

### Family Council

Editor's Note: The Family Council consists of a judge, a psychologist, three clergymen, a newspaper editor, a women's editor and a secretary of an actual case history. The Council's opinion on problems that have been dealt with by responsible agencies and counselors.

**Michael A.** - Marie doesn't know when to stop drinking.

**Marie A.** - I drink less than he does.

**Michael A.** - My wife and I are in our mid-30's and have been married nearly 15 years. We have four children and could be very happy - if it weren't for Marie's drinking. I have no objection to drinking in moderation. In fact, I greatly enjoy a sociable evening in which there is lots of good talk and some drinks to loosen everyone up. But with Marie, there is just no limit. Once she starts drinking she doesn't know when to stop. She has seriously embarrassed me on many occasions. It's a heck of a business taking home a drunken and raging wife after every party. I have tried to reason with her and each time Marie promises to behave, but then goes back on her word.

**Marie A.** - Mike is trying to show that I'm an alcoholic or something and I'm nothing of the sort. What he calls drunk is only a little high. I drink a good deal less than he does. He's a drinker. In fact, Mike always gets in a couple of cocktails during the day and I rarely touch a drop except at parties. When Mike comes home he usually has to sleep off the effects of his cocktails. Then he wakes up and is ready to start all over. By that time I don't even feel like going out. Several times I've made up my mind to give up drinking but Mike doesn't like that either. He says it looks very queer and it gives people the impression that I'm an alcoholic.

**The Council:** There is a good deal of bawling of the worst alcoholic here without much understanding of what it means. We get the impression that to both Mike and Marie it means something that could only happen to the next fellow - not them.

Actually, they both show signs of disease. It is characteristic of the alcoholic to deny that the problem exists for him, yet to continue drinking to excess.

According to Alcoholics Anonymous, the first step toward recovery involves the recognition that there is a problem.

It is time for both Mike and Marie to stop blaming one another and acknowledge that each of them has a battle to fight. As long as each can accuse the other, there is no hope for their stepping out of the vicious cycle.

A first step might be to locate an Alcoholics Anonymous unit in their community. This may seem like a drastic step, but the A's owe it to themselves to get real information about alcoholism.

As a result of what they learn, the A's will probably see there is an urgent need to break their close ties with a drinking crowd. There are many circles in which heavy drinking is a vital part of the social climate and it is more difficult to abstain.

Probably there is a great need for the A's to re-evaluate their life pattern and their goals. Excessive drinking may be a substitute for many things - an interest in life, genuine social enjoyment and the courage to do something to improve life, to name a few. One way of breaking away from this substitute satisfaction is to find some real ones.

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### Turbine Aircraft Have Air Recorders

Washington - (Science Service) - All turbine-powered jet carrier aircraft, including turbo-prop, must be equipped with flight recorders, according to a recent Federal Aviation Agency ruling.

The recorder is a machine connected to the aircraft's instruments that automatically records the plane's air speed, altitude, vertical acceleration, heading and time. It will assist in determining the cause of in-flight incidents and accidents.

The previous regulation required that the recorders be installed on jet carrier aircraft that are certified for flight operations above 25,000 feet. This did not cover turbo-prop planes, which operate at much lower altitudes.

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The finest enriched "all-purpose" flour. Guaranteed to work wonders with ANY recipe. It's sifted through pure silk to give it finer texture, to give you better baking results. Another great S Brand favorite at special money-saving prices.

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### 10¢ BONUS OFFER

FREE coupon worth 10¢ toward the purchase of a large Cantaloupe when you buy a 1/2 gal. of ice cream.

### ICE CREAM

Fine quality Snow Star in 4 delicious flavors: Vanilla, Strawberry, Chocolate and Neapolitan (3 flavors).

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Gives a rich, fresh flavor to delicious summer salads or tasty sandwiches. It has the famous Circle S... your assurance that it's the finest quality.

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- Zucchini Squash Med. Size lb. 10¢
- Nectarines High colored from La Grande lb. 19¢
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8 303 TINS \$1  
Mix 'Em or Match 'Em

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Head Lettuce Crisp, compact Salad perfect 2 for 29¢

Cranshaws Plump, meaty Melons lb. 19¢

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- Pineapple Lalani chunk crushed or tidbits 5 No. 211 can \$1.00
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- Ripe Olives Town House Sid. 4 No. 1 tins \$1.00
- Soda Pop Cragmont in 12 sparkling flavor. Plus dep. 6 quart. btls. \$1.00
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- Gelatins Jell-well 7 flavors 14 3-oz. pkgs. \$1.00
- Puddings Jell-well 6 flavors 6 pkgs. 49¢
- Instant Coffee Safeway 15c off jar 6-oz. 89¢
- Peaches Town House, freestone Halves 3 No. 2 1/2 tins \$1.00
- Cookies Busy Baker Coconut Chocolate drop 1-lb. pkg. 49¢
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Luncheon Meats Safeway Macaroni and Cheese, Sli. Pickle Pimento, Olive Leaf, Cooked Salami, and Bologna. Vacuum packed for added protection. 3 6-oz. pkgs. \$1

