RADIO PROGRAMS — THURSDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make changes as are supplied

KYJC 1230 kc	KMED 1440 kc	KWIN 1400 kc
4:00—Traffic Jam	News* Paul Harvey**	Clem Stein
4:15—Traffic Jam	Eydie Gorme**	Clem Stein—News
4:30—Traffic Jam	Emphasis* Road Show	Clem Stein
4:45—Frank Goss—Sound	Road Show	Clem Stein—News
5:00—News**—Sound 1230	News* Road Show	Clem Stein
5:15—Sound 1230	Road Show	Clem Stein—News
5:30—Sound 1230	Weather-News-Spts.	Cliff Scheel
5:45—Sound 1230	Orval Anderson	Cliff Scheel
6:00—Background News	News* Dinner Music	Cliff Scheel
6:15—Amos-Andy-Trio**	Dinner Music	Cliff Scheel
6:30—Richards-Person**	Morgan Beatty*	Cliff Scheel
6:45—In Person**	Edward Morgan**	Cliff Scheel
7:00—World Tonight**	News* Dinner Music	Cliff Scheel
7:15—Sound 1230	Dinner Music	Cliff Scheel
7:30—Sound 1230	Dinner Music	Cliff Scheel
7:45—Sound 1230	Dinner Music	Cliff Scheel
8:00—News** Sound 1230	News* Swingshift	Clem Stein
8:15—Sound 1230	Swingshift	Clem Stein
8:30—Sound 1230	Swingshift	Clem Stein
8:45—Sound 1230	Teen Town**	Clem Stein
9:00—News—Weather	News* Go Show	Clem Stein
9:15—Sound 1230	Go Show	Clem Stein
9:30—Sound 1230	Hi Fi Club	Clem Stein
9:45—Sound 1230	Hi Fi Club	Clem Stein
10:00—News—Sound 1230	Hi Fi Club	Clem Stein
10:15—Sound 1230	Hi Fi Club	Clem Stein
10:30—Sound 1230	News* Nightbeat	Clem Stein
10:45—Sound 1230—News	Nightbeat	Clem Stein
11:00—Sign Off	News* Nightbeat	Devotion—Sign Off
11:15—	Nightbeat-Final News	
11:30—	Sign Off	

RADIO PROGRAMS—FRIDAY

5:30—	Sign On-Wake Up	
5:45—	Wake Up To Music	
6:00—Sound 1230	Wake Up to Music	Larry Hoover
6:15—Sound 1230	Wake Up—Rural Rept.	Larry Hoover
6:30—Frank Goss	Wake Up—Fishing Rep	Larry Hoover
6:45—Sound 1230	First News Roundup	RFD 1400
7:00—News Roundup	Hemingway News**	RFD 1400
7:15—Sound 1230	Weather-News	RFD 1400
7:30—Sports Show	Rogue Valley News	Larry Hoover
7:45—Sound 1230	Weather—News	Larry Hoover
8:00—News**—Weather	News*	Larry Hoover
8:15—Sound 1230	Fiddler—Listen	Hank Peck News
8:30—Sound 1230	Cliff Engle News**	Cliff Scheel
8:45—Sound 1230	Listen—Visit	Cliff Scheel
9:00—News** Baby Corner	News*-Bkfst. Club**	Cliff Scheel
9:15—Trading Post	Breakfast Club**	Cliff Scheel
9:30—Richards-Couple**	Fidler-Listen	Safety Serenade
9:45—Happiness-Trio	Fashion Flashes	Safety Serenade
10:00—News** Whispering	News* Listen	Cliff Scheel
10:15—Mr. Perkins**	Listen	Cliff Scheel
10:30—Young Mr. Malone**	Local News—Listen	Cliff Scheel
10:45—2nd Mrs. Burton**	Listen	Cliff Scheel
11:00—News**—Sound 1230	News* Swap & Sell	Cliff Scheel
11:15—Sound 1230	Fiddler—Listen	Cliff Scheel
11:30—Garry Moore	Local News—Listen	Larry Hoover
11:45—Crosby-Clooney	Tello-Test**	Larry Hoover
12:00—News**Valley News	Nat'l & N.W. News	Larry Hoover
12:15—News—Weather	Weather-Markets	Comprehensive News
12:30—Sound 1230	Features Section	Market Report
12:45—Sound 1230	Paul Harvey**	Baseball
1:00—News**—Godfrey	News* House Party	Baseball
1:15—Arthur Godfrey*	House Party	Baseball
1:30—Arthur Godfrey*	Loc. News—Party Line	Baseball
1:45—Arthur Godfrey*	Emphasis* House Party	Baseball
2:00—News**Houseparty**	News* Hear	Baseball
2:15—Hseparty-K. Trio**	Fiddler—Hear	Baseball
2:30—Best Seller**	Local News—Hear	Baseball
2:45—Best Seller**	Emphasis* Hear	Baseball
3:00—News**1230	News* Hear	Baseball
3:15—Sound 1230	Fiddler—Hear	Baseball
3:30—Traffic Jam	Local News—Hear	Baseball
3:45—Traffic Jam	Emphasis* Hear	Clem Stein—News
4:00—Lowell Thomas**	News* Paul Harvey**	Clem Stein
4:15—Sound 1230	Eydie Gorme**	Clem Stein—News
4:30—Tom Harmon**	Emphasis* Road Show	Clem Stein
4:45—Frank Goss**	Road Show	Clem Stein—News
5:00—News**Sound 1230	News* Road Show	Clem Stein
5:15—Sound 1230	Road Show	Clem Stein—News
5:30—Sound 1230	Weather-Local News	Cliff Scheel
5:45—Sound 1230	Orville Anderson*	Cliff Scheel
6:00—Background News**	News*-Dinner Music	Sports News
6:15—Amos & Andy-Trio*	Dinner Music	Cliff Scheel
6:30—Richards-Person**	Morgan Beatty*	Cliff Scheel
6:45—In Person**	Edward Morgan**	Cliff Scheel
7:00—World Tonight**	News*-Monitor*	Cliff Scheel
7:15—Sound 1230	Monitor*	Cliff Scheel
7:30—Sound 1230	Monitor*	Cliff Scheel
7:45—Sound 1230	Monitor*	Clem Stein
8:00—News** Sound 1230	News-Monitor*	Cliff Scheel
8:15—Sound 1230	Monitor*	Clem Stein
8:30—Sound 1230	Monitor*	Clem Stein
8:45—Sound 1230	Monitor*	Clem Stein
9:00—News—Weather	News*-Monitor*	Clem Stein
9:15—Sound 1230	Monitor*	Clem Stein
9:30—Sound 1230	Monitor*	Clem Stein
9:45—Sound 1230	Teen Town**	Clem Stein
10:00—News—Sound 1230	News*-Nightbeat	Clem Stein
10:15—Sound 1230	Nightbeat	Clem Stein
10:30—Sound 1230	Nightbeat	Clem Stein
10:45—Sound 1230—News	Nightbeat	Clem Stein
11:00—Sign Off	News** Nightbeat	Devotions—Sign Off
11:15—	Nightbeat, Final News	
11:30—	Sign Off	

