

SAFEWAY

Get in on the fun...

Picnic -

it's easy to plan a

Patio Party

SAFEWAY

FATHER'S FAVORITES—Six of father's favorite foods have been assembled in one picture. Give him a tall cool drink, freshly ground beef sizzling with melted cheese, raisin-studded sauerkraut—and, of course—chocolate cake.

Feeding the Family

By ZOLA VINCENT Food Editor

Spotlight Beams on Beef As We Prepare to Pamper Papa Give a man meat, any kind, so long as it's beef! West coast families eat 25 pounds more beef a year than any others. We'll wager that this is largely the result of the pride father feels in his barbecuing prowess. Men in ever growing numbers feel perfectly at home on the kitchen range indoors and tending the meat over glowing embers outdoors.

Give a man a chef's cap and anything can happen. Never forget that the man of the house and immediate environs is to be approved and praised no matter what he does. Surest way to lose friends and alienate relatives is to tell a man how to cook in his own backyard.

We're not saying a word to him, mind you, but for your information, here are some pertinent facts about steak cookery.

Charcoal broiled outdoors or oven-broiled indoors, the steak must be at least an inch thick; the thicker, the better. The steak de luxe is two to three inches thick, charbroiled or broiled almost black on the outside, tender and pink inside. It is always served sliced with the grain.

Favorite Cuts. There are six favorite cuts of steak for broiling. T-bone, club steak, boneless loin strip steak, the restaurants call it, pineapple sirloin, wedgebone sirloin, porterhouse is a T-bone steak with a large portion of tenderloin.

Figure on one-third to three-fourths pound bone-in steak per serving, one-third to one-half pound boneless. Slish fat edge so steak won't curl during broiling. Serve very hot.

Other less tender but equally good cuts of beef for broiling are chuck (or shoulder), rib, rump and top round steak. However, these must be top quality and aged; are better cut one-half to three-fourths inch thick and pan broiled or braised. These cuts often are used for broiling or barbecuing where long slow cooking makes them tender.

Ground Beef. Let's not underestimate the fine flavor and same high protein values to be found in good old hamburger, chopped sirloin or ground round. These are favored, far and away, by the younger generation.

Steak Seasonings are many and varied. Most chefs have their favorites in which they take special pride. Some offer a tray of seasonings so that guests may pour oil or sprinkle their own steaks that have been only salted and peppered. These are top favorites in our part of the country.

Seasoned Butter. Whip one-fourth cup (one-half cube) butter until soft; add two tablespoons chopped parsley, green onions, chives, one tablespoon Worcestershire sauce or one tablespoon paprika, cayenne or chili powder. Garlic butter is made by adding one mashed clove of garlic to one-fourth cup (one-half cube) butter.

Roquefort. Cheese imported from France, Roquefort is a blue cheese; must be added to Worcestershire to taste. Spread lightly over steak during last few minutes.

Lemon Juice. Many like the fresh piquancy obtained by combining one-fourth cup (one-half cube) butter, juice of one lemon, one tablespoon chopped chives. Pour over hot steak.

Bottled Steak Sauces. There are several distinctively flavored bottled steak sauces on grocers' shelves. These may be brushed over hot steak or served separately.

Seasoning Salts. There are excellent blended seasonings on grocers' shelves or you may make your own by combining two tablespoons salt, two tablespoons paprika, one teaspoon freshly ground black pepper, one teaspoon onion salt, one teaspoon garlic salt, blend well.



Cane Sugar Pillsbury Flour

Flour KITCHEN CRAFT Premium, All-Purpose

Briquets ROYAL OAK For quick even heat.

Watermelons Crisp 'n' Juicy... Guaranteed Ripe

5c per pound

SAFEWAY INSTANT COFFEE Brewed from the world's choicest coffee beans—that's why it has better, richer flavor.

SAFEWAY INSTANT COFFEE \$1.49

Baked Beans Famous B&M oven-baked beans are a "Patio Picnic" must. 5 13-oz. tins \$1.00

Beverages Cragmont Cola, Lemon Lime, Orange Root Beer, and Sparkling Punch plus bottle deposit. 6 full quart \$1.00

Fresh Eggs—AA Medium Guaranteed by Safeway 2 doz. 79c

Sharp Cheese "Safeway" Natural cheddar. Snack bar, chunk or loaf, air-tight packages. Random weights. per lb. 69c

CANDI CANE Finest granulated. Canning favorite. Reg. \$2.87 value. (Limit 1). 25 lb. bag \$1.97

See special. \$1.00 bonus. Offer at bottom of opposite page. 10 lb. bag 89c

10 lb. bag 79c

10 lb. bag 69c

Put your family in this happy scene this week end! We've gathered an abundance of fine outdoor-fun foods especially for this event. The variety is great... prices are low! C'mon over man take over the barbecuing... let him be the expert. You just sit back and relax. Nice?)

Johnson's Model Bakery

WALNUT DELIGHT each 69c

CHIFFON PIES: Fresh Strawberry, Lemon or Pineapple each 59c

Variety of CUP CAKES Doz. 60c

Prices in this advertisement are effective through Sunday, June 19, at Safeway in Medford. We reserve the right to limit.