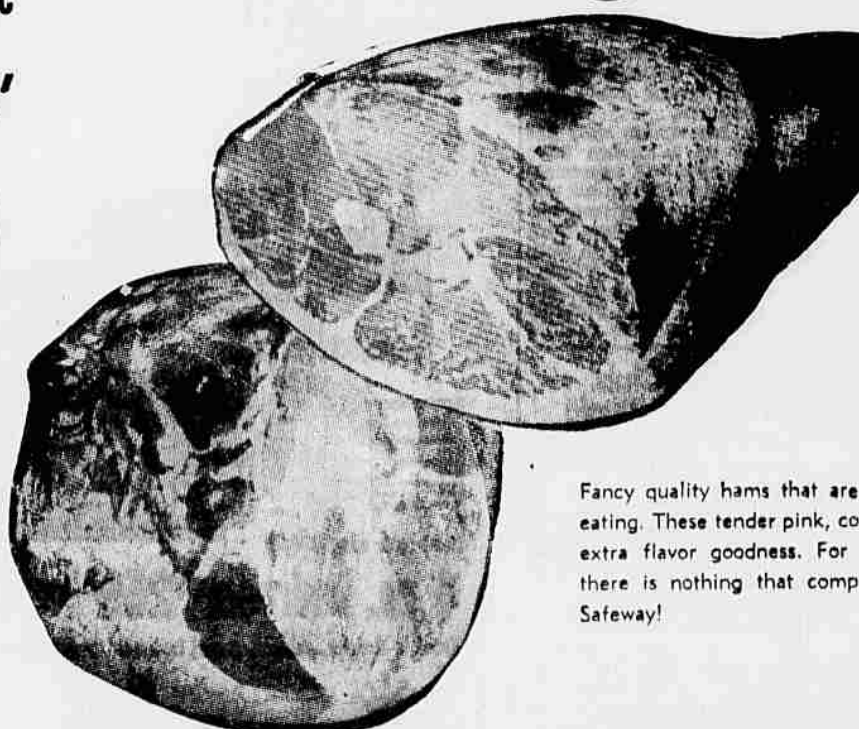
Large Bologna Grand for large sandwiches, cold cut dishes, etc. Delicately seasoned for extra flavor. Sliced lb. 49¢ By the piece lb. 39¢

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## HAMS 49¢

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**GOLD BOND STAMPS**  
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Small Worlds Around Us

By Lynn M. Watkins

The Sea Horse Could Be Called a 'Circus Animal' The circus has made the elephant familiar to nearly everybody and has brought many animals to the attention of people who otherwise might never have seen them. But another little known animal living in the warm waters of the world's oceans has never been exhibited by a circus - the sea horse. Strangely enough elephants and sea horses have something in common aside from their size and manner of life. In the elephant it is the trunk, and in the sea horse it is the tail; both trunk and tail function more or less the same as a handy tool with which each accomplishes many tasks.

The sea horse is a freak; a carry-over from a world of yesterday. He has survived to this day while many stronger and larger creatures perished. He has ways that are strange in the economy of the sea he seems to be a misfit, and he is as peculiar as they come. Uses Tail

The awkward appearing trunk of the elephant can pick up a tiny object as easily as a pin is picked up with a pair of tweezers, and the sea horse can accomplish any task as difficult with his tail. The little horse-face can select carefully a bit of sea weed, pick it delicately with the pointed tip of its tail, carry the weed to the tub-like mouth, wet it and attach the greenery to its head, neck or body.

Once touched to the hard shell of the sea horse's body, the weed adheres; the tail releases it, and the little horse is wearing a plume. Many theories have been advanced for this action: personal adornment or means of concealment. Maybe the little fellow feels safe when growing with bits of festooned seaweed.

The uses to which the sea horse puts his tail are astonishing. With it he hangs onto a waving sea weed and lazily allows the tidal currents to sweep past him. He may release his hold and allow the tail to get him started on his way. When actually under way, he curls the tail up under him. He carefully flicks a bit of sand from his face with the sensitive tail.

Male Pouch The pouch on the male sea horse's stomach may hold the eggs of several females; they have deposited them in there and left with no thought as to the outcome. He must have lost the last shred of male ego millions of years ago for today he is resigned to the fact he is the living incubator; to him is entrusted the task of carrying the entire setting of eggs until they hatch into little comma-tailed replicas of himself.

The sea horse has no protection except its hard, ridged body. Being unpalatable, he has but few enemies, which is fortunate for the little guy is slow on his feet. After releasing his "tail-hold" on a sea weed he can barely make any headway in spite of the tiny propeller-like fins on either side of his head and a small dorsal fin on the back.

Unless he is torn from his weed-bed by wind or wave, he spends his life in idleness and a "don't-give-a-darn" attitude sucking small animals life from sea weed stems and adorning himself with bits of bright colored sea-weed, all of which is silly for he has no place to go.

(Released by The Register and Tribune Syndicate, 1960)

Jayne Mansfield Gives Birth to Son Santa Monica, Calif. - 29-year-old actress Jayne Mansfield, 29, gave birth today to a 5-pound, 1-ounce boy at St. John's hospital, 10 days after she entered the hospital.

Both Miss Mansfield and the 6-month-old premature child were described in excellent condition.

It was the second child for the blonde actress and her husband, Mickey Hargitay. They have another son, Miklos, 16 months. Miss Mansfield has a daughter, Jayne, 9, by a previous marriage.

Huntington Beach, Calif. - A fishing boat carrying 12 persons capsized and sank Saturday while being towed into port by a Coast Guard patrol ship. The Coast Guard said one man was known dead and two others presumed drowned.