*ABC **CBS *NBC **ABC

KBOY AM 730 kc

THURSDAY
2:00—Sound of Stereo
5:30—Sports Results
5:35—Sound of Stereo
6:00—Gospel Mission Report
6:05—Vespers
6:10—Dinner Music
7:45—Sign Off

FRIDAY
5:30—Sign on—News
5:35—Wake Up Western
6:00—Holman—News on half hour, Weather on the hour
8:00—Weather-Music
8:30—News — Stock Market
9:00—Special News
10:00—Bargain Roundup
10:15—Clemens—Time
10:45—Points of Fashion
11:00—Weather, Music
11:30—Records with Rick
12:00—Sports Outlook
12:05—Ranch Time
12:15—Farm Market
12:30—Stock Market
12:35—Ranch-Time
1:30—News, Ranch time
2:00—Sound of Stereo
5:30—Sports Roundup
5:35—Sound of Stereo
6:00—Gospel Mission Report
6:05—Vespers
6:10—Dinner Music
7:45—Sign Off

KBOY FM 95.3 mc

Thursday
2:00—Sound of Stereo
5:30—Sports Results
5:35—Sound of Stereo
6:00—Gospel Mission Report
6:05—Vespers
6:10—Dinner Music
6:10—Vespers
6:15—Dinner Music
8:00—Jazz Scene
9:00—Concert
10:00—Show Album
10:50—Sports Final
11:00—Varieties
11:55—Tomorrow's Headlines
12:00—Sign Off
Friday
6:00—Sign-On. Phil Holman Hi-Fi Varieties—News on the half hour
8:00—Weather
9:00—Special News—Weather
8:30—News, Stock Quotes
10:00—Bargain Roundup
10:15—Clemen's-Time
11:30—Records with Rick
12:00—Sports Outlook
12:05—Varieties
12:30—Stock Market
12:35—Hi-Fi Varieties
1:30—News, Hi-Fi Varieties
2:00—Sound of Stereo
5:30—Sports Results
5:35—Sound of Stereo
6:00—Gospel Mission Report
6:05—Vespers
6:10—Dinner Music
8:00—Jazz Scene
9:00—Ron's Dance Requests
10:50—Sports Final
11:00—Dance Requests
12:00—Sign-Off