NEW LOW PRICE PINEAPPLE JUICE LA LANI BRAND The perfect juice, sun-ripened tropical flavor. 4 46-oz. cans \$1.00

6 211 cans 49c



Try This for Your PICNIC PATIO PARTY "DELICIOUSLY" EASY: Just slice hard-cooked egg yolks, mix in Lunch Box Sandwich Spread, fill egg white halves with mixture. Delicious deviled eggs. SANDWICH SPREAD It's made exclusively with genuine mayonnaise. Buy the finest for less. 59c

French Fries Bell-air, frozen. 3 16-oz. pkgs. 85c

Fri-Mix Krefes for quick fry frying. 20-oz. pkg. 33c

For the Perfect Dessert at Your Patio Party LUCERNE PARTY PRIDE Ice Cream Just a little bit richer. 6 Delicious Flavors 1/2 gal. 89c

Manor House, Fresh Frozen Young U.S. Grade "A" FRYER-ROASTER TURKEYS Average Weight 5 1/2 lbs. Each \$3.29

Shop Safeway for your favorite Fryer Parts at our typical low prices: Choose from breasts, thighs, drumsticks, wings, backs, necks. POT ROAST "USDA choice beef blade & No. 7 bone" lb. 49c

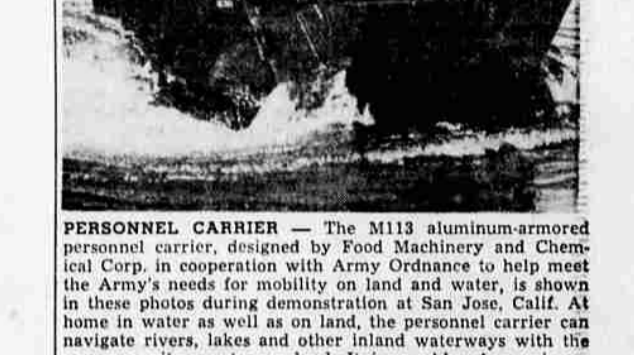
Boneless Roast "Cross rib beef" lb. 79c

Ground Beef Grand for burgers 4lb. 49c

Shrimp Trophy brand breaded 24 oz. pkg. \$1.19

Scot Towels White, Pink or Yellow 150 Ft. Roll 23c

Scotkins Napkins Dinner Size, Pkg. 50's 27c Pkg.



PERSONNEL CARRIER—The M113 aluminum-armored personnel carrier, designed by Food Machinery and Chemical Corp. in cooperation with Army Ordnance to help meet the Army's needs for mobility on land and water, is shown in these photos during demonstration at San Jose, Calif. At home in water as well as on land, the personnel carrier can navigate rivers, lakes and other inland waterways with the same ease it operates on land. It is capable of carrying a squad of 11 fully equipped infantrymen plus a driver and commander. (UPI Telephoto)

U.S. Plans To Pioneer in Quake Prediction Field Washington (Science Service)—The U.S. Coast and Geodetic Survey plans to furnish standard seismological equipment worth \$500,000 to 20 seismological stations in the U.S. and 30 stations in foreign countries cooperating with the U.S. on earthquake information, a seismologist reported here. The hoped result: We will someday know ahead of time when and where destructive earthquakes will hit.

R. J. Braze, chief of the seismological section of the survey, said that each unit of equipment will cost about \$10,000. The equipment for distribution in the U.S. will likely be given to stations already in existence although there is a possibility that new stations may be created.

New Equipment The new standard equipment will be part of the Epicenter Location program—the epicenter is the focal point where an earthquake originates. The money has already been allotted for the equipment, Braze said.

He said that the aim of this program will be to get enough data on earthquakes to be able to predict when earthquakes will occur. The equipment to foreign countries the world over will be for stations already in operation but in need of standard equipment as well as for possible new stations.

The equipment will be given to these countries without "strings attached," Braze said. However, it is expected that these stations will operate, as many already do with the U.S. seismological network.

25 Stations in U.S. Braze said that the U.S. Coast and Geodetic Survey has 25 stations operating in the U.S. at present. In addition, this country has from 75 to 80 private seismological stations in operation.

These are mostly located in universities throughout the country. They cooperate in sending information on earthquakes to the survey in Washington, D.C., the main center for this type of information in the U.S.

Geis Information The sites in foreign countries to get the standard equipment is used both for the locating of earthquakes and for basic seismological research.

At present, the U.S. gets information on earthquakes from about 300 cooperating stations all over the world, Braze said. He added that there are some 600 stations in the world, all told.

He estimated that there are up to about one million earthquakes a year the world over. Out of these the U.S. Coast and Geodetic Survey gets reports of about 40,000. From these 40,000, the location of only 1,500 is actually pinpointed by the survey.

The survey at present has an IBM system by which it processes the data that come in. When these data are fed into the machine, it delivers the location of 40 epicenters in about two and a half hours. Braze said that when better equipment is installed in stations all over the world, more exact information will be available. He estimated that the survey will then be able to locate 4,000 5,000 earthquakes a year, compared to the 1,500 they can pinpoint today.

Decrease in Sales Of Bonds Noted A substantial decrease in U. S. Savings bond sales in Jackson county was noted in the U.S. Treasury department branch's May report. Total sales in the county were \$50,124.

The statewide drop was shown in the totals for May this year, \$2,313,880, compared to May, 1959, total of \$2,394,177. May totals for 1959 in Jackson county were \$63,979.

The state division reported that for the first five months of this year bond sales totaled \$15,992,991, while for the same period of time last year state sales totaled \$15,388,382.

Job Monotonous So Judge Resigns Columbus, Ohio—679—Domestic Relations Judge Wayne Fogie was impatient at could be for eight years, handling 50,000 divorce and non-support cases. He also was bored.

"Monotonous routine," sighed Judge Wednesday. "You're always sorting out other people's problems—the same ones all the time." Fogie's term has 4 1/2 years to run, or up to 25,000 more cases. He just couldn't face it. The judge handed in his resignation, effective Sept. 1.

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