

Be Sure To Pack Proper Shoes for Vacationing

Whether you plan to do the Grand Tour of Europe or look into the Grand Canyon and other home-grown wonders—your feet and the shoes they travel in—often hold the secret of a successful trip.

In a good day's walking, your feet work as hard as your heart and take more of a beating than most other parts of the body. To keep the best-behaved feet at ease and guarantee you the most from each day's sightseeing, here are a few tips prepared by a foot specialist:

Include several pairs of well-fitted leather walking shoes in your travel wardrobe. The pliable leather upper flexes to accommodate the moving foot and the flexible leather sole gives full support as it cushions your feet on the roughest surface. "Breathing" through millions of natural pores, leather "air conditions"

your feet in the hottest of summer days.

Bathe Feet

Bathe your feet nightly. If they're really tired, add bicarbonate of soda or epsom salts and let them soak. Finish off with a cold spray. Dry carefully, especially between the toes. Dust with foot powder to eliminate all moisture. Dry feet are more comfortable and less likely to attack by "athlete's foot" and other fungus diseases.

When you pack your travel wardrobe, be sure to include shoes for every occasion. Shoes make all the difference in your costume and your comfort.

A walking shoe for sight-seeing is always fashion-right and light afoot in leather. Newest is the spectator shoe on a flexible leather sole and mid-heel. It boasts distinctive detailing and a variety of fresh leather



LIGHT-WEIGHT—Wash and wear" shoes in bright casuals for the guys. A washing with warm soap suds and soft bristled brush revives their plush good looks quickly. Good vacationers—they're light-weight and comfortable.

treatments and hues. **White is Popular**

White is the color leader in all summer leather footwear. Most popular is the newly developed washable white that can be freshened with a soapy cloth. White is also favored in combination with most colors, as well as with classic brown and navy. Yellows, pinks, and tans will also be seen afoot this summer.

When you take your

With waistlines dropping slightly, belts follow suit. They're pleated, cuffed and softly sashed and can be worn at various heights. One belt particularly suited to the lowered waistline is the suede band or the firm leather belt with a soft chamois tie in front to be adjusted by the wear-



FOR WALKING—Comfort afoot is most important for sightseeing. The National Shoe Institute points up new prism-shaped stacked leather heels on these walking spectators... handsome and foot pampering.

Checklists Make Packing Easier

The foresighted woman—who is also knowledgeable about traveling—can pack all she needs for a 3 to 4 week trip anywhere in the world into one suitcase.

So can you, with this handy checklist—

(In all fashions, stick to the basic colors)—Take one each of the following: topcoat; travel suit, preferably in tweed; tailored suit; afternoon dress; cocktail dinner dress; evening dress skirt and shirt dress.

Also, a packable umbrella or raincoat, a pair of plastic boots or toe rubbers, a cardigan, pair of nylon pajamas or nightgown, travel robe, pair of packable slippers or scuffs.

Pack three of each of these: pairs of shoes dressy high-heeled pumps, medium or low-heeled shoes and comfortable walking shoes that have been broken in, and white blouses (two tailored, one dressy—all in a miracle fabric).

Two of each of these are needed: hats (one for travel, one packable dress hat), sets of nylon underwear, sets of jewelry (one for day, one dressy),

hand-bags (large travel bag of shoulder-strap type, flat envelope bag for evening).

Additional essentials: cosmetics (only what you must have! Pack them in unbreakable containers).

Put in a zippered rubberized or plastic cosmetic bag: small clothes brush, tweezers, razor blades, nail polish and remover, emery boards, nail scissors, bobby pins, hair curlers, garters, washcloth, soap in a box, aspirin, toothbrush and paste, emergency sanitary needs, needle, thread and thimble, extra pair of glasses if you wear them, sun glasses, safety pins, shampoo, hair net, shower cap, first aid kit, and cellulose tape.

You will also want your camera and an adequate quantity of film, laundry soap, folding plastic hangers, small travel clock, address list, cigarettes and possibly playing cards.

For overseas, pack your travel handbag with passport and 2 or 3 extra passport pictures in case you wish to apply for a visa overseas, cosmetic

case with compact, comb, lipstick brush, lipstick, nail file, eyebrow pencil, small perfume container, ballpoint pen and writing pad, in addition to your own particularly personal needs.

The following is a list of wardrobe needs for the man—all will fit easily into a man's two-suit travel bag:

1 topcoat, 1 hat, 2 suits (1 gray flannel, 1 dark blue), 1 sport jacket, 1 pair of slacks (for travel), 1 folding raincoat, 1 belt or suspenders, 6 shirts (3 cotton, 2 drip-dry, 1 long-sleeved sport shirt), 2 pairs of shoes, 6 each of undershirts and shorts (in cotton or miracle fabric), 6 ties, 12 handkerchiefs, 6 pairs of socks, 1 pair garters, 1 pair of pajamas (preferably miracle fabric), robe and slippers.

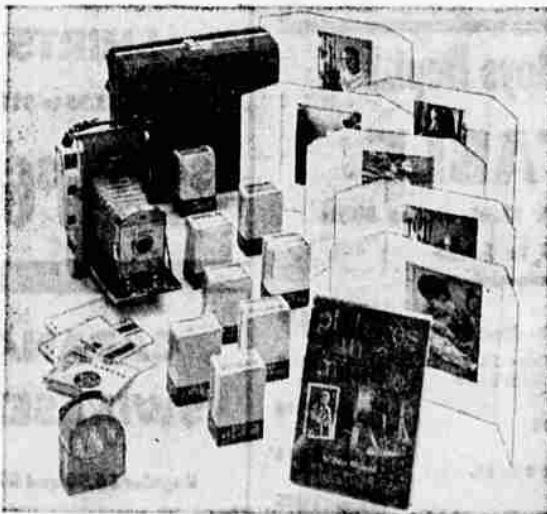
Even if you use an electric razor, take along this shaving kit: safety razor, blades, brushless shaving soap or shaving soap or shaving brush and soap, shaving lotion... (you need special electrical plug adapters abroad.)

In a waterproof utility kit pack these items: clippers, scissors, nail file, washcloth in plastic case, toilet soap and soap box or individual cakes of soap, deodorant, shirt buttons, needle and thread, aspirin, toothbrush and toothpaste and sunglasses.

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