. What it is a four-bedroom, four-bathroom house, air conditioned, with wall-to-wall carpet, picture windows with a view of the valley, a dining room for 12, and a serving pantry with white coated navy mess boys to handle the serving.

Indirect lights are concealed behind ceiling moldings. A hi-fi stereo record player, built into the walls, pipes soothing music to any occupant threatened with cabin fever.

Two movie projectors hide behind a panel of polished red oak ready to show wide screen movies on a screen that disappears into the ceiling.

The bathrooms not only are inside, but are tiled in yellow and boast silver buttons to summon the steward in event help is needed in drawing the tub.

Pool No Fun
As you can see, that's roughing it.

Especially on week ends like the last one, when it rains and fog rolls up from the valley, 1,800 feet down below. On week ends like that you can't get much use out of the putting green just off of the terrace or the three tees from which it is approached. The swimming pool is no fun at all in the rain.

As for the bowling alley, that's off in another building entirely.

Camp David comprises 134 wooded acres in the Catoctin mountains some 60 miles from the nearest navigable stream. Naturally, that makes it a Navy base.

Surrounded by Fence
Being a Navy base and a presidential retreat besides, it is surrounded by a high fence, with lights and electric eyes and wires both barbed and charged. The main gate, guarded by Marines, is barred by rough timbers which are raised to admit those who are cleared.

President Truman used to complain that the President was a prisoner in the White House. Camp David, built for President Franklin D. Roosevelt and later used also by Truman under the name "Shangri La," is one of the places our presidents go to escape.

It does seem sort of sad, therefore, that their entrance route looks so much like a check point on the road into Russia.

Bertha ought to consider her own emotions too. Most of us have, at times, felt an impulse to meddle. We may call it "helping others." It makes us feel good and important to be in such a position. But the situation should be carefully thought over. Unless we can be of direct aid, without intruding ourselves emotionally involved individuals, we would do best to steer clear.

(Copyright, 1960 General Features Corp.)

NEW BATTERIES
A new kind of flashlight battery last longer because it does not corrode. It has a resin base, is moisture-proof and unbreakable.

LITTERBUG COST
It costs the U.S. more than \$40 million a year to clean up the litter strewn by careless people along highways and in public parks.

The day I visited Laura, she was so upset I was really afraid she would have a breakdown. The following day I visited Betty and saw her enjoying so much peace and luxury I couldn't help but contrast the situation of the two sisters. I thought if she knew about Laura's plight, she would surely do something to help. Was that wrong?

The Council: Yes, we think Bertha did wrong, and it does not help matters that her motives were good.

Meddling is meddling, no matter what the reason. We may make a moral distinction between meddlers who try to

hurt others and those who interfere in a situation with the intention of helping. But the distinction in terms of results is usually not important.

Unfortunately, a few things in life are simple. Bertha felt the transfer of a little money from Betty's pocket to Laura's would quite simply improve Laura's life. But emotions are closely tied up with the possession of money. And that's why Bertha stepped into a hornet's nest.

The emotional relationship between the two sisters and between the sisters and their husbands, as well as that between the two men, were involved in this situation. It is hard to deal with an emotional problem involving two individuals, but Bertha took upon herself the horrendous task of getting involved in a quadrangle. Moreover, the emotions in this case are deeply rooted in childhood relationships.

Bertha ought to consider her own emotions too. Most of us have, at times, felt an impulse to meddle. We may call it "helping others." It makes us feel good and important to be in such a position. But the situation should be carefully thought over. Unless we can be of direct aid, without intruding ourselves emotionally involved individuals, we would do best to steer clear.

I know for a fact that Betty is concerned about Laura, who has always had a rough time financially. But Laura is afraid of being patronized by Betty and Betty has always been very cool toward her. Betty is rather hurt by Laura's attitude.

The day I visited Laura, she was so upset I was really afraid she would have a breakdown. The following day I visited Betty and saw her enjoying so much peace and luxury I couldn't help but contrast the situation of the two sisters. I thought if she knew about Laura's plight, she would surely do something to help. Was that wrong?

The Council: Yes, we think Bertha did wrong, and it does not help matters that her motives were good.

Meddling is meddling, no matter what the reason. We may make a moral distinction between meddlers who try to

Chamber Building Plans to Be Revised

Plans for the proposed new Medford chamber of commerce building are being revised to match available funds, according to a report made to the chamber board of directors Thursday morning by Gerald Latham, president.

He said it was his hope that a suitable building can be built for \$10-\$11 per square foot, but that when the bids were in, the lower one totaled \$22,000.

"This obviously is not within our budget," he said, "so we are now revising our plans and specifications to try and secure a 1,000-square-foot building for around \$10,000."

That amount, plus the land cost of \$1,750, would give Medford an adequate facility for the budgeted amount set by the chamber board, Latham reported.

Guests of the chamber at Thursday morning's meeting, included County Agents Gene Winters, C. B. Cordy and

Requirements Given For Navy Reenlisting

The Navy Department announced today that, commencing immediately, former members of the regular United States Navy and United States Naval Reserve in many ratings may reenlist in the rate held at time of discharge from the Naval service.

