

### VFW Auxiliary Gives Money To Cancer Fund

At the regular meeting of Veterans of Foreign Wars Steelhead auxiliary, the cancer chairman announced that money was given to the cancer fund in memory of Mrs. Arthur Greenley. Mrs. Greenley was a school teacher at Shady Cove school.

The civil defense chairman told the auxiliary that all should realize the necessity for getting in the ten day supply of food and other items in case of an emergency.

Cup cakes were made and given to senior citizens at one of the local nursing homes for the Fourth of July.

Mrs. Harry Birch, delegate to the state convention, gave her report. She said that Mrs. Dan Krotz of the auxiliary was appointed a color bearer for the department.

Mrs. Dale Sawyer presented Mrs. Birch a gift from the past presidents of the auxiliary.

Refreshments were served after the meeting by Mrs. Norman Bandy and Mrs. Howard Baker.

### Families Have Lake Vacation

Three local families recently spent their vacations at Diamond lake, "fishing and resting," according to one of the families.

Vacationing were Mr. and Mrs. Gordon Shelton, 948 Alta street, Medford, with their children, Susan, Sandra, Mark, and Sonya; Mr. and Mrs. W. J. Williams, 831 Park street, Medford, and children, Janice, Stanley, and Jimmy; and Mr. and Mrs. Carol Adams, 232 North Second street, Central Point, with sons, Floyd and Roger.

Mrs. Shelton reports that the families left for the lake at different times, but all met and stayed together.

### Travel Agent Sees New Ship

George Lewis of the Rogue Travel service, 111 East Eighth street, Medford, arrived in New York Tuesday night by plane on invitation from the Italian Ship lines to view their latest vessel.

Along with four other men from the Pacific Northwest, Mr. Lewis is to be a luncheon guest of the Lines, then he will inspect the new ship, the "Leonardo Da Vinci." The ship is said to take the place of the famed Andrea Doria, which sank several years ago.

The Oregon travel agent will return home late Thursday.

### Initiation

Women of the Moose will hold initiation tonight at 8 o'clock at the Moose hall, 11 South Newtown street.



Los Angeles—Not an Easter parade but perhaps surpassing one in the number and variety of women's headgear is the Democratic National convention and its many delegates and spectators of the feminine sex. Here are

three, each adorned with a design showing personal flourish. The lady at left favors no one in particular, the center hat carries a donkey and the one at right—uncommitted. (UPI Telephoto)

## Women's News Social Events

### 46 Million Americans Want to Lose Weight

By JEANNE LESEM  
United Press International  
New York—City dwellers diet. Suburbanites watch their weight. Villagers and county people eat freely without counting calories.

No matter how you phrase it, 46 million Americans aged 15 and older want to slim down. These findings were revealed in a survey of national

eating habits made for the diet dressing division of Carter Products, Inc.

In the survey, weight watchers differed from dieters by cutting calories generally or avoiding fatty foods, instead of following a strict regime, either on doctor's orders or at their own discretion.

Smaller families diet or watch weight more than larger ones, the study showed. Lower income families are less interested in weight control than those in middle, middle-upper and upper income brackets.

Women are more diet-conscious than men. Of 4,500 persons interviewed, 47 per cent of the women wanted to lose weight but only 34 per cent of the men. Sixty-six per cent of the women who considered themselves overweight are housewives.

More Men Overweight  
"Men probably are more overweight but less concerned by it," said Charles A. Tucker, general manager of the diet dressing division. "Nearly half the men interviewed who are overweight by actuarial standards said they ate as they pleased."

Geographically, men's and women's eating habits are similar until emotional problems or other worries arise. Then, the survey showed, women eat more but men eat less.

Many men said their appetites grow when they're happy. Dieters also tend to eat more than usual when they're worried or tense, while weight watchers are as likely to eat less as more.

Age often determines reasons for counting calories. Fifteen to 30-year-olds want to look better and have their clothes fit better. Those 50 and older are looking out for their health.

The study also indicated that younger women usually diet more in June, July and August. Older women diet more generally throughout the year.

Reasons for calorie-counting vary seasonally. Heavy holiday eating triggers December and January dieting. March through May, the slimming down is in anticipation of summer's revealing attire. Come summer, the figure she cuts in a bathing suit causes many a woman to cut calories.

But none of this is made easier by a practice revealed by the survey of using higher calorie dressings with higher calorie foods. The largest single use for mayonnaise is in sandwiches, potato, chicken and tuna salads, and gelatin foods.