KDOV 1300 KC

THURSDAY
4:45—Aviation Weather Report
5:45—Weather Report
7:45—Sign Off

FRIDAY
6:00—Sign On
6:45—Livestock Report
7:00—Sportscast
7:05—Weather Report
8:30—Aviation Weather Report
9:25—Trader Horn
11:45—Weather Report
11:55—Portals of Prayer
12:00—Farm Report
2:25—Trader Horn
3:00—Dixieland Jazz
4:45—Aviation Weather Report
5:45—Weather Report
7:45—Sign Off

TELEVISION PROGRAMS

The following TV broadcast log is printed as a free public service for the Mail Tribune's readers and TV viewers. Schedule changes are printed as provided by the TV stations and the Mail Tribune cannot accept responsibility for errors or omissions.

KBES-TV (Channel 5)

THURSDAY
4:00—Friendship Circle
4:30—Uncle Bill's Cartoons
5:30—Roy Rogers
6:00—TV weatherman
6:05—News
6:15—Douglas Edwards
6:30—Award Theater
7:00—Betty Hutton
7:30—Interpol Calling
8:00—Business Parade
8:30—Markham
9:00—Rescue 8
9:30—To Tell the Truth
10:00—State Trooper
10:30—News
10:45—Americans at Work
11:00—Tennessee Ernie Ford
11:35—Sign Off

FRIDAY
9:00—I Love Lucy
9:30—December Bride
10:00—Love of Life
10:30—Search for Tomorrow
10:45—Guiding Light
11:00—Restless Gun
11:30—Love that Bob
12:00—About Faces
12:30—As the World Turns
1:00—Full Circle
1:30—House Party
2:00—The Millionaire
2:30—Verdict Is Yours
3:00—Brighter Day
3:15—Secret Storm
3:30—Edge of Night
4:00—Agricultural Helps
4:15—Thru The Porthole
4:30—Uncle Bill's Cartoons
5:30—Huckleberry Hound
6:00—TV Weatherman
6:05—Local News
6:15—Doug Edwards & News
6:20—Rawhide
7:30—Hotel de Paree
8:00—Video Village
8:30—Tombstone Territory
9:00—Twilight Zone
9:30—Person to Person
10:00—Californians
10:30—Final News
10:45—Movie
12:30—Sign Off

KOTI-TV (Channel 2)

THURSDAY
4:00—American Bandstand
4:30—Backyard Gardner
4:45—TBA
5:15—John Daly News
5:30—Roy Rogers
6:00—News
6:10—Weather
6:15—Douglas Edwards
6:30—TBA
7:00—State Trooper
7:30—Interpol Calling
8:00—Jeanne Carson
8:30—U.S. Marshal
9:00—Meet McGraw
9:30—Take a Good Look
10:00—Markham
10:30—News
10:35—I've Got a Secret
11:05—Desilu Playhouse

FRIDAY
10:15—Cartoons
10:30—Search for Tomorrow
10:45—Guiding Light
11:00—Restless Gun
11:30—Love That Bob
12:06—As the World Turns
1:00—Day in Court
1:30—Gale Storm
2:00—Beat the Clock
2:30—Who Do You Trust
3:00—Brighter Day
3:15—Secret Storm
3:30—Edge of Night
4:00—American Bandstand
4:30—Chaplain's Corner
4:35—TBA
5:15—Doug Edwards & News
5:30—Huckleberry Hound
6:00—News
6:10—Weather
6:15—John Daly News
6:30—Walt Disney
7:30—Man from Blackhawk
8:00—77 Sunset Strip
9:00—Detectives
9:30—Person to Person
10:00—Millionaire
10:30—News
10:35—Movie

The Medical Roundup

by Walter C. Alvarez

Emeritus Consultant in Medicine, Mayo Clinic
Emeritus Professor of Medicine, Mayo Clinic

Repeated Depressions

Many of the letters that come from readers of this column are such wonderful human documents that often I wish I could share them with you readers. Many of them tell so much about nervous troubles and mental troubles. I just received a letter from a fine woman who tells of her lifetime of suffering from alternating spells of elation (mild mania) and depression. She has been much cheered to read one of my columns in which I pointed out that the world is full of very intelligent and fine and even charming people who, every so often, go into a spell of either mania or depression.

Dr. Alvarez

Some have only one or two bad spells in a lifetime, while others keep going in and out of depressions, all their days. Some have spells lasting months or years, while some have just brief "moody" and "silent" or "grouchy" spells, which last from a day to a few weeks. I have known some persons who had frequent spells which lasted only for a day or even half a day. I remember some women who would get up in the morning terribly depressed, so that they could hardly face the day's work. By four o'clock they would be feeling well, and by evening they were full of life and energy. They had "a short cycle."