Chief Murray J. Emmerich, navy recruiter in charge at Medford reported that ex-Navy personnel who held any one of 152 petty officer rates may now reenlist in their old rate and pay grade provided they have been separated from active duty no more than four years. Former naval reserve personnel with at least two years of active duty may enlist in the U. S. navy in their previous rate and pay grade if they do so within two years of discharge. In addition to the above, men who have been out of the U. S. Navy less than 6 years may reenlist one grade below their old rate, provided they held one of the 152 "open rates" at time of separation.

"At the time of reenlistment," Chief Emmerich stated, "personnel coming back into the Naval service may draw up to three months advance pay, and advance travel allowance to their new duty station. There are also a great many Navy Service School vacancies available at this time for reenlistees."

Hours 8-5 Saturday, 10-2 Sunday

Bruce Bauer LUMBER COMPANY

"THE BUILDITORIUM"

765 SOUTH RIVERSIDE

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Earle Jossy, and Otto Bohner, Victor Birdseye, Don Root and John Neidermeyer. They led a chamber tour of valley farms.

Highway Committee
Paul Rynning, chairman of the highway committee, presented his committee's recommendations to the board for submission to the county court. The committee recommends that the name of Highway 99 through Medford be renamed Rogue Valley Blvd.; that signs indicating turns off the new freeway at Medford interchanges include Jacksonville, as well as Medford; and that an overpass or underpass be constructed at Voorhes crossing and another in the vicinity of Kim's restaurant to effect much needed east-west routes. The board approved all three items.

Government Discussion
Manager Don McNeil told the board of the proposed tour of members to Kingsley Air Force base, Klamath Falls, Aug. 31. The group, invited by the Klamath Chamber, is to leave by plane at 10:30 a.m., returning in the evening.

Medford chamber executives have been invited by

Ron Gandee, chairman of the tourist and convention committee, reported on the recent tour of travel editors to this area. The board moved to continue support of the successful visitation.

The annual Business-Education day sponsored by the chamber will be held Thursday, Sept. 8, when businessmen will be hosts to teachers.

Phone SP 3-4293
DAILY'S U-DRIVE
Medford Airport

Saturday-Sunday Specials

GARDEN CLEARANCE

	Reg.	NOW
4 cubic ft. Peat Moss	2.75	2.25
5.6 cubic ft. Peat Moss	4.50	3.50
Nu Life Organic Lawn Food Covers 2000 sq. ft.	5.45	4.45
Special Lawn Mix Grass Seed	.89	.69

FURNITURE CLEARANCE

	Reg.	NOW
30" Bar Stools	3.95	2.95
1 Mahog. Dining Table and 4 Chairs - Finished	89.95	64.95

Hours 8-5 Saturday, 10-2 Sunday

Bruce Bauer LUMBER COMPANY

"THE BUILDITORIUM"

765 SOUTH RIVERSIDE

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

Phone SP 2-6211

FOREST LOAM
FOREST LOAM is a GROWTH-ENCOURAGING, ORGANIC SOIL-CONDITIONER that will GIVE YOU HEALTHIER SHRUBS, GREENER GRASS AND FINER FLOWERS. You'll delight in these and other FOREST LOAM benefits—KEEPS SOIL LIGHT AND FRIABLE, long lasting, enriches soil, easy to apply, CONSERVES WATER. Best of all—FOREST LOAM IS INEXPENSIVE.

DELIVERED PRICES (Local Area)
100 Cu. Ft. Truck Load—\$ 7.00
200 Cu. Ft. Truck Load—\$12.00
300 Cu. Ft. Truck Load—\$16.00

Also Available for Pick-up at Timber Products Fuel Yard

TIMBER PRODUCTS CO.
Sage & McAndrews Road
SP 2-8086

yow's
HEATING-AIR CONDITIONING and SHEET METAL

1729 N. Riverside - Phone SP 2 4534 or SP 3 6522

FREEZE!

Save the Peak-of-Season Flavor of Fruits, Vegetables, Meats, Fish and Game...
SAVE MONEY, TOO!

Buy your favorite fruits, vegetables, and meats in season—when flavor and nutrition are highest, and prices lowest—and freeze them. See how fast your freezer pays for itself!

Check the difference in prices of the items listed opposite, and see how much you can save by careful in-season shopping and freezing!

GET A MODERN HOME FOOD FREEZER!

FROZEN FOODS ARE GOOD AND GOOD FOR YOU!!!

Electrical League

	AVERAGE IN-SEASON PRICES	AVERAGE OUT-SEASON PRICES
PORK SHOULDER ROAST	\$.42 Pound	\$.53 Pound
ROASTING CHICKEN (3-pound)	1.15 Each	1.49 Each
GRADE AA LARGE EGGS	.54 Dozen	.65 Dozen
EARS OF CORN	.49 Dozen	.95 Dozen
NECTARBERRIES	.23 Cup	.35 Cup