Fat Report  
A constant threat to expanding waistlines exists in lavish meals served by international airlines. But one line that serves a low-calorie filet mignon dinner on request has few takers. Catering manager Rolf Bickel estimates that 85 to 90 per cent of the passengers who order a la carte eat richer meals.

Visits  
Fred Copsey, son-in-law of Mrs. Clayton Walker, 920 West 11th street, is visiting in Medford from his home in Kodiak, Alaska. He will be here until next Monday.



"I'm in the Navy," said the young man who sat next to Potpourri on the bus run from Centralia to Portland Monday afternoon. "And I hate it. I'm counting the days until I'm out." We commiserated with him and asked him what didn't he like about the Navy. "Everything," he answered promptly and then after a bit of thought added, "I guess what gets my goat the most is the pettiness. They make such a stew about little, petty things that don't really count. And the things which are really wrong they just pass over."

For almost two hours the two of us talked. The sailor—who had been made into a barber by the Navy—said he was from Chicago, not yet 21, the oldest of 10 children born into a Catholic family. When we inquired if his mother and father were able to "manage" such a large family he quickly said "You're darned right they can. Dad isn't above taking the strap to anyone who gets out of line. I've had plenty of licks in my day. And my Mom really knows how to run the house. Every kid big enough to work has his share of cleaning and believe me, if the job isn't done well, he hears from Mom."

The young man said he began contributing to the family finances at the age of nine when he started setting pins in a bowling alley. "The folks took a third of everything I made, and convinced me that it was right. I'm glad they did. I soon learned how much it costs to feed and clothe so many people. And I always had enough left to spend as I pleased. It gave me a sense of responsibility."

When Potpourri inquired if he had gone to a Catholic high school, he said part of the time. "The folks sent me to public school for two years, but the school was so crowded that we were on a half-time schedule and I wasn't learning nothing (his words). So they sent me to a parochial school. It was a lot better than the public school."

A comment about something along the highway brought out the remark "I know this highway by heart. I'll bet I've made the trip from Bremerton (where he is stationed) to Portland a hundred times." There could be only one answer to this—a girl—and Potpourri was right. When we pointed out that maybe he better marry the girl and quit spending so much time and money on the road, he replied "I can't get married. I haven't any money. Besides, she keeps saying 'don't hurry me. I want time to make up my mind.'"

As the pavement unrolled under the wheels of the bus, the reporter learned that the sailor had only two weeks left, but that he had been granted several days leave. His grinning recital of the schedule he had been keeping in order to woo the Portland girl left us gasping. He had been granted week end liberty, left Bremerton Friday night and traveled all night to get to Portland, stayed in that city Saturday and until so late Sunday that he had been behind schedule reporting for duty Monday morning. Within the hour he had picked up his leave papers and was back heading south on another bus.

"That's not all," said this determined young lover. "The minute I get back on the base from my leave in Portland I'll ask for and get another week end liberty and start for Portland again." I began to believe that if he had started this some time ago, he might indeed have made a hundred trips between northern Washington and northern Oregon in the past two years.

There just remains one little question in this taxpayer's mind. When does he do his barbering for the Navy?

The young sailor and the not-so-young reporter didn't spend all their time talking about his efforts to be with his girl as much as possible so that she wouldn't forget him in the six months he plans to spend in Chicago right after being discharged. (He wants to earn a lot of money and convince her they have enough to set up house-keeping.)

He told us about a movie that he had just seen. It was about the possibility of an atomic war, what role Navy men would play in such an event, and what the results of such a war might be. "The officer (he gave his name, but we fail to remember it) told us that if Russia and the United States go to war, we can count on 50 million people being killed within the first five days. I don't think he got across to us. It's kind of hard to have a man tell you that, and then pick up the papers and read the Khrushchev and Eisenhower are talking big at one another. Who's kidding whom? I don't get it. It wasn't so long ago that Russia was our ally in a war."

The reporter assured the young man that he wasn't the only one who "doesn't get it" and admitted that the front page news frightens a lot of civilians, of all ages and in all positions.

From war talk it was natural that we should turn to politics and the coming political convention and the young man said that since he wasn't old enough to vote, he hadn't given much thought to the coming election. However, he volunteered the idea that it seemed to him the people weren't having much say-so in who the candidates were going to be. This complaint we heard any number of times. And for some strange reason, although we talked about the coming convention with any number of people, we can't remember hearing anyone say they were supporting either Kennedy or Nixon. The Democrats were for Johnson, Symington, Stevenson or half a dozen others, and several said "the whole darned thing was fixed in New York and Washington. What have we got to say about it, anyway?"

