

4 D RADIO PROGRAMS — THURSDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make changes as are supplied

KYJZ 1230 kc	KMED 1440 kc	KWIN 1400 kc
4:00—Traffic Jam	News—Hear	Clem Stein
4:15—Traffic Jam	Eddie Gorme	Clem Stein—News
4:30—Traffic Jam	Emphasis—Road Show	Clem Stein—News
4:45—Frank Goss—Sound	Road Show	Clem Stein—News
5:00—News—Sound 1230	News—Road Show	Clem Stein
5:15—Sound 1230	Road Show	Clem Stein—News
5:30—Sound 1230	Weather—News-Spts.	Cliff Scheel
5:45—Sound 1230	Orval Anderson	Cliff Scheel
6:00—Background News	News—Dinner Music	Cliff Scheel
6:15—Amos 'N Andy	Dinner Music	Cliff Scheel
6:30—Comedy Hour	Morgan Beatty	Cliff Scheel
6:45—Richards—B & R	Alex Drier	Cliff Scheel
7:00—World Tonight	News—Dinner Music	Cliff Scheel
7:15—Sound 1230	Dinner Music	Cliff Scheel
7:30—Sound 1230	Weather—News	Cliff Scheel
7:45—Sound 1230	Dinner Music	Cliff Scheel
8:00—News—Sound 1230	News—Swingshift	Clem Stein
8:15—Sound 1230	Swingshift	Clem Stein
8:30—Sound 1230	Swingshift	Clem Stein
8:45—Sound 1230	Teen Town	Clem Stein
9:00—News—Weather	News—Go Show	Clem Stein
9:15—Sound 1230	Go Show	Clem Stein
9:30—Sound 1230	Hi Fi Club	Clem Stein
9:45—Sound 1230	Hi Fi Club	Clem Stein
10:00—Richfield Reporter	Hi Fi Club	Clem Stein
10:15—Sound 1230	Hi Fi Club	Clem Stein
10:30—Sound 1230	News—Nightbeat	Clem Stein
10:45—Sound 1230—News	Nightbeat	Clem Stein
11:00—Sign Off	News—Nightbeat	Devotion—Sign Off
11:15—	Nightbeat—Final News	Sign Off
11:30—	Sign Off	