'Just Felt Awful'

I have known women, born into families in which there was a tendency to depression, who for years had "mean days" every week or 10 days —spells in which they "jumped all over" their nice husbands or scolded their children without cause. During these bad days, they "just felt awful." Many depressive persons don't have the periods of elation or mild mania, while others have many of them. As a beautiful young woman once told me, when she was manic she always got engaged, but when she became depressed, she ignored her beau until he left.

A manic-depressive professional man with considerable charm told me that when he was manic, he always eloped with the wife of some friend, and when he became depressed, she left him! Many manic people ramble about the country aimlessly, wasting a lot of money. Some will get in a taxi-cab and drive and drive. Others will throw big parties, which they cannot afford; and others will get to calling their friends over the telephone at two or three in the morning! I have known hundreds of these people who managed to hang onto their sanity well enough so that they never had to go into a mental hospital. I know any number who still manage to carry on with their work, even when they are so depressed as to be utterly miserable.

The fine woman who just wrote tells me something that interests me much from the point of view of a student of human genetics. Her father drank himself to death early in life, and then her mother became so depressed she went into a mental institution. With such heredity on both sides of the family, it is not surprising that all of this couple's three children have suffered from a manic-depressive psychosis. One of them, like some of these people, has tried to take refuge in alcoholism. All of them are fighting to hang onto their sanity, and so far all have managed to keep out of a mental institution.

Could Do Anything

As my correspondent says, when she is in an attack of mania, she feels so wonderfully well she thinks she could do anything. She could write a book or she could tackle a big job in business, but she has learned by sad experience that she mustn't be carried away by such enthusiasms. Why? Because when mania gets her to tackle a big job she rarely can go through with it. She cannot then stick to anything for very long.

Another thing this woman is trying to learn is that when she is depressed, she mustn't look on herself as ornery, lazy, and ungrateful, but as "just sick." She must not yield to the usual tendency of these people to feel that they are terribly sinful. Usually they don't know exactly what these sins are, but they are sure they are awful, and many are sure that God has forsaken them because they are beyond pardoning. This, of course, is not so.

My correspondent tells me that physicians have tried out on her many of the new drugs which are designed to stimulate the brain, but she says they act on her as liquor acts on some people. Sometimes the drug will make her feel wonderful and then again it will make her feel awful!

Dr. Alvarez' booklet on vision may be obtained by sending 25 cents and a large, stamped, self-addressed envelope with your request to Dr. Walter C. Alvarez, Dept. MMT, The Register and Tribune Syndicate, Box 957, Des Moines 4, Iowa.

(Released by The Register and Tribune Syndicate, 1960)

The dental care bill for all Americans last year amounted to $1.7 billion.

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Strange As It Seems

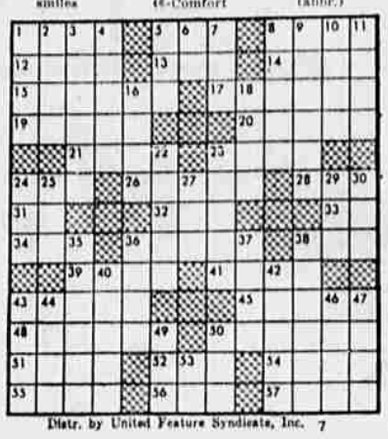
By ELSIE HIX

CROSSWORD PUZZLE

Answer to Yesterday's Puzzle

ACROSS
1-Manufactured
5-In what manner
8-Wife of Zeus
12-Turkish regiment
13-Fruit drink
14-Arabian chieftain
15-Cleaned and disentangled, as wool
17-Cylindrical
19-Chemical compound
20-Pierces
21-Goddess of discord
22-Toll
24-Conjunction
26-Anxieties
28-Shade tree
31-A state (abbr.)
32-Storage box
33-Cooled lava
34-Priest's vestment
36-Real estate maps
38-Transgression
39-Toward the sheltered side
41-Juncture
42-Land measure (pl.)
45-Attempts
48-Buccaneer
50-Style of coat
51-Solar disk
52-Hindu garment
54-Bacteriologist's wire
55-Communists
56-Label
57-Woody plant

DOWN
1-Heavy staff
2-Word of sorrow
3-Spurted forth
4-Large sea duck
5-Possessed
6-Hypothetical force
7-Damp
8-Long-legged bird
9-Come into view
10-Ceremony
11-War god
16-Man's name
18-Shield
22-Carnivorous mammal
23-Leases
24-Macaw
25-Nothing
27-Inlet
29-Burma tribesman
30-Male
35-Prohibited
36-Nuisance
37-Bristle
38-One who smiles
40-Inclines
42-Jargon
43-Three-banded armadillo
44-Quote
46-Comfort
47-Dirk
49-Dine
50-Tattered cloth
53-College degree (abbr.)



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