

### India Claimed to Need Increased Protective Foods

Los Angeles (Science Service) - The solution to India's dietary problems lies in increasing "protective foods" rather than stepping up production of rice, wheat and other grains.

This is the belief of Dr. Wendell Griffith, nutrition authority of the University of California, Los Angeles, who has just returned from a year's study of such problems in India where he represented the United Nations Food and Agriculture Organization and the Children's Fund.

There are required production and consumption of additional amounts of milk and dairy products, legumes (grams, peas, etc.), flour from oil seeds such as peanuts and sesame, leafy green and yellow vegetables, citrus and other fruits for the vegetarians and eggs and poultry, fish and meats for the non-vegetarians.

Multiple cropping and improved agricultural practices would give such increased amounts of protective foods.

**Nutrition Program Needed**

An extensive nutrition education program is also needed to persuade the people to use more protective foods in their daily fare. Food habits are formidable, even those having no religious basis, and there must be a strong incentive for the consumer to accept changes in his accustomed diet.

An immediate need is something to counter protein malnutrition, especially prevalent among infants and small children. This cannot, in Dr. Griffith's opinion, await development of an adequate supply of safe milk.

One solution is the making of gruels for the children from legumes and peanuts. These foods are available to most families if mothers can be educated to make gruels from them.

### Chickenpox Can Kill Grownups, Physician Warns

Chicago - (Science Service) - Chickenpox, usually a mild childhood disease, can kill adults. A Texas physician has just reported four deaths from chickenpox complications.

In the adults the disease became disseminated and the lungs were affected.

Dr. Stewart A. Fish of Dallas, reporting here in the Journal of the American Medical Association, says chickenpox, which is usually a mild childhood disease, may cause severe systemic complications and death in adults.

He says the lungs are almost always involved and that other vital organs including the brain, kidneys and liver may be affected. The death rate has been estimated at between 10 per cent and 30 per cent for patients with such disseminated chickenpox.

**No Drug Therapy**

At present, there is no drug therapy available which will cure the disease or modify its course once the lungs and other viscera are involved.

Awareness of the danger is important, as early diagnosis may be a means of preventing dangerous complications.

The doctor makes a plea for earlier hospitalization of patients with disseminated chickenpox. His four patients were not hospitalized until they were desperately ill.

Dr. Fish says routine X-rays should be performed on all adult patients with chickenpox.

### Infant Caught by Bed Rail Succumbs

Seaside - (UPI) - A 10-month-old girl died Tuesday night apparently, police said, when she became caught between a bed rail and mattress that had been made up as a crib for her.

Police identified the baby as Robin Davis, daughter of Mr. and Mrs. Robert Davis of Portland. She had been staying with her grandparents here while her parents were traveling through Montana, Idaho and Nevada.

The grandparents went in to check on the baby at 10:45 p.m. and found she had slipped between the mattress and the rail. Firemen were summoned and tried artificial respiration to no avail. A doctor, also called, estimated the baby died between 10:30 and 10:45 p.m.

**EMBARRASSING OMISSION**

London - (UPI) - Postmaster-General Reginald Bevins, administrator of the British telephone system, admitted Wednesday the only government agency whose phone number is not listed in the latest directory is the Central Office of Information.

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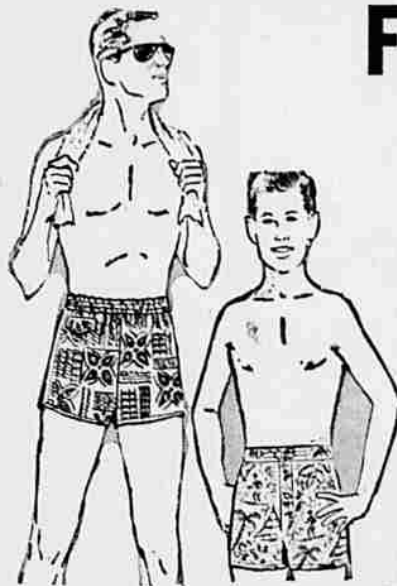
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