Potpourri sneaked time from her visiting in Centralia to spend an hour in the fuchsia gardens run by the Freeman Lyons. The cool damp climate of the Lewis county in Wash-

### Eagle Point Residents Have Visitors; Others Travel

Eagle Point—Mr. and Mrs. Harry Hanscom, Stevens road, Eagle Point, have had Mrs. Ed Moon and children, Steven and Susan, Myrtle Point, visiting them the past few days. Mrs. Hanscom and Mrs. Moon are sisters.

Mrs. Moon also visited another sister and her family, Mr. and Mrs. Ray Smith, Central Point, while here. Mr. Moon spent one day before taking the family back to Myrtle Point.

Mr. and Mrs. John Welch and family, Gold Beach, spent a week visiting cousins, Mr. and Mrs. Harold Hanscom, Eagle Point. The Welchs are former Eagle Point residents.

Mrs. William Short returned to her home in Eagle Point Saturday after spending a few days in Sacramento, Calif., visiting with Mr. and Mrs. J. D. Farley and Miss Bea Hamilton, both nieces.

While there her brother, Earl Daniels and family, Boulder Creek, visited for a day. She also visited with Mr. and Mrs. Jack Benefield, Mr. and Mrs. Leslie Benefield, Mr. and Mrs. Duge Benefield, and Mr. and Mrs. Green Benefield and their families, all cousins. She also saw a friend from Eugene, Ore., Mrs. Allie Cantrall.

Mrs. Short plans to take Susan, Cindy and Danny with her when she accompanies her daughter, Mrs. Jack Market, July 20, to Klamath, Calif., where she will stay a week.

John Grow returned to his home on South B street, Saturday after completing his two weeks reserve training at Yakima Firing Range in Washington.

Mr. Grow brought his brother, Robert, home for a few days visit before he leaves for Ft. Riley where he will be stationed.

Mr. Robert Grow and his wife and baby just returned to Monroe, Wash., from Guam where he served 1 1/2 years in the Army. They both stayed with his grandparents,

ington is ideal for these flowers, and the Lyons have about 150 varieties this year, several of which were new to us. We saw Eastern Bonnet, a large, full pink; Duchess of Edinburgh, a pink with faint stripes in the petals; Summer Snow, a large double white; Silver Slipper, a white with a faint tinge of red coloring; Tu Tu, which true to its name, is a very full white and lavender that resembles a ballerina's short skirt; So Big, an H1 with pink pointed sepals, pink flush and very long lobes and Fantasy, a blossom with a flat white corolla and sepals of pink and white flush. The H1 and H2 on the tags indicates that these varieties like a little more heat than others, we learned.

Of course, the Lyons have the huge purple and red Voo Doo, Lotus, Waltz Time, Southgate, a favorite with this gardener although we've never added one to our mesager collection. Another we saw for the first time was Jack Sharon—or maybe Sharon Jack, (we can't make out our scribbles) which has a rosy red tube and sepals and a corolla of bengal rose.

We also toured the Lyons' private garden and saw a clump of the enormous Olympic hybrid lily which has a gorgeous blossom and an utterly fascinating fragrance. Sitting among the shrubbery was a big pot holding a five-foot fuchsia tree of the Cardinal variety. Mrs. Lyons says she has learned to convert the trailing varieties to tree fuchsias, and to trail the uprights.

The Lyons have a trick worth knowing—they cover the baskets with plastic, fitting them around the base of the plant and extending the cover only to the edge of the basket or planter. This helps retain the moisture.

Beach bits: Now Mary, I told you to watch your brother . . . Well, I only had six hours sleep last night . . . Believe me, if Hilda said it, she meant it . . . Mama, Bobby's got sand in his mouth again . . . Do I look very red? . . . The man said yesterday was the lowest tide of the year . . . I said I was going to stay a week, and I'm going to stay here the whole week even if I'm bored to death . . . Bobby, quit throwing rocks at your sister. I'm not going to tell you again . . . We'll have a view from all three sides . . . I should have put in more charcoal . . . Where's that family of squirrels I've been hearing so much about . . . Can we park our car in your yard? . . . Why does the ground under my stairs keep sliding down when Jim, right next door, doesn't have a bit of trouble? Daddy, do we have to go home now? Can't we stay just a little longer?—O.S.

Mr. and Mrs. Jack Grow, Eagle Point, prior to his re-enlistment in the Army.