RADIO PROGRAMS—FRIDAY

5:30—	Sign On—Wake Up	Wake Up To Music
5:45—	Wake Up To Music	Larry Hoover
6:00—Sound 1230	Wake Up—Rural Rept.	Larry Hoover
6:15—Sound 1230	Frank Goss—Fishing	Larry Hoover
6:30—Sound 1230	Frank Goss—Fishing	Larry Hoover
6:45—Sound 1230	Frank Goss—Fishing	Larry Hoover
7:00—News Roundup	Hemingway News	RFD 1400
7:15—Sound 1230	Weather—News	RFD 1400
7:30—Sports Show	Rogue Valley News	Larry Hoover
7:45—Sound 1230	Weather—News	Larry Hoover
8:00—News—Weather	News	Larry Hoover
8:15—Breakfast Club	News—Listen	Larry Hoover
8:30—Breakfast Club	Cliff Engle News	Cliff Scheel
8:45—Breakfast Club	Listen—Visit	Cliff Scheel
9:00—Scoreboard—Corner	News—Swap and Sell	Cliff Scheel
9:15—Trading Post	Cliff Scheel	
9:30—Young Dr. Malone	Local News—Listen	Safety Serenade
9:45—Ma Perkins	Fashion—Flashes	Safety Serenade
10:00—News—Whispering	News—Listen	Cliff Scheel
10:15—Couple Next Door	Listen	Cliff Scheel
10:30—Richards—Trent	Local News—Listen	Cliff Scheel
10:45—Buttram—K. Trio	Local News—Listen	Cliff Scheel
11:00—News—Sound 1230	News—Listen	Cliff Scheel
11:15—Sound 1230	Dennis Day	Cliff Scheel
11:30—Garry Moore	Local News—Listen	Larry Hoover
11:45—Crosby—Crosby	Local News—Listen	Larry Hoover
12:00—Paul Harvey	Nat'l & N.W. News	Larry Hoover
12:15—Valley News—Wthr.	Weather—Market	Comprehensive News
12:30—Sound 1230	Section	Market Report
12:45—Sound 1230	New in Pink & Blue	Baseball
1:00—News—Godfrey	News—House Party	Baseball
1:15—Arthur Godfrey	House Party	Baseball
1:30—Arthur Godfrey	Loc. News—Party Line	Baseball
1:45—Arthur Godfrey	Emphasis—House Party	Baseball
2:00—News—House Party	News—Hear	Baseball
2:15—Hear Party—K. Trio	Fiddler—Hear	Baseball
2:30—Sound 1230	Local News—Hear	Baseball
2:45—Sound 1230	Emphasis—Hear	Baseball
3:00—Sound 1230	News—Hear	Baseball
3:15—Sound 1230	Fiddler—Hear	Baseball
3:30—Traffic Jam	Local News—Hear	Baseball
3:45—Sound 1230	Emphasis—Hear	Baseball
4:00—Lovell Thomas	News—Hear	Clem Stein
4:15—Sound 1230	Eddie Gorme	Clem Stein—News
4:30—Tom Harmon	Emphasis—Road Show	Clem Stein—News
4:45—Frank Goss—Sound	Road Show	Clem Stein—News
5:00—News—Sound	News—Road Show	Clem Stein
5:15—Sound 1230	Road Show	Clem Stein—News
5:30—Sound 1230	Weather—Local News	Cliff Scheel
5:45—Sound 1230	Orville Anderson	Cliff Scheel
6:00—Background News	Cavalcade of Sports	Sports News
6:15—Amos—Andy—K. Trio	Cavalcade of Sports	Cliff Scheel
6:30—Comedy Hour	Cavalcade of Sports	Cliff Scheel
6:45—Richards—B & R	Cavalcade of Sports	Cliff Scheel
7:00—World Tonight	Record Hits	Cliff Scheel
7:15—Sound 1230	News of World	Cliff Scheel
7:30—Sound 1230	Man On The Go	Cliff Scheel
7:45—Sound 1230	Swingshift	Cliff Scheel
8:00—News—Sound 1230	News—Music	Clem Stein
8:15—Sound 1230	Swingshift	Clem Stein
8:30—Sound 1230	Swingshift	Clem Stein
8:45—Sound 1230	Swingshift	Clem Stein
9:00—News—Weather	News—Go Show	Clem Stein
9:15—Sound 1230	Go Show	Clem Stein
9:30—Sound 1230	Hi Fi Club	Clem Stein
9:45—Sound 1230	Hi Fi Club	Clem Stein
10:00—Richfield Reporter	Hi Fi Club	Clem Stein
10:15—Sound 1230	Hi Fi Club	Clem Stein
10:30—Sound 1230	Nightbeat	Clem Stein
10:45—Sound 1230—News	Nightbeat	Clem Stein
11:00—Sign Off	News—Nightbeat	Devotions—Sign Off
11:15—	Nightbeat—Final News	Sign Off
11:30—	Sign Off	

KBOY AM 730 kc

THURSDAY	FRIDAY
2:00—Sound of Stereo	10:15—Clemens—Time
2:30—Sports Results	10:45—Points of Fiction
3:00—Sound of Stereo	11:00—Weather—Music
3:30—Gospel Mission Report	11:30—Records with Rick
4:00—Vespers	11:45—Sports Outlook
4:30—Dinner Music	12:05—Ranch Time
5:00—Sign Off	12:15—Farm Market
5:30—Sign On—News	12:30—Stock Market
5:45—Wake Up Western	12:45—Ranch Time
6:00—Holman—News on half hour	1:00—News—Ranch time
6:30—Weather on the hour	1:30—Sound of Stereo
7:00—News—Stock Market	1:45—Gospel Mission Report
7:30—Special News	2:00—Vespers
8:00—Hearings Roundup	2:15—Dinner Music

KBOY FM 95.3 mc

Thursday	Friday
2:00—Sound of Stereo	10:15—Final News
2:30—Sports Results	10:45—"Toy Wife"
3:00—Sound of Stereo	12:30—Sign Off
3:30—Gospel Mission Report	
4:00—Vespers	
4:30—Dinner Music	
5:00—Sign Off	
5:30—Sign On	
5:45—Livestock Report	
6:00—Weather	
6:30—Weather Report	
7:00—Weather Report	

KDOV 1300 KC

THURSDAY	FRIDAY
4:45—Aviation Weather Report	8:30—Aviation Weather Report
5:15—Weather Report	9:25—Trader Horn
5:45—Sign Off	11:45—Weather Report
	12:00—Prayers of Prayer
	12:15—Farm Report
	12:30—Prayers of Prayer
	12:45—District Jazz
	1:00—Aviation Weather Report
	1:15—Weather Report
	1:45—Sign Off

TELEVISION PROGRAMS

The following TV broadcast log is printed as a free public service for the Mail Tribune's readers and TV viewers. Schedule changes are printed as provided by the TV stations and the Mail Tribune cannot accept responsibility for errors or omissions.

