

RADIO PROGRAMS — WEDNESDAY

Table of radio programs for Wednesday, listing stations like KYJC 1230 kc and KMD 1440 kc, and program titles such as 'Lewell Thomas', 'Harvey News', etc.

RADIO PROGRAMS — THURSDAY

Table of radio programs for Thursday, listing stations like KYJC 1230 kc and KMD 1440 kc, and program titles such as 'Sign On—Wake Up', 'Lewell Thomas', etc.

KBOY AM 730 kc

Table of radio programs for KBOY AM 730 kc, listing program titles like 'Points of Fashion', 'Records With Ron', etc.

KBOY FM 95.3 mc

Table of radio programs for KBOY FM 95.3 mc, listing program titles like 'Points of Fashion', 'Records With Ron', etc.

KDOV 1300 KC

Table of radio programs for KDOV 1300 KC, listing program titles like 'Aviation Weather Report', 'Weather Report', etc.

TELEVISION PROGRAMS

Table of television programs for Wednesday and Thursday, listing channels like KBES-TV (Channel 5) and KOTI-TV (Channel 2), and program titles such as 'Jeff's Collie', 'Chaplain's Corner', etc.

The Medical Roundup

by Walter Alvarez, Emeritus Consultant in Medicine, Mayo Clinic. Emeritus Professor of Medicine, Mayo Clinic.

Shortness of Breath in Elderly Persons

Many people write, wanting to know why they are short of breath. It bothers them to walk upstairs. A few get so bad that even getting dressed in the morning makes them puff. It is well to remember that when one gets short of breath it is likely to mean that the aeration of the blood is not adequate.

Obviously, this could be due to a defect in the heart, which normally pumps the blood through the lungs and then through the body.

Obviously, this could be due to a defect in the heart, which normally pumps the blood through the lungs and then through the body. Or, the trouble could be due to a defect in the lungs which aerate the blood, or in the muscles which cause the chest wall to go in and out, like a bellows. Rarely, the trouble is due to a marked thinning of the blood with a loss of the all-essential hemoglobin (red coloring matter) which carries the oxygen from the lungs to the cells in the body's tissues.

Hence it is that when an aging man finds he has trouble walking up a ramp, his doctor must check his heart to see if it is working efficiently, or if its valves are all right, or if its blood supply is adequate.

In many cases, the heart is failing a bit because of overwork. The man has a high blood pressure, and hence his heart has for long been pumping all day against an abnormally high "head" of pressure. Finally, it got tired.

In other cases, the doctor finds that for much of the man's life-time his heart has been handicapped by a leaky valve. Now the heart muscle is getting tired. Or, perhaps the man was all right until a little artery in his heart muscle plugged up. Now the muscle is handicapped because it is not getting enough blood.

In other cases, the doctor

Kennedy Planning Hawaii Campaign

Washington — UPI — Democratic presidential nominee John F. Kennedy is planning a Labor Day week end campaign swing that would take him to Hawaii and six other states in four days, it was announced Tuesday.

Kennedy's press secretary, Pierre Salinger, said the tentative itinerary for the Massachusetts senator calls for appearances in California, Hawaii, Alaska, Michigan, Montana and Oregon.

Salinger said Kennedy and his vice presidential running mate, Sen. Lyndon B. Johnson, will appear to gather in California and Hawaii.

North Portland Homes Damaged by Flames

Portland — UPI — Fire Monday night caused more than \$5,000 damage to two homes in North Portland, according to fire officials.

The blaze broke out at the home of Mrs. Flora McCray and spread to the home of Marvel Logan next door.

Damage to the McCray home was estimated at \$3,750 and to the Logan home at \$1,500.

School lunches take very little time to prepare in the morning if you freeze a week's supply of sandwiches and desserts ahead of time.

The several possible diseases they had.

The only time I was ever short of breath was when a certain "Cocksackie" virus caught me. First, it gave me an awful backache; then, it produced pleurisy; and finally, it appeared for a few weeks to injure my heart muscle. Fortunately, I recovered.

GLOGSTON'S Metal Weather Stripping and Screens. Estimates Gladly. Phone SP 3-1014 Evenings.

Something "FOULING UP THE WORKS?" Have Your Watch Repaired Right! ... Right Here! Kreister WATCHBAND. Andy's JEWELER 15 NORTH CENTRAL.

STAR GAZER** By CLAY R. POLLAN. Your Daily Activity Guide According to the Stars. To develop message for Thursday, read words corresponding to numbers of your Zodiac birth sign.

Strange As It Seems



HERBERT HOOVER—ENGAGED IN ENGINEERING PROJECTS IN CHINA, BURMA, NICARAGUA, CALIFORNIA, MEXICO, ALASKA, BELGIUM, SOUTH AFRICA, AUSTRALIA AND BORNED!



THE GOLD-BANDED SKIPPER BUTTERFLY LIVES IN ITS DEVELOPMENT FROM EGG TO ADULT... A 1,500,000-POUND CONCRETE LID ATOP A NUCLEAR REACTOR MOVES INTO POSITION IN 8 MINUTES BY THE TOUCH OF A BUTTON—Conair, Fort Worth, Texas

CROSSWORD PUZZLE Answer to Yesterday's Puzzle

Crossword puzzle grid with clues for Across and Down. Clues include 'Unit of Portuguese currency', 'Cut piece of lumber', 'Tattered cloth', etc.

PEANUTS comic strip. Characters: Charlie Brown, Snoopy, Woodstock. Dialogue: 'IF YOU CAN GET THIS LAST MAN OUT CHARLIE BROWN, YOU'LL WIN THE BALL GAME...'

STEVE CANYON comic strip. Characters: Steve Canyon, Miss Gandy. Dialogue: 'Y-YES, BUT THAT'S NOT THE POINT, HOLLY—YOU MUST GO INTO HYPNOSIS AGAIN—YOU MUST!'

LIV ABNER comic strip. Characters: Liv Abner, Fossdick. Dialogue: 'THE POLICE DEPARTMENT CAN'T OFFICIALLY DO ANYTHING, FOSSDICK!'

MUTT and JEFF comic strip. Characters: Mut, Jeff. Dialogue: 'A PROWLER STRUCK ME ON THE HEAD IN OUR YARD!'

BARNEY GOOGLE & SNUFFY SMITH comic strip. Characters: Barney Google, Snuffy Smith. Dialogue: 'PSST-- GO BACK IN YONDER AN TELL MIZ HAWKINS HOW GOOD TH' SUPPER WUZ, PAW--'

BLONDIE comic strip. Character: Blondie. Dialogue: 'HELLO-- THIS IS THE AJAX TELEVISION SURVEY.'

BUZ SAWYER comic strip. Character: Buz Sawyer. Dialogue: 'WHAT A PARTY THAT MUST HAVE BEEN LAST NIGHT-- BUT WITH THE LIVES I'VE ALWAYS LIVED, EN, ADMIRAL?'

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