

# School District Personnel Has No Vacation

## Dietary Studies Show Children Undernourished

It's difficult to believe that with all the food consumed in the United States (by school children particularly) most of our youngsters are undernourished. This is the mass opinion from dietary studies by many leading nutrition experts.

It is true among children of all ages, particularly in the adolescent age range, and in all income levels.

So the problem is that growing children are eating, but not enough of the nutritious foods that contribute the energy they consume so rapidly and the foods they need for fortifying their fast growth.

Dietitians say that one reason, especially among teenagers, is that three meals a day are often not enough dur-

## Summer Work in Schools Includes Overall Cleaning

Another month or so remains before classes resume in the county schools.

Children will be tanned from the summer months in the sun, they will have grown, and many of them outfitted in new clothes. Many parents probably will be happy to see school reopen, and many more children probably will not be happy.

It has been a vacation for the pupils, not so much of a vacation for the parents, and no vacation at all for Medford school district personnel.

Since school was out in June, district personnel have been cleaning walls, floors, and windows of all schools, making repairs in many more - repairs ranging from sanding and recovering a desk top to patching cracks in plaster - and repainting many of the classrooms and buildings.

**Incentive for Pupils**

Clean, pleasant classrooms are an incentive for pupils to do better work, and with this in mind, school officials, from the classroom teacher through the principal to the superintendent, compose lists of work sought during the vacation period.

Maintaining buildings and equipment valued close to \$10 million requires an all-year program. But much of the work can not be done while school is in session, and as a result, extra help usually is retained in the summer to prepare the buildings for the fall opening.

There are more than 80 persons employed by the district this summer. Many of them are full-time employees - maintenance men and custodial help - who work in the general clean-up program. Included among additional employees this summer are about 10 students and 12 other persons. Some employees have been with the district more than 15 years.

Several crews work at various aspects of classroom cleaning, building repair and maintenance during the summer.

**Cleans Windows**

One two-man crew - both of them are teachers - does nothing but wash all the windows inside and out in all the district's buildings. It takes them all summer working an eight-hour day five days a week.

Another crew does nothing but floor work. Both tile and wood floors in each school is scrubbed, resealed, and re-waxed each summer to prevent discoloration and unnecessary deterioration. Cracked, loose or missing asphalt tile is replaced.

All walls in all schools this year are being cleaned from ceiling to floor by another crew. Every other summer, walls are cleaned in this manner, while on alternate years, they are cleaned half-way to the ceiling to remove an ac-



**WALLS WASHED**—Every other year, walls from ceiling to floor in all Medford public schools are washed. Above Mrs. Margaret Rouhier, left, and Mrs. John Mardon are washing walls in Washington school. Next



**REFINISH FLOORS**—One of the major projects in the Medford school district's summer program is refinishing all the floors in the district. Above Perry Strom, left,

and Ray Clay are working on a floor in Washington school. All floors are scrubbed, resealed and re-waxed each summer.

Such remodeling work includes construction of a counseling center at Medford High school and work in the Jacksonville gymnasium to make it into a multi-purpose classroom. Other workmen are re-roofing some school buildings, repairing other roofs, and others are installing additional storage space and shelving in buildings.

Financing maintenance and operation in the district is a major item in the school district's budget. This year there has been \$584,948.58 budgeted for operation and maintenance. This pays custodial help, buys janitorial supplies and finances needed miscellaneous repair work during the year.

New additions to classrooms this year will require additional help. A storekeeper and painter will be added to

cumulation of pencil marks, finger marks and scuffs near the baseboards.

**Works on Desks**

One man does nothing all summer but take marks out of desk tops. He sands and refinishes them, and if the top is so worn it will not withstand another sanding, it is covered with formica.

Russ Acheson, assistant superintendent in charge of buildings, maintenance and transportation, said that eventually every desk probably will be covered with formica. It will be done through the district's program of replacing tops which can not be resanded and refinished.

All light fixtures in all schools are washed and cleaned for better illumination. All ventilators are removed and cleaned in all classrooms. These are some of the maintenance items conducted each

summer in the district's high school, two junior high schools and 14 elementary schools. Many of the jobs can not be done during the regular school year. There are numerous small work orders from teachers and principals to make the student's day more comfortable.

Among such items are lowering a drinking fountain at one of the schools to a height more suitable for primary pupils, improving ventilation in the kitchen in one of the schools, installing posts at a school ground to prevent cars from driving across the lawn, installing kick-plates on doors in another school, and numerous other small jobs.

**Remodeling Work**

In addition to regular maintenance or repair work, district personnel also is utilized in remodeling work during the summer months when pu-

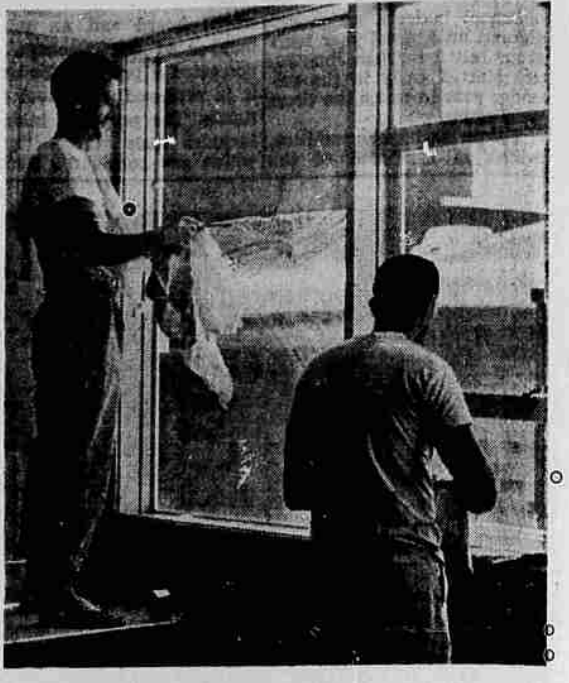
pils are not in school to be disturbed.

the maintenance staff, and 1½ custodians will be added to the operation staff, school officials said.

### Checks School Buses

A full-time staff checks all school buses for operation, but this is more than just a summer program - it continues throughout the year. Each bus receives a 1,000-mile servicing, a 5,000-mile servicing and checkup, and after 10,000 miles, which is about once a year, each part of each bus is checked for proper operation. If a part appears faulty or worn excessively, it is replaced either with a new part or a reconditioned one.

When school starts in another month or so, district personnel will continue their maintenance and operation assignments, and the general summer clean-up will, for the most part, be completed. Students riding the bus can be sure of a safe one, and when they arrive at school, the classrooms will be clean and pleasant.



**WINDOW WASHERS**—Arven Reynolds, left, and Donald McLarrin are shown above at Hoover school washing windows. The two men wash all windows in all district schools during the summer months. School officials hope to clean all windows in the district twice a year—once in the summer and once during the Christmas holidays—instead of just once a year, as the policy has been previously.

### Child Should Select 'Extra' Reading

Let your child select some of his "extra" reading material for himself.

Once he has discovered the fun of reading he will be bored by books beneath his level and will select "better books." Do encourage him, but do not force him to read only those books which you or his teacher select.

### SAFETY TIP

Warn your child not to drink directly from the "acuum bottle they carry with their lunch. Tell them to pour from the bottle into the cup lid or other container. Even with the best of care the linings will sometimes explode shattering the glass.

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