THURSDAY	FRIDAY
4:00—Friendship Circle	10:00—Final News
4:30—Tudie Bill's Cartoons	10:45—"Toy Wife"
5:00—Roy Rogers	12:30—Sign Off
5:30—TV weatherman	
6:00—News	
6:15—Douglas Edwards	
6:30—Award Theater	
7:00—Betty Hutton	
7:30—Interpol Calling	
8:00—Business Parade	
8:30—Marcham	
9:00—Rescue 8	
9:30—Behind 11 All	
10:00—State Trooper	
10:30—News	
10:45—Americans at Work	
11:00—Tennessee Ernie Ford	
11:30—Sign Off	

STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars.

To develop message for Friday, read words corresponding to numbers of your Zodiac birth sign.

ARIES	Taurus	GEMINI	Cancer	LEO	VIRGO	LIBRA	SCORPIO	SAGITTARIUS	CAPRICORN	AQUARIUS	PISCES
1 Projects	11 Of	1 And	14 Be	15 Cold	16 Luck	17 You	18 You	19 You	20 You	21 You	22 You
2 Something	32 Can	37 Not	40 Today	41 Slow	42 Avoid	43 Avoid	44 Avoid	45 Avoid	46 Avoid	47 You	48 You
3 Stand	33 Well	38 Good	39 Today	40 Today	41 Slow	42 Avoid	43 Avoid	44 Avoid	45 Avoid	46 Avoid	47 You
4 For	34 Unexpectdly	39 To	40 Today	41 Slow	42 Avoid	43 Avoid	44 Avoid	45 Avoid	46 Avoid	47 You	48 You
5 On	35 To	40 Today	41 Slow	42 Avoid	43 Avoid	44 Avoid	45 Avoid	46 Avoid	47 You	48 You	49 You
6 Principles	36 From	40 Today	41 Slow	42 Avoid	43 Avoid	44 Avoid	45 Avoid	46 Avoid	47 You	48 You	49 You
7 And	37 Not	40 Today	41 Slow	42 Avoid	43 Avoid	44 Avoid	45 Avoid	46 Avoid	47 You	48 You	49 You
8 Stated	38 Good	40 Today	41 Slow	42 Avoid	43 Avoid	44 Avoid	45 Avoid	46 Avoid	47 You	48 You	49 You
9 Today	39 Well	40 Today	41 Slow	42 Avoid	43 Avoid	44 Avoid	45 Avoid	46 Avoid	47 You	48 You	49 You
10 Today	40 Today	41 Slow	42 Avoid	43 Avoid	44 Avoid	45 Avoid	46 Avoid	47 You	48 You	49 You	50 You
11 Turn	41 Slow	42 Avoid	43 Avoid	44 Avoid	45 Avoid	46 Avoid	47 You	48 You	49 You	50 You	51 You
12 Don't	42 Avoid	43 Avoid	44 Avoid	45 Avoid	46 Avoid	47 You	48 You	49 You	50 You	51 You	52 You
13 Good	43 Avoid	44 Avoid	45 Avoid	46 Avoid	47 You	48 You	49 You	50 You	51 You	52 You	53 You
14 Be	44 Avoid	45 Avoid	46 Avoid	47 You	48 You	49 You	50 You	51 You	52 You	53 You	54 You
15 Cold	45 Avoid	46 Avoid	47 You	48 You	49 You	50 You	51 You	52 You	53 You	54 You	55 You
16 Luck	46 Avoid	47 You	48 You	49 You	50 You	51 You	52 You	53 You	54 You	55 You	56 You
17 You	47 You	48 You	49 You	50 You	51 You	52 You	53 You	54 You	55 You	56 You	57 You
18 You	48 You	49 You	50 You	51 You	52 You	53 You	54 You	55 You	56 You	57 You	58 You
19 People	49 You	50 You	51 You	52 You	53 You	54 You	55 You	56 You	57 You	58 You	59 You
20 Sensible	50 Down	51 You	52 You	53 You	54 You	55 You	56 You	57 You	58 You	59 You	60 You
21 Storm	51 Happily	52 You	53 You	54 You	55 You	56 You	57 You	58 You	59 You	60 You	61 You
22 Storm	52 Development	53 You	54 You	55 You	56 You	57 You	58 You	59 You	60 You	61 You	62 You
23 The	53 You	54 You	55 You	56 You	57 You	58 You	59 You	60 You	61 You	62 You	63 You
24 The	54 You	55 You	56 You	57 You	58 You	59 You	60 You	61 You	62 You	63 You	64 You
25 You	55 You	56 You	57 You	58 You	59 You	60 You	61 You	62 You	63 You	64 You	65 You
26 Advice	56 Conduct	57 You	58 You	59 You	60 You	61 You	62 You	63 You	64 You	65 You	66 You
27 Look	57 In	58 You	59 You	60 You	61 You	62 You	63 You	64 You	65 You	66 You	67 You
28 May	58 Physically	59 You	60 You	61 You	62 You	63 You	64 You	65 You	66 You	67 You	68 You
29 May	59 The	60 You	61 You	62 You	63 You	64 You	65 You	66 You	67 You	68 You	69 You
30 Someone	60 Guidance	61 You	62 You	63 You	64 You	65 You	66 You	67 You	68 You	69 You	70 You
31 Good	61 Advance	62 You	63 You	64 You	65 You	66 You	67 You	68 You	69 You	70 You	71 You
32 Advance	62 Advance	63 You	64 You	65 You	66 You	67 You	68 You	69 You	70 You	71 You	72 You