Mr. and Mrs. Russell McCoy, Lakewood, Calif., and Mr. and Mrs. Cecil Goodwin, Hermiston, Ore., were overnight guests of Mr. and Mrs. David Kahl, Eagle Point. Mrs. McCoy and Mr. Goodwin are sister and brother of Mrs. Kahl.

### Couple Returns From Meeting And Vacation

Mr. and Mrs. V. R. Bacon, 2512 Lyman avenue, Medford, returned home last week after attending an annual area conference of the National Office Management association in Canada plus other sight-seeing in the U.S.

The couple traveled by train to Vancouver, British Columbia, then on to Calgary and Banff, B.C., for the conference drawing delegates from Alaska, British Columbia, Alberta, Oregon and Washington. Mr. Bacon is the president of the local NOMA chapter.

Following the convention, the Bacons visited Mr. Bacon's parents in Waunakee, Wis. Mr. and Mrs. Wayne Bacon, They also toured Winnipeg, Manitoba, en route. Also in Wisconsin they met their son, Rodney Bacon, who is stationed at Scott Air Force base near Springfield, Ill.

The Medford couple was gone about three weeks.

### Card Party Set Friday

The Gettogether club will meet Friday, July 15, at 1 p.m. at the Girls Community club for cards. Dessert luncheon will be served.

Committee in charge of the event includes Mrs. Phoebe Kindred, Mrs. Ray Offord, Mrs. Tom Edsal, and Mrs. Howard Taylor.



New York—Mrs. Elizabeth Bregman, costume jewelry designer, is growing used to having people mistake her for Elizabeth Taylor, screen star. One day, says Mrs. Bregman jokingly, she may become so famous as a costume jewelry designer that the movie star will be mistaken for her. (UPI Telephoto)

### Woman Tells Problems of Being Taken for Actress

By GAY PAULEY  
UPI Women's Editor  
New York—Elizabeth Bregman is growing used to people mistaking her for Elizabeth Taylor.

One day, Mrs. Bregman joked, she might be so famous as a costume jewelry designer that the movie queen will be mistaken for her.

"The designer is at least on her way in three and one-half years from now," she said.

Her firm has grown from a staff of one—Mrs. Bergmann and a couple of New York outlets to 25 production and office employees and sales in better stores nationally.

Mrs. Bregman is about the same age as the actress and sees members as a teen-ager seeing Miss Taylor in her first big movie hit, "National Velvet."

"Even then," said Betty Bregman, "people said we looked alike."

Today, the resemblance is striking enough for fans of Miss Taylor to ask for Mrs. Bregman's autograph and for fans of Debbie Reynolds to treat her as if she had taken Eddie away from Debbie. Several have hissed, "home-wrecker."

The designer has the same blue eyes, heavy arched brows and jet dark hair as the actress.

Her figure may be a little less voluptuous. She weighs 110 pounds, stands five feet four inches in her sock feet, and measures 37, 25 and 37.

When Miss Taylor was in town recently to do some scenes for her new movie, "Butterfield 8," dozens of New Yorkers asked for Mrs. Bregman's autograph.

"I just tell 'em, 'You've got the wrong gal'," she said.

The designer created quite a stir when she and her hus-

band, Martin, an insurance company executive, went to see the movie "The Rat Patrol," which stars Miss Reynolds. "You could hear the buzz in the theater," laughed Mrs. Bregman. "I guess a lot of people thought, well, Miss Taylor's got a lot of nerve to do that."

Does her husband resemble either the late Mike Todd or Eddie Fisher? "Oh lordy no," she said. "He's always being taken for Rock Hudson."

Medford Woman Has Houseguests  
Mrs. Florence Boussam, 720 Welch street, Medford, has recently had house guests from Pennsylvania and California.

Leaving last Friday were Mr. and Mrs. Charles Reese and daughters, Bonnie and Diane, Harrisburg, Pa. Mr. Reese is the local woman's nephew. They were to have visited Crater lake and Yellowstone National park on their return trip.

From San Jose, Calif., is Mrs. Ethel West, daughter of the Medford resident. She has been in the area for two weeks and is returning home Thursday.

Calendar  
Calendar notices and news for the society section of The Mail Tribune must be submitted in writing and deadline for the Sunday edition is 1 p.m. Friday Deadline for the weekly calendar is 9 a.m. of the day of publication and for week day news is 5 p.m. the day before publication.

Wednesday: 6:30 p.m. — Toastmistress club, home of Mrs. James VanderSteen, 900 Mira Mar way. 8:30 p.m. — Roxy Ann Home Economics club, Hawthorne park.

Thursday: 12:30 p.m. — Medford Soujourners club, Girls Community club.

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