The Medical Roundup

by *Walter Alvarez*

Emeritus Consultant in Medicine, Mayo Clinic
Emeritus Professor of Medicine, Mayo Clinic

Vitamins

I fear that recently in a hurried answer to a question, I made too sweeping a statement about my very rarely having seen a disease which I could definitely and positively ascribe to a lack of vitamins. I should have said that about 50 years ago, when I did general practice, I occasionally saw children with rickets, due often to a lack of vitamin D. A few times in my life I have seen someone with what looked like Beri-beri, a disease due to lack of vitamin B, but, in each case, treatment with vitamin B did not help the patient. Hence, apparently, the injury to the person's nerves was due to some other cause. I have, of course, seen rare cases of "pernicious anemia," and in their cases have worked a miracle by giving Vitamin B12. I have sometimes suspected that a certain person's skin condition might be helped by giving vitamin A, but I cannot remember ever having seen any spectacular results after such treatment.

A lack of vitamin C produces scurvy, which used to be a common disease of sailors and explorers. Once in my life I saw a man—a trapper in the Canadian North Country—who said he once had had scurvy, but I never saw a man with symptoms that I could be sure of. And here is an important point. Some of my doctor friends have said, "But, Alvarez, you know that there can be thousands of 'sub-clinical' cases in which the person's feelings of poor health could be due to a lack of vitamins, but in which there are as yet no characteristic symptoms or signs to prove this." My answer to such men is, "You may well be right; I would expect you to be right; but when you go into a realm in which you can't prove anything, I have little interest in following you, and I cannot argue with you. I won't let a patient he has an avitaminosis (disease due to lack of a vitamin) unless I am so sure of it that I would be willing to demonstrate the fellow and his illness before 1000 hard-boiled doctors at a big convention. Of No Definite Value.

As I have said here before, the editors of a big book, filled with abstracts of the world's literature on vitamin E, concluded that it is of no definite value in the treatment of any disease. Yet some men think it is of value; they think they have helped patients with it, but when it comes to the appraisal or the value of a drug any man can be fooled. Vitamin K, of course, is of great value in the cases of persons who have to be operated on while they are jaundiced. It keeps them from oozing blood from the operative wounds.

Niacin cures pellagra, but

People who, at the close of World War II, failed to read the long reports of nutritional studies made on the emaciated prisoners in German and Japanese stockades failed to note the surprise of the investigators when they did not find—as theoretically they should have found—thousands of cases of illness due to lack of vitamins. As I remember, the investigators gained the impression that what these emaciated prisoners needed the most was not so much certain vitamins as much food in general, and more protein in particular.

Dr. Alvarez booklet on vitamin can be obtained by sending 25 cents and a large, stamped, self-addressed envelope with your request to Dr. Walter C. Alvarez, Dept. MT, The Register and Tribune Syndicate, Box 957, Des Moines 4, Iowa.

(Released by The Register and Tribune Syndicate, 1960)

Caskets Sold on Door-to-Door Basis

Knoxville, Ky.—A flood of telephone calls from suspicious residents here caused the Knoxville Better Business Bureau to launch an investigation.

The callers complained that door to door salesman had contacted them and attempted to sell \$300 caskets for \$90.

Buy Quality — Buy QUICKIE Sprays

Quickie Shine Spray

- Quickie Shine Spray—all colors leather. No buffing—dabbing or brushing. Shines instantly.
- Patent Leather Spray—restores and protects.
- White Spray—won't rub off.
- Suede Spray—restores all colors.
- Foot Fresh—with Hexachlorophene—stops perspiration odor and itching of athlete's foot.
- Quik—the miracle spot remover. A trial will convince you.
- PDQ—Starch Spray. No fussy—no muss. Spray on and iron.

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Matson Requests Freight Rate Hike

Honolulu—UPI—The State of Hawaii opened its case Wednesday in the federal maritime board hearings on a 12.5 per cent freight rate increase requested by Matson Navigation Company.